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Hope College
Kinesiology research examines Pull
LAURA MIHAILOFF
campusbeat

There are pages upon pages of research describing the effects of cycling, swimming and running on the human body, but no one has yet documented any findings on an event such as the Pull.

A research team comprised of Kinesiology Professor Mark Northuis, and Hope College students Ben Cook ('98) and Jennifer Greentink ('98), have set out to change that. Last spring, Northuis introduced an idea in a faculty meeting with Dr. Chris Barney, Dean of Students Richard Frost, and Coach John Patott. He then offered the opportunity to Cook as a way to fulfill a graduation requirement for a degree in kinesiology.

"No research has been done before on the Pull," said Cook. "That is why we thought it would be a good idea."

Northuis suggested the possibility of gathering some descriptive data on the Pull.

"Let's find out what's really going on [with the pullers' bodies] during the Pull," he said.

According to Northuis, the researchers are currently testing blood pressure, heart rate, blood lactate levels, strength endurance, grip strength, vertical jump, body composition and total body water.

"From this we hope to learn a lot more about the Pull," Northuis said.

"One of the primary things we're looking for is heart rate fluctuations during heaving, lock-ins and straining," he said.

"If someone were to come out with a heart condition and not know it, we would be able to prevent it," Cook said.

Buckle up: Ben Cook ('98) straps a heart monitor on Pull Coach Mike Adamski ('99) before studying pullers as part of a kinesiology research project.

In fact, in their preliminary research they did discover that one puller's heart rests at a slight angle, but this condition is not expected to affect his performance.

Because Pull practice lasts only three weeks each year, there isn't much time to gather data.

"We plan to continue the project next year and hopefully for several years to come," Northuis said.

To test heart fluctuations before, during, and after the three-hours spent on the rope during the actual Pull, the researchers plan to strap portable heart monitors on the chests of several pullers.

Sports steal CIS stage
ERICA GRAY
staff reporter

From novice to NCAA, sports affect everyone. It seems appropriate, then, that the 18th annual Critical Issues Symposium is entitled, "Sport and American Life."

"Sports was chosen as this year's topic because it relates directly to other current issues people are concerned about, such as race, gender and religion," said Assistant Provost Alfredo Gonzales, who arranged this year's Critical Issues Symposium.

"I want to make sure that students take advantage of the program so they know beyond what you can learn about these issues on TV. Gonzales is enthusiastic about the outstanding lineup of speakers and thinks "Sports and American Life" will attract not only Hope students and faculty and Holland residents but also people from other cities and colleges.

In response to the concern voiced by some that the topic is directed more towards males, Kraft said that the people heading the CIS "really wanted to make sure women get involved."

This year's roster of speakers includes Christine H.B. Grant, Donna more BEACH on 2

Ballots boxed
LAURA MIHAILOFF

campusbeat editor

The Student Congress ballots are in and the voter turnout was up almost 50 percent from last year with record college-wide voting.

"The number may be doubled from last year, but we still have apathy," said Vice President Chad Kolderman ('99).

Four spots remain unfilled.

Hope College is currently missing one representative from Brownstone, one from Voorhees, and two from off-campus residences. According to Student Congress President Paul Looders ('99), the idea of having a representative for every 93 or 95 students and from every residence is to be able to hear the voice of each side.

There were several instances where nonpetitioned candidates' names were written in on the ballot.

These write-ins will aid the Student Congress Executive Board in finding representatives where they are lacking.

The cabinet will call the write-ins and select four students through a process of interviewing.

The first Student Congress meeting will be held at 8 p.m. on Thursday, Sept. 25 in the Chapel and all meetings are open for students to attend.

Beach swept for winter
LAURA MIHAILOFF

campusbeat editor

Armed with rubber gloves, plastic bags and sculling equipment, 38 Hope College students bused down to Lakefront Beach (between Saugatuck and Holland) to pick up the sands for the 7th Annual Beach Sweep.

