The anchor

Nov. 20, 1991
Harnessing the winds of change

Volume 104, Number 12

White House dinner makes memorable evening

HOLLAND—Biology professor Harvey Blankespoor left the White House Thursday night with a pocket full of business cards. Some may result in lasting contacts. That would only be fitting, since the evening has already resulted in lasting memories for both Harvey and his wife Marlene.

"It was a very exciting and special night," said Harvey, who is the Frederick Garrett and Helen Floor Dekker Professor of Biology at Hope. "You'd expect that, but we were overwhelmed by how well things were organized. In addition, Harvey met Mario Sabado Gigante, director of Univision Productions, who mentioned he would like to work on his national Spanish language television network.

Whether or not anything develops as a result of the evening's conversations remains to be seen—Harvey notes that the function did not lend itself well to in-depth discussion. There were 130 guests altogether, and activities ranged from an informal reception, to a formal receiving line to dinner and entertainment.

"You develop a much stronger sense of being a part of the country when you're here, where so much of the nation's history has been made—where the nerve center is. It's made me want to come back to Washington and learn more about the history of the United States."

—Harvey Blankespoor

White not a place for in-depth talks, the evening did provide variety. Harvey's table included First Lady Barbara Bush, singer/actor Joel Grey, the Prime Minister of Argentina, Mario Sabado Gigante's wife, the wife of the chairman of Paine Webber and the head of Federal Express. Marlene's table included the Argentine ambassador and the wife of Supreme Court Justice Clarence Thomas.

Others at the dinner included Vice President Dan Quayle and his wife Marilyn, and Barbara Eden. Harvey met Eden earlier in the day, when they both attended a reception for Menen on the White House lawn.

Surprisingly, the evening yielded some local connections as well. Andrew Sess, director of the Office of Southern Core Affairs with the U.S. Department of State and a 1962 Hope graduate, and his wife Sharon were at the dinner. They made a point of looking for Harvey—having learned through relatives in Holland that he would be present.

While in Washington, D.C., Harvey also met with representatives of the Council for Advancement and Support of Education (CASE), which along with the Carnegie Foundation for the Advancement of Teaching named him the "Professor of the Year" in September.

Harvey's two visits to Washington reflect a 15-year absence from the nation's capital. Beyond the honors he has received, he values simply having an opportunity to visit the city itself.

"I've traveled in so many foreign countries, but I've missed so many of the things that we have here," he said.

"You develop a much stronger sense of being a part of the country when you're here, where so much of the nation's history has been made—where the nerve center is," he said. "It's made me want to come back to Washington and learn more about the history of the United States."

Collegiate judicial systems come under fire

(CPS) — The system stinks.

That's what students on a review board at the University of Minnesota say of the school's judicial system. They claim that the school sacrifices fairness for expediency, ignores constitutional rights of due process by giving one person the power of prosecutor, judge, jury and appeals judge, and ignores the constitutional protection against self-incrimination.

"To me, (these violations) sound like a good argument against having the university handle anything that isn't academic," says Jack Stecher, an economics graduate student serving on the committee.

Stecher isn't alone in his thinking. For years, students, faculty, administrators and campus judicial administrators;

William Bracey, the former president of the Association for Student Judicial Affairs and the current head of the Office of Judicial Programs at the University of Georgia, says universities justly have separate jurisdiction.

Each one of those jurisdictions has a different interest to protect," Braycew says. Each school, like every city and state, "has a set of regulations that are right for that campus, that are right for that community."

Bracey points to the issue of date rape as an example of why campuses need to address criminal charges in their judicial systems.

"If you talk to women, they don't want those men on campus. If the woman has a class with the man who assaulted her? In some states, the law doesn't even include date rape" as a criminal offense, Braycew says.

"Will the institution defer to the state if the state isn't going to respond at all?"

Bracey says schools need to address criminal complaints because they affect the university community in terms of campus safety and victims' rights to get an education without interference from the people who have committed criminal acts against them.

Others disagree with the campus system's ability to handle criminal cases.

"The goal of the campus judicial system is...primarily to protect the interest of the students," says Carol Bolmer, a sociology professor at Cornell University and a former attorney who is a national expert on date rape. She says schools try to avoid equal protection to both victim and offender, thus punishments often do not fit the crimes.

One problem in any discussion of how campus judicial systems should operate is the fact that virtually no two systems are the same.

"You'll find that they are anything but uniform," says Randy Beazman, dean of the Washington and Lee School of Law and a national expert on constitutional law. "The larger universities have more elaborate procedures. The smaller liberal arts schools are less elaborate and their systems are more widely varying because the whole process reflects traditions."

