Odd Year is victorious in 113th Pull

Lindsey Bandy

On Saturday, Sept. 25, the 113th Pull took place across the Black River. Alumni, family and peers lined the respective pits to cheer on their even or odd year team.

For the first time in several years the Pull lasted the full three hours after being called at 6:15 p.m. at which point it was determined that the sophomore Class of 2013 was the winner. They won taking 28 feet and 7 inches.

In reference to the odd year win, Pull representative Stephanie Khan ('11) said, “This ‘13 team was really an exceptional group with so much heart. Their drive and care for one another is what got them through Pull day and ultimately in the river. They undoubtedly earned every inch of rope they took, and I am so proud of all of their hard work!”

After last year’s devastatingly short competition, resulting in a loss, the ’13 Pull team was seeking to redeem itself in this year’s hard-fought competition.

Odd year puller Mike Van Laan echoed Kahn’s enthusiasm saying, “It was an indescribable feeling when the three hours were all over and knowing that we had just won! All of our hard work, sweat, blood and tears had paid off and words cannot express the feeling of relief and accomplishment that went into the three words our coach said at the end of the three hours, ‘Reel it in!’

Although the victory went to odd year, even year stood proud of the effort they put forth. Even year Pull representa-tive Jamie Benjamin ('12) said, “Though the tradition remains the same, none of the Pull days I have seen or been a part of have been like it—so I really had no idea what to expect on pull day this year. I did hope for a couple of things though: a full three-hour competition and for my team to give everything they had. Looking back on those two things, I can’t say that I was the least bit let down about how things went this year, and I am already excited to see what next season will bring!”

Even year puller Andrew Cutshall ('14) said, “Even though we didn’t get to take a swim, our team has no regrets and can say without a doubt that we left it all on the rope.”

Even year coach Isaac Sprik said, “Though the result was not in even year’s favor, both teams did great and it was a great step for Pull to last the full three hours. I want to say thanks to all the pullers and moralers who made it such a great pull and built upon this great tradition.”

Meagan Dodge

The smell of charcoal, apple cider and doughnuts filled the air Saturday, Sept. 18, in the parking lot of the Keppel House. This was the first event for The Hope Way 2.0, which is a way for upperclassmen to meet and share insight with the freshmen and sophomores at Hope.

Five years ago Hope was inspired to start this group by “The Duke Way” Duke University’s head of basketball, Coach Mike Krzyzewski, paired upperclassmen with freshmen for a whole year to create a bond which unified the team. Hope plans on using this technique to create a more unified campus.

With events such as four square and other interactive games this environment allowed students an alternative for experiencing new interactions.

Paul Boersma, a member of the campus ministries team, said, “I hope to create an environment in which it was easy to interact, and something that wasn’t too cheesy.”

At the event, students were asked to put their phones away and to focus on the people who were with them at the time. The upperclassmen were told to take initiative to introduce themselves to somebody he or she did not know. Boersma believes that the upperclassmen have “real power” to change the “culture of the campus.”

According to the Campus Ministries website, “The Hope Way 2.0 is not a program but a type of formation taught through ‘hanging out’ with each other.”

Campus Ministries wants to provide events where students do not have to worry about impressions, but instead relax and have fun while doing it.

Lydia Wathen ('14) said, “It was great to get to know the people I already knew better and to meet more cool people!” This was the attitude for many of the students who came to the Keppel House that night. The students were asked to step out of their comfort zone and they did. Students of every age were well represented.

SWEET REDEMPTION— The sophomore class redeemed itself in this year’s Pull contest in a three-hour, hard-fought battle by both sides. Left: ‘13 Pull coach Nick McBride inspires his team. Right: Charlie Rowderlink ('13) and Annalise Larson ('13) embrace in victory as the ‘13 Pull team celebrates its win.

Campus Ministries launches ‘Hope Way 2.0’

The Anchor; September 29, 2010; Holland, Mich.; Vol. 124 No. 4

Pull Day Taking a closer look at the Pull from both sides of the river.

Page 6-7

Hope Slams Calvin— Hope soccer wins Calvin rivalry game.

Page 12

Photo by Meagan Dodge

Garrett Anderson ('11) and Bryant Russ ('11)

enjoy the Hope Way 2.0 kickoff which turned into a dance party.