The event was planned by the Environmental Issues Organization, and arranged by Dr. Stephen Hemenway, EIG advisor and professor of English at Hope.

Last Saturday's event was Hope's contribution to the International Coastal Cleanup, which takes place the weekend of Sept. 27.

"But because of the Pull," Hemenway said, "we decided it would be better to schedule it this weekend."

"Because EIG is a small organization and securities and fraternity service projects to fulfill, we usually invite these organizations to accomplish this for the Beach Sweep," Hemenway said.

At the cleanup there were representatives from the Knickerbocker Theater; on Monday, Sept. 29 at 7 p.m. and also on Oct. 1 at 7 p.m. The movie depicts two basketball players as they try to follow their dreams to the NBA. The first showing will be followed by a discussion led by Hope Sociology Professor Roger Nemetz.

"We are using sport as a springboard for other issues," Kraft said.

"Every evening classes on Sept. 30 are cancelled and all classes the following day (with the exception of night classes) are cancelled in order to allow students to attend the presentations."

"We are using sport as a springboard for other issues," Kraft said.

"The role sports play in American life tells us a lot about who we are as a society and also as individuals."

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Holmes presents policy paper

The 1997-98 school year marks a record high number of first-year students and the second highest total number of students in the history of Hope College. Total enrollment peaks at 2,911 students, with 740 first-year students, as compared to 695 last fall.

Enrollment by graduating class this year (compared to last year) numbers 734 (733) freshmen, 706 (706) sophomores, 657 (632) juniors and 656 (621) seniors.

The incoming class of 2001 brings more than just quantity to Hope. According to Vice President of Admissions Dr. James Bekkerking, more than one third of them ranked in the top 10 percent of their high school graduating class. Also, the average ACT and SAT scores, respectively, were 26 and 1,200.

"Our admissions standards as regards to academic performance haven't changed dramatically," Bekkerking said. "What has changed, particularly over the last five or six years, is the applicant pool, which has become stronger." Bekkerking attributes the solid makeup of the student body to the college's "growing reputation, the quality of life on campus, increased appreciation of Hope's Christian character, and the quality of the college's facilities and Hope's location in Holland."

From this information, Northuis, Cook and Geerdink hope to provide Hope students with a better understanding regarding the event that has helped make the school famous. According to Northuis, one of the concerns about the project was that conducting research during the Pull might distort the pullers.

"That's not what we want to do," he said.

Last Wednesday Cook strapped three pullers, including the anchor, with heart monitors beneath their duct-taped vests.

"We want to make sure the devices don't hinder the pullers' performance or cause them any discomfort," he said.

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PULL from 1
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CIS from 1
Lopano, and Sharon Kay Stoll, all express the role of women in sports. Some of the topics they will address are the effectiveness of Title IX and the future of women in sports. Monica Stubbs ('98) is expected to address this year's topics. "As an athlete-athlete I am really interested in what the speakers have to offer," she said.

The schedule of events for the Critical Issues Symposium will be posted around campus and also will be available on the Internet through KNowHope.

American Buffalo
October 2, 3, 4 8p.m. Hope Studio Theatre for ticket and info call 395.7890 by David Mamet. Senior Project Directed by Daniel Hoag

DANA LAMERS staff reporter

Rather than struggling to find a date last Friday night, Hope's romantically challenged turned to "Dating Doctor" David Coleman for advice. The Social Activities Committee sponsored Coleman, a national relationship columnist and radio talk show host, in Philips Dining Hall on Sept. 19 for the annual Creative Dating Seminar.

Coleman opened the show by asking audience members to write down the best and worst pick-up lines they could think of and their fantasy date. "I've been coming here for years, and this is the sickiest audience yet," he said, after reading some of the cards to the audience.

Coleman kept audience members laughing throughout the show with pick-up line breaks. Hopeless romantics thought up such lines as, "Roses are red, violets are blue, sugar is sweet, and you want me and I'm not going to be the best guy in here, but I'm the only one talking to you." As for fantasy dates one person pleaded, "A date, that's all, just one date."

