11-9-1988

The Anchor, Volume 101.10: November 9, 1988

Hope College

Follow this and additional works at: http://digitalcommons.hope.edu/anchor_1988

Part of the Library and Information Science Commons

Recommended Citation

http://digitalcommons.hope.edu/anchor_1988/23


This News Article is brought to you for free and open access by the Anchor: 1980-1989 at Digital Commons @ Hope College. It has been accepted for inclusion in Anchor: 1988 by an authorized administrator of Digital Commons @ Hope College. For more information, please contact digitalcommons@hope.edu.
News

Hope grad and peace activist to be honored

Bush wins Kletz mock election

Arts

Students present
Talking With . . .

Sports

Hope basketball to scrimmage this Saturday

Former President Gerald R. Ford, a Grand Rapids native, spoke a few words in support of fellow Republican George Bush at the Bush-Quayle rally held last Wednesday in Dimnent Memorial Chapel. Candidates George Bush and Michael Dukakis and their supporters targeted Michigan as a key state in yesterday's presidential election.
Forest to deliver annual Muste Memorial Lecture

HOLLAND -- Jim Forest, communications director of the International Fellowship of Reconciliation, will deliver the 5th annual A.J. Muste Memorial Lecture at Hope College on Thursday, Nov. 10, at 7:30 p.m. in the Winants Auditorium of Graves Hall.

The public is invited.

In his lecture Forest will review his involvement with Muste's work in Hanoi and Saigon in 1966, focusing on Muste's determination to establish relationships with those we regard as the enemy. It was Muste who said, during WWII, "If I can't love Hitler, I can't love at all." Forest will also describe his own journeys of reconciliation to the Soviet Union.

From 1977-87 Forest was general secretary of the IFOR, a position which Muste occupied from 1949-1953. Forest, who describes his vocation as "peace worker," is married to Hope College graduate Nancy Flier, and lives in Alkmaar, The Netherlands.

His books include Love is the Measure, a biography of Dorothy Day, Thomas Merton, a pictorial biography, Four Days in February, on the non-violent overthrow of President Marcos, Making Enemies Friends, and a children's book, The Tale of a Turnip.

The lecture series was organized by Hope College in 1984 to commemorate Muste, a 1905 graduate who died in 1967.

After Forest's lecture the A.J. Muste Alcove in the Van Wylen Library will be dedicated. The brief ceremony will include remarks by Hope College President John Jacobson and Elsie Lamb of the Holland Peace Makers, and a reading from Muste by Sandra Hansen. A plaque will be unveiled by Elton Bruns, dean of the college's arts and humanities division.

At 7:30 in the evening, Forest will talk on "Thomas Merton and Prayer," at St. Francis de Sales church in Holland.

Muste alcove in Van Wylen Library to be dedicated on Thursday

HOLLAND -- Hope College will dedicate the A.J. Muste Alcove of the Van Wylen Library Thursday, Nov. 10.

Muste was valedictorian of the Hope College class of 1905 and perhaps this country's most famous and respected 20th century pacifist.

Participating in the 5 p.m. dedication will be Hope College President John Jacobson; Donald Cronkite, chairman of the college's A.J. Muste committee, and Sandra Hansen and Elsie Lamb of the Holland Peace Makers. A plaque will be unveiled by Elton Bruns, dean for Arts and Humanities at Hope. The Muste Alcove is on the second floor of the Van Wylen Library. Its establishment was funded by gifts from interested faculty and friends.

An exhibit of books from Muste's personal library will be on display in the Van Wylen Library.

The dedication will follow the fifth annual A.J. Muste Lecture, which will be delivered by Jim Forest, communications secretary of the International Fellowship of Reconciliation. Forest, married to Hope College graduate Nancy Flier, was general secretary of the F.O.R. from 1977 to 1987.

Muste became a pacifist during World War I, and a Trotskyist in the early days of the depression. After a meeting with Trotsky in Norway in 1936 Muste returned to his Christian pacifism. From 1940-53 he was executive secretary of the Fellowship of Reconciliation, during which time he was influential in founding the Congress of Racial Equality.

After his retirement in 1953 Muste was a leader in the pacifist movement.

Prize-winning writer and poet Minty to read in DePree November 14

HOLLAND -- Prize-winning writer Judith Minty will read from her work Monday, Nov. 14, at 7 p.m. in the Gallery of the DeVos Art Center on the campus of Hope College.

Minty's first book of poems, Lake Songs and Other Poems, received the United States Award from the International Poetry Forum in 1973. Since then she has authored five more volumes: Yellow Dog Journal, Letters to My Daughters, In the Presence of Mothers, Counting the Losses, and Song of a Rising All Across the Country.

Library Journal has written: "Minty’s lake is Lake Michigan, her country is its western shore, and both are her strength. Her poems acutely observe and translate that world: they do not so much tell us things as body forth (sic) people, places, animals, myths, legends...But mostly she is an absolute original, scary tough, one of a fierce new breed."

Minty also writes fiction. Her stories have appeared in Ladies Home Journal, The Village Advocate, Northwest Magazine and most recently been featured on NPR Playhouse. She has received two PEN Syndicated Fiction Awards, and in 1986 the PEN-Mead Fourth Estate Award.

In addition to publishing poems in Atlantic Monthly, Poetry, The New Yorker, Southern Poetry Review, Poetry Northwest and The New York Quarterly, she has been anthologized by such publishing houses as Houghton Mifflin, Macmillan, David McKay, Ontario Review Press and Wayne State University.

Poet William Heyen has said of Minty's work: "This is a strong and moving book by one of the necessary poets of her generation."

In addition to her reading Minty will meet informally with interested persons at 3 p.m. on Nov. 14 in Livius.

Minty's visit and reading are sponsored by Opus, the college literary magazine, and by the college's English department.
More News

Bush narrowly beats Dukakis in mock election held in Kletz

by Eric Shotwell
anchor Editor

Results from the 1988 Hope College Mock Elections, held on Thursday, November 3, have now been tabulated, and the results seem to correlate to the recent national polls.

Although only 63 people voted in the "election" held in the Kletz, results indicate that Hope students are remarkably divided Democrat, Voilucn in the "election" held in the Dunn, Republican, received 21 votes, while Michael Dukakis had 24 by Eric Shotwell

the only other legitimate candidate on any of the ballots, received only one vote.

However, other candidates fares just as well, or better in some cases; Jake Blues, of the Blues Brothers fame received one vote, along with G. Gordon Liddy and James Baker III. However, they were edged by Randy of the Redwoods, who got 2 votes, and Bill and Opus, who received 3.

In the senatorial race, Democrat Don Riegle walked away with it, with 29 votes, 11 of them from voters who claimed they were Republican. Jim Dunn, Republican, received 21 votes, with only one of them

Democrats. Some token votes were Oakland County Prosecutor L. Brooks Patterson, and Bill Garfield and Bill, each receiving one vote.

Lastly, in the congressional race, Guy Vanderjagt had a decided landslide victory, acquiring 32 votes to his opponent, Dave Garrow.

Emcee Tom Bouwer and sophomore Suzanne Labs of the Dorian Sorority ask the audience questions during the Greek Week Festivities.

Hope grads to offer career advice on panel

by Eric Shotwell
anchor Editor

The office of Career Planning and Placement will be offering a series of lectures this Thursday, November 10, for students interested in careers in business.

The lecture, entitled "Careers in Business: Panel Discussion With Recent Graduates," is designed to introduce students to Hope College alumni who have gone on to work in fields such as sales, advertising, accounting and finance and banking and insurance.

According to Dale Austin, Director of the office of Career Planning and Placement, "we're bringing back relatively recent Hope grads to have them talk about what it is they do professionally, and how satisfied they are with their positions."

"Our goal is for current students, Juniors and Seniors in particular, to use these seminars to help clarify what it is they want to pursue," said Austin. He also pointed out that this series is not restricted to upperclassmen, nor is it exclusive of the careers in the business world that are available."

The seminars, divided into four sections - Sales (Lubbers 107), Advertising-Marketing (Lubbers 201), Financial Institutions (Lubbers 103) and Accounting-Finance (Lubbers 111) - are each offered at two separate times, so students are not limited to one particular seminar. All discussions will be offered at 3 p.m. as well as 4 p.m. on Thursday.

