H1N1 nothing to sneeze at

Erika Ter Louw
Staff Writer

Utica, Plymouth-Canton and Grand Haven are just a few of the west Michigan schools that have had to close their doors due to the H1N1 virus. While students are rejoicing at the thought of no school, parents and officials are frantically trying to contain the outbreak.

Within Hope’s campus there have been two confirmed cases of H1N1. There have been several other flu-like diagnoses, but they could be either another strand of influenza or H1N1.

According to Cindy Sabo at the Hope Health Center, the H1N1 virus is “a new virus that is composed of two genes from pig flu viruses and also genes from viruses seen in birds and humans.” The similarities between H1N1 and a virus seen in pigs earned H1N1 the name “the swine flu” and they were thought to be the same thing. However, after later testing, H1N1 was found to be unique. It is now officially titled Novel H1N1 or 2009 H1N1.

According to the Centers for Disease Control and Prevention, in the United States, children ages 5-18 saw the highest percentage of H1N1-related illnesses in 2009. The highest group was 5-18 with 24 percent of the population. According to Sabo, H1N1 affects an entirely different population in comparison with the normal flu. Of those under the age of 25 with H1N1 complications: 56 percent of the [H1N1-related] deaths and 78 percent of the hospitalizations. Of those over age 66 with H1N1 complications: 12 percent of the [H1N1-related] deaths and 7 percent of the hospitalizations.

H1N1 is spread much like any other seasonal flu: through coughing, sneezing, not washing of hands, etc. The Hope Health Center has several suggestions to avoid coming down with the virus: Wash hands frequently; keep your hands away from your face; avoid people that are coughing/sneezing. Keep your body healthy by staying hydrated, well-nourished, well-rested and get regular exercise.

If you do find that you have the symptoms of H1N1, the health center asks that you take particular caution. The following are common symptoms: fever, cough, sore throat, runny or stuffy nose, body aches, headaches, chills and fatigue. Warning signs: Difficulty breathing, mental confusion, unable to put chin to chest or anything that indicates the person is deteriorating.

If you have been tested and do in fact have the virus, the health center suggests students return home for the duration of their sickness. If this is not possible, students “are expected to stay in their bedroom and go out only to go to the bathroom. They should wear a mask when going to the bathroom or when others need to come into their bedroom.” All students should not be going to the dining halls or any other activities or classes. One can resume normal activities once they have been without a fever for 24 hours without the use of Tylenol or Ibuprofen.

The health center also offers an online health center. For more information, visit www.hope.edu/hhc.

It led to some of the best conversation that I’ve ever seen on campus.

— PROFESSOR JANE DICKIE
PSYCHOLOGY DEPT.

HISTORIC STRUGGLES
WHITE, BERGNER
DIVIDED CAMPUS

Robert Galmon
Campus Co-Editor

Hope recently denied the Sexuality Roundtable’s request to host “Milk” screenwriter Dustin Lance Black on campus, on the grounds that it would “polarize the campus.” The administration cited events nearly 10 years ago surrounding Dr. Rev. Mel White and Mario Bergner as an example of such polarization.

On Feb. 21, 1999, campus ministers, led by Dean of Chapel Ben Patterson, began a series on human sexuality called “Setting Love in Order.”

“The series is about understanding the order, foundation and structure God laid when He made us,” Patterson told The Anchor in February 1999.

Bergner, a self-professed “healed” homosexual, was invited to the campus to speak at the series. Bergner is the director of Redeemed Life Ministries, a ministry directed primarily at homosexuals to bring “all people into the saving and healing embrace of Jesus Christ.” He is an active member of the ex-gay movement.

GLOBE was not recognized by Hope College as an official organization. Student Congress’ decision increased debate on Hope’s campus. On March 10, 1999, The Anchor printed a four-page special issue that only covered the controversy surrounding the two speakers. Two of those pages were devoted to letters to the editor, yet The Anchor was still not able to print all of the letters it received.

Bergner spoke three times in Dimnent Chapel from Friday March 12, 1999, to Sunday, March 14, 1999. His speeches included his personal testimony, “A Christian Response to Homosexuality: An Apologetic to Show Christians Can Treat This Subject with Sensitivity, Grace, and Kindness” and “Embracing the Mystery.”

White presented his personal testimony, “A Christian Response to Homosexuality: Homosexuality as a whole. They decided to sponsor a panel discussion on homosexuality later that year.

The panel was later cancelled because Student Congress said it had difficulty fielding a panel.

The student organizations Refuge in Spiritual Expression, Women’s Issues Organization and Gay, Lesbian, or Bisexual Equality combined energies and brought White to campus despite Student Congress’ decision. However, GLOBE was not recognized by Hope College as an official organization.

The student organizations Refuge in Spiritual Expression, Women’s Issues Organization and Gay, Lesbian, or Bisexual Equality combined energies and brought White to campus despite Student Congress’ decision. However, GLOBE was not recognized by Hope College as an official organization.

Student Congress’ decision increased debate on Hope’s campus. On March 10, 1999, The Anchor printed a four-page special issue that only covered the controversy surrounding the two speakers. Two of those pages were devoted to letters to the editor, yet The Anchor was still not able to print all of the letters it received.

Bergner spoke three times in Dimnent Chapel from Friday March 12, 1999, to Sunday, March 14, 1999. His speeches included his personal testimony, “A Christian Response to Homosexuality: An Apologetic to Show Christians Can Treat This Subject with Sensitivity, Grace, and Kindness” and “Embracing the Mystery.”

White presented his personal testimony, “A Christian Response to Homosexuality: Homosexuality as a whole. They decided to sponsor a panel discussion on homosexuality later that year.

White’s and Bergner’s speeches attempted to hang a clothed line in the Pine Grove with shirts connected to it that showed support for the homosexual community. According to The Anchor’s March 17, 1999, issue, the shirts had messages such as, “Open your minds, open your hearts” “Straight but not narrow,” and “I will not be silent.” The demonstration was banned by the administration. So the students stuck the shirts and wore them around campus. Before Bergner’s speech on March 13, the students, wearing the shirts, linked hands and stood in the Pine Grove.