But, in Minnesota's case, the allegations against the system, including lack of student's Fifth and 14th Amendment rights to due process — the right to trial by an impartial judge and jury, for example — are worthy of investigation because the school is bound by the Constitution.

"The Constitution has a special bearing because we are a public university," Stecher says.

The Minnesota students say that the school's director of the Office of Judicial Affairs, Betty Hackett, has unilateral power over a student's fate.

"Say you get a letter accusing you of a crime," Stecher says. "You go see a counselor, who is Betty Hackett. You talk to her and she makes a recommendation. She then becomes the prosecutor of your case, which goes into a closed-door hearing. She is not obligated to tell you during counseling that she will be prosecuting you."

Currently, the committee reviewing the judicial system is writing two proposals for changing the system — one submitted by the students and faculty members, the other from the administration's members.

The people who will decide the outcome of these cases and subsequently will help determine the scope of power in the campus judicial systems are civil court judges.

In the past, they have agreed with most scholars and students who believe that the university judicial system is well-equipped to handle questions of academic misconduct and that a university has the right to do so.

But, in regard to the question of jurisdiction over criminal offenses and the guarantee of constitutional rights, Beazman says, "As a general rule, the college systems have been found to be consistent and the courts tend to defer to the peculiar needs of the universities."
Casino night to be held on campus

by Theresa L. Hamilton

This year, Hope College is offering a new fall event which may eventually evolve into a traditional campus event. Casino Night will take place on November 22, 1991, in the Maas Center and Phelps Hall, with casino games from 7 p.m. to 10 p.m., and dancing from 9 p.m. until midnight.

This event, according to Anne Bakker-Gras, is the result of a "conglomeration of ideas...trying to come up with a traditional event similar in nature to winter Fantasia, but that would occur in the fall."

Casino Night is being sponsored by the Student Activities Committee, Creative Dining Service, Hope College Greek organizations, and Delta Airlines.

Tickets will be sold at 2:30 p.m., beginning on November 20, 1991, in the DeWitt Lobby. They will be sold for three dollars each and five dollars for a couple. This cost includes admission to the casino, two drinks in Phelps, hors d'oeuvres and drinks, and $5000 in game money. For an additional prize of one dollar, students may purchase another $5000 in game money, with a limit of $25,000. In addition, "all Hope College students who are degree-seeking are eligible to win" an all-expense paid trip for two to two Disney World.

Camp Reps to be at Hope

Jill Planagan

Summer camp reps will be on Hope's campus Monday for the only camp recruiting day of the year.

Fourteen church-related camps will be represented in the Maas Auditorium from 10:30 to 1:30 on the 25th.

According to Assistant to the Chaplains Libby Bocks, "This is the only day that camps fair, she said, "Our numbers are pretty good, represented in the Maas Auditorium from mas."

According to Carrigan, students can still apply if they cannot make the CampFair. Carrigan said, "They should contact our office or the Chaplain's Office and we can get an application for them."

Carrigan, "It is a good way to get a nice jump on a Summer job and have it secured by Spring Break, even a lead before Christ- mas."

Although Carrigan cannot give exact numbers of students who get jobs through this fair, she said, "Our numbers are pretty good. A lot of the same camps keep coming back year after year."

The event which is sponsored by Career Planning and Placement, The Chaplain's Office and Off-Campus Jobs, is not just for summer camp counselor positions.

"We are happy to set up for a lot of positions which include life guards or jobs for people who work with crafts."

Campus Odyssey students will be on campus Tuesday afternoon to meet with students and answer questions.

Tickets will go on sale at 2:30 p.m. beginning on November 20, 1991, in the DeWitt Lobby. They will be sold for three dollars each and five dollars for a couple. This cost includes admission to the casino, two drinks in Phelps, hors d'oeuvres and drinks, and $5000 in game money. For an additional prize of one dollar, students may purchase another $5000 in game money, with a limit of $25,000. In addition, "all Hope College students who are degree-seeking are eligible to win" an all-expense paid trip for two to two Disney World.

The winner of this trip will be escorted by limousine from Hope, November 23, at 5 a.m., from Hope College to the Kent County Airport in Grand Rapids. From there, they will take a flight on Delta Airlines to Orlando, Florida, where they will stay at the new Caribbean Resort Hotel. The trip includes three days' hotel accommodations, $200 in spending money, Disney World passes to enjoy the Magic Kingdom, Epcot Center, MGM Studios and Typhoon Lagoon. The lucky winners will be chauffeured back to Hope from Grand Rapids on Monday evening.