"The event was very successful," said SAC Publicity Chairperson Drew McCulley ('99). "Dave had a lot of good things to say and the audience seemed to identify with his message as well. It's very interactive with each other," McCulley said.

Coleman urged students to be more brave about asking others out, took complaints about the hardships of dating at Hope, gave advice on going on fun, cheap dates, and allowed the women and men individual time to complain, and give advice to the other.

"We're still learning," he said. "We have to work more with you next year."

Saturday's trial using the monitors provided mixed results. Cook attached several monitors to the pullers and only two noted a decreased strain from the wrap while on the rope.

"As it is now and Northuis are hoping to monitor the pullers during the actual Pull next Saturday. I'm glad we had the chance to try it out during practice first," Cook said.

No decision has been reached as to whether the devices will interfere with the Pull performance next Saturday, Sept. 27.

According to Cook, "It's ultimately up to the coaches and the pullers, whether they can handle monitoring them during the actual Pull."

KnowHope.

September 24, 1997

Anchor photo by Johnnaiz Munk

DEATHLESS and DESPERATE: Dating Doctor David Coleman prescribes remedies for Hope's romantically challenged during the Creative Dating Seminar. He also gave students "The Jabari Window" test, a word association test that determined how students viewed themselves, their sexuality, and the end of long relationships.

Students left the seminar with handouts on ways to impress members of the opposite gender; first date advice, and tips on how to know if you're in love.

"It was great because it was funny," said Jeremy DeGroot ('99), pleasantly overwhelmed by the number of women outnumbering him. "There were like ten other guys besides me." The male-female ratio at Creative Dating did not provide adequate means for many of the women, but the men had the numbers in their favor.

"Approximately 380 people attended Creative Dating - 400 in

DANS LAMERS staff reporter

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Wilson touched by Mother Teresa

The recent passing of Mother Teresa has affected many people at Hope College, but none more than Professor of Religion Boyd Wilson. Wilson had the privilege of meeting Mother Teresa in Calcutta in 1984. He traveled through India listening to lectures and experiencing its culture. When his tour arrived in Calcutta, however, they were informed that Mother Teresa had just returned from her journey.

She met with the group even though she was tired from her travels. Yet, it wasn’t because they were scholars from the United States that she took time to visit them.

“We were told that it was her custom to meet with anyone who came to visit, whether a large group or an individual,” Wilson said.

Feelings of gratefulness, joy, and excitement filled him as he prepared to meet this famous woman. Yet, his feelings were left aside when he actually met Mother Teresa.

“I immediately forgot that she was famous,” Wilson began. “I was overwhelmed when I was in her presence was peace,” he said.

Wilson summed up Mother Teresa’s life work as not being about converting people, but rather serving them.

“Because of her loving and generous service, many people were fact converted,” he said. “But conversion was a result of her method, not the cause of her method. She did not see people as Hindu, Muslim, Christian, Jew; she saw people. And she saw people with needs and met these needs.”

According to Wilson, she never accepted any credit for her work.

“I just humbly proclaimed that the work being done was to glorify God, and it was His work being done.”

While it was evident that she was impressed with the importance of her work, there was no indication that she was impressed with herself, he said. “Her simple, quiet humility is what I remember most about Mother Teresa.”

Her life and work was the subject of a book entitled Mother Teresa: The Joy in Living, and in the book she had much to say about her reasons for doing the work that she does and her love for Christ.

“Tell them that we are not here for us, we are here for Jesus,” she said. “We are religious, not social workers, not nurses, not teachers, we are religious Sisters. All we do, our prayer, our work, our suffering, is for Jesus. He gives us strength, I love him in the poor and the poor in him. Without Jesus our life would be meaningless, incomprehensible.”

The book also claims that much can be learned from the life of Mother Teresa.

According to Mother Teresa’s book, by adopting a very quiet and gentle spirit one can serve others and at the same time fill one’s soul with the spirit that fed her for so many years.