White’s and Bergner’s speeches had mixed responses.

THE ANCHOR
Vol. 123 No. 8
November 4, 2009 • Since 1887
“Spera In Deo” • Hope College • Holland, Michigan

GET PUMPED UP—The Hope College volleyball team has clinched the MIAA conference title and won all four of its Midwest Invite matches. The Lady Dutch have a 28-2 record as they prepare for the NCAA tournament which starts Nov. 12.

Mo’ money for Motown—Detroit battles financial trouble.

WHAT’S INSIDE
National 3 Voices 8
Arts 5 Sports 11

You can dance if you want to—Dance Project has another successful year.

Mo’ money for Motown—Detroit battles financial trouble.

Mo’ money for Motown—Detroit battles financial trouble.

Mo’ money for Motown—Detroit battles financial trouble.

Mo’ money for Motown—Detroit battles financial trouble.
Students learn manners at etiquette dinner

Abigail Lindberg

The Hope College Office of Multicultural Education and the Phelps Scholars program hosted an etiquette dinner in the Maas Conference Center, Oct. 29. The dinner event was designed to teach students how to conduct themselves in a formal business setting.

The dinner was beneficial to students looking to go into the business field and answered many questions concerning the formal business setting, of which young people today do not have much exposure to.

Speakers Shylyn Rhodes from Blue Cross Blue Shield of Michigan and Faye Richardson-Green from Steelcase Inc. spoke about formal dinner etiquette in a business setting. They recreated a real business setting to better educate students on how to behave appropriately. Students gained practical information that they can apply to real-life situations after college. Students also had the opportunity to talk with business professionals to gather information and insight about prospective careers.

Rhodes has a master's degree in public administration and nonprofit leadership from Grand Valley State University. Now, she is the project manager for Blue Cross Blue Shield of West Michigan in business improvement and analysis. Her career has enabled her to reach out to the community, particularly students.

Otis-De Grau receives professional development award

HOPE PR — Amy Otis-De Grau, who is director of international education at Hope College, has received the professional development award from IES Abroad.

IES Abroad, which is one of the largest third-party providers of study-abroad experiences in the United States, gives the award to an educator who has served the study-abroad field in a professional and committed manner. Otis-De Grau received the award on Oct. 15, during the organization’s annual conference in Chicago.

"She has served the field of international education with boundless energy and has successfully taken on new projects and programs," IES Abroad stated in its release announcing the award. "At Hope College, she works tirelessly and enthusiastically for students and keeps faculty informed of changes in study-abroad and new international study programs."

Otis-De Grau has been a member of the international education staff at Hope since 1996, and has served as director of the office since 2007. She was promoted to assistant director in 2005, and has served as office manager and staff shortly after graduating from the college with a German major, serving as office manager and coordinator of special programs. She was promoted to assistant director in 2002 and associate director in 2006.

Following her promotion to assistant director, she agreed to run international student admissions. In that additional role, she developed a recruiting plan focused on regions in which the college had natural links and alumni, contacted schools, and personally contacted both international applicants and their school counselors. As a result of her work, international student admissions grew at the college.

During the 2001-02 academic year, Otis-De Grau studied at the Torchbearer Bible School in Holybsbrunn, Sweden. In July of 2007, she completed a master of arts degree in conflict transformation and peace studies at the School for International Training — a natural progression from her humanitarian work in Bosnia and Afghanistan.

Each year, approximately 275 Hope students study abroad.

Flu arrives

H1N1, from page 1

the H1N1 vaccination. To set up an appointment, call the health center at x7858. Student Development and the health center have also placed hand sanitizers around campus for student use. Overall, H1N1 poses some serious health risks to students at Hope; considering college students are at a higher risk due to the shared living spaces and college schulthe. However, there are many precautions that can and should be taken as a campus to prevent its spreading. So, go wash your hands!
Detroit faces unparalleled financial woes. The city is selling its low-rated bonds and municipal assets to bandage a significant budget deficit. The facts spell out a grim situation for a city that once contained nearly twice the population it now does. The city is facing an estimated deficit of $575 million. This burden has been placed on the shoulders of Dave Bing, Detroit’s current mayor. Unlike his predecessor, Kwame Kilpatrick, who pleaded guilty to criminal charges of obstruction of justice and was known for drawing crowds that fell hard for his public appeal, Bing is known for having a grandfatherly and at times dull and hardened approach to his responsibilities. Instead of feigning enthusiasm for the city’s future, he has approached the people of Detroit and the mass media with blunt observations. As stated in the New York Times, “He told commissioners that Detroit, ‘from a structural standpoint, is broke,’ called for regional cooperation and drew a standing ovation.”

The city’s public schools have felt the impact of corruption within the shrinking city Bing is now attempting to salvage. Nine years ago, the district had more than 160,000 students. Today it has approximately 90,000 students. Robert C. Bobb, the emergency financial manager sent by the state, “has closed schools, laid off employees and begun investigating numerous thefts,” the New York Times stated.

In August, five employees of the Detroit public school system were charged with multiple felonies as part of an investigation into alleged corruption and the loss of tens of millions of dollars in school funds. The charges were made as the Detroit Public Schools struggled with an estimated budget deficit of $259 million and weighed a potential bankruptcy filing. If convicted, the accused could face decades of jail time. Michigan law allows harsh penalties for public officials found guilty of wrongdoing.

The allegations include eight felony embezzlement charges. A probe launched by Bobb uncovered paychecks going to 257 “ghost” employees who have yet to be accounted for. He also said that he uncovered approximately 500 illegal health care dependents that have cost the district millions.

While it appears that many have used DPS as their source of personal welfare while trampling federal laws, Bing’s proposed solution to such woes is to downsize the bureaucracy that was structured during Detroit’s glory days. “We’ve got to focus on being the best 900,000 populated city that we can be and stop thinking about, ‘We can turn the clock back to the 1950s and ’60s,’” he told the New York Times. “That era is gone.”