Other prizes may be purchased using game money won at any of the 22 games available. Over $3000 worth in items will be offered, including 13 inch color TV, a VCR, dinner for two with Dean Frost and his wife, certificates for 10 free transcripts from the Registrar's office, and certificates to relieve you of 10 community service hours. Other prizes consist of directors chairs, Mickey Goes to Vegas shirts, food, a season move pass to SAC movies for second semester, and a Fantasia ticket.

"Our hope is to transform the place into more of an elegant setting that people will have a good time with," stated Anne Bakker-Gras. In addition, she hopes that this event will become a traditional formal event to be held every fall.

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SAC improvements make a 'smooth' All College Sing

Cami Reister
staff writer

Another year and another All College Sing. This year's 40th annual All College Sing, held at the Knickerbocker Theatre on November 16, 1991, was quite different than the last year's event. This is largely due to changes made by the Social Activities Committee (SAC) in the areas of tryout, the judging process, and the number of people allowed to attend.

A week before the actual event, SAC held tryouts for the first time for all groups who wished to participate in the Sing. Of the 21 groups who signed up, 13 showed up to try out. Out of those 13, ten were chosen to perform on stage last Saturday.

The tryouts were judged by a panel of students who held leadership positions in various student organizations such as Student Congress, Pan Hel, and PICA.

The ten groups chosen for the actual performance were Mantu Joshi, Sigma Sigma Sorority, Sibylle Sorority, Martha Miller, Cosmopolitan Fraternity, The Transfer, Fraternal Society, Look Ma No Talent, Funkmaster Skaf and the G-Men, and Three Moon Junction.

Four groups came out on top of the night's performance. Look Ma No Talent, consisting of Cal Hodgson ('92), Andrew Myers ('94), and Brian Domer ('94), took first place with their original piece "Dave and Golah.

The Transfer placed second with "Rays Rockhouse," and there was a tie for third place between Mantu Joshi ('94) with their rendition of "There is a Story" and Three Moon Junction who sang "Closer to Fine." All of these groups received trophies and cash prizes.

The modifications made to the judging system were definitely beneficial to the judges. The system is more relaxed this year as they no longer have sheets with listed criteria to judge by.

"We asked each judge to categorize the top four groups, and our position was given a point scale. The points were added up and the judges conferred for the final decision," explained Rolf Nelson ('93), Special Events Coordinator for SAC.

The judges for All College Sing this year were Chaplain Gerard VanHeest, Robin Ball from the Kloeze, and Dr. Tim Prunings of the math department. "It was a tough decision between one and two, and also between three and four," said VanHeest, "there were some really good performances that stood out." He went on to state that, in terms of quality, this was the best All College Sing has been seen in a long time.

There were some initial questions as to why SAC put a limit on the number of the year's entries. "We cut it down to ten because of the length of last year's event," with 17 groups, said Nelson. "Circumstances forced us to change." He went on to say that the emcee of last year's event ran out of material half way through the program and the length was a little bit tough on the judges. This year's program, starting at 8:30 p.m. only lasted until 10:30 p.m., which is quite a change from last year's four and a half hour production.

This year's comedian, Jordan Brady, received a good response from the audience. "I've only heard good things about him; he handled the hecklers quite well," said Nelson, who went on to add that most of Brady's laughs came from his responses to the hecklers.

Another change initiated by SAC was the selling of tickets. The tickets were sold during the week prior to the event for $2.00. Only 43 tickets were left unsold.

SAC hoped that the selling of tickets would help control the number of people who would attend the event. There have been problems in the past with overcrowding and damages at the Knickerbocker. "SAC ended up picking up $400.00 worth of damages last year," said Nelson.

According to some people in attendance, this change helped quite a bit. Comments were made as to the lack of overcrowding and rowdiness experienced last year.

Overall, this year's All College Sing, including the changes, was a success. "This year went a lot smoother. There weren't the problems with the Greeks as compared to last year," said Nelson.

"We think the changes (were) very effective. Not only because it was the 10 best groups, but because they also had to practice beforehand," explained Rolf Nelson ('93), Special Events Coordinator for SAC.

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Women's Studies offers new May term

Cami Reister
staff writer

Hope College's little known Women's Studies program, which concentrates on seeing our world from a feminist perspective, is expanding to the area of May terms.

