The Anchor, Volume 112.10: November 25, 1998

Hope College
The proposal to review Greek Life's recently accepted New Member Education policy was passed by a vote of 42-34 at a faculty meeting on Tuesday, Nov. 23. The action came as a result of a petition drafted by James Allis of the philosophy department and Janet Anderson of the mathematics department, who felt that the potential existed for Campus Life Board to relinquish their policy-making power with this proposal.

"I believe that the decision made was a good one," Allis said. "I'm hopeful that Campus Life Board and Greek Life can work together to develop a strong policy."

The new policy states that regulations for New Member Education will stay in place for four years, but allows for review of the policy if the need arises.

"At the meeting I felt there was a lot of confusion about what the policy meant," said Kate MacDonell ('99) who drafted the NME policy. "One of the concerns of the faculty was that the Campus Life Board was giving up its power to make decisions and policies. I feel that these concerns were addressed by our policy."

Anderson expressed concerns for the evaluation process, which requires the consent of two of three representatives from the Pan-Hellenic Council, Interfraternal Council and Campus Life in order to initiate change.

"I felt that this policy was damaging to Greeks because the earlier policy hid a variety of groups that offered input," she said. "I think the original policy has worked well. I felt that it was a good, healthy policy that I would like to see continued. I feel the evaluation policy is weaker than the former one."

While this earlier policy required outside groups to be involved in the review process, the Greek Life stressed that the new policy does not prevent them from doing so.

In response to the recent destruction done by Hurricane Mitch, a number of organizations are encouraging students to join them in various relief efforts.

"The idea surfaced all over campus and people came together to collaborate," said Robin Klay, Professor of Business. "It became clear that there were many groups interested in helping the storm victims and it was also clear that Hope had a personal interest and personal connection."

Klay says the idea for the project came from her First Year Seminar, "Hope in the world and the world at Hope." Throughout the semester, the class has been required to keep in touch with either a Hope alumnus currently involved in international work, or an international student who has studied at Hope.

"We learned that one of these students is from Honduras and has been affected by the hurricane, so we wanted to help," Klay said.

As Klay began to plan the project, she realized that many other groups on campus were also organizing efforts to assist victims. She learned that Professor Peter Gonthier of the Physics Department had family members living in Honduras and wanted to help those impacted by the storm.

"We have visited Honduras and know what the country is like," Gonthier said. "I can only imagine what it's like with the damage that has been done and hope to encourage people at Hope to help those in need. I hope that students will express a willingness to help out and that they will find many ways to participate in this event."

From these concerns, the decision was made to collaborate.

"The problem didn't touch me until I listened to stories of the victims and was stuck by the reality of dealing with the hurricane," said Robyn Disselkoen ('99). "This event gives us a chance to reach out with hearts of compassion."

Mardi Gras heads Vegas Night

RACHEL KUHL  staff reporter

All decked out in their formal or Mardi Gras attire, Hope students danced their way down Bourbon Street at the Vegas Night Friday, Nov. 20.

With music provided by WTHS to keep the beat going, numerous volunteers, games galore, cocktails and munchies; casino goers were invited to try their luck at winning a variety of prizes.

"It was fun and exciting to see everybody and how they dressed, and I had a great time playing the games and dancing," said Rita Spires ('00).

The purchase of a Vegas Night ticket provided its holder with an initial $500 in play money. There was then the option to purchase up to $500 more to use at the game tables or put toward the purchase of a prize. This year's prizes ranged from folders to T-shirts to a mountain bike. The nicer the prize, the more money it cost.

The planning and set up of Casino Night was organized by the Student Activities Committee.

"It's our largest on-campus event," said student director, Jenny Trask ('00). "We plan it for months in advance!"
Campus Beat Editor Sara E. Lamers had the opportunity to speak with presidential candidate Dr. James Bultman during his recent visit to campus. She shared some of his thoughts about the Hope environment, college life, and what he would contribute if chosen president.