He expects to cut Detroit’s bus service and lay off 230 city workers. So far, there have been more than 400 layoffs since he took office. Bing’s realistic approach has drawn both enthusiastic praise and scathing criticism.

Political opponent Tom Barrow said, “Detroiter’s want to grow the town, not shrink it.”

It remains to be seen whether Detroit will benefit from Bing’s approach.

New polling data shows decline in President Obama’s overall approval rating

Cory Lakatos Special Writer

President Barack Obama’s honeymoon with the American people may be giving way to the customary stormy marriage, if the numbers are to be believed. Obama’s charm — as well as the legacy of his unpopular predecessor — enabled him to woo voters during the campaign, and when the knot was tied on Inauguration Day in January, the new president’s approval rating stood at a lofty 76 percent. By April, the number had dropped to 62 percent; nowadays, Gallup calculates his average daily approval rating at 53 percent. Though this would usually be considered a respectable figure, Obama’s status as a new president should entitle him to higher levels of popularity this early in his first term. It has been 30 years since a new president’s popularity has declined as quickly as Obama’s has in the past four months.

The president does not even have the highest approval rating in his own administration; that distinction goes to Secretary of State Hillary Clinton.

The shift in popularity from the beginning of the year to now is perhaps not as drastic as it appears. It is true that a recent CNN/Opinion Research Corp. poll shows that more than half (51 percent) of Americans now disagree with Obama on the issues that are most important to them.

However, the same poll also reveals that two-thirds of Americans believe that Obama has “the personal qualities a president should have.” Measuring presidential popularity is difficult, and the various figures often appear to contradict one another.

It is a familiar pattern in American electoral politics that candidates are much more popular on the campaign trail, when they can make promises, than they are in office, when they have to fulfill them. A recent Saturday Night Live skit portrayed Obama as a do-nothing president.

“(W)hen you look at my record, it’s very clear what I’ve done so far. And that is ... nothing,” quipped Fred Armisen, the actor who portrays Obama on the popular sketch comedy show. This attitude marks a sharp departure for the media, which has often been accused of giving Obama a pass.

Several factors have contributed to Obama’s decline in popularity. Many of the president’s supporters are upset by his hesitancy to decide on a new course for the conflict in Afghanistan and by the fact that U.S. troops remain stationed in Iraq. Unemployment remains high and economic woes are often pinned on the sitting president.

Congress did not vote on health care legislation prior to its August recess, as the president had hoped, although bills in both the House and the Senate are nearing a vote and are expected to pass. Some pundits are looking to the examples of past presidents for answers. Democratic strategist and CNN contributor Paul Begala compared Obama’s popularity situation to that of former President Ronald Reagan. “(P)eople actually didn’t often agree with Ronald Reagan’s ideas, but they loved the guy,” he said.

On the other hand, Tulane University political scientist Thomas Langston drew parallels between Obama and Jimmy Carter, whose troubled one-term presidency was terminated by Reagan’s landslide victory in the 1980 election. Carter attained a 75 percent approval rating early in his term, only to see that figure plummet into the low 40s in less than a year and a half. Historical precedents can only tell us so much, however, and it remains to be seen how the Obama presidency will progress during the next three years.

Sierra Hansen Guest Writer

City of Detroit says it’s ‘broke’: Mayor Bing tries a new approach

DETROIT PUBLIC SCHOOL EMPLOYEES — Five Detroit public school employees were arrested and are currently under investigation by police for the loss of tens of millions of dollars in school funds. Past and present corruption has been detrimental to Detroit’s economy.

POLLS

Poll Rundown

Here is a rundown of polling data relevant to President Obama’s performance so far.

- Presidential job approval rating*: 55% approve, 38% disapprove
- Who to trust on healthcare*: 55% President Obama, 48% Democrats in Congress, 37% Republicans in Congress
- Presidential handling of the economy**: 47% approve, 46% disapprove
- Presidential handling of foreign policy**: 51% approve, 39% disapprove

*According to Gallup Polls as of Nov. 1.
**According to a Wall Street Journal/NBC poll conducted in October.

[Image 330x828 to 756x1112]
European leaders prepare for climate conference

Samuel Tzou
Guest Writer

European Union representatives announced Oct. 30 that they have agreed to a new proposal on how to help other nations face global warming.

The decision comes approximately 40 days before the Dec. 7 Copenhagen Climate Conference. At that time, world leaders will meet to examine ideas on how to halt carbon emissions and how to deal with the rising sea levels largely caused by melting polar ice caps.

The purpose of the two-day meeting, which ended Friday, was to hammer out a specific climate change deal this December, the EU appears to be the most prominent leader in combating global warming.

"(President Barack Obama in Brussels Oct. 29.) brown was among many European leaders who attended the conference discussing the upcoming climate debate —

DISCUSSING THE UPCOMING CLIMATE DEBATE — British Prime Minister Gordon Brown, accompanied by British Foreign Secretary David Miliband, spoke at a press conference in Brussels Oct. 29. Brown was among many European leaders who attended the conference to prepare for the upcoming Copenhagen climate summit.

PERSPECTIVES

In Focus: Afghanistan

Amy Alvine
Guest Writer

The war in Afghanistan is a war that has affected me more than I can put into words. I remember about a month after the occurrence of Sept. 11, on Oct. 7, 2001, the United States launched something that seemed like an endless bombing attack upon the country of Afghanistan.

Connecting the Sept. 11 attacks to the Taliban regime, the United States and coalition forces began their bombings. However, because the Taliban forces refused to deliver Osama bin Laden. But because I was 11 years old at the time, it was somewhat hard for me to understand the concept of war.

I remember sitting and watching the television show images of bombs exploding with a bright luminosity, engulfing the night. Those shocks and horrors of the sights and sounds of war have, to this day, left an impression upon me. Although this war has been going on for eight years, there are still issues that the United States is facing.