This spring Dr. Dominic Schilina of the Religion department and Dr. Jane Dickie of the Women's Studies department will be taking approximately 20 students to the Cuernavaca Center for Interdisciplinary Development located 50 miles outside of Mexico City in Cuernavaca, Mexico.

During the first week of the May term, entitled Faith Seeking Justice, the students will be on Hope's campus analyzing and discussing materials from theology, sociology, economics, psychology and women's studies.

The class will also host speakers from the Holland Hispanic community who will talk with the students about the traditions of culture. In addition to this, the speakers will "come to the class and serve as a primary source of information and discussion."

During the second and third week of the program, the students will be living at the Cuernavaca Center in Mexico. Their activities while in the program, all organized by the center, will not involve a lot of written work. According to Dr. Jane Dickie, "They will be being rather doing."

The students will be in all different situations. They will be with different people each day while they go to squatter camp and other areas of work to talk with community organizers.

The people who the students will be working with are very dedicated. "They are committed and find strength within themselves and within their community to overcome oppression," stated Dickie.

The idea for this May term program developed when Schilina and Dickie attended a presentation put on by some representatives of the "Cuernavaca Center. "We were really moved by what the people were doing," said Dickie, who is attracted to the actual idea for the May term to Schilina.

"The people from the center were really pushing the idea of North Americans going down and working with the poor. "People are working for the betterment of their community," said Dickie. "We were not going down to help, but to be in relationship with these people."

The program itself is still has some things which must be worked out before its implementation this spring and Schilina and Dickie are working together to develop it fully.

The class can serve as credits for several different disciplines. It is worth three credits in the areas of Women's Studies, Religion and Senior Seminar; and depending on the situation worth one or two Spanish credits.

The participants will keep journals during the Mexico experience for reflective purposes. In the case of the Senior Seminar credits, students will be required to write a philosophy of life paper upon returning based on the basic values that people have seen and the "how, why, and what" people would be able to develop a sense of the strengths that people have, that people develop in situations," explained Dickie.

Also through Spanish experience is in no way prerequisite for this class, Dickie, who herself has studied French, hopes there will be a large Spanish background in the group of students. However, the center will provide interpreters for the participants.

Dr. Schilina and Dr. Dickie are planning on approximately 20 students to participate and they already have 28 people who have shown some interest. "If too many people desire to go, they will have to make a definite cut off number and also some formal criteria for making those cuts."

Although they have no definite standards as of yet, the cut will most likely be based on "developing a sense of balance with their group, in terms of ideas and disciplines," said Dickie.

Dr. Dickie on the whole is very excited about the students' potential experiences. "I would hope that students would see the interconnectedness between what the rich and the "poor" is that people would develop a sense of the strengths of different people, as in economic ones, in people's lives."
Editorial

College students have no excuse for smoking

People who smoke a pack a day are exposed to five times more radiation than people who work in a radiation lab. We are all more than aware of the cancer risks of smoking.

Thursday is National Smoke Out, the day that smokers are asked to not light up for just one day. College students—the same people that have been raised with every non-smoking message known to man—still smoke. The more educated the less likely one is to smoke. Of those who have had some college 25 percent smoke, and of those who have graduated from college 16 percent smoke. With all the information we have been given, students shouldn’t wait until they graduate to quit—they shouldn’t even start.

Of any generation we are the most educated about the hazards of smoking and, because we are college educated, we have no right to give excuses for smoking. Yet, in large numbers, students smoke.

• By the time we are college students, we should no longer be afraid of the peer pressure that was so powerful in high school. We are supposed to be more grown up than that.

• Smoking is definitely harmful. There is no debating this point. And not only does it affect the smoker, but the non-smokers, too, are harmed and possibly even more than the smokers themselves.

• Stress is invalid as an excuse, as well. The Dow is free to students. Pens are really inexpensive to write your feelings down with or to chew on, if you prefer. And, if ads are to be believed, Wrigley’s Spearmint Gum is a very good stress reliever and alternative to smoking.

• Nicorette is an alternative to the addicting power of nicotine and the American Cancer Society will gladly help anyone quit smoking. If you do want to quit, ask your friends for help. Ask your smoking friends to quit with you; form a support group with each other. If they ridicule, remember what your mother told you: they are not your friends.

• By the way, it doesn’t look cool either. There are arguments for every excuse. You don’t need to hear them all. Instead, just quit for Thursday. Then just quit for Friday.