What are some of the characteristics of Hope that drew you to it? How has Hope changed since you were a member of the campus?

Both my wife and I really appreciate college students and feel that they are the driving force for the students. We find it enjoyable to interact with students at this crucial time in their lives. As far as Hope College is concerned, I have a deep affection for the college institution exists for the students. We find it even more so now more than ever before. I feel very strongly that today, or that should concentrate college students in general, that you will be affected and how I can work in their best interest. I take this very seriously say that it would be hard for the students to say they don't

What skills or qualities would you encourage students to develop in order to be better prepared for their futures?

It is my hope that students would be able to experience a depth of understanding in at least one aspect of the college, most likely their major. But it is also important to experience other courses. I've always been impressed with the breadth of a liberal arts education and the interconnectedness of the various areas. At a place like Hope, students can formulate a Christian perspective and develop interpersonal and social skills, as well as life long physical habits. When students are able to focus on all of these, they have the best opportunity to live life to its fullest.

Are there any final thoughts that you would like to share?

We're honored and humbled to be here at Hope. We realize that this has been a time-consuming process for the college and we deeply appreciate the hospitality of the campus.
As Daylight Breaks

Dana Lamers

November 25, 1998

The Anchor

In Focus

CHUGGIN' ALONG

Dana Lamers

As I prepare for college next year, I'm finding that college is becoming more and more important. Balancing different activities such as school, work, and personal interests can be a difficult task. However, there are techniques that can help you manage your time more effectively.

Time Management: Do Nothing and Do All

Tiffany Ripper

Staff Reporter

As many students prepare to leave campus for Thanksgiving breaks, they are finding that time management is becoming more and more important. Balancing different activities such as school, work, and personal interests can be a difficult task. However, there are techniques that can help you manage your time more effectively.

Center:

Develop an overview of everything that you want to accomplish. First, focus on the near future, such as this semester, and decide what needs to be done. Then break these tasks down into manageable parts. Finally, use a planner to keep track of your progress.

For example, your class syllabus includes the topics covered in the whole picture. Identify specific goals, such as study goals, assignments, and test dates. Write down all of the important dates and activities in your calendar. This will help you stay organized and focused.

Dreaming of a Good Night's Sleep

Dana Lamers

In Focus

November 25, 1998

The Anchor

Dana Lamers

infocus editor

College can often be glorified by its reputation of non-stop excitement, but the reality is quite different. Many students struggle to get enough sleep, which can affect their performance and health.

Recent studies have shown that 29 to 38 percent of American adults struggle with sleep problems. Some people throw things at their windows, others choose to contract frost bite on their toes. Some people take naps in their sweaters, running pants, and a winter coat. Some prefer to just curl up in any available bed or corner of the building, like in the "Rainbow Bright" window of my Grandma's house.

By doing this, you will be able to get a good night's sleep, which is essential for your overall well-being. In fact, a good night's sleep can help you feel more alert and focused during the day.

For example, you can use the following techniques to improve your sleep:

- Avoid caffeine, alcohol, heavy meals, and exercise before bedtime.
- Establish a consistent bedtime routine.
- Use a comfortable bed to support your body.
- Use a comfortable mattress and pillow.
- Reduce your exposure to bright lights before bedtime.
- Keep your bedroom cool, dark, and quiet.
- Use earplugs or a white noise machine to block out sounds.
- Use relaxation techniques, such as deep breathing or progressive muscle relaxation.
- Take a warm bath or shower before bedtime.
- Read a book or listen to calming music before bedtime.
- Limit your screen time before bedtime.
- Keep your bedroom free of electronics.
- Set your alarm for the same time each day.
- Get up and go to bed at the same time each day.
- Use a sleep tracker to monitor your sleep patterns.
- Use a sleep aid if necessary.
- Consult a sleep specialist if you have persistent sleep problems.

By following these tips, you can improve your sleep and feel more energized during the day.

The Quest for

Dana Lamers

As you set out to conquer the day, it's important to remember that you are not alone. Your friends and family are also facing similar challenges.