Photo by Meghan Vanderveele

Kris Benan

enjoy the Hope Way 2.0 kickoff which turned into a dance party.
Japanese students experience Hope

CAMPUS

SEPT. 29, 2010

This Week at Hope

Thursday  
DEMA Open House  
3:30 p.m. - 5 p.m., Van Zeeven Hall, learn about Hope College’s majors in management, accounting or econom ics. Hosted by Hope College’s Busi ness Club.

Friday  
*Brown Bag Concert*  
12 p.m., Holland Area Arts Council.  
Biology Seminar  
3 p.m., Schaap Science Center 2519, Biology students discuss their off-cam pus research experiences.  
Engineering and Physics Seminar  
3 p.m. - 4 p.m., VanderWerto 104.  
*Thoracic Artificial Lung Design* presented by Rebecca Schewe-Mott of University of Michigan.  
Chemistry Seminar  
4 p.m., Schaap Science Center 1000.  
Presented by Dr. Janice Paige Phillips of the University of Southern Missis sippi.

SAC Weekend Movie  
8:30 p.m. - 10:30 p.m., VanderWerto 102

Dodgeball in the Dow  
8:30 p.m. - 10:30 p.m., Dow Center. Sponsored by SAC.

Sunday  
*The Gathering*  
8:30 a.m. - 9:30 a.m., Dimnent Chapel.

Monday  
Distinquished Lecture Series  
6:30 p.m., Winsants Auditorium.  
Presented by Susan Kudrat.

Tuesday  
Critical Issues Symposium  
7 p.m. - 8 p.m., Dimnent Chapel.  
Presented by Bryant Terry, eco-chef and food justice activist.

In Brief

CAMPUS CELEBRATES CHINESE MOON FESTIVAL

On Sept. 22, members of the campus community celebrated the Mid Autumn Moon Festival, a Chinese tradition. The festival is held on the 15th day of the eighth month of the lunar calendar. Attendants were treated to mooncake, music and Chinese tea. Chinese students also painted the names of attendees in Chinese calligraphy. Professor Andrew Dell ‘09 also demonstrated Tai-Chi, a Chinese martial art. Students in Professor Shaofeng Li’s class presented posters on the celebration.

Hope Way 2.0 launched

• Hope, from page 1

There are more opportunities to participate in The Hope Way 2.0. Upcoming events are on Sept. 15, 22, and Oct. 6, for men and women separately. For the women there is “Morning Pancakes” at 10 a.m. in Pieters Cottage, and for the men “Breakfast and College Football” at 10:30 a.m. in the Hoffmann Cottage. Each group believes the culture of Hope will change if students continue to nurture their relationships with one another and branch out to say something meaningful to someone new.

Robberies near campus spark concern

The most recent attack occurred on Sept. 12 between 12:20 and 12:42 a.m. The victim was walking down 19th Street, turned onto Columbia and was confronted by a man wearing a dark hoodie and a black bandana. The victim was then forced to the ground, kicked, and robbed. His wallet and cell phone were taken.

But certainly, it is a possibility. Sometimes, when you want to become a member of a gang, you have to do something to be accepted, and certainly, this could be the case,” said Velthouse.

“We believe they may be all related but for sure the first two incidents are related and the others appear to be related based upon the facts and location,” said Captain Jeff Velthouse of the Holland Police Department.

There is also some possibility that the attacks were gang-related.

“Certainly we can’t rule that out, but you have to keep an open mind when you investigate incidents like these,” Velthouse said.

The Japanese community is still experiencing hope.

“I am going to miss Hope College. I want to stay here. I experienced that. When asking them if they will miss being here, they all quickly said, ‘Yes!’ with smiles. Asaumi concluded by say ing, ‘I am going to miss Hope College. I want to stay here. Thank you, Hope College.”

Victoria Steele  
GUEST WRITER

Everybody’s first day back to school can be nerve-racking, exciting and full of opportunity with new adventures ahead. For the 11 Mei Gakuin University students from Japan, the same sentiments were shared coming to an unfamiliar American cam pus.

Hope College welcomed the students to the 46th annual seminars where they gave lectures on subjects varying from religion, education, U.S. foreign policy, multiculturalism and crime. They were only here for a month but quickly came to love what Hope students appreciate most about campus.