President Barack Obama is currently facing a dilemma regarding the troop levels in Afghanistan. The president has to decide whether to use a counterinsurgency strategy requiring a large number of troops to protect Afghan cities or a counterterrorism strategy with fewer troops.

The war in Afghanistan, as I have said earlier, has affected me more than I can put into words. This is mainly because my cousin is in the Marines, fighting in Afghanistan. My cousin, Craig Kelly, who is a year older than I am, is one of the few people whom I have an unbelievably strong connection with, this is mainly because we grew up together in the same town and spent a lot of time together since we were so close in age. Although it is very difficult to get a hold of the troops in Afghanistan, I was able to contact my cousin to talk with him about life and also ask him some questions.

I asked him to describe the war in Afghanistan and the country itself, Kelly, president has to decide whether to use a counterinsurgency strategy requiring a large number of troops to protect Afghan cities or a counterterrorism strategy with fewer troops.

The war in Afghanistan currently facing a dilemma regarding the troop levels in Afghanistan. The president has to decide whether to use a counterinsurgency strategy requiring a large number of troops to protect Afghan cities or a counterterrorism strategy with fewer troops.

The war in Afghanistan, as I have said earlier, has affected me more than I can put into words. This is mainly because my cousin is in the
Genre-bending band Rubblebucket Orchestra comes to Park Theater on Nov. 6

Ann Malone
Staff Writer

Pop. Rock. Afro-beat. Jazz. All these and more describe the eclectic, upbeat group Rubblebucket Orchestra.

Formed in 2007 in Boston, the band has eight permanent members, including trumpeter Alex Toth and singer Kalmia Grille. The permanent members were four contributing artists. While their techno-ethnic music is unique, to be sure, there is also a sense of creativity and musical talent in their pieces. Dan Bolles, writer of the indie music blog “Seven Days,” says that Rubblebucket is “a genre-mashing maelstrom of hot-blooded West African funk rhythms,” and calls it “unlike anything that’s come before it.”

In “Maya,” a song off their new self-titled album, chanting is heard halfway through the song which adds an eerie “X-Files” effect to the song. The song distracts and chills you, but at the same time hooks you in. It pulls the listener deeper into the song as they try to understand the unearthly chants.

Their other songs contain a mix of genres from jazz to pop to orchestra. The song “Violet Rays” off their first album titled “Rose’s Dream” won Relix Magazine’s Jam Off Competition in July of 2008.

Their song “Bikes,” a recent single off the new album, wins with a smooth alto voice followed by a Caribbean beat, some cowbell and a strong Hawaiian guitar. However, the striking contrasts and apparent clashes disappear, because the different styles all work together to create something that is more beautiful than what each piece is individually. At one point, a beautifully creative scat breaks into the middle followed by a saxophone solo. Each plays quickly before blending right back into the relaxing yet uplifting song. Rubblebucket is the type of band that makes a listener both jump out of his or her seat and lounge on the beaches in Mexico.

For unique, jam band-esque performers, a live show is always the best way to appreciate the music. For Rubblebucket, it is sure to be the same. Band leader Moore says, “The group continues to slay people at live shows.” This is perhaps a little graphic, but it certainly conveys that Rubblebucket is a show not to be missed.

With a variety of beats and themes in their new album, the show is sure to be an experience. The music is pleasant to listen to on a recording, but it lacks the spark and the personal touch that each live performance has; this is the type of music that thrives off an audience.

Rubblebucket will be performing Friday, Nov. 6, at the Park Theater. The show starts at 9 p.m. Tickets cost $6.
Nature’s Beauty Call

Ayanfe Olonade
Features Co-Editor

November 4, 2009

Nature has been so gracious to provide us with essential ingredients that enhance the beauty of the face, hair and body. Some of these ingredients can be found in your backyard, like nettle for the hair. Others are found in the refrigerator, like milk for your skin. A few are on trees, like avocado for your face.

Before prestigious cosmetic lines began to provide us with a variety of products for the face, hair or body, women all over the world looked to their closest source for help with beauty - nature. Like Kioko said, “Natural products are always available and are very easy to afford.”

Large international companies, such as L’Oreal, Clarins and YSL are buying or creating new companies to take part in this “natural beauty” revolution. But women in different parts of the world have different unique beauty solutions. They range from milk, to fruits, to flowers and even mud. Most women today use brand name cosmetics. The beauty secrets that these three ladies share will get you thinking about how using basic natural products can make the face, the hair and the body beautiful.

The Hair

Some want it long today and short tomorrow. It is amazing how much attention ladies pay to their hair. Hair care just became easier as Paul told me the secret to long hair is coconut oil. “Coconut oil! It works, my hair is proof!” she said. Paul always had long hair. When she was growing up, her mom would massage her hair with coconut oil before she washed it. It is very much part of the southern Indian culture to use coconut oil for hair care, she added. In India, the focus is about the length, but in Mexico, Noriega says that the softness of the hair is important. In order to achieve this, some women apply mayonnaise or yogurt for a few minutes before washing. This conditions the hair and makes it softer, she said.

Kiko said women in Kenya wash their hair with egg yolk to make it softer. Kenyan women are also known to drink nettle tea for healthy hair growth. Some of them rinse their hair with nettle water for healthy hair. Palmer also mentions in her book that nettles are very good for the hair because they stimulate its growth. Palmer has been collecting herbal recipes and testing and studying the natural traditions of beauty in her home. In all her findings, she says that rosemary is probably the best treatment you can give your hair. It makes it glossier, stimulates growth and reduces tangles.

The Body

“Skin care is universal; you need to wash it and moisturize it so it looks great,” Noriega said. Noriega suggests body lotion to keep the skin moist. Paul said that in India, the secret is coconut oil. A combination of coconut oil, spices and milk make the skin soft and smooth. In Kenya, it is always good to use a scrub made of cornmeal and milk, Kioko said.

Nature has been so gracious to provide us with essential ingredients that enhance the beauty of the face, hair and body. Some of these ingredients can be found in your backyard, like nettle for the hair. Others are found in the refrigerator, like milk for your skin. A few are on trees, like avocado for your face.