The tenacious field of 24 participants, two from each greek house, were Bill Schuette and Opus, each with one vote. It was noted by many voters that because many were not from Ottawa county, they could not choose between the candidates.

Of those who voted, 59 said they were currently registered to vote, and 57 said they have voted or would be voting in this year's election. 27 voters claimed to be Republican, 18 claimed Democratic affiliation, and 18 said they were Independent.

It should also be noted that while most Republicans "split" their tickets, voting for both Republicans and Democrats on the same ballot, most Democrats voted a straight ticket, therefore indicating more "party unity" among Democratic voters at Hope.

Hope graduates to offer career advice on panel.

"Mr. and Ms. Greek Week" by Kristen Hains
anchor staff writer

If a stranger were to have walked into Phelps on Thursday, Nov. 3, they might have thought that students at Hope college had taken advantage of the latest "white sale" at Penney's.

On the contrary, though: it was the first annual "Mr. and Ms. Greek" competition, only one of the many special activities planned during Greek Week.

The contestants were attired in the finest of togas, as they competed in three categories. The categories were "stud" and "studette," formal wear, and bathing suit.

The tenacious field of 24 contestants, two from each greek organization, battled fiercely for the honor of title of "Mr. and Ms. Greek.

As the motto of Greek Week implied, "It's more than just a toga." The contestants had to possess great poise, arrogance, and the ability to "ham it up" on stage. They were also judged on the wildness of their togas.

They were judged in these categories by six judges, (three men and three women) These judges were representatives from the faculty and head residents.

Emcee Tom Bouwer and sophomore Suzanne Labs of the Dorian Sorority ask the audience questions during the Greek Week Festivities.

Ridl publishes second poetry book


- The volume is divided into two sections. The first dramatizes the experiences of a working-class family: school, sports, relationships. Distinguished poet Conrad Congdon of Clarion believes that Ridl's sports poems are "unmatched anywhere in American poetry." This section, and the world of midwestern high school basketball the sort of authority, the sure nuance and detail, that the movie Bull Durham brings to minor league baseball. They are so compelling, so varied, so familiar to anyone who has played high school sports that they may well introduce a new genre.

- In the second half, Ridl engages a variety of relationships, National Poetry Series poet Naomi Shihab Nye writes, "Jack Ridl's poems are gifted with as clear a sense of our lives together as our lives apart. He honors all the forms of experience in a voice that is brave, compelling and true."

- It is published by Dawn Valley Press who also released Ridl's first book, "The Red Ghost." In 1986, "Between" might be ordered through local bookstores, including the Hope Geneva Bookstore at Hope College or directly through Dawn Valley Press, Box 58, New Wilmington, Pa. 16142.

Arcadian Vredevoogd and Sigma Wheeler crowned "Mr. and Ms. Greek Week"

by Kristen Hains
anchor staff writer

If a stranger were to have walked into Phelps on Thursday, Nov. 3, they might have thought that students at Hope college had taken advantage of the latest "white sale" at Penney's.

On the contrary, though: it was the first annual "Mr. and Ms. Greek" competition, only one of the many special activities planned during Greek Week.

The contestants were attired in the finest of togas, as they competed in three categories. The categories were "stud" and "studette," formal wear, and bathing suit.

The tenacious field of 24 contestants, two from each greek organization, battled fiercely for the honor of title of "Mr. and Ms. Greek.

As the motto of Greek Week implied, "It's more than just a toga." The contestants had to possess great poise, arrogance, and the ability to "ham it up" on stage. They were also judged on the wildness of their togas.

They were judged in these categories by six judges, (three men and three women) These judges were representatives from the faculty and head residents.

The captivated audience, which numbered 150, ferociously cheered on their favorite contestants.

And when the competition finally drew to a close, Jill Wheeler and Matt Vredevoogd stood above the rest and were honored with the title of "Mr. and Ms. Greek." Wheeler represented the Sigma sorority, and Vredevoogd represented the Arcadians.

Liddy and James Baker III. However, they were edged by Randy of the Redwoods, who got 2 votes, and Bill and Opus, who received 3.

In the senatorial race, Democrat Don Riegle walked away with it, with 29 votes, 11 of them from voters who claimed they were Republican. Jim Dunn, Republican, received 21 votes, with only one of them

Democrats. Some token votes were Oakland County Prosecutor L. Brooks Patterson, and Bill Garfield and Bill, each receiving one vote.

Lastly, in the congressional race, Guy Vanderjagt had a decided landslide victory, acquiring 32 votes to his opponent, Dave Garrow.

"Between" is published by Dawn Valley Press who also released Ridl's first book, "The Red Ghost." In 1986, "Between"
Mortar Board builds

by Mary Taylor
anchor columnist

In the past, Mortar Board has not been a highly active organization at Hope College. The present year's 35 members of the Alcor Chapter are slowly working to change this. Founded in 1915, Mortar Board is a national honor society of college seniors dedicated to the ideal of service to the college campus and community. In 200 chapters around the country members are chosen for their superior scholarship, outstanding leadership, and service to others.

This year Hope's Alcor Chapter has decided to concentrate on the areas of multicultural life, academic awareness, the status of women, and community service. Plans are underway to address each of these in a variety of ways.

Earlier this fall Mortar Board sent a letter stating the group's support for the hiring of minority and women faculty. The group is corresponding with Hope psychology professor Jane Dickie who is presently teaching at a south African University and will be publishing accounts of her experiences there. Members also plan to participate in the upcoming International Food Fair.

In terms of academic awareness, plans are being made for a study of how we might be of assistance. The result is a program of undergraduate science research grants which are being made available to a select group of colleges that we feel offer particular effectiveness as sources for those who go on to graduate institutions. Our objective is to help increase the number and quality of such students for advanced degrees by supporting their research and training during their junior and senior years.

This is the second consecutive year that the Hope chemistry department has received this grant from the Merck Company Foundation which is the foundation of the Merck, Sharp and Dohme Co.

This award is especially significant to our program. We will be able to increase our current level and "quality of activity in the training of undergraduate chemistry students," said Dr. Rodney F. Boyer, professor of chemistry and chair of the chemistry department.

Chemistry dept. receives Merck grant

HOLLAND - The Merck Company Foundation of Rahway, N.J. awarded a $7,500 grant to the Hope College chemistry department to support summer research by students and for the purchase of equipment needed for research projects. "Four-year colleges are a critical source of students who go on to complete their education in the sciences," said Vernon B. Baker, executive vice president of the Merck Company Foundation.

"We have recently undertaken a study of how we might be of assistance. The result is a program of undergraduate science research grants which are being made available to a select group of colleges that we feel offer particular effectiveness as sources for those who go on to graduate institutions. Our objective is to help increase the number and quality of such students for advanced degrees by supporting their research and training during their junior and senior years."

This is the second consecutive year that the Hope chemistry department has received this grant from the Merck Company Foundation which is the foundation of the Merck, Sharp and Dohme Co.

This award is especially significant to our program. We will be able to increase our current level and "quality of activity in the training of undergraduate chemistry students," said Dr. Rodney F. Boyer, professor of chemistry and chair of the chemistry department.

East Lansing wins Hope math contest

HOLLAND — Winners have been announced in the 16th annual Lampen mathematics contest held Saturday, Oct. 29 at Hope College.

Approximately 350 students from 34 western Michigan high schools participated in the competition which consisted of 45 mathematics problems of varying degrees of difficulty.

The competition was sponsored by the Hope College mathematics department. Professor Richard Vander Velde was the chairperson.

The family of the late Hope College mathematics professor Albert Lampen, along with Hope College, provided prizes for the seven top scorers in the contest and team trophies were given to the high schools whose top four students achieved the highest total score.

The winning high schools by division were: Class A, East Lansing High School (Honorable mention: Lansing Catholic and Galesburg Augustana); and Class D, Grand Rapids City High School (Lansing Christian and Pittsford).

The seven students with the highest scores were: 1 Kurt Thoroughman, Kalamaazoo Central; 2 Mike Bolt, Grand Rapids Christian, and Joel Enningenburg, Kalamazoo Central; 4 Matt Hamermesh, East Lansing; 5 Chris Conley, Lansing Catholic Central; 6 Antion Lee, East Lansing; 7 Judy Shih, East Lansing.