The Japanese students attended one of three classes on campus. Asami Ogata attended Professor Jeremy Yelding’s class on gender discrimination. She is majoring in sociology and when asked what her emphasis of study was, she said, “Gender discrimination...especially fam ily. I am comparing American to Japanese.”

She enjoyed the difference between American and Japanese classes as well, saying, “American class more talk, discussion.” She also told of her challenges, saying, “lecture was hard for me because I cannot listen well,” noting the language barrier.

Anna Fukuchi also spoke about her classroom experi ence in Professor Wayne Brouwer’s current issues class, saying, “Lecture is very different here...Professor makes their lectures to be fun, interesting, easy to understand...This is something Hope students take advantage of when it comes to their studies and experiences in the classroom. Fukuchi even noted that “American students are shy.” Asami commented that here at Hope we have “harder everyday assign ments.”

Both Japanese women were surprised about how the students acted in the classroom and around campus. Fukuchi said, “American student [are] more positive, while Asaumi mentioned that Japanese students are shy.” Asaumi mentioned how she would be on the sidewalk and everyone would smile at you. This seems to be one of Hope’s best features—knowing the names of the people you pass on campus.

They especially loved how pretty it was and enjoyed downtown Holland. Another differ ence they laughed over, and found unusual was that many students actually lived on campus, not moving from home to students live in here. We have to take a train from our dormitory.”

Fukuchi stated.

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The police have increased the reward from $500 to $2500 in cash for reporting bringing the re sponsible to justice.
Ahmadinejad sparks controversy at UN

Mikella Bryant
Guest Writer

On Sept. 23 the first requirements of President Barack Obama's new healthcare reform act went into effect. This past week marked the six-month anniversary of Obama's massive healthcare reform law, the Affordable Care Act.

The parts of the law that take effect include a ban on limits to lifetime health coverage and a provision allowing children to stay on their parent's insurance until 26 years old. People under the age of 19 cannot be denied health coverage because of pre-existing health conditions, preventative care and immunization are free and health companies cannot cancel insurance coverage ex post facto solely because an enrollee made an honest mistake on the insurance application.

Congressional Republicans released last week a "Pledge to America," which includes a vow to "repeal and replace" the Affordable Care Act. Along with a vow to "repeal and replace," the 21-page document calls for medical liability reform, guarantees access for patients with pre-existing medical conditions, expands health savings accounts, bans the implementation of taxpayer funding for abortions and allows people to purchase insurance across state lines.

According to Centers for Medicare and Medicaid Services Administrator Donald Berwick, MD, "The Affordable Care Act gave us new authority to negotiate with health plans in a competitive marketplace. As a result, our beneficiaries will save money and maintain their benefits."

Obama administration officials announced that the senior citizens enrolled in Medicare Advantage Plans will pay slightly less for their health insurance next year. In the private Medicare Advantage plans, the average monthly premium in 2011 will drop to $36.69 (a savings of 45 cents per month). This drop in monthly premium charges is seen as unexpected especially since the Affordable Care Act cut billions of dollars from the plans and added new restrictions on what they can and must charge and cover.

Our Wild Specials Will Keep You Flying In!

Welcome back Flying Dutchman stop in and check us out! Our Wild Specials will keep you flying in!

**TUESDAY**
45¢ Traditional Wings

**MONDAY & THURSDAY**
55¢ Boneless Wings

**LUNCH MADNESS**
Mon. - Fri. 11 a.m. - 2 p.m. Great Lunch Combos starting at $6.99

**HAPPY HOUR**
Mon. - Fri. 3 - 6 p.m. Great Drink Specials!

**LATE NIGHT HAPPY HOUR**
Sun. - Fri. 9 P.M. - Close $3 Select Appetizers Great Food & Drink Specials!

**FREE NTN Trivia & Wall-to-Wall TVs**

Photo Courtesy AP

You're Covered—A statement made about the new health care plan, given on Capitol Hill Sept. 23.
Pucker up, Grand Rapids

Professor Tamara Fox uses lipsticks and lip prints to create installation at this year’s ArtPrize competition in Grand Rapids

Cara Haley  
**Guest Writer**

Cameo, Candy Jar and Queen Alice will be available for your viewing pleasures at the Women's City Club in Grand Rapids beginning this weekend.

Sorry boys, these are not professional strippers. Rather, Tamara Fox’s unique installation at ArtPrize uses lipsticks and collected lip prints to create an individual sculpture titled “Blot.”

