Student Congress: who they are, what they do Planning activities, allocating funds among many important jobs representatives handle

Hannah Gingrich Guest Writer

A common misconception about "student governments" in general is that they are either powerless, happy or ineffective. Student Congress at Hope College strives to be neither.

When asked what plans were in the works for Student Congress this year, Vice President Elyse Thompson ('14) said they aim to plan more Student Congress activities.

Thompson wishes Student Congress could have more visibility, as well as more involvement from the student population.

"I want people to know that they can approach us with ideas or email us with concerns or questions. We’re supposed to be the link between the students and the running of the school," said Thompson.

Student Congress features a sustainability task force responsible for the stickers bearing the phrase "Consider Using Less," which appeared on paper towel dispensers throughout campus last year.

They also influenced the decision to switch to single-stream recycling in the hopes that recycling will become more widespread at Hope. This year there could be sustainability initiatives such as a recycling competition between living units or a repeat of last year’s successful energy competition between cottages.

This year they are considering including a redistribution of residence districts due to the significant change in living situations in the past couple years as the number of freshmen has soared. They hope to make representation fairer.

"We’re thinking that maybe apartment or cottage districts are being underrepresented," Thompson said.

Another item on their to-do list is reconstructing the Student Congress constitution, a task that surfaces every five years.

Every member of Student Congress is voted into office, except for the secretary, webmaster and parliamentarian, who apply. Some members campaign to be elected, and others do not, but it is still possible to be written in. Residence representatives are voted for during the fall semester.

Voting for class representatives is in the spring.

Student Congress consists of 40 people. The executive board includes President Ashley Fraley, Vice-President Thompson, and controller Nick Roen.

The controller, similar to a treasurer, leads a sub-committee of Student Congress called Appropriations, which allocates half a million dollars to student organizations.

In addition to the executive board, there are two representatives from each class, one male and one female. The freshman representatives are chosen later in the year to allow for them to develop relationships with their peers.

There are also representatives from residence halls, cottages and other living units. The size of the dorm determines representation. For example, there could potentially have three.

"We wear business casual to our meetings and we do have a very structured meeting format." For more information, visit http://www.hope.edu/student/life/congress/.

EXECUTIVE BOARD— Student Congress Controller, Nick Roen ('13), Vice-President Elyse Thompson ('14), and President Ashley Fraley ('14).

Lichty and Van Vleck share a representative, while Dykstra could potentially have three.

Student Congress also has a secretary, a webmaster and a parliamentarian, who help with the formal procedure of the meeting. "I think the tone of it is a little more serious [than high school]," said Thompson.

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GO PINK FOR THE CURE

October is Breast Cancer Awareness Month. Hope College students can participate by wearing pink and buying an assortment of baked goods on Wednesday Oct. 3.

The Delta Phi sorority is going Pink for the Cure, in an effort to raise awareness as well as funds for the Susan G. Komen Foundation. A bake sale will be held from 9 a.m. until 5:30 p.m. at three different locations across campus: between Kollen Hall and DeWitt, between Van Wylens and Schaap Science Center, and on the Maas side of Phelps.

IN BRIEF

BENEATH THE WHITE PILLARS— Pillar Church, founded by the Rev. Albertus VanRaalte and dedicated in 1856, is a survivor of the 1871 fire in Holland. Many of the first members were immigrants from the Netherlands.

Yet this community is immersed in rich history and is beginning to sing a new song by showing the Holland community that it is taking its Christian ministry seriously: the ministry of reconciliation.

In 1882 Pillar Church was at the center of a great divide between what is now the Reformed Church of America (RCA) and the Christian Reformed Church (CRC). The split was official when members actually wedged the church's front doors shut with thick metal chains and axe handles, making the church Holland's first CRC congregation, while their RCA brothers became the first Reformed Church of Holland.

Decades passed, and the neighborhood makeup surrounding Pillar Church shifted, as college and Latino populations began to integrate into Dutch family neighborhoods. Those in leadership positions at Pillar, including Pastor Chris DeVos, began looking at ways the church could grow to better fit the culture around it.

A vision was born for reconciliation between the two reformed denominations, and the church began to look for a RCA pastor who would share in the ministry of Pillar Church as a unified reformed congregation. Pastor Jon Brown, who was raised in Holland and a student at Hope and Western Theological Seminary, answered that need. As his wife, Kristyn, put it, Brown was "uniquely fitted" to be one of the pastors in Pillar's reconciliation endeavor back in his hometown. Although he has been a pastor in the Pacific Northwest for the past nine years, he and his family moved back to Michigan this summer.