Also sponsored by these local businesses:

Holland Athletic Club
TJ's Yogurt
Quad 31
Village Inn
Peter's Soon To Be Famous
Holland Video
Hairstylists Plus
TCBY Yogurt
Nickeldeon
Tan Body
Video Today
Almanza's Hair Salon

Raffle of prizes

Free Food
Videos

Prize for person with the most sponsored donations.

Grand prize for the person who dances the longest.

Event: Marathon Dance
Organized by: WTHS 89.9 FM
Date: November 11th, 10 pm.-6 am
Location: The Kletz
News Briefs

GPS to present Music by Three

The Great Performance Series will be presenting "Music by Three" on Thursday, November 17. Participating musicians include Benny Kim, Jaime Bolipata and Eric Ruske. Tickets will go on sale on November 10.

DePree hosts pottery exhibit

The art exhibition entitled "Power Over Clay" will continue to be shown in the DePree Art Gallery until November 27. Hours are Monday through Saturday, 10 a.m. to 9 p.m., and Sunday 1 to 9 p.m.

Women's Issues to sponsor film

The film "Woman and Man," sponsored by the Women's Issues Organization, is scheduled to be shown at 7 p.m. on November 27. Hours are Monday through Saturday, 10 a.m. to 9 p.m., and Sunday 1 to 9 p.m.

On the Write Track

Apostrophes are just lofty commas

An apostrophe is just a comma with a high opinion of itself. It's nothing special. After all, we see it everywhere we look. It's a pretty neat way to space up any boring old word. BED'S FOR SALE? $77 OR YOUR BEST OPPEER! HOT DOG'S $1. It seems to be one of our favorite decorations. However, it is also something we often omit. For example, IT'S EASY TO GET A LOAN! JUST COME TO SMILEYS! Seriously, the apostrophe has a legitimate use. It's often hard to figure out just where to put that little bugger. With a little patience and courage, though, we can come to master this troublesome mark. Wanna find out how?

1. Use the apostrophe to show possession.

Take the possessor and add 's to it. John owns a car, then it's John's car. For a normal plural possessive, the case is almost the same. Take the possessor and add it plural by adding 's, and then add the apostrophe. If many students own cars, then it's students’ cars. There is one special rule for plural possession.

2. Use the apostrophe to show possession with special plurals.

Again, take the possessor, make it into its plural, and then add 's (not 's). Some examples of this are women's cars and oxen's feet. Woman changes to women and ox to oxen.

3. Use the apostrophe for contracting two words into one.

Contract "it is" to "it's" by removing the '1 from is" and inserting an apostrophe. This follows for every contraction. "Do not" is equal to "don't", "have not" is equal to "haven't," and "you are" is equal to "you're." However, this rule is not to be confused with the last rule even though it usually is.

4. Do not use the apostrophe with possessive pronouns.

These pronouns do not use the apostrophe by design. They're made that way. So it is "Your hair looks nice," not "You're hair looks nice," or "Their car needs work," not "They're car needs work." The most common mistake is off with it's and its. It's "The dog knows where its bed is," not "The dog knows where it's bed is." The mistakes in these examples are mistakes made by using contractions instead of possessive pronouns.

By following these suggestions, your writing will be free from those embarrassing apostrophe boo-boos. No more HOT DOG'S will appear in what you write because you will know that unless those hot dogs own something, that apostrophe is only an unwanted distraction. You won't write "I know that your going to the game" because you'll know that your is a possessive pronoun and what you want is the contraction "you're." Yes, soon, the apostrophe will be an invaluable tool for you to use in your writing instead of just something to use when you're not sure or as an amusing little decoration.

If you have any questions concerning grammar or writing, send them to "On the Write Track" care of the anchor.

Writing Consultant

Bret Norvilltis
Academic Support Center

When you party remember to...

• Don't get wrecked if you're not sober or you're not sure - let someone else do the driving

• Message provided by disco-sag and Beer Drinkers of America

Phone Survey Personnel needed

Monday - Thursday 5:00 - 9:00

Close to campus

$5.00 Per Hour

Apply ASAP 392-1856

MANPOWER

TEMPORARY SERVICES

234 Central

Holland

Are you in an anchor photo?

Copies of all the anchor's photos are now available to the students and faculty of Hope College in 5x7, black and white glossy prints, at a special introductory price of only $2.00 for each photo.

Contact Jonathan Hofman at x6282 or Eric Shotwell at x392-4950 for more information.
AIDS lectures seek to inform students

by Kristen Hains
anchor Staff Writer

Linda Dalman had better things to do on Monday night than lecture at Dykstra Hall. Dalman, a part-time employee of the Hope College Health Clinic, along with her co-worker Sharon Blanksma, came to Dykstra Hall to lecture on AIDS.

"I have a lot of important things I could be doing. I have four children—but this has to be done today. It is very important."

Dalman was referring to the fact that AIDS has not been taken seriously lately and that she does not know what can be done to make it a more serious issue, but is trying nonetheless.

The AIDS lectures are being given to all dormitories on campus, including those exclusively male and female.

During the lecture a true-life video is shown. The story depicts a woman and a man at college who, after dating for six months, become sexually active. The man has AIDS but is not aware of it. He does not become aware of it until the girl gets tested and also finds out that he is bisexual. The results of the test show that she has AIDS.

The video brings out many of the misconceptions that college-age students have about AIDS, as well as their sexuality.

It also stressed the importance of using protective methods when engaging in sexual activities.

Some of the misconceptions which bring situations that could result in unsafe sex were discussed. Some of these included the fact that many students, men and women alike, feel very lonely their first few weeks of school; many people think that they are the only virgins at school; and the fact that it is a lot easier to have sex than it is to talk about it.

Since 1981, 66,000 people have contracted the AIDS virus, and it is predicted that by 1992, 300,000 more cases will be diagnosed.

At colleges, 83 percent of students on college campuses are sexually active, according to recent statistics. Of the 83 percent, 60 percent have sex without condoms. Knowing that they could contract sexually transmitted diseases.

"You can't trust anybody," commented Dalman. "They're going to lie. Believe it or not."

Dalman backed up this statement, with some serious facts. According to Dalman, 60 percent of the women who thought that men would lie to them about their past sexual experiences still went ahead and had sex. Thirty-five percent of the men said they did lie, and 26 percent, who are in high risk groups, said they would lie to have sex.

"If you trust them, you're taking a big risk of losing your life. Hope is considered a relatively rich school. AIDS hits rich people too," concluded Dalman.

Tickets for Vespers concert to go on sale soon

HOLLAND — Tickets for the annual Hope College Christmas Vespers will be sold to the public on Saturday, Dec. 3 beginning at 9 a.m. at the theatre ticket office of the DeVitt Center, corner of 12th Street and Columbia Avenue.

The Vespers will be presented Saturday, Dec. 3 at 8 p.m. and Sunday, Dec. 4 at 2 p.m. and 6 p.m. in Dimment Memorial Chapel.

Memorial Chapel. Tickets will be $3 each and a limit of 4 tickets will be sold to a person. No telephone orders will be accepted and tickets will not be sold at the concerts.

The sale will continue until 12 noon. However, the concerts are traditionally sold out so persons wishing to purchase tickets should consider acquiring them as close to 9 a.m. as possible.

Vespers, presented by the Hope music department since 1941, has marked the beginning of the Christmas season in the Holland area community for several years.

Participating groups will include the Hope College Chorus, Chapel Choir, Symphonette and Brass Ensemble.

New Happy Hour
2 - 4 Daily
396-4577
234 S. River Ave., Holland.
In your opinion, is Student Congress beneficial to the student body of Hope College?

Donna Stephenson
Sophomore
Bus. Administration-Accounting

"It's got to be or it wouldn't be there. But I haven't been exposed to anything they've done, that I know of."  

Rob Arnoys
Senior
Bus. Administration-Communication

"Yes, because student congress is another means for the voice of the student body to be heard."  

Xandrea Oxender
Sophomore
Biology

"Yes, I guess it is, just because it is the students interacting with the faculty and administration. I don't know if it counts for a whole lot, but at least our concerns are heard."  

Jeff Bristol
Junior
Chemistry

"Yeah, probably, it gives them a chance to vent their spleen. Whether it does any real, actual good, I don't know."  