Hearing Mother Teresa’s life story made Wilson feel emotional. He thought of his own life and the changes he had made over the years.

“With a lot of this, although originally composed of programmed hip-hop beats, Much Afraid does away with a lot of this, although originally

OTHER HIGHLIGHTS INCLUDE THE SINGLES “CRAZY TIMES” AND THE TEMPO-DRIVEN “LET’S DO IT AGAIN.”

_SEARCHING FOR CANNIBAL CORPSE? CHECK OUT THEIR NOVEL “BUTCHERED IN BOSTON.”_
Humble Perfections

Two days after the world was stunned with the death of its Princess, it was devastated with the death of its Mother. While people were glued to their television set watching every little interview and speech regarding Princess Diana’s death, Mother Teresa passed away and thus the world lost one of its greatest treasures.

To not put down the death of Diana and say that her passing was not important, but in comparison to Mother Teresa, she is severely shadowed. Diana was prettier and, of course, royally.

Diana had everything and represented what nearly everybody in America wanted in life. She was every girl’s childhood dream come true and we all loved her for it. She had material perfection but lived much of the last ten years of her life in misery due to an imperfect life. Mother Teresa, however, had nothing in terms of material wealth, but had material perfection but lived much of the last ten years of her life in humility, simplicity, and peace.

It is fitting, perhaps, that the media did leave it alone when she died. She would have wanted the attention off herself and onto someone else. That is the way she lived her soul.

She did not discriminate between religions. Regardless of who they were or if they believed in God or not. Posed pictures of her are rare because she shone the spotlight as though they burnt away part of her soul.

The most important aspect of Teresa’s lifework was that she did not discriminate between religions. Regardless of whether or not you loved God, Mother Teresa loved you.

The lack of emotion over Teresa’s death was appalling. Very little was mentioned about her and yet people stayed up all night crying in anticipation of Diana’s funeral, which was broadcast live all over the world. It really makes one think about where we place our priorities when we must attempt to accomplish that day.

Dear Editor,

Greetings from Budapest! I have been here for four weeks so far, having spent most of my time during the first two weeks in an intensive language course and having spent the last two weeks taking classes. This last Wednesday, Sept. 17, I received a "care-package" from the International Office: the first three editions of this year’s Anchor.

What a great surprise it was! Though I do thoroughly enjoy experiencing new culture and learning a new language, it is nice to know what is going on at Hope in my absence, which brings me to the point of my email.

I am in regards to Mike Zolnierowicz’s article, “Campus mourns loss of classmate,” first published in the August 27 edition and then republished in the Sept. 3 edition. Even though I didn’t know Peter Warburton, I was utterly appalled by his callous manner in which the article was written. The very flippancy and verbiage style of Mike’s writing undermined the poignancy of Peter’s suicide. The article was devoid of feeling and upset me. I can only imagine how those who knew Peter were by such a report.

I hope that in the future, greater respect, not only for the topic of suicide but for the person who committed suicide, will be exhibited. It’s something that you’ll never see it. As for molesters, they’re just as welcome to try out as anyone else.

Amity Chapman (’00)

Pete Warburton tribute devoid of feelings and emotion

Dear Editor,

Something grabbed my attention last Monday as I headed into the library. Several dozen students circled a man carrying a banner. I couldn’t read the banner from where I was, and my curiosity drew me to the scene.

As I approached the crowd, it was obvious there was some debate as well as entertainment occurring. I stood in line to listen to what students had been told for the past day in the shadow of the chapel.

This man, Tom, had a manner and instances that read “SIN according to God” and proceeded to list a couple dozen specific sins according to the bible. Tom’s sermon centered around his assumptions and stereotypes of his student audience; pointing his finger at everyone who challenged him.

Bible verses spewed out of his mouth, whether or not they were relevant, and intimated those at whom they were directed. I did not witness any attempt at gentleness or grace, the very essence of the message of Jesus, God’s Son. He turned off his particular audience so strongly that his accusations of God’s love were completely turned off by Tom’s manner.