Both DeVos and Brown have taken careful effort to define this "reconciliation" movement both in light of their immediate church and on a larger Christian scale. Brown notes that reconciliation is not "a social program, initiative, or strategy to get what you want." Instead, he points to 2 Corinthians 5, explaining that Christians see PILLAR CHURCH, PAGE 10
Timothy Cook
GUEST WRITER

After several months of denying behavior, Mitt Romney finally made public his 2011 tax returns. Until only recently, Romney cited privacy as his reason for refusing to release any more than two years of his tax returns. The exact rationale for Romney’s change of heart is unclear; some think that it is part of the Romney campaign’s refocus, which has attempted to steer the Republican candidate toward the economy. Others point to the now-infamous leaked video in which Romney laments 47 percent of the country’s voters as being “victims,” dependent upon the government, who will never vote for him.

Regardless of the decision making process that prompted the release of the returns, it is clear that the Romney campaign is struggling to maintain popular support. As of Sept. 28, polls in all of the key swing states show Obama in the lead. Romney, on the other hand, enjoyed only a slight post-convention rise in poll numbers that have subsequently been sagging. For Romney, it is possible that releasing the tax returns was a necessary gamble to give voters the information they need in order to make an informed decision. It is possible that he hopes this move will allow him some reprieve from many, often inaccurate accusations concerning his tax records and foreign business investments. As the actual documentation shows, the reality is somewhat different. Romney paid a tax rate of around 14 percent on his 2011 records, and from 2010 to 2011, his tax rates never dropped below 13 percent. In 2011, the Romney family paid the government $1.9 million in income taxes.

These numbers sound large, but when they are taken as a percentage, it gives some validity to the claims against him. In its most basic interpretation, the tax code says that any American who makes more than $83,850 must pay 35 percent of their income in taxes. Since Romney’s income well exceeds this amount, he appears to be paying much less than he should.

In reality, the U.S. tax code allows for a wide range of deductions for various reasons, depending on how a given income is spent. A seasoned businessman like Romney, who gets returns from a plethora of investments and assets, is well positioned to take advantage of these deductions. This is not to say that Romney played the system to pay as little money as he should. Romney and his wife actively denied certain tax deductions on $1.75 million in charitable donations.

It is possible that foreseeing some of these deductions was Romney’s way of making sure that his tax rate never dropped below 13 percent, thus allowing the statements he made before the tax returns were released to be technically true. Even if releasing these documents helped validate his previous statements, he cannot help but contradict another statement he made about his taxes. Romney had earlier stated in ABC, “If I paid more than are legally due, I don’t think I’d be qualified to be president.” It remains to be seen how Romney’s move will affect the polls in the upcoming weeks as the election draws closer.

GOVERNOR MITT ROMNEY IN VEGAS—Republican presidential candidate Mitt Romney released his 2011 tax returns showing he and his wife paid $1.94 million in federal taxes.

PROTESTER DAN WALTERS OF BOISE—Protesters claim that they have a right to know if the food they are having contains GMO or not.

This proposal, the creation of the Michigan roadway in June that its studies suggest the bridge will create 12,000 jobs during the four-year construction phase, and between 6,000 and 8,000 permanent jobs. It will also, CAR sustainability director Kim Hill says, “allow Michigan to receive Federal matching funds that can be used on other highway infrastructure projects throughout the state, helping to improve Michigan’s highway system.” The People Should Decide Committee has been advertising this year advocating the proposal against the bridge. One of them has an interview with former Michigan police officer Dan Schewe, “I believe that the money could be spent elsewhere,” Schewe says, “to enhance public safety in the state of Michigan. How can they tell us there’s no money for police officers or fire fighters and they’re claiming the money for a bridge?”

A representative of the governor’s office said in a press release, "One special interest, however, has a near-monopoly on truck traffic between Detroit and Windsor. They don’t want to see that project completed, so they’re spending a tremendous amount of money on TV ads on the issue." Snyder, in one of many responses to the six ballot proposals, says, "Canada has been a great partner in doing this, because they’ll pay for our portion of this project. We have a legal agreement, we have public statements to say they’ll be repaid out of public construction dollars.” Although Snyder will remain in office for two more years, this issue could weigh heavily in his upcoming campaign.

Megan Stevens
GUEST WRITER

In an effort to bolster the state’s economic woes, Michigan Gov. Rick Snyder continues to work with the Canadian government to build a $2 billion bridge across the Detroit River, linking Detroit with Windsor, Ontario. In the coming election, Michigan voters will be asked to decide whether to support the future of the bridge, many more to come with Proposal 6.