The anchor is a product of student effort and is funded through the Hope College Student Congress Appropriations Committee. Letters to the editor are encouraged, though due to space limitations, those of 250 words or less will be given preference. The opinions addressed in the editorial are solely those of the editorial board. Subscriptions to The anchor are available for $18 a year or $10 a semester. We reserve the right to accept or reject any advertising.
Dear Editors,

I am disgusted with the way The anchor glorified the two women who were arrested as part of the Operation Rescue in last week's edition. The article was written from a completely biased standpoint with local disregard that there might be readers within the Hope community that might hold values that differ from those women.

I am a student at Hope College, and I feel that the article was biased. It is a sad day when Hope College condones breaking laws to get for their beliefs, which is admirable and a moral obligation. We can't coerce anyone in the college to do what they don't want to do. I feel that this article was not the best way to deal with racism.

Sincerely,

Todd Risk
Department of Economics

Abortion article has nothing to do with Hope

Dear Editors,

I am writing in response to the Nov. 13 article on Jennifer McGlynn and Polly Schuler. I have a question. Why is this article in our student newspaper? It has absolutely nothing in it which relates to student life or Hope College. Two students went to Denver and were arrested at the abortion clinic. Big deal. They stood up for their beliefs, which is admirable, but what makes their story so newsworthy is that it makes the front Page of The anchor? What makes their arrest so special? Why aren't stories about people who get arrested at parties writes and plastered all over The anchor? I don't feel that a story is newsworthy just because it is about abortion. Yes, abortion and abortion articles are newsworthy sometimes, but not in a student newspaper when it has no rel- evance to our life on campus. Please stick with stories and features that affect Hope students, not stories which are only for their shock value.

Sincerely,

Todd Risk

(Edited note. The story was written because it shows that some Hope students are interested in more than the immediate situation here. Hope College students are members of the Hope community, and as such are rea- sonable topics for a story. These students are arrested at the abortion clinic because they believe in the right to choose."

NOTE: The anchor accepts letters to the editors that are accompanied by a signature and at least one personal identification number. Letters submitted with a signature will be edited than 250 words will be edited for verification purposes. Letters must be submitted with a signature. Letter should be a maximum of 250 words. Longer than 250 words will be edited to fit available space. Thank you.

The editors

Individual responses combat racism

Dear Editors,

I don't care who started it, the students shouted, "Minority ass out of here! Get back upstairs!" The inability to control one's behavior. I don't care who started it, the students shouted, "Minority ass out of here! Get back upstairs!"

What have you got to lose, besides a dangerous habit? Try quitting for 24 hours. JUST FOR THE HECK OF IT! In closing, here are some nice statistics on the side effects of smoking.

- The average smoker can save $2400 a year by stopping.
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Sincerely,

Elizabeth Bos American Cancer Society Intern
Students sing their hearts out

Cal Hodgson ('92), Andrew Myers ('94), and Brian Dorner ('92), Look Ma No Talent, receive the $50 first prize for their rap of "David and Goliath".

Members of the Sibylline Sorority dressed to perform both the male and the female parts of the song "Will You Love Me Forever?"

The Knicks entered the competition as the Funkmaster Skaf and the G-Men, and performed "I Know You Rider."

A trumpet solo instrumental from Rockhouse. Their performance also featured a solo.

The Transfer won second place with vocals and instrumentals. Their performance of "Rockhouse" was dedicated to the state College.
Three Moon Junction tied for third with Mantu Joshi with their performance of "Closer to Fine."

Jordan Brady sings his song about a boy and his boomerang while the judges reach a decision. Brady both entertained the crowd and responded to hecklers with appropriate comments.

Drums, Brass, and Vocals were incorporated into the Cosmopolitan Fraternity's performance of "Everybody Needs Somebody to Love." Those who did not perform danced in front of the stage.

The theme from "Cheers" was sung by the Sigma Sigma Sorority, featuring John Stack '93 as "Norm."
Official University of Michigan Student Daily
Monday, November 18, 1991


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MEMBERS OF THE ENVIRONMENTAL ISSUES GROUP are looking for volunteers to pick up styrofoam waste products, such as packaging materials, and to transport them to the styrofoam recycling center run by the Ottawa County ISD. Whenever you need to dispose of styrofoam packaging materials, please call one of the following, and we shall make sure your styrofoam is recycled:

- Recycling Carrie Maples

- Call one of the following, and we shall make sure your styrofoam is recycled:

Deep Thoughts

The Finish Line

Steve Kaukonen

This column is dedicated to all my cross country and track teammates and coaches, and especially to Jered—the world's best running companion.