Joel Zuidema
Senior
Religion-Psychology

"On the whole, I believe they are beneficial to the student body because they try to understand the needs and try to meet them. Although they don't always succeed."
Opinion

Editorial

Congress improving as the year progresses

Based upon the recent developments in Student Congress, we are finally seeing their potential being realized.

Recently, Congress decided that student organizations should be allowed to keep 50 percent of their surplus incomes. This is a decision which we wholeheartedly applaud.

Not only has the the Congress come to a viable solution to the problems of surplus money in student organizational budgets, but the cabinet of Student Congress has finally exercised its advisory power in a commendable manner. The cabinet wrote and sent a letter to the heads of various student organizations regarding student donations to a meal plan for a South African student studying at Western Theological Seminary.

Although we at the anchor had expressed hope earlier in the semester for the success of Student Congress, we never actually held our collective breath. Based upon previous years’ performances, we had seriously doubted that Congress would ever be capable of effective, efficient decision making. Now, however, we must take a moment to applaud Congress’ actions.

Although as a group, the anchor is often divided over many of Student Congress’ decisions, we all agree that Congress is at last demonstrating its worth to Hope College. We attribute this to the initiative of the Congress as a whole and their effective leadership.

Even so, we feel that there is yet room for improvement in the efficiency of Student Congress. Although we realize that there is indeed a serious constraint on meeting times for a variety of individual reasons, we urge the Congress to meet all too infrequently to risk curtailing meetings before the agenda for the evening is complete.

All in all, we feel Student Congress is at last succeeding in its goal of being the voice of the student body. We look forward to their continuing expediency on matters that are important to everyone, students and faculty alike, at Hope College.

Letters to the editor

Pan-Hellenic expresses concerns about safety

Dear Editor,

Recently, there has been an increase in sexual attacks on our campus. Hope College is no longer a safe haven in innocent Holland, MI. But ours is not the only college upon which sexual harassment is on the rise. Even so, we all must become more aware of the danger that is around us.

Unfortunately, women have become the most likely victims in these attacks. As an organization comprised of sorority women, Pan-Hellenic is extremely concerned about the safety of our campus. The Sigma Sigma Sorority has arranged for Citizens Against Crime to visit our campus on Mon. Nov. 28.

This organization encourages individuals to take precautionary steps in order to protect themselves against attacks as well as to promote safety in the dorm and home.

We feel that it is extremely important for the students to keep themselves informed through newspapers, television, and other sources. The danger of attacks is a reality, but by becoming more aware of the problem and active in prevention perhaps the problem will become less predominant.

Above all else, please use good judgement about your own safety, especially at night.

Diana Weisiger
Pan-Hellenic

Crying wolf is more harmful than humorous

Dear Editor,

I am sure we all have heard the story about the boy who cried wolf, well there is also a story about a girl who cried wolf. This story took place last Thursday evening, about 1 a.m., in Centennial Park.

I was awakened by a girl screaming, and immediately thought that she was being assaulted. I flew out of bed and was met at the front door by two other guys in our cottage. We looked across the street to find this girl not in any trouble at all, but was instead in the company of someone she obviously knew.

To me, she cried wolf.

Although Centennial park is not the safest place to be at night, I am not at all discouraging use of it, because I think it to be quite beautiful, and a wonderful place to get away. I also am not complaining about being awakened at 1 a.m., because I was very concerned about what was going on.

My point in writing this is to remind us all to be aware and responsible for what we are doing, especially at night. This girl who was screaming probably did not realize that others might actually think she was being assaulted or that others might actually think she was being seen as responsible for our actions, and remember that what we say or do will affect those around us.

Todd Schaap
Centennial Cottage
Letters to the editor, cont.

Red tape frustrates editor

Dear Editor,

After weeks of keeping things under my hat, so to speak, I feel that it is only fair to the student body to inform them of the current status of this year's yearbook.

As everyone knows, we are now ten weeks into the school year. What everyone doesn't know is that as yet there is no editor for the yearbook and no staff. This places the existence of the 1988-89 Milestone in question. Will one be published? The answer is, qualified "Probably."

What is the problem and why is this year's Milestone only a "maybe?" The story begins with the resignation of the former Editor. As a senior, she realized that she could not afford the drop in her GPA that accompanies the responsible positions. After a period of inaction by certain administrative offices, I was offered the position.

Since I had not solicited the position, being quite happy with working as the Photo Editor, I presented a proposal to Bruce King. I explained that the acceptance of the policies spelled out in the proposal was the condition for my acceptance of the position of Editor. As everyone knows the book has been chronically late due to missed deadlines and, for some time, has been of marginal quality. My proposal was what I felt was necessary to straighten things out.

I was assured that Student Development would move on the question promptly. I guess some people's idea of promptness is different from mine, though. Bruce King left the next week, without informing me that he would be gone, even though I had met with him several times. I felt that the issue had to be moved on faster, so I sent a copy of the proposal to Dean Gonzales. He assured me that Bruce King would make it a top priority the following week.

To make a long story short: the following week, Bruce King set up a meeting with the Student Communications Media Committee for the following week. I was beginning to wonder if anyone ever did do something the same week that the issue came up. The next week the committee met and decided (in an hour) that the issue needed further study. They set up a meeting for further study for the next week. By the time you read this meeting will have taken place.

I do not know the outcome because I have resigned all positions with the Milestone. I must apologize to the student body for not being able to stick out the fight and get the book published. I was sick and tired of dealing with silly arguments by people who have all the power and no experience with publishing a yearbook. On top of that, I do not believe that anyone, working under any system could be successful at getting the book out on time yet this year. I also could not afford to spend any more of my time; I had become so distracted that I actually completely forgot to write a major paper for a class.

If anyone is concerned about this problem as much as I have been for the last ten weeks: please give Bruce King (or any person in Student Development, Dr. MacDoniels of the SCMC, or one of the Student Congress officers a call. They should hear what the students have to say about the situation.

Again, I apologize for not being able to see this through to the end, and I hope that someone will come forward from the student body who is willing to make the necessary sacrifices to be the Editor. If you would like to hear the whole story, feel free to give me a call at x2219.

Dan Vogler
Former Photo Editor, Editor Pro-tem
Milestone

Off the Cuff

Where did Hope's Christian Love go?

ERIC SHOTWELL

Darn. Actually, I had stronger words for what I was feeling when I picked up a copy of the course schedule for next semester, but they aren't fit to print.

I looked, and then looked again. No, "Christian Love" was definitely not being offered this next semester. I turned to the person next to me, and we simultaneously uttered some things that were definitely not in the context of "Christian love."

It figures, I thought to myself. After all, I tried to get into that course every semester of my entire Hope College experience, but to no avail. I put my name on the drop-add lists, but no dice. Every time, when I went to register, the course was already filled to the brim.

This time around, I thought I had the system licked. I was what I figured to be way ahead of the game...only 12 credits to go before graduation, and 3 of them were upper-level religion. Christian Love was definitely in the cards.

Or so I thought.

So I thought exactly the classes I wanted, and with the minimum with the prospect of finally being competent with number required to maintain my full-time status, I was extremely happy as I scurried down the hall to the English office to pick up my very own pastel-pink copy of the Spring course schedule.

But nowhere on that huge pink sheet could I find "Christian Love."

I tried looking among the Religion courses first, but to no avail. Thinking that perhaps there was some sort of an error, I looked in other departments; it wasn't in Sociology, or Psychology, or English or even Senior Seminar.

I even checked Physical Education, hoping that there was a serious error, and that maybe it got slipped in somewhere between Powerlifting and Scuba II. It wasn't there, either.

Needless to say, I was disappointed.

From all the good things I had heard about the course, I was thoroughly excited about finally getting into this class. I just couldn't believe my eyes. I even checked again, later in the day, to see if somehow it had jumped back in there on my sheet between Recreation and Russian.

It's still not there, but I have decided against any violent action. After all, if I were to lay siege to the Religion department, I would undoubtedly fail "Christian Love" anyway. Prof's don't take kindly to violent military takeovers, especially considering the subject matter of this particular course.

So where do I go from here? I suppose I could just forget it all and take "Religions of India," but I had my mouth all set for the other class.

More importantly, it makes me wonder if there aren't a lot of other Hope students out there who have found themselves in the same predicament. Not necessarily with this class, but in general.