I wish Tom would’ve been more sensitive to see that the message, as prompted one student to proclaim that he would “rather follow Satan than this man.”

I’m not sure what this man was attempting to convey. On that day, I assume he was either trying to convict Christians to clean up their lives or bring into the kingdom. Whatever his mission, I observed many students become disgusted and furious over his demeanor. I wanted to blame those whose names had been told to me for the past day in the shadow of the chapel.

I cannot express how upset I was due to the lack of grace in which Tom was delivering it, not producing fruit, but only spoiling soil. It breaks my heart to see followers of Jesus giving Christianity a bad name.

Using the name of Jesus to accuse, anger, and destroy is completely contrary to His purpose of reconciling man to God. Jesus came with grace so that we might have forgiveness, hope, freedom, and this grace is bigger than any amount of sin.

I pray that Tom adds another side to his banner: “GRACE according to God: forgiveness, hope, freedom, joy, truth, Love, abundance, available, no condemnation, patience, love, generosity, purity, BIGGER than sin.”

Tony Bull (’98)

Traveling preacher should have taught love, not hate

Dear Editor,

I was at Community Day with my daughter’s dance troupe which I was performing. I was not there all day, but I was there a long time and Father Teresa did not see any dancers representing “China” as your article about the event states. Unfortunately, I was not there representing the Holland Korean Dance Troupe.

Korea is a distinct country, thousands of years old. While it is in Asia and has some things in common with its neighbors, China and Japan, it has a very rich culture and legacy of its own. Children and adults from this group were all adopted from South Korea. They work hard with a dedicated Korean teacher to preserve the heritage of their homeland and their culture.

They were correctly advertised and announced. In the parade through town and over to the island, they carried a banner that identified who they were. They were wearing authentic imported costumes. Had they been asked, they would have gladly told you about themselves because they are proud

Anchor article misidentified ethnicity of dancers

Dear Editor,

It is sloppy reporting to omit them by such a curt manner.

Even though I didn’t know Peter Warburton, I was utterly appalled by his callous manner in which the article was written. The very flippancy and verbiage style of Mike’s writing undermined the poignancy of Peter’s suicide. The article was devoid of feeling and upset me. I can only imagine how those who knew Peter were by such a report.

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Amity Chapman (’00)
Summer days, drifting away . . .

**English Prof describes her summer experiences**

**KATE FOLKERT**

**staff reporter**

Imagine spending two months of summer vacation having every need catered to, including your laundry, just so you could have tons of free time to write and relax. In the busy world of today, this vision hardly seems possible.

For English professor Heather Sellers, however, the dream became reality this past summer.

Sellers was selected for two writing residencies this summer. The first occurred at the Millay Colony in New York, and the second at the Hawthornden International Retreat for Writers in Scotland.

"Both are well known in the writing community as being great places to get a lot of work done," Sellers said. "It was by far the best summer of my life." Sellers spent the month of May at the Millay Colony with four other artists, including two visual artists, a playwright, and a composer. She enjoyed being with artists from other disciplines because it gave her a chance to consider other creative processes and thus look at things from her own in a new light.

The Millay Colony offers a month-long residency program that accepts one writer per month year-round, and often hosts famous authors, such as John Updike. Sellers spent basically the month of June at the Hawthornden International Retreat for Writers. Sellers was one of six writers, hailing from Denmark, Canada, and New York, who spent the month in a castle.

The estate is owned by Mrs. Hein, of the Heine Pickle family, who spends about two months of the year there and opens it up to writers the remainder of the time.

Sellers said that one of the unique aspects of both programs was that all of the others involved were also professors. "One of my favorite things about the whole summer was getting to sit down and talk about what we do in our classes and with our students," Sellers said.

"I got good ideas for new books to teach and new people to bring to campus," Sellers explained.