It was like saying goodbye to an old friend.

Last Saturday, I ran the final cross country race of my scholastic career.

After a decade of running competitively, I have reached the end.

It still hasn't sunk in that it's over, but when next fall comes around, and the smell of burning leaves permeates the air, there will be something missing.

For the last ten years, running has been my life. And during that course of time, many people have asked me why I enjoy running and how I got interested.

Well, to begin, my running career started back in fourth grade. My elementary school had an annual "mini-run"—a race one mile in length. That first race I placed second, and a love for running was sparked.

Then came junior high. In the spring I went out for track, and although I had an interest in running, I thought for a brief moment in time that I was destined to become the next Sergey Bubka, and pole vault myself into history. After clearing a mighty four feet in practice, I was ready to take on the world.

A band new head coach entered me in two events—the pole vault and the 3200 meter run. Both were at the state meet, and before I was able to take my world records in the pole vault, I ran the 3200.

You must understand however, that the meet that was held here in early March, and it was only 30 degrees and snowing when the sun went down. It was a cold, wet ten-inch, 70 pound kid running two miles in a single jacket and shorts—no sweats, no tights, no hat and no gloves.

After the race—I believe I placed second—I walked my muddy body back over to the pole vault stall, and lined up for my first vault. However, there were a few problems.

First, I was exhausted from my race and turned, my hands were so cold and numb I could not even grip the pole. And seeing that nearly every other pole vaulter had cleared the starting height of six feet—-a height I had not come close to—disappointed, I opted to give pole vaulting one last and for all and continue on running.

Throughout high school I ran both cross country and track, and many of my best memories were from running.

My cross team was quite successful—winning many invitational meets, making three trips to the state meet, and winning 92 consecutive dual meets.

The six trips to and from the meet were a lot of fun—singing and laughing. Before the meets and at practices we worked and acted like a bunch of shrimps, and many times made the competition to take us seriously.

But when the gun went off, we settled down, took care of business and blew away the competition. The competition.

And each fall since coming to Hope, I have run cross country and track, but when I leave Hope, I am not without my fondest memories again will be running.

Memories of Crush Hall Ranch, which bared the beginning of every season with a week-end camping campout. Waking up early in the morning to freezing temperatures, 'piece of cloth for breakfast, and up at dawn for a long run in the morning sun. Playing games like 'Honey, if you love me...four-way volleyball, and the traditional football game.

Memories of the first few painful weeks of practice and getting into shape, while running in sunny, hot, 90 degree weather, and ending practices with a swim in Lake Michigan.

Memories of the many miles put in at practices—many named for different purposes, such as the Nick Kramer Relay, the Nick Kramer Relay, the Graffiti Run, the traditional Corn Cob Relays, and my favorite—the Yellow Brick Road Relay.

However, practices were not the only element of cross country with unusual names. Most members of the cross team bad nick names including Spanky, Skid, T.D., Betty, Nessie, Hotel, Bru, Tex, Silver and Whit to name a few. And my own, "Cocaine," derived from my last name.

Memories of cross country meets where most every weekend in September and October found us running at an invitational and the continuing week day practices consisting of nine mile runs being turned out every day, traveling around the Holland area in the big blue and orange Flying Dutch bus. Memories of the cold weather, followed by the sweets, tights, hats and gloves came out—-the big meets arrived.

The team prepared for these meets by loading up on carbohydrate dyes by dousing gallons of sand, water and eating pasta, pasta and more pasta.

The MIAA Conference Meet, Regionals, and Nationals—the season ended in the same races. And the dreams of many individuals and teams being made or broken in a matter of seconds.

All this is not going to be of winning awards or breaking records, but rather it will be of times shared with my teammates and coaches, who have run the distance miles with me—and it is these special people who have made it all worth the while.

our health.

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A dietician promotes nutrition and health
by Scott Runyon

A Registered Dietician working for Hope’s food service was in Phelps for dinner last Wednesday talking with students and giving out information about health and nutrition.

"Basically, I’m promoting nutrition and making available information to students," says Elaine Colven. "The bottom line message is that students need to take a healthy approach to food. You can tell someone they need to have 1200 calories a day... and they’ll eat it all in Hershey bars. What they need to do is eat from the four basic food groups.

While in Phelps, Colven gave out a variety of information about health, fitness, and nutrition with an emphasis on sports nutrition. (All of this information can be picked up or ordered through Health Services in the Dow Center.)

She is now analyzing the recipes being used in Phelps, looking at the fat levels. "Once it comes together we’ll have to figure out how to advertise the results to students," said Colven. One idea is to label the entrees with the fat level and other nutrition information.