The only alarm gives me any sort of satisfaction is when my roommate's goes off before mine. There is something very fulfilling about waking up on my own, then glancing at the clock, and realizing I am the only one in the dorm's 24-hour machine's plot to wake me up.

But I know it will soon be my turn, and I will course out of bed on a mission. The air is changing, and there will be my roommate smiling sweetly at the glowing red numbers of the clock, knowing she has at least twenty more precious moments of sleep.

Alarms have the capabilities of changing firm priorities. Some students hate them, but to be trigger happy is to finish the job. They may be in a sub zero blizzard wind storm.

But there is a lot of use during a middle-of-the-night fire alarm. Some people throw on their clothes, others choose to contract frost bite on their toes. Some people take naps in their sweaters, running pants, and a winter coat. Others prefer to just curl up in any available bed or corner of the building, like in the "Rainbow Bright" window of my Grandma's house.

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The wrong way to vote

Those in power at Hope College often have a tough time discerning students as children or adults.

In classes and in decisions, the faculty and staff at Hope expect the students to act as adults. Yet when it comes down to making major decisions for a larger whole the administration cracks down and makes the decisions for us.

A prime example resides in the current situation revolving around the New Member Education Policy, the Campus Life Board, and Greek Life.

To put the situation in simple terms, Greek Life is pushing a proposal that would prevent any major changes occurring in New Member Education for four years. This policy was effectively passed a few months ago, but now a petition has been passed to review this policy.

Some of the faculty fear that if this proposal was completely passed, the Campus Life Board would be stripped of its right to review and change things. Effectively the students would have complete power over the Greek system, free to do what they please.

Everyone knows that a situation like this at Hope would never fly. Those in the power positions would never relinquish total control of something to students. Because, it seems, the student body is not mature enough to handle such a load of responsibility. Especially when it comes to Greek Life.

The stereotypes that are associated with Greek Life, massive alcohol consumption and rampant disregard for authority, are definitely present at Hope College. And not just from the student body.

The idea that Greek organizations will revert to Animal House drunkenness and deathly hazing are ridiculous. But it seems that there are those among the administration, faculty, and staff who fear the possibility that a student organization might actually be run by students, that they do everything in their power to prevent this.

The NME policy that the Greeks hoped to pass would have never stripped the Campus Life Board of their power. It seems as though some members of the Board feel that the students are gaining too much power within their student organizations.

What those in power need to decide is whether it's worth to treat the students of Hope College like adults or like children.

A state of the Congress address

Once upon a time, there was a short girl who was elected to a position, a very powerful position, to change the lives of citizens of a land far, far (actually not that far away) called Hope. The girl's name was Dana and Dana had a big, big problem. None of the citizens of Hope told her how they wanted their lives changed or what they wanted her to do.

You see, Dana was the Student Congress President, and that, along with 35 cents, could get you a three-minute local phone call. With nothing to do, she began to think that the citizens really didn't care about anything at all. She works along with 34 other people, let's call them the Congress, to address current issues and investigate what is on the minds of the students. I mean citizens. But with half a year under her belt, Dana feels like they haven't made much progress and time is running out.

There is a significant misconception about Student Congress's role in the governing system at Hope College. I have to say, without a doubt, that Student Congress is the most underemployed and unappreciated student organization on campus.

Student Congress has the potential to play a powerful and influential role at this institution. It doesn't have to be huge. It could be a controversial campus-wide issue like the evaluation of the chapel staff or the presidential search.

It may be the little things we can do to make your four or five years at Hope more comfortable such as soap dispensers, hand dryers, recycling bins, parking options, Holland Police harassment, and quarter machines.

Apathy is a disease that is quickly spreading throughout the campus. It just might be that there aren't any big concerns you have about the way this campus is run. Maybe the Phelps meals you pay for, but don't eat each week, are ok. Or maybe the fact that the school can offer you community service hours for off campus that don't even happen in this star are fine. And maybe the obvious disregard for student opinion and initiative held by a majority of faculty (exemplified at Tuesday's faculty meeting) doesn't piss you off. This would mean that my position is obsolete.

