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Health and Healing in Compariative Perspective: U.S. and Mexico

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Querétaro May Term

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Where is Querétaro?

Querétaro is about 135 miles (2.5 hours)
Northwest of Mexico City.

In 1996 The Historic Center of Querétaro was
named a Unesco World Heritage Site.

It is known for its outstanding architecture
of the 17th & 18th centuries.



What's in it for you?

- Fulfill your Cultural Heritage II or Senior Seminar credits
 - Use & strengthen your Spanish language skills
 - Gain experience practicing in Mexican Healthcare clinics & hospitals
- Immerse yourself in the rich Mexican culture & live with a host family for 3 weeks

Why Querétaro?

Since 2010, Hope College has built a collaborative program with the Universidad Autónoma de Querétaro.

This partnership with UAQ gives pre-nursing, pre-physical therapy, and pre-med students the opportunity to study abroad in Holland's "sister city!"



Hands On Experience

Medicina Tradicional Mexicana



Vizarron gets permission from the Mexican Government to sell herbolaria products.

Peña Blanca, a women's cooperative, makes herbal soaps, shampoos, and medicinal creams.

Students "cooking" in the lab on UAQ's campus. Students were able to make soap, cough syrup, creams, and tinctures for hypertension.



In the Clinics and Hospitals



Excursions



A group of students and faculty at the base of Peña de Bernal.

We stood at the bottom
Looking at the peak so high
Supposedly the third biggest rock
And its outline against the sky
We began our ascent
It would be quite the trek
And before I knew it
I could feel sweat beads on my neck
Each step was a challenge
As we covered more and more ground
But we continued upward
The sliding rocks the only sound
We reached a point where
It was easier to walk
So paused for a rest
So we could talk
Soon we continued
Our way to the top
With the end in site
We didn't want to stop
Finally we made it
To the beautiful peak with a view
All of the students
And Mary and Mark too!

An original journal entry from Stephanie Goris ('12).



Enjoying a meal in San Joaquín!



Fresh produce at the Santa Cruz Market!



Inside the Fin de Siglo Restaurant, with the windows opening to the Historic District.



The final dinner is at Fin de Siglo with all of the students, faculty, and host families. After the 3 weeks, saying goodbye can be difficult!