So, what is a writing residency really like? "No errands. All your meals prepared and left at your door, total silence at all times, no television," Sellers said. "With all the seclusion it might be expected that the participants would get lonely, but Sellers said this is not the case.

"Writers really thrive on solitude," Sellers said. "Then, when we come back to classes in the fall, we are refreshed, invigorated, alive — ready to give again."

While participating in these programs, Sellers said they had the chance to attend readings, dinners, and lectures, to visit art galleries; and even to go to the opera.

"I also went on long, long walks, just enjoying being in Scotland," Sellers said. "All that walking and green rain — I just soaked it up."

At night Sellers and her companions often built fires and sat around, reading and discussing their own work and the work of others.

In Scotland, the director of the writing program was Polish, and he shared Polish writings and poetry with them. Sellers developed an interest in Polish poetry as a result of this.

These two programs were the first residencies Sellers experienced. Both are very competitive in terms of who is accepted. Sellers was selected based on her publications.

"I thought I would just get one residency," Sellers said. "It was great to have two!"

Sellers said she would jump at the chance to do this type of thing again.

"I feel like I have brought back all these fresh perspectives and all kinds of new stuff to work with," Sellers said. "The time spent alone was great for recharging, and so was the time spent with other writers."

**A tale of two bands**

**MIRIAM BAYER**

**interim editor**

Two bands, both alike in dignity, will perform this Saturday, Sept. 27, at the Kickerbocker Theater at 8 p.m.

Fat Amy, one of the bands, is well known in the West Michigan area. Originating from East Lansing, they have been playing at several bars and coffee shops along the lakeshore recently, and are starting to make it big.

Fat Amy's sound is described by the campus' radio station, WTHS, as "like Veruca Pipe, except with a little more edge and less blues."

They are a guitar-oriented band, composed of four men. The other band, Snooking Popes, is also made up of four guys. They are from Chicago, and their sound is somewhat the same vein as Fat Amy's.

Originally, the two bands contacted the Student Activities Committee (SAC) about performing at Hope. They were conducting a whirlwind midwest college tour, and wanted to know if Hope was interested in hosting them.

Dan McCue ('99), a member both of SAC and WTHS, alerted the radio station of the news, and the two organizations decided to co-sponsor the event.

Tickets for the concert are $3, and they can be purchased at the Student Union Desk.

**Dungeons and Dragons**

A fellow of the Hawthornden International Retreat for Writers in Scotland walks through the courtyard of Hawthornden Castle, where Heather Sellers lived and wrote for a month this summer.

"Both are well known in the writing community as being great places to get a lot of work done," Sellers said. "It was by far the best summer of my life."

In New York, and the second at the newly renovated DeWitt Center main theater. The Ririe-Woodbury Dance Company, an innovative professional modern dance troupe, will leap and lift the night away. Ririe and Woodbury, the founders and choreographers, are two women who have received heaps of dance honors throughout their careers — it should be a cool show. Tickets are $6.50 for students, and are available now at the DeWitt Center ticket office. All tickets are reserved seating, so plan ahead.

**DANCE:** The first event of the Great Performance Series takes place this Fri. and Sat., Sept. 26 and 27, at 8 p.m. in the newly renovated DeWitt Center main theater. The Ririe-Woodbury Dance Company, an innovative professional modern dance troupe, will leap and lift the night away. Ririe and Woodbury, the founders and choreographers, are two women who have received heaps of dance honors throughout their careers — it should be a cool show. Tickets are $6.50 for students, and are available now at the DeWitt Center ticket office. All tickets are reserved seating, so plan ahead.

**MUSIC:** Tenor Kent Wattleworth ('98) will present his senior recital tonight, Sept. 24, at 8 p.m. in Wichers Auditorium in the music building. He'll sing arias of Bach, Mozart, andHaydn, as well as some pieces by Brahms. A five-piece orchestra will accompany one of his pieces. Wattleworth said the recital should last about an hour, and he said there would be cookies for all afterward.