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After failing to find support for the bridge in the state legislature, Snyder and the Canadian government began negotiating an agreement in which the Canadian government would loan the Michigan government $550 million for their share of the bridge. The Center for Automotive Research in Ann Arbor announced in June that its studies suggest the bridge will create 12,000 jobs during the four-year construction phase, and between 6,000 and 8,000 permanent jobs. It will also, CAR sustainability director Kim Hill says, “allow Michigan to receive Federal matching funds that can be used on other highway infrastructure projects throughout the state, helping to improve Michigan’s highway system.”

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**ARTS**

**Taking on the fairest of them all**

Daina Robins, the director of "Helen" shares her thoughts about the theatre department's first production

Maribeth Van Hecke  Guest Writer

The Anchor had the opportunity to sit down and talk to Daina Robins, the director of "Helen," the theatre department's fall play, which opens Friday at the DeVitt Theater. This five-character production written by Ellen McLaughlin takes a spin on the play by Euripides, challenging society and fame. Robins lets us see behind the curtain and into the story of "Helen."

**The Anchor: What makes a good show?**

**Daina Robins:** In big terms, I can say artistry, creativity, insight, relevance, beauty, which I use loosely because something grotesque can be beautiful, something horrible can be beautiful, depending on your perspective.

**TA: What is "Helen" about?**

**DR:** "Helen" is about a version of the myth of Helen of Troy in which she did not go to Troy with Paris, but rather to Greece. It questions about Helen, rather than just stereotyping her as the face that launched a thousand ships, the most beautiful woman in the world.

**McLaughlin brings up the image of the [Diana Robins, the director of "Helen" shares her thoughts about the theatre department's first production]**

**TA: What is the most important aspect of the show?**

**DR:** [McLaughlin] asks questions about Helen, rather than just stereotyping her as the face that launched a thousand ships, the most beautiful woman in the world. [McLaughlin brings up the image of the [Diana Robins, the director of "Helen" shares her thoughts about the theatre department's first production]]

**Beauty and art in the heart of Grand Rapids**

Leigh Clouse and Irma Cruz  Arts Co-Editors

For its fourth year, ArtPrize has come back bigger and better than ever. Taking place in Grand Rapids, it is the world's largest art competition with 1,517 entries and 161 venues that cover three square miles. The contest distinguishes itself from other art competitions in that it allows anyone over 18 years of age to enter the contest, and it allows any space in the ArtPrize district to be a venue. It rewards a whopping total of $560,000 to select participants: $360,000 derive from public vote and the additional $200,000 comes from the juror's selection. Out of all the possible venues, four have especially appealed to both the public and the jurors: "The Last Ride," an exhibit produced by Van Wagtendonk. His entry is a "5-minute opera." Wagtendonk describes it as "the place to is a very demanding piece, and the production that was going to occur before had to be something double in a short amount of time."

**So, [we needed] to find a play that could fit those practical considerations: [it] has to have some kind of thematic consideration, it has to raise questions that are important. I have to enjoy how the play has been written, I have to enjoy the characters. [It has to have] something our undergraduates can approach successfully and that undergraduate students will enjoy seeing.

**Dr:** [the response from the liberal arts student population. That it could be funny, but also serious, that it has a historical context that they might appreciate, but also speaks to their contemporary concerns.]

**HIGH DRAMA—Actors from the Hope College theatre department production of "Helen" rehearse a scene from the play early Saturday morning.**

The artist also produced a three-song soundtrack that accompanies the exhibition as well as a publication that includes additional photographs and writings.

For Bullard and Cox, one of the most challenging aspects of putting together the exhibit was getting past fearing their own creative exploration. Bullard explained, "[...] Previous to this project, Chris exhibited colorful landscapes and I have mostly been known for writing pretty songs. So, to put out an exhibition completely of portraits, and then pair them with poems that are getting at some strange, abstract ideas, was a risk. [However, it has been very encouraging and exciting to see friends and family explore and support the project with us]."

Concerning the pair's reaction to their project's opening, Cox said, "We feel really great. At a time where everything is becoming increasingly experienced on a digital platform, we believe in labeled image and artwork as physical object and are happy to share this tangible experience with people."

"Spiritual Lake," along with other ArtPrize entries, are on view until this Sunday. Award winners will be announced on Friday. So, if you have the chance to go to Grand Rapids before ArtPrize ends later in the week, take it.
Are you stressed? We’ll help you carry on

The leaves have changed, the wind has cooled, and the semester is in full swing. Tests, projects, activities, and deadlines crowd the week, pushing back bedtimes farther and farther. So many late nights, early mornings, and packed days erode our energy.