An assistant professor at Hope, Fox gathered submissions of old lipsticks and blotted lip prints through word of mouth popularity and our favorite social network, Facebook.

She was aiming to create a giant lipstick, mixing colors to create that common least favorite color.

Inspired during her women, art, and society class last spring, Fox wrote, “The giant lipstick is a metaphor for mortality in the manner of vanitas or memento mori still life.”

Interestingly, the piece also pays tribute to the thoughtless act of tossing a lipstick-blotted tissue, a trace of yourself left behind. Plump those lips ladies, and go check out “Blot.”

Also involved in ArtPrize are several alum from Hope. Cassie Krause graduated in 2002 and is presenting a piece titled “Inside Voices,” installed at One Trick Pony Grill and Taproom.

A sculpture involving five human torsos hanging at eye level, “Inside Voices” is a 3-D representation of what people have in common yet through very different bodies.

“Every torso is meant to represent a universal emotion, either positive or negative, that is experienced in one way or another by all people.”

As Krause explains, this is a piece that can speak to anyone, whatever their circumstances. So go look one in the eye, maybe you guys have something in common.

Having graduated only in 2007, Derek Nevenzel is also displaying a sculpture during ArtPrize, at the Gerald R. Ford Federal Building. “GR” is a wooden sculpture inspired by the “I amsterdam” sign.

Since Grand Rapids is often referred to as the “GR,” these are the letters highlighted in the sculpture that contains the 11 letters spelling “Grand Rapids.”

Nevenzel said “The letters would truly be defined by the surrounding city and people’s interaction with them.”

Good news people: you can touch it! No “hands-off” signs, you are permitted to interact with this sculpture by sitting or standing in a letter, but please don’t climb on them.

The phenomenon known as ArtPrize has returned to Grand Rapids for another year. ArtPrize is a very different type of arts competition. It is an open competition, bringing together both artists and the general public.

Grand Rapids will be covered from head to toe in artwork from Sept. 22 to Oct. 10. Venues are set up everywhere: galleries, restaurants, office complexes, parks and many more.

The outcome is left in the hands of the participants.

This social experiment uses art as a platform to create a huge collaborative community within the city. The public then has the ability to vote on their favorite pieces, and the top 10 finalists receive awards.

Last year ArtPrize brought in 200,000 visitors, 334,219 votes were cast, 159 venues exhibited art, and 1,262 artists participated, from 41 states and 14 countries.

With more artists and a greater number of venues this year, ArtPrize is sure to grow even greater. So get to Grand Rapids and check out ArtPrize this year.

Chelsea Tarnas, a senior studio art major, represented Hope College at ArtPrize this year.

Besides professor Tamara Fox, Tarnas was the only member of the Hope community to enter the competition. Her piece is on display at Lightbox on South Division in Grand Rapids.

Tarnas created a scroll using plastic and ink. Standing 15 feet tall and 20 inches wide, the piece is supposed to “overwhelm the viewer” with its vertical accentuation and “keep the viewer within piece” with its narrow structure, Tarnas said.

On the ink descending the sheet of plastic, she says, “The drips allow paths for the viewer to take from the top to the bottom or from the bottom to the top. They represent the thoughts that are constant and infinite but trapped in the psyche.”

Tarnas is a mixed media artist from West Bloomfield. She graduated this May, when she will move to Hawaii to be with her family, pursue her interest in agriculture and continue making art.

Tarnas considers ArtPrize a valuable experience for an artist. “I want people to see my work and this is a great way to get a lot of attention,” she said.

Tarnas appreciates the atmosphere of the event, as well. “I think the best part of ArtPrize is the public interaction,” she said.

“It’s overall a great way to get people to come look at art and see what Grand Rapids and West Michigan have to offer.”
Loving life on the steppe: ‘Tulpan’ opens film series

Elena Rivera
Guest Writer

Poetry is strange. It is a medium that is as basic as a three-line composition, yet so much complexity can be contained within those three lines. Words come alive differently in poetry; ideas are hidden yet suddenly apparent.

Wayne Miller, the first guest in the Visiting Writers Series at Hope College, endeavored to open up the world of poetry to those in attendance on Tuesday, Sept. 21 at the Knickerbocker. Miller, who published two collections and has another on the way, is a relatively unknown poet.