As great as Hope College might be, there has to be some aspect of this institution that ticks you off a little. Tell me about it. I'll talk to the administration about it, I'll fight to have it changed. This could not be any simpler.

Call me, e-mail me, stop by and see me. Every thing is up for discussion and nothing is too small.

Here is a simple math problem. This is a college. Take away the students and there wouldn't be college. It is my job to ensure your concerns are being heard and it is your job to tell me what you want to happen.

Did you know that you pay my salary? If the students of Hope College want to get their money's worth out of the congress officers, they should quit holding their tongues, and speak up. We're not mind readers, if you don't tell us your concerns then no whining is allowed.

The Anchor is accepting guest columns from student organizations. Any student organization that wishes to run a guest column should contract the Anchor at 7877 or ANCHOR@hope.edu

Legitimacy of Greek complaints questioned by senior

To the Editor:

I know that it wasn't intended to have this effect; but when I read "Stop the Insanity," the guest column that was written by my roommate, I was not happy. I decided to respond with a response. I know that it wasn't intended to have this effect; but when I read "Stop the Insanity," the guest column that was written by my roommate, I was not happy. I decided to respond with a response.

The author refuses to entertain the possibility that the lack of respect Greek organizations seem to receive, the property damage that is done, the public shaming of good will and community service, that doesn't really happen in this state are fine. And maybe the obvious disregard for student opinion and initiative held by a majority of faculty (exemplified at Tuesday's faculty meeting) doesn't piss you off. This would mean that my position is obsolete.

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Meeting the Press

Michael Zaidema Amanda Black Sara E. Lammers Paul Loodeen

Andrew Lott Johnathan Muenk Jennifer Schwinger

Stacey Slad Doug Sweetter Tim Boudreau

Jennifer Whitehead Kaitlyn Schmink

Staff Reporters

Ann Albright Erin Leach

The squirrel would like to remind everyone to have a safe and happy Thanksgiving and to not substitute squirrel for turkey.

And remember: the Anchor will not come out until Dec. 9, Staley tuned.

November 25, 1998

Rachel Knell

Green Whitnev Hadaneck

Anchor

Meet the Press
The policy does not limit who can give input into the policy," MacDoniels said. "Outside sources may still give input."

Sentiments concerning the petition were divided among faculty. "It's my understanding that the concern of faculty who voted against the policy was that Campus Life Board relinquished its policy-making power for the next four years," said Dr. Joseph MacDoniels of the communication department. "I feel this was misinterpreted."

Many members of Greek Life also shared these feelings and stressed the fact that the policy does allow for evaluation.

"With this policy, we still need the approval of Campus Life to make any policy changes so they still have a great deal of input," said Pan-Hellenic President Sara Van Hoose ('99).

With this decision, the policy will go back to Campus Life to be reviewed. Members of Greek Life were encouraged to reward the policy in order to make Campus Life's position in the matter clear. "I see this matter as having the potential to be a win-win situation," said Jack Holmes, Faculty Advisor of the Arcadian Fraternity. "I sensed that Greeks want a consistent policy over time and faculty hoped Campus Life would retain its authority on policy making. I feel there is a need for both and both can be present at the same time."

Many members of Greek Life see the opportunity to actively draft their own policies as a way to demonstrate the sense of responsibility they hope to convey to faculty. "As Greeks we are trying to take more responsibility for monitoring and leather boots. Consigns on red paint and finishing the first issue. Kiddos: Stupid Centennial Park and their Christmas lights not lit. Try again after break, shall we? A... Crispy Spice: Thanks for the Thanksgiving greetings. I'm thankful for Sarah mixed tapes, Old Navy socks, email, and you!... Squidly collector: Just checking to see if you are reading the ads this week. Keep smiling and get some rest."