I hope not. We all expect that our scheduling will get easier as we come closer to graduation, but apparently that isn't always the case. I realize that there's no real solution. In some instances, someone has to lose out.

I doubt there will be any hard feelings on my part, since when I look back, I'm sure I won't remember that I couldn't take Christian Love. But I'm sure I don't speak for everyone. It's too bad that we all get into the classes we want, all of the time.

Perhaps the professor will relent, and teach Christian Love after all. Probably not, though. I imagine at a college like Hope, Christian Love gets pretty mundane after a while.

by Berke Breathed

AND, OF COURSE, PERKINS BEGINS HIS ANNUAL SEARCH FOR A "PANTASIA" DATE.

"YEAH!"
I never stop learning new stuff here at college. Today I'm learning about biology, or more specifically physiology. Does you brainrick the human body deals with involuntary sleep deprivation? Nah, I never did either. After sleeping a little over four hours last night I can now say that the world is a new place and I'm living in a new body.

I call my sleep deprivation involuntary because I went to bed last night at 1:45 and woke again at 5:10 (digital clocks are great). Anyway I tossed and turned, thought, prayed, pondered, analyzed and sweated until 5:35 when I drifted into that distinct sleep that is about as refreshing as washing your team lose a football game in freezing rain with your umbrella flipped inside out. Fortunatly I got about fifteen minutes before my alarm would have rudely called me back out of my Sound of Music slumber.

After fighting a drawer for the other blue sock that it was when I drifted into that distinct sleep that is about as refreshing as washing your team lose a football game in freezing rain with your umbrella flipped inside out. Fortunately I got about fifteen minutes before my alarm would have rudely called me back out of my Sound of Music slumber.

After fighting a drawer for the other blue sock that it was when I drifted into that distinct sleep that is about as refreshing as washing your team lose a football game in freezing rain with your umbrella flipped inside out. Fortunately I got about fifteen minutes before my alarm would have rudely called me back out of my Sound of Music slumber.

After fighting a drawer for the other blue sock that it was when I drifted into that distinct sleep that is about as refreshing as washing your team lose a football game in freezing rain with your umbrella flipped inside out. Fortunately I got about fifteen minutes before my alarm would have rudely called me back out of my Sound of Music slumber.

As I write, I can't help wondering why I was awake most of last night. It's terrible when you're up all night and not intentionally pulling an all-nighter. When I stay up for an all-nighter, I'm exhausted the next day. I may be walking on a sound stage, but I'm not at all exhausted, just a bit mentally numb.

Last night as I lay in my loft I found myself trying to figure out why I couldn't sleep. I analyzed all the problems that might be at root and came up with a big zero. Then I considered how much stuff I have to do today and rejected this since none of it's that important. And if it was really important I would have done it yesterday.

The only reason I could find for my lack of sleep is that I broke a fall semester tradition yesterday as I worked on two papers. I didn't watch more than five minutes of professional football. Rather a stupid reason to be up all night, but pro football is one of my top vices. I usually watch at least a half a game. Logically I can't believe that there is a connection between football viewing and sleep, but I would welcome any help from the psych department on this matter.

Tonight I'm going to put my theory to work. It's the Browns vs. the Oilers, Kosar vs. Moon. I'm hoping I can sleep afterward. Then again, two days, 48 hours with no sleep might lend itself to a second column. I'm always open for ideas.

My cat died earlier this fall. We'd had lots of cats, but Tigger was special. Not in the usual though, but rather a classic grey farm cat, perpetually thin with clumps of briars stuck over her body. Not to say that she was nondescript; she was rather tiny and had about the fluffiest hair you've ever seen on a cat. Friends said we should look up her pedigree to see if she was part pug. But she was just Tigger.

She was a gift to me on my nineteenth birthday and was supposed to teach me responsibility. That May we drove to a farm where there were multiple litters of kittens. Dad said I could choose two of the little fluff balls to take home. The first was a big, fat white one who didn't budge from the milk bowl the entire time. The other was a small grey one who ran and ran in the stall until I finally cornered her. The big white one ran away a couple of weeks later, but Tigger stayed around for over twelve years.

In twelve years she produced sixty kittens. She was very predictable. Twice a year someone would notice her absence of a few days, and everyone would go to the barn to see if she was pregnant. The female babies and move them to the ground floor of the barn. Many times we caught her in the act of birthing, and she would let us hold the tiny little miracles only a few minutes old.

As class passed into a trip to the library and then a pro football viewing and sleep, but I would welcome any help from the psych department on this matter.

Tonight I'm going to put my theory to work. It's the Browns vs. the Oilers, Kosar vs. Moon. I'm hoping I can sleep afterward. Then again, two days, 48 hours with no sleep might lend itself to a second column. I'm always open for ideas.

My cat died earlier this fall. We'd had lots of cats, but Tigger was special. Not in the usual though, but rather a classic grey farm cat, perpetually thin with clumps of briars stuck over her body. Not to say that she was nondescript; she was rather tiny and had about the fluffiest hair you've ever seen on a cat. Friends said we should look up her pedigree to see if she was part pug. But she was just Tigger.

She was a gift to me on my nineteenth birthday and was supposed to teach me responsibility. That May we drove to a farm where there were multiple litters of kittens. Dad said I could choose two of the little fluff balls to take home. The first was a big, fat white one who didn't budge from the milk bowl the entire time. The other was a small grey one who ran and ran in the stall until I finally cornered her. The big white one ran away a couple of weeks later, but Tigger stayed around for over twelve years.

In twelve years she produced sixty kittens. She was very predictable. Twice a year someone would notice her absence of a few days, and everyone would go to the barn to see if she was pregnant. The female babies and move them to the ground floor of the barn. Many times we caught her in the act of birthing, and she would let us hold the tiny little miracles only a few minutes old.

As class passed into a trip to the library and then a pro football viewing and sleep, but I would welcome any help from the psych department on this matter.

Tonight I'm going to put my theory to work. It's the Browns vs. the Oilers, Kosar vs. Moon. I'm hoping I can sleep afterward. Then again, two days, 48 hours with no sleep might lend itself to a second column. I'm always open for ideas.

My cat died earlier this fall. We'd had lots of cats, but Tigger was special. Not in the usual though, but rather a classic grey farm cat, perpetually thin with clumps of briars stuck over her body. Not to say that she was nondescript; she was rather tiny and had about the fluffiest hair you've ever seen on a cat. Friends said we should look up her pedigree to see if she was part pug. But she was just Tigger.

She was a gift to me on my nineteenth birthday and was supposed to teach me responsibility. That May we drove to a farm where there were multiple litters of kittens. Dad said I could choose two of the little fluff balls to take home. The first was a big, fat white one who didn't budge from the milk bowl the entire time. The other was a small grey one who ran and ran in the stall until I finally cornered her. The big white one ran away a couple of weeks later, but Tigger stayed around for over twelve years.

In twelve years she produced sixty kittens. She was very predictable. Twice a year someone would notice her absence of a few days, and everyone would go to the barn to see if she was pregnant. The female babies and move them to the ground floor of the barn. Many times we caught her in the act of birthing, and she would let us hold the tiny little miracles only a few minutes old.

As class passed into a trip to the library and then a pro football viewing and sleep, but I would welcome any help from the psych department on this matter.

Tonight I'm going to put my theory to work. It's the Browns vs. the Oilers, Kosar vs. Moon. I'm hoping I can sleep afterward. Then again, two days, 48 hours with no sleep might lend itself to a second column. I'm always open for ideas.

My cat died earlier this fall. We'd had lots of cats, but Tigger was special. Not in the usual though, but rather a classic grey farm cat, perpetually thin with clumps of briars stuck over her body. Not to say that she was nondescript; she was rather tiny and had about the fluffiest hair you've ever seen on a cat. Friends said we should look up her pedigree to see if she was part pug. But she was just Tigger.

She was a gift to me on my nineteenth birthday and was supposed to teach me responsibility. That May we drove to a farm where there were multiple litters of kittens. Dad said I could choose two of the little fluff balls to take home. The first was a big, fat white one who didn't budge from the milk bowl the entire time. The other was a small grey one who ran and ran in the stall until I finally cornered her. The big white one ran away a couple of weeks later, but Tigger stayed around for over twelve years.