How can I help a friend who is overwhelmed with school and work? First try to get a sense on how overwhelmed your friend is—it is normal for pre-exam stress, or is your friend really struggling—are they showing significant changes in behavior such as excessive sleeping, skipping and/or racking in their classes, or other signs suggesting possible depression? If so, gently talk with your friend about your concerns and discuss reaching out to get some help.

What are a few tips for maintaining a balance between school, work, their classes, or other signs of stress? Good organization and use of time is essential in finding balance. That may sound very boring, but taking care of studying in the middle of the day so that you can “spontaneously” and social in the evening is a good plan. It can also be helpful to plan several short study breaks rather than taking a huge break early in the day or evening and then needing to study into the wee hours of the morning. Also, remember that balance can be achieved by planning ahead—knowing that what is coming in the next few weeks and doing prep work ahead of time can be a real boost during those weeks that are super busy.

What are some common habits that may contribute to stress? Procrastination, lack of sleep, failure to exercise, poor diet, and the dreaded “fear of missing out” can seriously contribute to stress. It’s important to admit that you have a body and your body needs sleep and food and exercise to be healthy and function well.

And, even though this is college, you are not going to be able to do everything. You can actually go to bed, or go do homework when others are having fun. It’s not a great thing, it takes loads of courage, but it can be done!

How can I maintain a positive outlook when I have really tough, draining days to get through? Give yourself permission to not always “be happy.” College life can be hard and stressful, and you are allowed to have some down days. That being said, it is important to, as much as you are able, build some positive activities into your schedule to give yourself something to look forward to. It can be helpful to focus on long-term goals and expected outcomes, rather than always feeling lost in the minutiae of classwork.

I don’t have time to exercise during the week. Is there anything I can do throughout a busy day that will help me relieve stress? Do “mini-exercising”—when walking to classes walk faster than your normal pace, take longer routes if possible. If able, study or do coursework outside to get some fresh air. Try to give yourself some “downtime” each day to destress. If you don’t have time to exercise, then try stretching—seriously, raise your arms over your head and stretch a bit, do some simple and easy stretches. Or, if you are brave—grab a few friends and have a little dance party in the middle of the Pine Grove between classes. It could catch on and then the entire campus would be healthier.

What are some good techniques that can clear a cluttered mind? Try to make time each day to briefly review the various stresses you are experiencing. Identify what and when you can do things to work on those stressors, and then do those when you are able. When those worries slip into your head again during the day, remind yourself that you’ve already made a plan for dealing with that issue, and further worrying will just waste your time. Take a few deep breaths, focus on the task at hand, and do the best you can.
That's the way it is
Jensen Bieber and jazz

I was lucky enough to attend Gillian Granum’s class session entitled “Resolution and Reunion: Jazz, Faith and Reconciliation” last week, where the celebrated author and musician talked about relationships through the beautiful complexities of jazz music. I’ve never been to a symposium where music was the tool of instruction, and I was captivated. Granum described people as musical canvases — distasteful notes on the piano, and had songs to illustrate each step of reconciliation, from the apology to the joy of letting go.

As a music lover, it was such a pleasure to have music and learning mixed together in such a way that it also can be an integral part in our healing, our happiness, our triumphs. There’s music I put on when I’m angry (Eminem) or when I’m sad (Miranda Lambert...country music is heavy metal and U.S. pop

I don’t mean that you have to give other people the room to express themselves through their music preferences, even if you don’t agree with them. Music tells our stories, and whether it be the most banal or heavy bass grooves or a Canadian pop star singing about a phone call, all of those stories are worth listening to, and worth celebrating.

Music should unite us, not divide us. That doesn’t mean I don’t switch between a case of Bieber fever, but that does mean that you have to give other people the room to express themselves through their music preferences, even if you don’t agree with them. Music tells our stories, and whether it be the most banal or heavy bass grooves or a Canadian pop star singing about a phone call, all of those stories are worth listening to, and worth celebrating.

We are an item! Girl, quit playing. ‘We’re just friends,’ what are you sayin’? ‘There’s another,’ and looked right in my eyes, My first love broke my heart for the first time. And I was like...