Wayne Miller, who currently teaches at the University of Central Missouri, truly was the best person to begin this year’s Visiting Writers Series: a poet who was captivating, witty and wonderful.

Wayne Miller kicks off Visiting Writers Series

Elena Rivera
Guest Writer

Throughout the movie, Asa’s friend Boni takes great care of the pornographic images in his tractor, insisting despite the harsh reactions of his more conservative peers, that the pictures are “art.” And in a way, they are — abiding by the theme of tasteful vulgarity.

The cinematography was magnificent at times, seeming as though a child was running rampant with a handheld camera, “Tulpan” delved into a culture most Americans have only witnessed through “Borat.”

A coming-of-age story worthy of recognition, “Tulpan” was a great pick for the Fall Film Series.

Wayne Miller kicks off Visiting Writers Series

Elena Rivera
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It’s how we get from A to B...

Class starts in 10 minutes, and you just woke up. If you’re like some college students, you go back to bed and hope to wake up in time for your next class. For those students who jump out of bed and hurry out the door, there are different ways they get to class in time to hear their professor say, “All right, let’s get started.” Around campus, there are numerous ways of travelling to and from class, or even just cruising through the Pine Grove.

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**Lovin’ the longboard** — No, it’s not a surfboard we’re talking about. But it’s practically a surfboard with wheels. Longboards just look awesome, especially when you’re hauling your book bag around campus and manage to balance at the same time. If you don’t fall or get your wheels stuck in the railroad tracks, props to you. Now, if you haven’t tried one yet, there is still time. The number of longboard owners seems to be drastically increasing around campus. Sioned Sitkiewicz (‘12) says, “Longboarding around campus is a great stress reliever and it helps me get to class a little faster which is especially nice because I live on 15th. I think it’s great that a lot more people are starting to board, and it’s also nice seeing more girls boarding around campus, definitely more than when I was a freshman!”

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**Ridin’ the RipStick** — It’s a board with two wheels. Impossible? Of course not. While it looks challenging, some students actually ride a RipStick around Hope’s campus. On RipStick.com, it claims that you “Just Twist and Go!” It’s basically a balancing act. Andrew Young (‘11), a proud owner of a RipStick says, “They’re really fun but extremely inefficient...it’s a fun yet inefficient way to travel around campus. It’s easy to fall. Most days I take a wipe-out...I wipe out five out of 10 days.” So, if you’re ready for a challenge, grab one and go!

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**Rockin’ the roller-blades** — Some people think that skating is a better workout than cruising on a board. If that’s what you think, you’re not alone. There is more flexibility to maneuver through crowds of people and your hands are free from holding on to anything. Thirty strides later and you’re skating up to class with a couple of minutes to spare. Brett Kopinski (‘11) states, “I’m a skating fiend. Have you seen me slice up the ice? I’m just as good on pavement.” Who knows, maybe the nearest Sonic Drive-In could use another skating carhop...just sayin’.

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**Bustin’ out the bikes** — They say it’s easy to get back up on a bike, and Hope students definitely agree. The bike racks are consistently full during class time every day, which shows that bikes are definitely the most popular form of transportation on campus. But as student Jacob Bullard (‘11) has experienced, it is not always the safest. “Well, a few grim days ago, I took a little tumble on the way back from campus. Going around 20 mph and trying to shift is harder than it seems.” Bullard has fully recovered from his scrapes and scratches.

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**Scootin’ the scooter** — Yes — they’re still here. Yes — they’re still sold in stores. Yes — you should try riding one. What can we say about the scooter? It’s awesome and it’s foldable. What more could you ask for? Maybe a motor-powered scooter. But wait, they have those, too! Try a scooter. Kick it old school. You’re bound to enjoy them! Take it from Tom Fifer (‘12), “I like using my scooter for the same reason people like using bikes or longboards. I can get around campus much faster than walking, so getting to a class that is across campus on time is much easier. Plus, I don’t have to take time to lock it up like with a bike; I can just fold it up at the door and walk right into class. Super efficient.”

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**Willy walkin’** — One of the more simple modes of transportation, we hear that people have been walking since the beginning of time. Especially popular amongst the underclassmen (who still live in the dorms), walking is the most cost-effective and easiest way to travel. “Our campus is beautiful, so why not take a little time to look around on your way to class?” Taylor Rebhan (‘14) asks.