In twelve years she produced sixty kittens. She was very predictable. Twice a year someone would notice her absence of a few days, and everyone would go to the barn to see if she was pregnant. The female babies and move them to the ground floor of the barn. Many times we caught her in the act of birthing, and she would let us hold the tiny little miracles only a few minutes old.
Two Hope students prepare to perform in unique play

by Julie DeVries
anchor staff writer

If you thought just acting in a play was tough, try acting, directing, and producing a play. This is exactly what Trina Light and Kristi VanderKooi are doing as part of their independent study in Theatre Performance.

Trina and Kristi are both theatre majors. Kristi is also majoring in English and Education.

They have both had previous experience acting in high school and college. In the summer, they both worked for professional theatre companies.

Their play production has no true "plot." Instead it is a series of eight female monologues. All of the different roles of the eleven women lend an emotional mark on the audience, for they convey their true thoughts and feelings.

The play covers a cracked mirror image, for each woman is sharing a fragment of her life with the audience.

The characters in the play range from a snakehandler to a homeless woman. Each character is waiting for a certain something to happen in their lives. The play shows agony, pleasure, and anticipation. Every scene has its light moment and every woman's life is depicted realistically.

With the help of Tom Boelman, set designer and props contributor, Lou Valentasis, Cindy Grate and Steve Paulaens, their costume designers, Trina and Kristi have been putting this play together since the beginning of the school year.

The play is a full length show and it premieres November 11 and 12 in the Main Theatre of the DeWitt Center. The show begins at 8:00 p.m. and tickets may be purchased in the ticket office in DeWitt or at the door for $1 per person.

Kristi and Trina hope that each character "Talking With..." will touch each person in the audience in some way. The performance is sure to be un unique, at the very least.

Sanborn goes "Close-up" with newest album

by Eric Shotwell
anchor editor

David Sanborn's new album "Close-up" is quite possibly his best to date. Sanborn, who plays saxophone, has released his first all-digital recording and the results are nothing short of amazing. Even on the LP version, the music comes out sounding as smooth as glass.

The songs themselves are varied throughout the album, from the bold opening track "Slam" to the softer piano and sax melody of "Same Girl." With the exception of "Same Girl," the percussion of Paulinho da Costa is present in every song on the album, providing perfect counterpoint to Sanborn's saxophone.

Where Sanborn's previous albums "A Change of Heart" and "Double Vision" were somewhat erratic in that a few tracks were excellent with the rest being mediocre, here the music of "Close-up" is consistently good. However, where songs such as "Chicago Song," "The Dream," and "Since I Fell For You" (with Al Jarreau on vocals) were outstanding, on this album there are few if any that stand out from the rest. All of them are good.

Due to this, the album is very listenable throughout and very contemporary. "Pyramid" makes wonderful use of the electric guitar of Paul Jackson Jr., and includes a couple of Sanborn's trademark saxophone "blasts" while keeping a bit of the big band sound. It is probably the best track of them all, although "So Far Away" and "You Are Everything" are close behind.

"So Far Away" has a distinctly tropical sound to it, and is a bit reminiscent of the sounds of Sanborn's contemporary, Kenny G. Like Kenny G, Sanborn is the type of artist that puts a melody into your head that you can't get rid of. "You Are Everything," also, is quite good, and as a remake retains the sound of the original minus the vocals - very well.

Overall, David Sanborn's "Close-up" is an exceptional album, particularly for those who are already fans of Sanborn. For those who haven't been exposed to him, this album should be proof enough that he belongs in any collection of modern jazz listeners. Exactly that: Sanborn that is smooth, refined modern jazz at its very best.

Theatre Ballet puts on astonishing show

by Sally Davis
anchor columnist

A modern ballet extravaganza, the Ottawa-based dancers of Theatre Ballet of Canada, beautifully demonstrated a wide range of ballet styles in their unique repertoire. Two performances were originally scheduled, anticipating record-high audiences. An additional Saturday matinee was arranged last week when the sellouts occurred.

The only audience members disappointed may have been the small children who were waiting for the Nutcracker to be brought on stage. For the rest of the audience, the ten member troupe was astonishing with their exploration of life, death and mystery.

Since each piece was so different, not only in meaning but in style, many people had a "favorite" one.

For some, the classical pointe ballet in "Continuo" was favored. Three couples in more traditional costumes danced in beautiful synchronicity to Johann Pachelbel's "Canon In D" with violinist "Close-up". "Inching" was a favorite of others simply for its unusual and amusing premise. Cail Lyddy and Lu Guo Ping slid their way across the floor towards each other 'inchworm style'. Their meeting in the middle, a struggle over whose direction was to take and final parting was reminiscent of childhood days when watching insects was routine.

The music of Giacomo Puccini and the large colorful horse set the stage for "Bella", a courtship. The dancers take us through the discovery and delight of falling in love. Then indicating love's entwining and shaping power within the lover's entire lives.

The performance was not limited to only the most beautiful sides of our human experience. The expressionistic music of Darius Milhaud set the tone for "Triptych", a sad and desolate portrayal of senseless poverty. The three dancers performed the dance of hunger, sickness, despair, suffering and hopelessness. Their costumes were oversized and ill-fitting clothes and each had only one shoe. They were afraid, not of each other, but of some greater unseen thing that was stripping them of their dignity and will to live. It was a powerful and disheartening piece that some people just did not like.

The rest of the show was energetic and uplifting, ranging in many ballet styles and combinations of performers. The dancers wore a variety of sizes and worked together skillfully in any grouping. There never appeared to be specific partners repeated in each piece, where one worked best with only the other.

If this ballet is any indication of the quality of the rest of this season's Great Performance Series events, it will be an unforgettable series.

Welcome Hope students
15% discount on contact lens, Sunwear & Eyewear.

Such as:
- Carrera, Ray Ban,
- Porsche, Sunjet,
- Esprit & Vuarnet.

More traditional costumes danced in beautiful synchronicity to Johann Pachelbel's "Canon In D" with violinist "Close-up". "Inching" was a favorite of others simply for its unusual and amusing premise. Cail Lyddy and Lu Guo Ping slid their way across the floor towards each other 'inchworm style'. Their meeting in the middle, a struggle over whose direction was to take and final parting was reminiscent of childhood days when watching insects was routine.

The music of Giacomo Puccini and the large colorful horse set the stage for "Bella", a courtship. The dancers take us through the discovery and delight of falling in love. Then indicating love's entwining and shaping power within the lover's entire lives.

The performance was not limited to only the most beautiful sides of our human experience. The expressionistic music of Darius Milhaud set the tone for "Triptych", a sad and desolate portrayal of senseless poverty. The three dancers performed the dance of hunger, sickness, despair, suffering and hopelessness. Their costumes were oversized and ill-fitting clothes and each had only one shoe. They were afraid, not of each other, but of some greater unseen thing that was stripping them of their dignity and will to live. It was a powerful and disheartening piece that some people just did not like.

The rest of the show was energetic and uplifting, ranging in many ballet styles and combinations of performers. The dancers wore a variety of sizes and worked together skillfully in any grouping. There never appeared to be specific partners repeated in each piece, where one worked best with only the other.

If this ballet is any indication of the quality of the rest of this season's Great Performance Series events, it will be an unforgettable series.
In the Crease

Hockey's the best sport

BILL MEENGS

You know, every week I hear the same thing. Why do you like hockey so much? There are really many reasons, but I guess if you get right down to it, hockey is my favorite sport by default. Baseball used to be my favorite sport, but as I got older, the game began to bore me. I can't see the point of favorite sport, but as I got

Sports

ring as baseball. I can stand to watch it? It's as

have to choose between horse racing. This is not to

Incidently, the same can be

only other team that matters that so much except that the

lucky to finish out of the teams stink. The Lions, San

my favorite sport except for agree with all of this. In fact,

important of all.  violence." I

Tipoff Classic in West

coming year's Junior varsity

competing in the McDonald's group of basketball alumni, seven of eight championships since the start of the decade, eight lettermen from last 200th career win. returns

17 victories away from his 1700th win. looks like a rebuilding year. We lost

Add to this the fact that there was 34 percent. The 6-3 guard-

IAA three-point shooters

Liere of Portage each played one game, leading the

baskets (40-82) while averaging 10.3 points per

leading range and averaged

leading range and averaged

Mary Moriarty.

according to sophomore

returns for his third season on the varsity.