This recipe comes from a good friend of mine, so believe me when I say it’s fantastic. Just like regular oatmeal, there is a room of options for what you can put in it. Dry ingredients, apples, apricots, cranberries, cherries would all be good in place of the raisins. For a breakfast with real fall flavors, invite dried apples, apricots, cranberries, cherries would all be good in place of the raisins. For a breakfast with real fall flavors, invite

Baked oatmeal offers hugs and kisses. It can be an important step of reconciliation, from the apology to the joy of letting go. As fall approaches, you may find yourself turning to what is comforting and nourishing. This fortifying dish falls in a category completely its own. Nutty, slightly sweet, and light on the stomach; baked oatmeal is a welcome break from the cereal rut. It is not fancy by any means, but it will be there when you need it. It is a friend ready to give you a warm hug on a chilly morning, which is just what you want at 8:27 am, when even a bowl of cereal would take too much time and effort on your way to class. Packed with fiber, protein, whole grains, and fruit, you think of this dish as a granola bar you eat with a spoon, but better. Just pop it in the microwave for a minute to warm it up, or eat while cold (frankly, I sometimes enjoy it more this way). Topped off with a little milk, you have a delicious, nutritious breakfast worth getting up for.

The trick to all this is planning ahead. Because no matter how fancy it might be, there is no way to wake up to an hour earlier just for breakfast. Baked oatmeal keeps wonderfully in the fridge, so I suggest you make a big batch on the weekend to have around for the next several days. I can personally vouch for baked oatmeal’s longevity after eating it for 2 weeks straight this summer following a macaronsalating in enough leftovers to feed an army.

This is your biggest fan, I envy your lifestyle and close-knit family. I wish for my 16th birthday I got the newest Range Rover like Kendall did. I wish that I had new clothes to wear every day like Kim does. The ‘wish list’ could go on and on and on, but the truth is, life is still good without all that the Kardashians have.

What makes good music? I think it can be an escape — because having your parent as a gold medalist isn’t something you can find in yourself. We all have some sort of wealth, whether it’s money, relationships or opportunities, we all are given a life. I am the only one who can measure its worth. Although my life doesn’t have a bottomless fund, it does have a bottomless flow of love from my family, my friends, and Heavenly Father, and I consider that to be true wealth. So live that life you want, Keep on loving what is true/and the world will come to you./You can find it in yourself.

Baked Oatmeal

1 cup rolled oats
3/4 c. brown sugar
1 tsp. baking powder
2 tsp. cinnamon
1 c. raisins or other dried fruit
1 c. Tbsp., chopped nuts, chia seeds, flax seeds
1/4 c. applesauce
1/4 c. plain or vanilla yogurt
2 eggs, beaten
Milk, for serving (optional)

Preheat oven to 350 degrees Fahrenheit. Combine oats, sugar, baking powder, cinnamon, nuts, or seeds in a large bowl. In a separate bowl, combine remaining ingredients. Add the milk mixture to the oats and stir to combine. Pour into a greased 8x8 inch baking dish and bake for 20-25 minutes, or until top is golden brown and liquid has been absorbed. Serve warm, with milk, if desired.

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The grand finale

Here's a story: since the beginning of the year, Alex Brennan and I have been a couple. I cry at the happy, the sad, the funny, the angry moments. There have been many times when I’ve been completely satisfied about my sanity because I will sit there reading a book or watching a movie and I just get filled with joy for the characters that I’ve encountered. I kid you not. The summer of 2010. AKA the summer of the breakup. I was more the better part of four months because of the release of the final Harry Potter movie.

I have tried to figure it out and I have never been able to come up with anything that unites these situations. These are the only ones for one thing: they're all endings. Endings are possibly the worst and sometimes the best that can happen to someone. I remember rejoicing the day of my graduation from high school; sure I was over it, but I was more excited for the future. I remember my grandmother’s funeral too, and I have never been able to think it's possible to actually run away from endings, and I'm not having to experience an ending, the last page of a book out so the actual events and more for#…

A 'fresh' perspective

Bianna Barbu
Columnist

For the love of ‘blueberry eyes’

A couple of weekends ago, this message appeared on the dry erase board that hangs on the outside of my door in Van Vleck Hall: We love you Bri! I had put there by my roommate and a couple of the other girls on my floor who I hang out with occasionally – they live so close to me, it’s easy to tag along with them to dinner or whatever – but when I do, I always feel like a bit of an outsider. I am not a part of their inside jokes, no longer the right to edit due to space constraints, personal or political considerations. A representative sample of every student in the class will be taken. No anonymous letters will be printed unless disclosed with Editor-in-Chief. Please limit letters to 500 words.

Columnist

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Advertisement Policies. All advertising is subject to the terms, conditions, rules, terms and policies stated in The Anchor’s advertisement brochure.

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Advertisement Deadlines: All ad and classified requests must be submitted by the deadline. An issue henceforth grounded in major campus events. The Anchor reserves the right to refuse any advertising.

Our Mission: The Anchor strives to communicate campus events throughout Hope College and the Holland community, we hope to simplify awareness of current events, maintain the best possible representation of the ASH, objective reporting on campus events and personnel.