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**Cruisin’ the car** — We see you, Kleinheksel Cottage resident who drives to class when it’s raining. While Hope’s campus is small, sometimes you can’t escape the need to get to where you’re going in under 30 seconds. We couldn’t get anyone to comment on this unpopular act, but we know who you are... we always will.

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**Photos by Gretchen Baldwin**
I'd put this on post-secret, but it's too good to stay anonymous. You're reading it.

I have the best roommate at Hope College. How do I know? Well, I have managed to find someone who understands me completely, can laugh at the dumbest things with me, but still holds me accountable at the end of the day. I consider myself extremely blessed to have found Bethany Vanderlaan.

Bethany, one of my many nicknames for her, lived across the hall from me sophomore year. We'd never seen or heard of each other before that point (probably had something to do with the fact that she lived in Dykstra's basement and in VanVleck), but once we moved beyond the sometimes awkward “get-to-know-you” stage, we became fast friends.

And everybody knows that when best friends live together it can go one of two ways. They either become so close people automatically associate the two as one, or a big, fat wedge can be driven between the friendship. I am incredibly thankful to say that for Bethany and I, it’s been the former. We certainly don’t have the perfect relationship, but living together has allowed us to appreciate and value one another more than if we were just friends.

Since becoming friends and then roommates junior year, we’ve overcome some pretty big hurdles together. Family deaths, break-ups, new relationships, tough classes, crazy parents…we’ve seen it and done it all and our friendship has only grown.

In addition to being generally wonderful, Bethany is one of the most patient people I’ve ever met. Like many people, I don’t quite fit into a particular personality mold, and my amazing roommate somehow manages to take my quirks in stride and simply roll her eyes at me. I am just lucky that she finds it more amusing than annoying!

I also have a little bit of a confession to make: this column is me making up for being a bad roommate. Her birthday was Sept. 4 and I definitely failed to get her a present. And then she went and bought the movie that I was planning on getting for her. And then her boyfriend’s parents bought her the Course III ER movie I was considering. So what’s a girl to do? Oh wait, how about I let the entire school know how absolutely amazing I think my roommate is and how grateful I am to have her in my life? I have absolutely no problem admitting that about a less-suck-up.

Nonetheless, when it’s all said and done, I thank God for bringing such a wonderful friend and roommate into my life. So Bethany love, thank you from the bottom of my heart for putting up with the off-key singing, moaning and complaining about my classes, hitting the snooze button way too many times, and the general goodnесс. And for liking me for all of it—maybe, not the snooze button part, but you know what I mean. You’re the best!

Karen would also like to thank Laura and Meghan for the argon chem memes—and the complaining about how atrocious the Cubs were this summer!

Happy birthday, Bethany!
I just checked my wardrobe. Hope. Now I have no elbow patches on any of my coats either. Let’s check that the stereotype right out the window. “What's one thing that 99 percent of the student body would never guess you'd pursue?” I’m stumped. I did ask a student for her opinion. So she asks me this: “What are your hobbies?” “I don’t have any hobbies.” “Professor DeVries! You have to have a hobby! What do you do in your spare time?” “Let’s see... I work, take care of my family, walk the dog, listen to music, and read. Does reading count?” “Not really... everybody reads.”

Yes! So, I’m betting a daily stroll with the dog isn’t a hobby either. I like to play card games. I think ballroom dancing is a blast. I took a tap class last spring, but six classes don’t really make it a hobby. Still stumped here. Maybe I’m approaching the wrong thing. Perhaps it should be something that students won’t guess about me. However, any student in one of my classes knows that I’m comfortable disclosing a lot of information. For instance, I’ve told students that I’m a fan of Star Trek and Tolkien’s “Lord of the Rings.” You see, Madeleine L’Engle’s “A Wrinkle in Time” got me started on this genre when I was in fourth grade. I read that book over and over; I was hooked. “The Hobbit” and “Star Trek” are closely fol lowed by the trilogy. (Thanks, Aunt Joan for that recommendation.) I remember reading George Orwell’s 1984 in the eighth grade. Every Sunday I walked to Trader Joe’s with a girl in my internship for groceries. Every week I spent about $20, $25 if I bought meat, while she spent upwards of $50.

“How do you manage to do that?” we asked each other in equal amazement. She pulled micro- waveable lunches and dinners out of her bag while I showed her my fresh ingredients for the same lunches and dinners. She would shrug and say, “I don’t have time to cook.”