Queen of Complexes: Umm hi. It's Wednesday and that means the countdown has reached its final hour. Beware of Christmas kilos and leather boots. Consigns on red paint and finishing the first issue. Kiddos: Stupid Centennial Park and their Christmas lights not lit. Try again after break, shall we? A... Crispy Spice: Thanks for the Thanksgiving greetings. I'm thankful for Sarah mixed tapes, Old Navy socks, email, and you!... Squidly collector: Just checking to see if you are reading the ads this week. Keep smiling and get some rest.

Barack Obama said, "This is not about making a policy; it's about making a decision."

After Thanksgiving, collection sites for canned goods and other food items will be available at the Keppel House, the Economics and Business Office, the International Education Office, the Black Coalition, HSO, and HAPA offices, and at the Student Union Desk in the DeWitt Center. Wednesday, Nov. 25 is "Sunshine Day" and event organizers encourage everyone to wear yellow as a visible sign of their support.

"We realize profoundly that the need won't go away," Klav said. "We want to build awareness among the campus and hope to continue relief efforts over the course of the year."

On Monday, Nov. 23, "$5 for Life envelopes were distributed, asking students, faculty, and Holland community members to consider making a donation."

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It’s time to VOTE!
Please let us
(the friendly Student Congress Special Events Task Force)
know which speaker you would like to set foot on our campus!

The candidates are...

Robert F. Kennedy, Jr.
Yep, he’s a real Kennedy. As an environmental lawyer, he speaks of the obligation we have to protect/preserve the environment for future generations.

Edward James Olmos
An Emmy Award-winning actor whose credits includes Miami Vice and the movie Stand and Deliver. He is involved in humanitarian work and believes obstacles can be overcome with self-discipline.

Jane Elliot
She is best known for her discrimination experiment following the Martin Luther King, Jr. assassination where she divided an all-white classroom into inferior and superior based on eye color.

Alan C. Page
After a career as a defensive lineman for the Minnesota Vikings, he completed law school, becoming a Minnesota Supreme Court Justice where he is a leader in the fields of education and civil rights.

Alan Hobson
He reached the summit of Mt. Everest on his third attempt, and has authored five books about his experience. He is also an All-American gymnast and a risk-taker. He speaks on his journey, and climbing your own Everests.

How do you vote?
It’s easy. Just e-mail BM218201 and quickly state your preference. We appreciate your comments and your vote. If you have any other concerns or comments, please e-mail the Student Congress office at STUDCONG. Thank you!

The 1998/1999 Student Congress Special Events Task Force

The Student Congress Annual Speakers Series originated 10 years ago, bringing Alex Haley, Felix Justice, Danny Glover and others to campus. It was reinstated in 1997 with James Malinchak, Joe Clark was 1998’s speaker. This year, we are pleased to be working with an expanded budget and we are very excited to see who will be Hope’s next speaker. Make sure to vote, it’s for your 1999 speaker. It’s all in your hands.
Thanksgiving Family Fued

Anchor staffers Julie Green and Andrew Lotz square off on the traditions of turkey time.

Magic Moments

Julie Green

Thankful thoughts

"It's beginning to look a lot like Christmas." I can hear the jingle floating down the hall. I go to Phelps to eat dinner, and there I spot two small Christmas trees decorated with tinsel and lights. I take a trip to Old Navy just to look around the newly-opened store, and I find crowds searching through piles, trying to discover the perfect one.

The essence of Christmas has already penetrated our minds, and there has only been one day of wet sleet. Already Thanksgiving has been forgotten. The holiday of stopping, looking at where we are and being one day of wet sleet. Already Thanksgiving has been forgotten.

Thanksgiving is like that little secret treasure we all want-one that belongs to us, its like that favorite movie that we all want-one that belongs to us. Ealing too, has a treasure we all want-one that belongs to us, its worth. The best of both worlds come shining forth, and feel good about it, exclaiming what its worth.