Disclaimer: The Anchor is a product of student effort and is funded through the Hope College Activities Fund. The opinions expressed in these articles are those of the author and do not necessarily reflect the views of the Anchor. Dear Taxpayers: The Anchor is available for $4. The Anchor reserves the right to refuse to accept any advertisement.

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I would like to thank The Anchor and Alex Belica for their generous coverage of our Front Porch Republican conference, which we held on Hope’s campus. A small group of scholars, we began our website in early 2008 in response to the financial crisis then besetting our nation. Convinced that “too big to fail” was simply too big, and concerned about the direction of our political and economic systems, we recruited an eclectic and non-partisan coterie of writers to examine the political, cultural, and economic challenges of the day and to articulate ways of life more conducive to human well-being.

Mr. Belica aptly captured the conference’s tone of articulating a range of ideas that were likely to offend and/or intrigue nearly everyone. At a time when there is widespread cynicism about our political and economic systems, such non-ideological voices are sorely needed.

In his review of my talk Mr. Belica suggests that while I did a fine job of analyzing the society’s ailments, my speech was short on prescription. Indeed, he identified this as a general weakness of the conference. Additionally, he seemed to think us guilty of nostalgia yearning for a world no longer. When combined with the countless comments of many of our speakers it would seem we have consigned ourselves to inaction.

These are not new charges for us, but I think they are worth responding to. The Front Porch Republic is committed to the themes of place, limits, and liberty. These are the things we affirm, and such affirmation requires careful thinking about the developments that threaten these things, as well as a careful articulation of what these three principles are and why they are worthy of defense.

Given these emphases, it is unlikely any of us are going to apply for visas to North Korea any time soon. It is not our place, and even if we considered making it such (for part of being American is the making of new places) its hostility to human freedom would be sufficient disincentive. Modern totalitarian movements are notable precisely for their refusal to recognize limits.

Neither does the emphasis on agrarianism commit us to living in an exclusively agricultural society. Rather, given the need of all humans for food, a proper recognition of sustainable and well-ordered communities requires attention to matters such as food sources and environmental effects. Given current emphases on local sourcing of food supplies it would seem we are not alone in this.

Modern America is defined by the collapsing of multifarious and independent sources of authority in favor of autonomous individuals ruled by an increasingly intrusive bureaucratic state. The freedom we celebrate is in many ways a sham.

There is perhaps no more pernicious idea than the one that history has a set trajectory that human beings are powerless to alter. Mr. Belica suggests that “we cannot turn back the clock on industrialization.” We probably won’t need to, as industrialization will likely destroy itself. But that’s beside the point, in a sense, because the obvious rejoinder is that we can turn back the clock on these things. I am reminded of a passage in G.K. Chesterton’s “What’s Wrong with the World”: “The only true free-thinker is he whose intellect is as much free from the future as from the past. He cares as little for what will be as for what has been, he cares only for what ought to be. And for my present purpose I specially insist on this abstract independence: if I am to discuss what is wrong, one of the first things that is this: the deep and silent modern assumption that past things have become impossible.”

There is a predominant whig interpretation of America as open to never-ending progress and ever-greater expansion. Both major parties in this country have swallowed this idea whole, and both have therefore set us on a ruinous path. There have always been voices, however, often silenced, which have counseled restraint, smallness, and a moderation in the desire for community in concrete, immediate, and humane ways. The centralizing path (both political and economic) America has traveled has come at the cost of a vital and complex social sphere.

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OCTOBER 3, 2012

**SPORTS**

Hope edged by Calvin

KNIGHTS TRIUMPH DUTCHMEN— More than 2,100 fans filled Van Andel Arena on Sept. 26 as Calvin slipped past Hope, 1-0, in an MIAA battle featuring the two great rivals. Brandon Underwood ('15) tries to shake off a Calvin defender. Hope is now 6-4 overall.

How do Hope athletes prepare for competition?

Five Hope athletes across five different sports share what they do to get ready for opponents.

**Timothy Klaus**

*Football*

"Before matches our golf team always puts, chips, hits and prays with our coach. We all try our best to get in a confident and positive frame of mind before teeing off on the first hole. It's crazy how much of a mental game golf is. Having a right frame of mind is just as important if not more so than swing mechanics."

**Charlotte Park**

*Women's Golf*

"I enjoy being by myself to focus and try to calm my anxiety before the race. Sometimes I'll take a walk, other times I'll listen to my iPod, but either way I focus on taking deep breaths and conserving energy until I toe the line. It's sort of like my calm before the storm. After I put on my mismatched green and orange socks and strategically place my racing bib onto my jersey, I'm ready to do some strides with the team. The team huddle pumps everyone up, each person aware that every teammate is willing to give it their all and put it all on the line."