Before prestigious cosmetic lines began to provide us with a variety of products for the face, hair or body, women all over the world looked to their closest source for help with beauty - nature. Like Kioko said, “Natural products are always available and are very easy to afford.”

Large international companies, such as L’Oreal, Clarins and YSL are buying or creating new companies to take part in this “natural beauty” revolution. But women in different parts of the world have different unique beauty solutions. They range from milk, to fruits, to flowers and even mud. Most women today use brand name cosmetics. The beauty secrets that these three ladies share will get you thinking about how using basic natural products can make the face, the hair and the body beautiful.

The Face

Catherine Palmer, author of the book ‘Down to Earth Beauty’, said one of the simplest and cheapest ways of having a good complexion is to wash your face with water made from flowers and herbs. In Mexico, ladies use avocado, papaya or a special mud on their face to make it smoother and moisturized.

Jessica Noriega is from Mexico and she said she uses avocado to wash her face. She said it makes her face feel moisturized. Susan Kioko is from Kenya. She said ladies in Kenya use cornmeal and milk to rinse their face. This usually helps to exfoliate and moisturize the face. She also added that ladies in Kenya use toothpaste to fight pimples. “I simply apply the toothpaste on the pimple and it works,” Kioko said.

“The craze is for white skin right now in Thailand,” Tanya Paul said. Paul is Indian. She now lives in Thailand where her parents serve as missionaries. Most ladies apply cream on their face and then put lots of powder on it, so it can make them seem like they have whiter skin than they do. Paul also said that in Southern India it is very popular for ladies to use herbs to make their skin lighter in color. Palmer in her book also said even as far back as the 19th century, the Princess of Wales put a mixture of a slice of lemon and a pint of milk on her face at night. In the morning, she washed it off. It is believed that this recipe nourished and freshened the skin on her face.

The Anchor

Nature has been so gracious to provide us with essential ingredients that enhance the beauty of the face, hair and body. Some of these ingredients can be found in your backyard, like nettle for the hair. Others are found in the refrigerator, like milk for your skin. A few are on trees, like avocado for your face.

Before prestigious cosmetic lines began to provide us with a variety of products for the face, hair or body, women all over the world looked to their closest source for help with beauty - nature. Like Kioko said, “Natural products are always available and are very easy to afford.”

Large international companies, such as L’Oreal, Clarins and YSL are buying or creating new companies to take part in this “natural beauty” revolution. But women in different parts of the world have different unique beauty solutions. They range from milk, to fruits, to flowers and even mud. Most women today use brand name cosmetics. The beauty secrets that these three ladies share will get you thinking about how using basic natural products can make the face, the hair and the body beautiful.
Dear future wife,

I was thinking about you today. I was thinking about your dazzling smile, your perfect personality and your irresistible positive attitude that makes you a joy to be around at all times. Then I woke up from my daydream.

I’ve now come to find out that a perfect “you” doesn’t exist. That’s ok, because I wouldn’t want a perfect “you” anyway. I want a real “you” who’s imperfect around both our heads—you know, the one riding around on a noble steed with his hair waving in the wind. The truth is, I’m allergic to horses and my hair doesn’t exactly wave for a feeling of kind of all on my head pathetically like the kid in class who didn’t do the reading. In fact, chances are I won’t be rescuing anyone anytime soon.

So what’s the point, right? Well, maybe it’s a little like having a permanent best friend. I have plenty of friends with whom I’m always super polite and smiley around, whom I never fart around with and whom it would be too awkward to get upset. But you and me, we’re different. You see, those friends who I’m not even close enough to get annoyed with—they’re temporary. A real friend, a best friend, is somebody who loves you even when you’re a pain, somebody who laughs at your jokes when they’re not exactly hilarious and somebody who tells you when you’ve got something strange hanging in the corner of your nose. We’ll be there for each other, and when we’re both 93 years old, I’ll be there to pass you your teeth when they’re on my side of the bathroom sink. I hope this doesn’t sound like I’m trying to thermo you with this, because I’m not. I’m just trying to touch your teeth, and I’m pretty sure you’re not going to want to touch mine either, but guess what?

I’m going to touch your teeth anyway, because I promised. Love is a promise. It’s not just a feeling, or a well-placed wish or a glossy finish. In fact, it’s often the opposite.

The Anchor

VOICES

November 4, 2009

Musings on mutual misunderstanding

On Saturday, I celebrated Reformation Day. In fact, I celebrated the beauty of reforming thought, action and practice for a few days as I, along with a dozen other Hope students, had the opportunity to attend the Room for All Conference in Grand Rapids.

I did not grow up in the RCA, but attending Hope College has given me a crash course in Reformed Church culture. I have learned to respond with the phrase: “And also with you,” to take communion by intinction and to recite the historic confession. Unfortunately, the RCA has devoted itself to a stance that is creating division and disharmony among its members.

The Commission on Theology’s written statement made available to RCA congregation states: “Heterosexuality is not only normal; it is normative. Homosexual acts are contrary to the will of God for human sexuality.” Still, in 2005, recognizing the potential for this issue to split the denomination, the General Synod Council approved “honest and intentional denomination-wide dialogue on homosexual- ity.” This dialogue has been somewhat ingenuous as people have remained at their battle stations aiming smart prayers at one another. The message is this: “If you push the button to destroy us, we’ll destroy you twice.”

I have become tired of the conversation. I am tired, and I am disappointed that the church has been unable to provide a space where we can work through the inconsistencies in our Confession. Maligning finger has been pointed directly at the church. But, after this weekend I am hopeful for the resolution of this issue and for the church.

The conference included worship, workshops, lectures and fellowship. The issue of homosexuality was pulled-out, mulled-over and given wings to fly above the destructive battle.