Senior Tom Livingston, a 6-6 forward form Dowagiac, will return for his third season on the varsity.

Sophomore point guard Eric Elliott of Hudsonville showed in 22 games as a freshman. The 5-10 Elliott led the team in assists (98) and three-point shooting (85 percent).

Other returning lettermen include 6-1 junior guard George Geese of the shooting 6-3 junior forward Dan Klunder of Grand Rapids, and 6-1 junior guard Bruce VanderKolk of Hamilton.

The list of pre-season hopefuls is the largest in recent years with 29 players other than lettermen seeking berths in the varsity and jayvee teams.

The Flying Dutchmen will compete in three tournaments this season including their own holiday tournament on Dec. 29-30.

Hope will appear on live regional television four times during the season -- Dec. 17 at home against Aquinas, Jan. 11 at home against Albion and both games with Calvin, Jan. 14 away and Feb. 8 at home.

The Flying Dutchmen have the potential of playing several new opponents during the course of the season. Northeastern Illinois, Northeastern Michigan and Eastern Michigan are on the schedule.
More college-aged students suffer from stress, says report

Making the Grade Without Pressure and Pain
by Robert J. Kriegel, Ph.D.

The alarm sounds: “6 a.m. I’ve really gotta hustle. I’ve gotta finish that outline, talk to Professor Jones, stop by the lab, read 100 pages for my noon psych class and be at work at 3 p.m.”

Today’s college campuses are pressure cookers. In fact, the Nuprin Pain Report, the first national study on pain in America, documented that more people 18-24 suffer from stress and pain than any other group.

As I’ve toured the country visiting college campuses, students tell me the most common causes of their stress are: too much to do, too little time; exams; money; relationships; interviews; family and career choices.

So get rid of stress. Right? Wrong.

Stress is neither good nor bad. How you handle it can be. Learning to make stress work for you can help you concentrate better and think more clearly under pressure. Possibly, you’ll have more energy, be more creative and make college more enjoyable.

But many of us handle stress poorly.

Some people panic and work to fast under stress. Others procrastinate. Neither response is productive and both are caused by what I call “sabotage thinking”—Common reactions to stressful situations that work against rather than for you.

Five common types of sabotage thinking are: “the go-tas,” “the worries,” “the can’ts,” “the if-ohs and oh nos,” and “the don’ts.”

Let’s look at the go-tas and methods to overcome them.

The go-tas usually occur when you think you have too much to do and too little time to do it. “I gotta study for two exams. I gotta read two chapters…I gotta call financial aid about my loan…I gotta get a date for Friday night…”

The go-tas make everything seem harder than it really is. You get into the panic zone, rushing to get it all done. You walk to fast, talk to fast, write too fast, eat too fast. You can’t concentrate or think clearly. You make careless mistakes, blank out on exams and forget things you already know. Everything seems like a life or death proposition.

I was talking to a junior at U-C Berkeley who had a bad case of the go-tas about a forthcoming exam. “I gotta get an A,” he said. I asked what would happen if he didn’t.

“If I don’t get an A, I won’t keep my 4.0 average. Then I’ll never get into a really good graduate school, and then I won’t get a top job, and then I’ll never make a lot of money…”

By the end of his discourse, not getting an A wouldn’t be the end of the world. Sure, not getting an A would be a drag, but it wouldn’t be the end of the world nor would it land this student in the ranks of the homeless.

Looking at past wins helps, too. After all, he already had a 4.0 average, and had done well on difficult exams before.

Reminding himself of his past success on similar exams helped him relax and restored his confidence.

Gaining control of your thinking will help turn desperation reactions into peak performance actions. Learning all this early in life will be invaluable in the future, because no matter what you do or where you do it, there’s always going to be things you gotta do.

Editor’s note: This is the first of a five-part series by Robert J. Kriegel, Ph.D., best-selling author, former all-American athlete, and mental coach for many Olympic and world-class athletes. Kriegel gives speeches and does consulting for major corporations worldwide on peak performance, leadership and strategies for dealing with change. Currently, Kriegel is on a national tour of college campuses sponsored by the makers of Nuprin Pain Reliever.

To remind you how to be a peak performance thinker, Kriegel and the makers of Nuprin have developed a “pocket coach” of tips for combating pressure and pain. For a free copy you do or where you entry today! (anchor staff and their immediate families not eligible.)

It’s time once again for the anchor’s semi-occasional caption contest. Again, you can win two (2) free (FREE) tickets to any movie at the Quad 31 just by being creative. Submit your best caption for this photo to the anchor office, DeWitt, before 3:30 pm on November 11. Entries are judged on the basis of originality, character and the ability to make the anchor editors laugh. Submit your entry today! (anchor staff and their immediate families not eligible.)

WE’RE #1 AND WE PROVE IT!

1 MONTH MEMBERSHIP $30.00
5 SESSIONS $12.00
10 SESSIONS $20.00

1/2 Off ONE SESSION ONE COUPON PER VISIT EXPIRES 1/12/2000

Gift Certificates Available

TAN BODY
182 S. RIVER (BETWEEN 7TH & 8TH) 
Call 396-3228
Open Mon.-Fri. 9 AM-9 PM; Sat. 9 AM to 6 PM

Village Inn Pizza Parlor
Coupon
Hope College Special
14 inch Deluxe Pizza for two, and a pitcher for you (Pop or beer)
Only $10.95!!! (save $3)
Regular crust only / Eat-in only
expires Nov. 23

Now Hiring!!
Barlenders - $5.00/Hr.
Delivery Drivers - $6-8 avg./Hr
Waitresses - $7-10 avg./Hr.
Full or part-time, flexible hours
**Anchor Files**

Ten years ago—A miniature anchor was printed after the layout pages were stolen.

Twenty years ago—Alpha Phi Omega's annual Blood Drive was held in competition with Albion College.

Thirty years ago—"Barbarian and the Geisha" starring John Wayne was showing at the Holland Theatre.

**PREGNANT?...SCARED?**

Today's teenagers and young women are often caught in the middle of a social climate which pressures them to experiment with sex, but abandons those who become pregnant. They are told that pregnancy is a "dead end trip" that should be avoided by abortion. This is not true. However, as many very young mothers have enlisted the courage and support they need to carry their child to birth, case for the baby afterwards, or give him/her to other loving parents through adoption. The experience is one of loving sacrifice and deep personal growth. If you think you might be pregnant, we offer you a free and confidential pregnancy test. We offer also our friendship and understanding.

Let us help you... give us a call... We care!

**Birthright**

of Holland

**PUBLIC LECTURE**

"From Myth to Reality: The Triumph of Daedalus"

Dr. John S. Langford

Daedalus Project Manager

Friday, November 11

1:30 p.m.

Maas Auditorium

Reception follows

Mythology, physiology, athletics, engineering, public policy combine in this fascinating account of human-powered flight.

Sponsored by the office of the Provost in cooperation with the departments of physics and foreign languages and literature.

EVERYONE INVITED
Student Congress Minutes

At their last meeting, Student Congress voted to allow student organizations which take in money to keep 50 percent of their income. Inklings editor Jon Hofman had proposed a 70 percent figure for student organizations, but this was amended to the 50 percent figure by Congress Comptroller Bruce Brown. As previously, the other 50 percent of student organization income will go directly into the general fund of Congress.

Also, Congress reported that they will be sending out a letter to all student organization leaders requesting a donation to finance a 21-meal plan for a South African student studying at the Western Theological Seminary. Also, representative Tom Bouwer resigned due to time conflicts. His position will be filled by the cabinet and their choice will subsequently be approved by the entire Congress.

Parietals committee representative Erika Atiderson stated that a great deal of rationale is being gathered to support a change in parietals hours. Congress members will be contacting their constituents to see if a change is desired.

Representative Seth Weeldryer reported that the library committee has hired a contractor to build to the ceiling the walls behind the faculty study carols to put a stop to vandalism. Weeldryer also said that the committee discussed the idea of forming a student subcommittee to express student concerns to the library staff.

Representative Jonathan Hoffman reported that Hope College President John Jacobson recently spoke to the multi-cultural life committee on the committees' goals of attracting more multi-cultural faculty, staff and students.

Curriculum committee members Allen, Christian, and Brad Votava noted that no Student Congress member is ever present at meetings from September to October. The problem was resolved as, in the future, Student Congress committee and board members will retain their positions into the following school year until new committee appointments are made.