**Jessica Maier**

*Volleyball*

"We usually arrive at the locker room about a half hour before we meet as a team. In this half hour we all hang out, talk about our days, and braid each other's hair. An hour and a half before game time we meet as a team and do a 'fire-up' or pregame pump up session/preg talk. After 'fire-up' we go over our scouting report, pray, and head out into the gym to warm up."

**Sam Pederson**

*Men's Cross Country*

"My pre-game routine consists of nervous excitement all day, hydration to the max, and lots of music. Since college it has involved dancing and screaming with my teammates/roomies before we leave for the field, and on the bus zonning out to my favorite pump up jams and picturing myself being successful on the field."

**Nora Kirk**

*Women's Soccer*

"Each week as I prepare for the upcoming opponent the most important thing I do is watch film on the opposing team to learn their plays and find patterns in their offense to help me on the field. When game day finally arrives I always start to amp up for the game by listening to my favorite hard-rock/alternative bands. When I start getting dressed for the games I always put on my lucky Under Armour shirt that I've worn since high school and then finally right before game time I always take a five hour energy shot."

**Brandon Underwood**

*Women's Soccer*

"Each week as I prepare for the upcoming opponent the most important thing I do is watch film on the opposing team to learn their plays and find patterns in their offense to help me on the field. When game day finally arrives I always start to amp up for the game by listening to my favorite hard-rock/alternative bands. When I start getting dressed for the games I always put on my lucky Under Armour shirt that I've worn since high school and then finally right before game time I always take a five hour energy shot."

PHOTO BY MONICA DWYER

**THIS WEEK IN SPORTS**

Wednesday  
Oct. 3
Women's Soccer
vs. Calvin at 4 p.m.

Friday  
Oct. 5
Volleyball
vs. Albion at 6:30 p.m.

Saturday  
Oct. 6
Football
vs. Olivet at 1 p.m.

**IN BRIEF**

**WOMEN'S SOCCER WINS AT ALBION**

On Friday the women's soccer team defeated Albion, 8-1, advancing Hope's record to 4-2 overall. Albion quickly scored a goal in the first two minutes of the game, but the Dutch answered quickly with six goals in the first half. Lindsey Bieri ('15) scored three goals and Raissa Yewah ('14), Maddie Estrada ('14) andillian Nichols ('13) each contributed one goal. Hope put the game away in the second half, with Kristin Hazlett ('16) and Amanda Krause ('16) recording one goal apiece.

Erin Jipping ('13) and Kristina Bosch ('14) each had two assists. The eight goals scored by the Dutch was the most they have tallied in a game since 2005, when they scored nine against Davenport.

Bieri now leads the team with six goals. Bosch and Lindsay Jipping ('13) both have dished out four assists, leading the Dutch for the season.

The Flying Dutch will host MIAA rival Calvin on Oct. 3 at 4 p.m. at Van Andel Arena.

**MIAA PLAYERS OF THE WEEK**

**Women's Cross Country**

Sheri McCormack ('14)

**FOOTBALL BOWS TO ADRIAN**

The Flying Dutchmen lost their first conference game on Adrian's turf on Saturday, 24-0. It was Hope's fourth loss in a row, making them 0-1 in the MIAA and 1-4 overall. Adrian scored points in every quarter while the Flying Dutchmen crumbled under Adrian's defense, completing only nine first downs, compared to Adrian's 25.

Michael Atwell ('14) threw for 159 yards and Taylor Bryarret ('15) caught five passes for 71 yards.

Hope will have their third home game on Oct. 6 against Olivet at 1 p.m.
Mitchell finding her niche

Freshman volleyball player is making an impact

Caitlin Rivera
ASSISTANT SPORTS EDITOR

This year Hope College's volleyball team has been dominating both in the MIAA and out of conference. They are currently ranked number four in the country with a record of 14-2, including a 5-0 record at home in DeVos Fieldhouse.

Allie Mitchell ('16) a new strong back row player, thinks Hope will be in the running for the national championship, which will be hosted by Hope.

Mitchell, looking toward pursuing a career in nursing, chose to come to Hope to play volleyball and also because she was attracted to Hope's "small Christian feel."

The Flying Dutch's roster has six freshmen, and Mitchell tends to shine in the back row.

On Sept. 8, Hope defeated Kalamazoo and Mitchell leads the team in aces and digs; holding her season records of four aces in a game, and 16 digs in a game.

Her season highlight was possibly in the Great Lakes Challenge tournament at Wittenberg on Sept. 15.