I was served communion by a lesbian minister who looked into my eyes, offered me the sacraments and called me by name. How beautiful, when we all allow parts of the body to be shared in stories of LGBT people and their allies; I shared my story. I let my mind stretch around lectures about Jesus, oppression, humility and reconciliation. Peggy Compolo, American Baptist, daughter of a pastor and my story. I let my mind stretch around lectures about Jesus, oppression, humility and reconciliation. Peggy Compolo, American Baptist, daughter of a pastor and my story. I let my mind stretch around lectures about Jesus, oppression, humility and reconciliation. Peggy Compolo, American Baptist, daughter of a pastor and my story. I let my mind stretch around lectures about Jesus, oppression, humility and reconciliation. Peggy Compolo, American Baptist, daughter of a pastor and my story. I let my mind stretch around lectures about Jesus, oppression, humility and reconciliation. Peggy Compolo, American Baptist, daughter of a pastor and my story. I let my mind stretch around lectures about Jesus, oppression, humility and reconciliation. Peggy Compolo, American Baptist, daughter of a pastor and my story. I let my mind stretch around lectures about Jesus, oppression, humility and reconciliation. Peggy Compolo, American Baptist, da...
November 4, 2009

The Anchor

My childhood was better than yours

I recently went to see the “Toy Story” and “Toy Story 3” double feature, and while Sitting Bull might not have been the first to see it when we were a baby, and if we did there is no way we remember it) and sadly ending with “Tarzan” in 1999, Disney was on a roll during our childhoods. Of course, Disney went on to produce more movies after “Tarzan,” but I am trying to focus on just the 1990s (although I did include 1989). How can anybody, young or old forget about classics such as “Beauty and the Beast,” “The Lion King” and “Aladdin”? Yes, I could not wait to be king, and yes, I wanted a flying carpet. However, sad it may be, I still enjoy a Disney soundtrack or two from time to time.

Television shows of the ‘90s take the cake though. I know “professionals” suggest that children shouldn’t watch a lot of TV, but I think I may have proved them wrong (unless I really am a failure and just don’t know it). Anyway you dish it out—cartoons, live-action or sitcom—television in the ‘90s was pure bliss. I would just like to start by thanking the Nickelodeon staff of the ‘90s with all of my heart. I still wish on every shooting star I see that the cartoons from the ‘90s were still on TV. “Doug,” “Hey Arnold!” and “Rugrats” were some of my personal favorites, but I’m sure everybody has a different opinion.

While Nickelodeon was definitely the cream of the crop as far as ‘90s cartoons went, I was still a huge fan of other cartoons during that decade. “Teenage Mutant Ninja Turtles” was the best cartoon ever created, but has a different opinion.

Disney was on a roll during our childhoods. Of course, it got me thinking; that the era that I, and many others, grew up in was quite possibly the best time to be a child, ever. The ‘90s were such an awesome time to be a kid. Companies such as Disney, Marvel and Nickelodeon made the 1990s the most wonderful decade ever known to man. If you grew up in the ‘90s and didn’t like anything on TV or any of the movies in theaters at the time, then there has to be something wrong with you. Every show on Nickelodeon was worth its weight in gold. Every Disney movie made during that time became an instant classic. Every other non-Nickelodeon TV show is still shown on some obscure television station—you can’t even say that about some shows started in this decade.

However, the beauty and splendor of the 1990s cannot be captured in just the television shows and movies shown during it. Think about all of the spectacular toys and other things we had to play with. I don’t even remember what you were supposed to do with them, but Pogs were one of my favorites. I even had the little machine that would let you make your own from magazine pages. Ty Beanies were such a hot commodity that some people would have killed to have the little machine that would let you make your own from magazine pages. Ty Beanies were such a hit, and it’s a shame that they are now mostly just a memory.

Autumn love

Everything is more beautiful in autumn — Europe is no exception. I step outside every morning to greet the day, and I am welcomed by the crisp mountain air and the crunch of fallen leaves underfoot. The warmth of the morning sun, from its golden rays, pierces the clouds and nourishes the tenacious flowers still blooming in the beauty of the season.

I’m living in Givrins, Switzerland, in a wooden Swiss chalet that is nestled against the woods in a perfect balance between civilization and nature. It overloks the city of Geneva, Lac Leman and the French mountains in the distance. On a clear day, the snow-tipped Mont Blanc is visible from the front porch, standing tall behind its Alpine foothills.

I awake around 7:30 in order to catch the train in time, and I walk for a while through the woods until I come out into a small neighborhood where I walk downhill to catch the small, red regional train. Most mornings I was at the small station — it’s no bigger than a bus stop — I stand alongside people young and old and look up the tracks, anticipating the changing little train’s appearance around the bend and its soft, polite whistle announcing its arrival. I am always reminded of my childhood and the hours I’d spend on the ground with my Brio train set.

When the trains stop, they do so quickly and the terrible odor of burning brakes emanates forth in a disgusting blue-grey cloud, not-so-subtly encouraging everyone to board in a hurry — not that they need the reminder. Everyone rushes anyhow, as 20 seconds during the morning commute can mean the difference between enjoying a seated, leisurely ride or standing in the hallway, uncomfortably squashed against one’s fellow passengers and swaying back and forth along with the train.

It is important enough to get a seat, I enjoy the daily (and free) French-language hybrid of newspaper and tabloid called “20 Minutes,” as do most locals. Otherwise, I always enjoy gazing out at the countryside whooshing by — at the cows and horses grazing in the meadows, the pumpkins ripening in the fields begging to be picked and the locals on their way. It’s hard to believe that I’ve been here for seven weeks already. Weekdays are spent in classes, lectures and tours while weekends are spent experiencing European culture. So far this semester, I’ve traveled through France, Belgium and everywhere in Switzerland.

I’ve climbed mountains, met locals, sipped wine and made friends with cows and goats. Learning through immersion is a fundamental part of this program, and I’m trying to take full advantage of the requirement and opportunity.

This semester is very focused on academics as well—it’s not all country, culture and cuisine. Every morning I have lectures from international relations experts and then meetings at important international organizations such as the World Trade Organization and the International Red Cross. My experiences have ranged from working with Craig Venter, a UN expert at tempering war-zones, to meeting J. Craig Venter, the scientist who “unlocked” the human genome, to attending a conference in the UN General Assembly, where I personally questioned UN Secretary General Ban Ki Moon and former USSR President Mikhail Gorbachev.