Finally, representative Judy Slotman reported that she had succeeded in getting a phone installed in Kollen lobby. New business and announcements were tabled.

Movie Calendar

DON RON RON DON—Did you know that Holly Hobbies’ Colors were all wrong? Let’s talk fashion. Ellen Helen.

D.O.A. Starring Dennis Quaid, Meg Ryan, Charlotte Rampling

The Candidate Starring Robert Redford, Peter Boyle, Meryl Douglas

A college professor learns that he has been poisoned by a slow-acting toxin and has only 24 hours to solve his own murder.

Classifieds & Personalos

D.O.A. Starring Dennis Quaid, Meg Ryan, Charlotte Rampling

The Candidate Starring Robert Redford, Peter Boyle, Meryl Douglas

A lawyer’s ideals are steadily eroded when he runs for the U.S. Senate.

Check your local table tent for showtimes.

Baker Book House
48 E. 8th St., Holland
396-1473

Milestone Positions Available

Editor-in-Chief
Photo Editor
Section Editors
Production Assistants
Photographers

Hope College's yearbook, the Milestone, is in need of dedicated, hardworking individuals to produce the 1966-69 issue. The above-listed positions are paid and offer valuable experience in business, communications, art, and journalism.

Come to an informational meeting
Thursday, Nov. 10th at 7:30
in the Otte Room in Phelps

Those who have already applied are asked to attend.

Baker Book House
48 E. 8th St., Holland
396-1473

Show Your ID and get 20% off all humorous books
Including new books by:
Mother Goose and Grimm
Calvin and Hobbes
Farside Gallery
Garfield number 16

DAKERIL

November 11 & 12, 8 o'clock, DeWitt Theatre (the big one)
Put a little culture in your life

Movie Calendar

DON RON RON DON—Did you know that Holly Hobbies’ Colors were all wrong? Let’s talk fashion. Ellen Helen.

D.O.A. Starring Dennis Quaid, Meg Ryan, Charlotte Rampling

The Candidate Starring Robert Redford, Peter Boyle, Meryl Douglas

A college professor learns that he has been poisoned by a slow-acting toxin and has only 24 hours to solve his own murder.

Classifieds & Personalos

D.O.A. Starring Dennis Quaid, Meg Ryan, Charlotte Rampling

The Candidate Starring Robert Redford, Peter Boyle, Meryl Douglas

Show Your ID and get 20% off all humorous books
Including new books by:
Mother Goose and Grimm
Calvin and Hobbes
Farside Gallery
Garfield number 16

Baker Book House
48 E. 8th St., Holland
396-1473

Milestone Positions Available

Editor-in-Chief
Photo Editor
Section Editors
Production Assistants
Photographers

Hope College’s yearbook, the Milestone, is in need of dedicated, hardworking individuals to produce the 1966-69 issue. The above-listed positions are paid and offer valuable experience in business, communications, art, and journalism.

Come to an informational meeting
Thursday, Nov. 10th at 7:30
in the Otte Room in Phelps

Those who have already applied are asked to attend.

Baker Book House
48 E. 8th St., Holland
396-1473

Show Your ID and get 20% off all humorous books
Including new books by:
Mother Goose and Grimm
Calvin and Hobbes
Farside Gallery
Garfield number 16

DAKERIL

November 11 & 12, 8 o'clock, DeWitt Theatre (the big one)
Put a little culture in your life

Classifieds & Personalos

D.O.A. Starring Dennis Quaid, Meg Ryan, Charlotte Rampling

The Candidate Starring Robert Redford, Peter Boyle, Meryl Douglas

Show Your ID and get 20% off all humorous books
Including new books by:
Mother Goose and Grimm
Calvin and Hobbes
Farside Gallery
Garfield number 16

Baker Book House
48 E. 8th St., Holland
396-1473

Milestone Positions Available

Editor-in-Chief
Photo Editor
Section Editors
Production Assistants
Photographers

Hope College’s yearbook, the Milestone, is in need of dedicated, hardworking individuals to produce the 1966-69 issue. The above-listed positions are paid and offer valuable experience in business, communications, art, and journalism.

Come to an informational meeting
Thursday, Nov. 10th at 7:30
in the Otte Room in Phelps

Those who have already applied are asked to attend.

Baker Book House
48 E. 8th St., Holland
396-1473

Show Your ID and get 20% off all humorous books
Including new books by:
Mother Goose and Grimm
Calvin and Hobbes
Farside Gallery
Garfield number 16

DAKERIL

November 11 & 12, 8 o'clock, DeWitt Theatre (the big one)
Put a little culture in your life

Classifieds & Personalos

D.O.A. Starring Dennis Quaid, Meg Ryan, Charlotte Rampling

The Candidate Starring Robert Redford, Peter Boyle, Meryl Douglas

Show Your ID and get 20% off all humorous books
Including new books by:
Mother Goose and Grimm
Calvin and Hobbes
Farside Gallery
Garfield number 16

Baker Book House
48 E. 8th St., Holland
396-1473

Milestone Positions Available

Editor-in-Chief
Photo Editor
Section Editors
Production Assistants
Photographers

Hope College’s yearbook, the Milestone, is in need of dedicated, hardworking individuals to produce the 1966-69 issue. The above-listed positions are paid and offer valuable experience in business, communications, art, and journalism.

Come to an informational meeting
Thursday, Nov. 10th at 7:30
in the Otte Room in Phelps

Those who have already applied are asked to attend.
MEN WANTED
85 WOMEN desperately seeking MEN to harmonize with!
JOIN COLLEGE CHORUS
(Choir also fills a fine art credit)
* Females Also Welcome *

TALKING WITH...
by JANE MARTIN
TRINA LIGHT
KRISTI VANDER KOOI

Nov. 11 & 12 In the DeWitt Cultural Center
A play that deals with 11 very diverse people who bear more than just their souls
Come and rediscover what life is all about
Tickets just $1.00 at the door

DID YOUR ROOMMATE STEAL YOUR CLOTHES AGAIN?
Do you need that extra winter sweater or coat for the cold winter months ahead?
WALK to
SELECT SECONDS
10:00-1:00.

Choose The SCA Wolff Series II Beds For A Safe And Relaxing Tan.
1 Free Visit With This Ad.

HOPE STUDENT SPECIAL
Nov. Special
10 Visits - $28.00
Sign up a friend and both receive two free visits.
Call for details.
(Must show I.D.)

WOODEN SHOE TANNING SALON
Located at the Wooden Shoe Motel
16th at US-31-392-8521

ZENITH INNOVATES AGAI N... — WITH THE NEW Z-286 LP — THE AT COMPATIBLE THAT TRANSPORTS YOUR BUSINESS INTO THE FUTURE!
If your business needs AT power now, but could use advanced MS-DOS-'3 performance in the future, then you really need the new Z-286 LP Desktop PC from Zenith Data Systems - today's leading supplier of high-speed AT compatibles.*
As the one desktop computer that can keep pace with your company's growing data processing requirements, the Zenith Data Systems Z-286 LP lets you harness 286 speed and power in a surprisingly compact design that's only take up as much space on your desk as most monitors.
You'll find the new Z-286 LP compatible with thousands of AT peripherals... and virtually all MS-DOS* software. But that's not all. The Z-286 LP also gives you the capability to move up to the new MS-DOS-2 technology whenever you feel your business is ready for more advanced performance.
The Zenith Data Systems Z-286 LP also comes complete with 1MB RAM - expandable to 6MB without using an expansion slot. Plus a single 3.5" 1.44MB Floppy disk drive that lets you "read and write" 720K floppy disks. And a fast 40MB hard disk to handle your heavy-duty word processing, large spreadsheets and huge databases for thousands of pages of information. Plus the Z-286 LP comes standard with one parallel and two serial ports for peripheral devices.

THE Z-286 LP IS NOW AVAILABLE AT YOUR NEARBY ZENITH DATA SYSTEMS AUTHORIZED DEALER:
For more information:
Computer Services x7670
or
Student representative
Brian Vroon x6473

* Source: Jerry's, 3-21-88
* Monitor not included in price.
** MS-DOS and MS-OS/2 are registered trademarks of Microsoft Corp.
© 1984, Zenith Data Systems
Firm No. 1047-546