According to Colven, the fat level to watch for is 30 percent or less daily. This goes for the whole diet, not just particular foods. Colven gives examples of eating cake: One does not have to give up eating candy because it naturally has a fat level higher than 30 percent. You can simply use fat-free or low-fat cake with other foods lower in fat. Balance is the key.

Concerning the foods now present on the menu at Phelps, Colven commented: "Some of the entrees are higher in fat than we would like to see. Some are around 40 percent." She will be doing what she can to keep the levels down by dealing with the recipes.

Colven has worked a couple months now with Creative Dining Services, the management company hired to oversee and direct the food service. She also works with the food program at Adrian College, Trinity Christian and Indian Institute of Technology in India who have the same food service and basically the same menu.

"One of the unique things that Hope has, which the other schools I work with don’t, is the wellness bar," says Colven. "They are looking to follow in Hope’s footsteps in this way."

Colven is excited about the wellness program Hope has started. She wants the students to know that "food can taste good and be healthy too."

"There are a lot of students concerned about nutrition here [at Hope]," says Colven. "There was even a sorority who had me come talk to them about wellness, fitness, and a holistic approach to nutrition."

Colven is working with the Counseling Center and Health Services at Hope. If students have eating disorders or other health problems dealing with food she will do what she can to help them by directing them to the right resources and providing them with solid information.

"There is a lot of information floating around," says Colven, "so go to someone who is qualified if you’re looking for an answer concerning health and nutrition."

Colven is on campus each week and can be reached through Health Services in the Dow Center.

Catalonian student speaks about Basque terrorism
by Jill Sandor

Gonzalo Echegaray (‘93) is a business administration major from Barcelona, Spain. His hometown is located in Catalonia, in the north, about 450 km from the Spanish ‘capital, Madrid. Although Echegaray is from Catalonia, he has roots in the Basque country. His name, Echegaray, means ‘the house on the path’ in the Basque language.

The Basque country is currently engaged in an active separatist movement aimed at gaining independence from the Spanish government. Separatism takes the form of political activity as well as terrorist action undertaken by the group known as Euskadi Ta Askatasuna (ETA).

The ETA emerged during the late 1960’s with an intent to bring attention to its separatist demands through acts of violence. Its aim is to pressure the central government of Spain to grant independence to the Basque provinces.

Since 1968, the ETA has been responsible for three times as many deaths as all other terrorist groups in Spain combined. It is highly secretive, and no one outside the organization knows who its members are.

ETA violence occurs both inside and outside the Basque country, and is usually focused in large cities like Madrid, Barcelona, and Seville. Echegaray said, "The ETA employs violence such as shooting and bombing to publicize its struggle. A common technique is car bombing—planting a bomb in a stolen car, leaving the vehicle parked on the street, often near military barracks and detonating it by remote control."

Echegaray said that the ETA gets its weapons through smuggling and dealing on the black market.

It also finances its operations through extortion, using threats to force businessman to pay a ‘revolutionary tax’ to get money to finance its organization. Although most people in the Basque region desire independence, few support ETA violence to achieve this goal. ETA violence occurs both inside and outside the Basque country, and is usually focused in large cities like Madrid, Barcelona, and Seville.

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All-female group debuts with soul, talent and a mission
by Marla Van Baren
production editor

Blending musical talent, rich vocals, life experience, and soul, Rachel Rachel enters the realm of contemporary Christian music as the first all-female band. This five-member group based in California hit the scene with a mix of rock 'n' roll, R&B and pop on their debut album "Way to My Heart.""Dayspring Records.

Talent is definitely the hallmark of this group. Most of the songs were written or co-written by group members. Each woman has played the California club circuit and brings a different story to the group adding to its diversity.

Cheryl Jewel, lead vocals, feels, "With all the years of experience in this band, we are ready to share with confidence a message of faith. We hope to reach both young and old." Undoubtedly the best cut on the album is their remake of the Kansas hit "Carry on Wayward Son." Fantastic harmony catches the listeners attention, and Jewel admirably combines all of their voices to give a soulful look at lost love.

Yet, they do have great lead vocal talent in Jeryl Jewel, as well as other band members. As a band they play well, sing excellent background vocals and compliment each other's voice and talent.

Lyrically, they sing of everyday struggles with life and faith. Jennifer Sparks, drums, states one of their goals: "Life is very difficult at times. There are many types of struggles in this world. I think that is where we found the message for almost every one on our album and that message is faith."