It is hard being away from home for the most romantic season of all, and I do miss Michigan greatly and all those waiting for me there. But I’m not done with my studies or adventures here. To poorly combine the wisdom of Pete Seeger and Robert Frost, to each there is a season, and I still have miles to go before I return.

Although Kevin enjoys the autumn air in Europe, he wants you to know the scenery in Michigan is just as beautiful.
Letter to the Editors

Dear Editors:

This weekend I attended a conference of Room for All. As a result, I have never been prouder of the Reformed Church in America. Room for All is a pocket religious group. I understand the need for crisis intervention that was provided by the counseling center. The discussion also raised serious questions within the fabric of the Hope College community," said Frost. 

The Anchor reported that one student left Hope after feeling alienated by the strong religious convictions present on campus. 

Students came away with a clearer idea Hope College," said Frost. 

The Anchor also noted that the vast majority of the church fell on the wrong side of the fence on this issue of human rights and human dignity. Christ invites us to full authenticity. We are held and forgiven. It has already been paid for.

We are carried home and held by our beloved. God does not weep over homosexuality, as we are, but sobrely accepts and flambouyantly creative God. God does weep, however, over all that is dehumanizing, depersonalizing and shaming. Christ of the cross continues his mission of tolerating in the act of greatest humiliation and persecution, the crucifixion. In this same act he forgives us all. Evangelist Peggy Campolo said on Friday, "When the Church opens its doors to you (all LGBT people and their allies), and it will, you pray that you will find strength from Jesus to forgive all those who kept you out." I have never been prouder to follow Jesus. Truth be told, I have wanted to flee the church entirely.

Today I am born again. I have heard of the radical love of God my entire life, and now, thanks to this weekend, I am starting to believe this love is still present in the Reformed Church. The people in darkness have seen a great Light. There is room for all in the Reformed Church in America. Believe it.

Yours in Christ, 
Karlis Rose Granberg
Michaelson Hope Alum ’09

Homosexuality and faith speakers caused controversy on Hope’s campus

For some students on campus, dealing with this issue resulted in the need for crisis intervention that was provided by the counseling center. The discussion also raised serious questions within the fabric of the Hope College community," said Frost. 

The Anchor reported that one student left Hope after feeling alienated by the strong religious convictions present on campus. 

Others believed the homosexuality discussion was beneficial.

Dr. Tracey Ore (’84), a sociology professor at Saint Cloud State University and Hope College, said, "I am very happy to give her testimony as an open lesbian and to support students during this time." The Winner and White were on campus.

Many gay and lesbian students felt supported for the first time on campus, said Psychology Professor Jane Dickie. She said that those that came to the counseling center to continue the conversation also felt enormously supported. "Students came away with a clearer idea Hope College," said Frost. 

"I encourage everyone to open their minds and listen to what others have to say," said Amanda Schneider (’99) in The Anchor’s March 17, 1999 issue. Dickie said, "I encourage everyone to open their minds and listen to what others have to say."
Swim teams begin season with dual meets

Men's team splits weekend with win over Albion and loss to Carthage College

Daniel Owens

Months of two-a-day practices on top of the already challenging college workload can be difficult even for the most dedicated swimmers. However, after winning the past two MIAA championships, the team is excited to see what the season will bring.

"We are looking for big things this year," senior tri-captain Matt Ray ('10) said. "Most importantly, we are shooting for our third straight MIAA championship. We recruited a great group of freshmen, and they should be doing very well in this goal."

With six returning swimmers who scored points at Nationals last year, Ray is optimistic about the team's ability to compete at a high level.

"Nationally, we are hoping for another strong performance, and we want to qualify as many men as possible," Ray said. "The challenge is to get out of MIAA mode and train hard in the month between the league meet and nationals. It is really important to get guys in the water and scoring at nationals, if we can get ten plus guys to qualify individually, we should have a very good showing."

"We are a solid group of underclassmen to complement the star-studded seniors," Ray said. "Jeff Shade ('12) set a school record in the 1000 and 1650 freestyle last year, and Andrew Rose ('12) and Patrick Frayer ('12) should be very strong in the freestyles as well," Ray said. "Bryan Parker ('12) is also very promising in the butterfly events."

Ray expects the class of 2013 to make an immediate impact. He said, "Look out for Josh Grabias ('13), who will be competing in distance freestyles. He brings in very impressive times from high school along with Nick Haekamp ('13), who will be a key swimmer in the backstroke events. Geoff Ludema ('13) and Gregg Elhart ('13) are also expected to be contributors in breaststroke and sprint freestyle events."

Another source of excitement for the team was their summer trip to Spain.

"The trip was very beneficial for the team," Ray said. "Not only did it create great memories for us to hold onto during the season, but it also helped us appreciate the opportunities we have to compete at the collegiate level. Spain doesn't have college swimming, so those who are good enough to swim in college have to come to the United States if they want to continue swimming. We are lucky enough to have the chance to participate without having to make such a tremendous sacrifice."

Ray acknowledged that swimming in the United States also comes with a price.

"Spending over four hours a day at the Dow can have its negative effects," Ray said. "Social lives have to be put on hold for the team. " Ray said. "Not only are we shooting for the team, " Ray said. "For better teammates. Our team has a lot of heart, and it is very evident every time we walk onto the pool deck."

Women defeat Albion, 140-90, and Carthage, 135-101, over weekend

Kael Kast

The Hope College women’s swim team is in position to contend for a Michigan Intercollegiate Athletic Association championship with a balanced roster of both freshmen prospects and many returning letter winners.

"The leaders of the team are 16th in the 400-yard individual medley at the NCAA Division III championships. Sohn had team-best performances in five events her freshman year. Other returning swimmers include sophomore Chelsea Wiese ('12), who had a team-best performance last year in the 200-yard individual medley and junior Ashley Jasperne ('11) who had a team-best performance last year in the 100-yard butterfly."