Hope was playing Washington, who was ranked ninth, and Mitchell holds that ranking. In the fifth set the score was tied 15-15.

Mitchell served two back-to-back aces to take the game for the Flying Dutch, leaving Washington with their only loss of the season.

After a month of season play, Mitchell is getting a feel for balancing volleyball with schoolwork.

"I had a few late nights doing homework after games, but other than that, it's been manageable."

As a freshman, Mitchell has been slowly becoming accustomed with her coach, teammates and Hope.

Mitchell says she adores her teammates.

"When I'm super stressed about school, they keep me sane," says Mitchell. "I love having that family to go to."

Mitchell also speaks highly of her teammates: Becky Schmidt. She says she loves her energy and even claims that Schmidt, "has more energy than all of us girls combined."

Mitchell has discovered that playing at Hope is much different than high school volleyball.

"It's a much higher level, but that's what makes it so fun," said Mitchell. "Playing against the top ranked teams in the country makes it so competitive and fun."

Mitchell came out strong against number two Calvin on Sept. 21 with nine digs and an ace, but the Flying Dutch didn't have enough in them to defeat the Knights.

Mitchell and the rest of the Flying Dutch hope to be in the national championship game, which will take place in Hope's own DeVos Fieldhouse in mid-November.

"We definitely have the potential to make it there," Mitchell said. "Hopefully everything comes together at the right time and all of our hard work pays off to make that dream a reality."

Mitchell hopes to continue her impact on the court. Through 16 games she has totaled 117 digs and has 22 service aces.

The Flying Dutch will continue their season with conference games this weekend.

On Saturday, Hope hosts Albion at 6:30 p.m. On Saturday, Hope will be away at Adrian at 1 p.m.

The Flying Dutch will be busy during Homecoming Weekend as they are scheduled to host the Midwest Invitational on Oct. 12 and Oct. 13.

Hope will start the tournament against Wisconsin Lutheran and UW-Whitewater on Oct. 12, and continue on Oct. 13 with games against Elmhurst and Dominican. The games will coincide with Homecoming.

Flying Dutch claim Rivalry Challenge

Kyle Bernacick
GUEST WRITER

On September 28 and 29, the women's golf team compiled a sweep of rival Calvin College by winning the two-day Rivalry Challenge.

The Knights of Calvin hosted the first half of the challenge at Thornapple Point Golf Club on Friday. Hope dominated the course early, posting a series of low scores.

Brittany Haight ('15) and Montana Leep ('16) completed their round with a score of 83, propelling the Flying Dutch. Close behind was Charlotte Park ('13) shooting an 84, Chelsea Root ('16) at 85 and Andrea Powell ('15) at 93.

The top score of the day was shot by Calvin's Carla Canto, with an 80.

On Saturday, the round was hosted by Hope and played at the Macatawa Legends Golf Course. Three golfers shot in the 70s.

It was a day for the records, as the Flying Dutch cruised to victory, with a two-day total of 652 (compared to Calvin's 688).

The Flying Dutch established a women's collegiate course record with a four-player total of 317 strokes.

The previous mark was held by Olivet (318) in an MIAA jamboree that took place in 2009.

Despite the strong showing by the Flying Dutch, Canto was Saturday's medalist, firing an 80-75—155. Leading Hope at a close second was Haight ('15) at 83-77—160.

This two-day sweep came after a heartbreaking second place finish to Olivet at the MIAA jamboree on Sept. 26. The event was hosted by Saint Mary's, and the Flying Dutch were only five strokes behind the Comets at the end of the day.

Hope is now midway through the MIAA season, posting a second place spot with 1,006 strokes behind Olivet with 973 strokes.

Three golfers are within the conference top ten. Haight is third overall with an average score of 81.3, #9 Park 84.3, and #10 Montana Leep 85.0.

The Flying Dutch look to continue their victorious ways as the conference championship edges closer.

In order to take great strides, the women are seeking the consistent impressive play they are receiving from their underclassmen, while the veterans use their experience to the full advantage.

After meets versus Trine and Adrian this week, the Dutch look to finish their fall season strong. The MIAA Championships are set for Oct. 12 and 13 at the Bedford Valley Country Club.

Friday, October 12
3:30 p.m., Lubbers Hall 121

History, Law School and the Practice of Law

Three Hope History alums will discuss how their major prepared them for law school and careers.

Moderator: Professor Janis Gibbons

- Tim Fry is in his final year at Northwestern Law School in Chicago, IL.
- Chris Caldwell practices at Varnum Law in Grand Rapids, MI.
- David Charnin is Managing Director, General Counsel and CCO of Strategic Value Partners, LLC, in Greenwich, CT.