Brynn Beltran, key-boards, shares the lead with Jewel in "The Way to My Heart," which she penned. It begins, "I had an awful day/Felt like I should've stayed in bed/And I'm needing some/where I can REST my weary head..." The way to my heart/You always know/It goes on to voice a popular refrain, "Defiant heart want/what you want/with a no-nonsense look at lost love: "I found the note you wrote/Tough words you can't erase/But you weren't enough/To tell me to my face/You said the fire was out/You took a cold, hard stance/If you had fought for us/We might've stood a chance..."

As a whole, the film is unique, even though it does fall under the genre heading, "gangster move." It shows a new side to the crime business, and is a refreshing, much more optimistic view.

Barthet is not an excellent film, although it did have several good scenes and sequences. The movie itself was rather slow moving with only occasional bursts of excitement.

Because of its uniqueness and good acting, balanced by a lack of overall intensity, Billy Barthet scores a B-

Hoffman excels in the not-so-typical gangster movie, Billy Bathgate
by Brent Wayne & Marla Van Baren

Dutch Schultz, the infamous numbers racketeer of the 1930s, has a place on the recent gangster-movie bandwagon. Billy Bathgate is the story of an enterprising Bronx youth, Billy Bathgate (Steve Hill), who works with Schultz (Dustin Hoffman, Rainforest).

The story concentrates on Billy, who is a fledgling member of Schultz's organization. Throughout the movie, Bathgate deals with his fear of Schultz, the crimes Schultz commits, and Schultz's girlfriend, Mrs. Preston (Nicole Kidman).

The movie is not a typical gangster film. The story does involve the violence inherent in such a situation, but doesn't concentrate on it. Other movies in the past, such as Gangsters of the Goodfella, have given us the blatant, dark truth of criminal organizations. Bathgate breaks from this trend and still shows us the violent side of the crime business, showing the corruption in contrast to Billy, who re-mains unaffected by the system.

Hoffman, as most expect, does an excellent job as Schultz. Hoffman's Schultz can be seen as an ordinary man with extraordinary talent, rich vocals, life experience, and soul.
Katie Conlen has her eyes set on the horizon

by Cal Hodgson
sports editor

Katie Conlen ('92) so fast, she can turn off the lights, go to work, go to practice, prepare for a work study program in Japan and get in bed before the room gets dark.

Conlen is the top runner on the Hope College Women's Cross Country team and the MIAA champion. Saturday, she won the Division III Regional tournament held in Terre Haute, Indiana and will run at Nationals this Saturday in Virginia.

Conlen had mixed emotions after the meet in which Hope came in third, missing a chance to go to Nationals as a team.

"I was really excited for myself, but having the team make it would have been even greater," said Conlen.

Conlen is a fast runner, but she's going through Hope College fast as well. Conlen takes 18 hours a semester and will graduate in December, a semester early.

She also works at Dave's Garage as a waitress and is an active member in the Sigma Iota Beta sorority.

Conlen says her sorority sisters are "a very positive group. The sorority has given me the opportunity to serve on the executive board and participate with service projects," said Conlen.

Next year Conlen will be going to Japan for a year on a work study program. She will work for LABO international which teaches Japanese children to speak English.

"I went on an exchange program to Japan in high school," said Conlen. "It's been my dream ever since I left to get back there." Her first and sixth month in the program, Conlen will take language classes. During the interim, she will work for the organization in a variety of roles.

Conlen is an international studies major, focusing on Japanese, political science and economics. She is also earning a business minor. Last fall she went on a Philadelphia semester.

"My hope is to work in the international sector," said Conlen. Conlen is interested in helping corporations get into foreign markets or products. Conlen wants to continue her training in Japan but knows that she will be kept very busy. She hopes to run in the Chicago marathon in 1993 with her running buddy, Marcia Vanderrall ('93).

During the season, Conlen runs 50-60 miles a week with twice a day workouts. During the summer, she runs 30 miles a week but she also crosses trains by biking, swimming and rowing.

Conlen had an internship with a lobbying firm last summer where she worked with many different legislators. She is interested in trade issues.

Conlen has enjoyed her cross country experience. "The coaching staff here is so great," she said. "The men's and women's teams travel together and we're like a family. That can be attributed to the coaches.

Saturday, only two members of the family will be traveling to the Nationals, Conlen and Aaron Bruninks ('94), who was third in the men's regional.

Whether running in the Nationals, or working somewhere international, Conlen will always hit her stride.
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