Non-Spelled Baked Mac and Cheese

Ingredients: 
- 1 lb pasta of your choice (1/2 pound) 
- 1/2 stick butter
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 1 tablespoon olive oil
- 3 tablespoons flour
- 4 cups milk
- 2 cups cheddar cheese
- 2 cups mozzarella cheese
- 1/2 cup panko breadcrumbs (1/2 cup panko)
- 1/2 cup extra sharp cheddar cheese
- 1/2 cup grated cheddar cheese
- 1/2 cup grated mozzarella cheese

Instructions: 
1. Preheat the oven to 350 F. Cook pasta until al dente. Drain. 
2. Melt butter, then cheese, whisking frequently. At this point you can either add pepper to the sauce or swirl in heavy cream. 
3. Season and remove from heat. 
4. Remove from oven and set for at least five minutes before serving.

This is interesting to me because cooking is in fact my favorite way to procrastinate. (Iating is the most important human mechanics, right?) My college life said I’ve re-learned that the American public agrees with me: cooking is a growing pastime as belts tighten, especially for spending on entertainment. I would much rather spend my hard-earned money on a meal at a trendy, over-priced dinner party than making a comeback.

Just the other day I had a friend over for baked mac and cheese. It didn’t go well because I used processed Meijer cheddar, but we had fun anyway. After flawlessly executing my roux, I grilled some cheese into the pan and instead of melting, it glommed together in uneven, radioactive orange chunks. My friend and I started as it climbed up my whisk in the manner of a spleen from a 1950s horror film. We added milk and hoped for the best, and 30 minutes later enjoyed a tasty if questionable dinner.

But people not on the meal plan have the opportunity to save, and as far as I can tell, many choose not to. It is my experience that from the top down at Hope College, there is an established culture of spending money that perhaps you shouldn’t—awfully strangely considering how many people out there need help and how much Christian character were taught in religious studies.

That’s worth a few less trips to Olive Garden, I think.

In her spare time (when not cooking), Raina can be found madly writing science fiction novels.
**Men’s soccer defeats top-ranked Calvin**

The Dutchmen went in with a 1-0 lead. Calvin tied it up shortly into the second half when Calvin forward Tyler Veger broke free and snuck past Hope goalie Logan Neil (’12) to tie it up at one a piece. The goal hurt, but the Dutchmen did not feel defeated.

*Inside I was kind of upset with myself for not making the save, but after it went in I told the defense that we were OK and not to worry about it.* Neil said.

There was a lot of time left and I was confident we were going to score again.*

The Dutchmen tallied another goal when Brayden West (’14) scored the game-winning goal in the 73rd minute to give Hope the final 2-1 advantage.

*Brayden is one of the hardest working kids on our team and he never gives up on a play,* Neil said.

*“Having the composure to play in such an important game as a freshman says a lot about not just Brayden, but all of the freshmen on our team.”*

The Dutchmen hold first place of the MIAA after the win put them at 2-0 in conference play. Although the win was big, Neil knows this is just the beginning of conference play and there is a long way to go.

*“We just need to keep working hard and focus on one game at a time;”* he said. *“You can’t overlook anyone in our league. Winning our league is the best way to reach the NCAA tournament, and when we do I know we will make a run.”*

### HOPE ROOKIES EARN THEIR STRIPES—

Andrew Nichols (’11) drives the ball around Calvin midfielder Dan Kmetz in Hope’s Sept. 25 victory over the Knights.

### Golf teams both third in MIAA with two weeks left

The women’s team has been operating throughout their season with three clearly laid out goals in mind.

*“Our team goals that have been discussed with our coach, captains and players are first, to maintain and improve our academic standing. We are athletes but also students. This is an important aspect of our team,*” captain Emily Atsma (’12) said.

*“Second is to play for and win the MIAA championships. We have been third the last few years and would like to finally come out on top. Third is to play for and win national tournament bids. Our ultimate goal of the season is to play at nationals,”* Atsma said.

The Flying Dutch have also been working on a less clearly measurable goal this season: working better together as a team.

*“This year we focused on improving our team unity,”* Atsma said. *“This is something that is important for us to focus on because we play an individual team sport. Although we don’t play with each other during a match, we are athletes and need to be close like a team that plays together. This has improved greatly this year and we have seen direct results.”*