As holidays go, Thanksgiving for me ranks right down there with Labor Day and Presidents Day and all those other piddly little holidays created simply to advertise sales on mattresses and give postal employees yet another day off. What really gets my goat is the tradition-alism (we have a goat?). Thanksgiving is just one big slew of arbitrary traditions that have now entered the public mind as well as the Hallmark greeting card scene. I'd like to know who thought this tradition up. Sure, I was force-fed the grade school story that always ended with the pilgrims and indians sharing some special moment over corn and giving thanks. But is that how it really happened?

Ever read the sentence that followed the happily-ever-after Indian-Pilgrim-love-in ending? It says something like, "In the December days following the first Thanksgiving, eighty percent of the pilgrims perished, from exposure to the elements, Indian raids, horseback ride by shootings, and typhoid fever." That's one tradition I plan on not continuing. You can keep your strange new-world fevers thank you very much.

So how did all the stupid little traditions get started? Why do we eat turkey? Why do we watch football? Why does Uncle Ed eat the contents of the organ bag? Picture if you will, the second Thanksgiving. We open on the pilgrims' weekly town meeting. This specific meeting just happens to be week before the first anniversary of Thanksgiving. John, a pilgrim: "Ladies and gentlemen, thanks for all coming today. Mrs. Potter, I'm sorry to hear about your baby being drug away by wolves last week. Well... Let's get down to business.

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But this day ends much too quickly, and before we know it, it is the day after Thanksgiving, the busiest shopping day of the year. No more time to waste on what has been good in our life, it is again time to make the good happen in our life, to rush around and complete as much as possible. After all, there is only one month left in the year, and come the new year, we will be forced to take assessments of our life, how much we have accumulated in the last year.

We rush too much. Even our gratitude on Thanksgiving is rushed when we have to announce what it is that we are thankful for. It is guaranteed that beginning the day after Thanksgiving, we will have way too much to do. But why should we begin this mad rush before Thanksgiving? Why can't we enjoy the day for what it is, for its peacefulness, and not as the "ready, set, go!" flag of Christmas?

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The Hope College men’s basketball team was a study in contrasts this past weekend at the Cornerstone Classic.

The Flying Dutchmen advanced to the championship game with an impressive 98-77 win over Grace, Ind., but followed that up with a 62-77 loss to host Cornerstone.

The Golden Eagles stamped themselves into a 13-3 lead in the opening minutes and held on to claiming the tournament championship.

“We got a good ole whipping,” said head coach Glenn Van Wieren, “Man to man, top to bottom, right on down the line, they just overwhelmed us. They earned it, they beat us.”

Cornerstone built a double digit lead using their quickness and converting Hope turnovers into easy buckets. Cornerstone was able to put together runs of seven, eleven, and eight points off 18 first half turnovers, to lead 42-23 heading into the second half.

“They had great effort, and they performed with that effort. That put a lot of pressure on us,” Van Wieren said. “It was their defense that really caused us trouble. For the game, Hope committed 27 turnovers, and Cornerstone turned that into 27 points. Cornerstone also had 18 steals for the game.

Head coach John Patnott, who started the Hope swimming program 20 years ago, also thinks the team will fair well. “I think the men’s team this year is a little stronger than last year’s team,” Patnott said.

The Dutchmen have been swimming and lifting twice a day since late October in preparation for this year’s season. Both the men and women swimmers have up every morning for a 5:45 a.m. practice and then go back for another practice later in the evening.

“Everyone’s tired right now because the practices have been very demanding,” said Lenna Durante (’99). “But I’ll pay off as the season goes on.”

The Flying Dutchmen finished 17th in the MIAA. This year, they’re looking to stay on top.

“We’re young, but we’re swimming well. It’s one of our goals to win the MIAA, and I think we’re definitely capable,” said Durante. “The women’s team has a very different balance this year than last year,” said Patnott. “But they work hard, and that will pay off by February.”

On December 4-5, both teams will continue their seasons at the Wheaton Invitational.