Coach John Patnott has led the Flying Dutch for the past 29 years. He has had much success with the program, winning 11 conference titles in 18 years. Patnott has taught co-captain Vogelzang to set high goals for herself.

"I have learned to set high expectations for myself and for our team," Vogelzang said. "Every year there are many individual surprises, and we often exceed the goals we have placed for ourselves."

The team members are ready to tackle the new season, especially Vogelzang.

"As this is my last year, I am so excited to grow more as a team," she said. "I am extremely proud of how far we have come, in the pool and out and I could not ask for better teammates. Our team has a lot of heart, and it is very evident every time we walk onto the pool deck."

"The team members are ready to tackle the new season, especially Vogelzang."

"As this is my last year, I am so excited to grow more as a team," she said. "I am extremely proud of how far we have come, in the pool and out and I could not ask for better teammates. Our team has a lot of heart, and it is very evident every time we walk onto the pool deck."
Hope hockey undefeated early in the season

James Nichols
Assistant Sports Editor

The Flying Dutchmen are currently 6-0 under Coach Chris Van Timmeren. The team began the season by winning all three of its games in Midland, to win the Schupan Memorial Tournament. Since then, the Flying Dutchmen have won three more games, including the home opener at The Edge Ice Arena against Lawrence Tech Friday night.

“As a team, we expect to play our best,” said Van Timmeren. “Never quit, and represent the school and program with class.”

So far, the team is doing just that. With nine returning juniors and seniors, experience and leadership on the team abound. Dan Bolt (‘10), Matt Schrader (‘10), and Austin Sonneveldt (‘10) lead the team as captains this season.

Van Timmeren expects many of the returning players to shine on the ice. Dave Nowicki (‘12) is quickly becoming formidable in the net. In front of him, defensemen Dan Bolt, Will Guerin (‘11) and Kyle Plachta (‘11) make it difficult for opposing players to get a shot off against Nowicki. Forwards Matt Schrader (‘10), Austin Sonneveldt (‘10) and Brett Kopinski (‘11) are poised to score numerous goals this season.

The ten freshmen joining the team this year show promise. Jake Green (‘13) fits in well on the first line alongside Schrader and Kopinski, said Van Timmeren. Anthony Gasparotto (‘13) and Nick Cornicelli (‘13) are doing a solid job at defense. Also in a good position to see playing time is goalie Sean LaDouce (‘13).

“The freshmen this season have brought great energy and enthusiasm to the locker room that we have not had in many years,” said Van Timmeren.

“Upperclassmen seem reinvigorated from last year’s short coming at the national tournament.”

Last season’s ninth place finish was the Flying Dutchmen’s worst ever at the American Collegiate Hockey Association tournament. Hope’s best finish came in 2002-03 season when they placed second.

They have made it to the American Collegiate Hockey Association tournament every year since the 2001-02 season. Van Timmeren does not seem very worried about making it to the tournament.

“If that (this season’s play) gets us to the national championships in Florida, then great,” said Van Timmeren. This coaching philosophy could be the reason for the Flying Dutchmen’s tremendous success under Van Timmeren’s tutelage.

Van Timmeren has led the Hope ice hockey team to eight straight winning seasons with an overall record of 200-65-8 for an winning percentage of .75. No NHL coach, current or retired, has had a winning percentage that high.

Van Timmeren has been ACHA Coach of the Year twice, the first time in the 2006-07 season and again in 2007-08. Before the Flying Dutchmen can focus on the ACHA National Championships in March, though they must get past the rest of the teams on their schedule.

“Every game we play from here on out will be important,” said Van Timmeren.

Hope’s next game will be against Grand Valley State University Friday and Saturday.

Friday’s game will be at Grand Valley’s Georgetown Arena, and Saturday’s game will be home at The Edge.

Rival Calvin College will come to The Edge on Dec. 5. The day before, Hope and Calvin will face off at Jolly Roger Rink, Calvin’s home rink.

Last year, Hope swept Calvin, first with a 7-4 victory at Calvin, then with a 3-2 shootout victory at The Edge.

Determination— Andrew Haggerty (‘12) focuses during the recent hockey game against Dordt College.

Cross country wraps up season at MIAA championship meet

Chris O’Brien
Assistant Sports Editor

Halloween morning marked the end of the MIAA season for both the men’s and women’s cross-country teams. Both teams finished in second place overall behind Calvin who, scored perfectly in both men’s and women’s races.

For senior captain Ryan Jara, this marked his fourth and final MIAA championship of his career.

“It’s different; I don’t know if this will be my last meet or not,” Jara said.

The week leading up to the race was not a normal week for Jara. He felt a different variety of emotions leading into this race than he felt about other competitions.

“I am a little more nervous,” Jara said. “This is my last chance. I want to finish my career strong.”

The MIAA championship race determines the final placing of the teams, but also determines which runners will move onto the regional finals.

With this in mind, Jara planned his workouts specifically for the heavily important MIAA championship race all week long. The idea was to preserve energy for Saturday.

“I dropped the mileage from eight miles a day down to six and a half, dropping the intensity on the workouts,” Jara said.

In his career at the MIAA championships, Jara finished eighth on the team in both his sophomore and junior years, and in the high 20s overall his senior year. Jara was on varsity as a freshman, but laughed about his experience that year.

“Freshman year I was not very good,” Jara said.

For Jara, this race had the potential to be his final one as a member of Hope College’s men’s cross country team. Only the top seven finishers from the team and alternate runners are selected by the coach to continue onto the regional finals race.

Jara made it to regionals last year and finished fifth on the team.

Going into the MIAA Championship, Jara hoped to finish in the top 30 of all the runners competing.

He crossed the finish line Saturday afternoon in 18th place overall.

“Most of the guys on the team have run them before,” said Jara.

Regional will take place on Saturday, Nov. 14, at Rose-Hulman, Ind., at 11 a.m.