**MUSIC:** Catch the first student recital, showcasing the finest and bravest of Hope's music department, tomorrow, Sept. 25, at 11 a.m. The concert takes place in Wichers Auditorium, and don't worry, you'll be out in time for your twelve o'clock class.

**MUSIC:** Post-Pull entertainment! Yell your heart out all afternoon at the hundredth Pull, and then, if you're old (and wise) enough, trek downtown to Bush's Dry Dock for some hearty grub and a little jazz. Hope's Jazz Chamber Ensemble I will start playing at 9 p.m., and they'll probably go for a couple of hours — longer, maybe, if the crowd's good.

**MUSIC:** Brahms is here on campus, not to put you to sleep with his lullabies, but instead to celebrate the centennial of his death with you! The well-known romantic-era composer, who died in 1897, will be featured in this year's Faculty Recital Series, and the first concert is this Sun., Sept. 27, at 4 p.m. in Wichers Auditorium. Faculty pianists, violinists, clarinetists, and sopranos will perform.

**WEELY SORCARTES SOURCES:** A Jazz Master Class meets every Wednesday at Socrates Center and Coffee Shop from 4:30-5:30 p.m. Jazz students, or anybody who's interested. The jazz-type instrument and the urge, will play around, and the audience can offer comments, suggestions, criticisms, or just a pair of open ears . . . Also, OPUS, Hope's Lit-Art Organization, sponsors an open performance series at the coffee shop every Thursday evening starting at 8 p.m. Bring your kazoo, your dad's clothes from the sixties, your favorite Shakespeare verse, or anything else you think might make for a good performance. OPUS dub's the event a "free-for-all," and they mean it.

**NEED EXTRA MONEY? WE'VE GON SUNUP TO SUNDOWN SCHEDULES!**

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Beyond Elemeno

I learned to read when I was four.
Before then, I always watched in awe when adults would look at a book and just tell a story from the scribbles on a page. At the end of pre-school I learned their secret. Those letters we were saying and writing—they were all in the alphabet song. There weren't any extras, we knew all of them. Then the clincher—every word I ever wanted to read was made of those letters and those letters only. Amazing! Why hadn't anyone told me this before? It was all so simple.

"Mom," I said with a marker in my hand, "What letters make my name?"
She told me, I wrote them (with a backward N). Then I sang the song to test this new theory. The E was there—no problem. But then I continued, and frowned.

"They're not all here," I said accusingly.
"Yes they are," she said.
Then I sang the song for her and pointed out that there was no N, there was no O, and there was no J. Those were pretty important letters in my name.
She insisted that they were there. So I went through the song and started writing letters. After K, I was confused.

"What does elemeno look like?" I asked.
"What?" she said.
"Elemeno." And I sang the song again.
I don't remember if my mother smiled or laughed, but I do know that from her later telling of that story she thought it was pretty funny. She wrote out the letters this time and pointed out the very separate letters L, M, N, and O.
From that time on, the skill of finding and starting writing letters, after K, I was confused.

Have you picked out constellations in a clear diamond sky, or put glow-in-the-dark stickers on your ceiling? Have you seen a well-dressed boy with a flower behind his back and the other hand poised to knock on a door? Did you see the Buckhout family thank a chapel full of precious children who came to a memorial service for a classmate that most had never met?

The everyday miracles allotted us aren't as evident as a fairy tale's magic, yet they are there all the same. Finding these glimpses of hope and bringing them to others keeps me writing, past elemeno, past syntax, to something a little magical of my own.
Summer memories inspire scholarship for Californians

SALLY SMITS
staff reporter

For some people, summer memories linger long into the year. For Marian Swortzel, they lasted a lifetime.

When she was young, she spent many warm afternoons at Lake Macatawa with her family. And though she never attended Hope College and lived most of her life in California and Hawaii, she never forgot the impressions the Holland area left with her.

"She had been back here for five years, and when we last saw her, she remembered something about Hope," said Scott Wolterink, regional advancement director at Hope.

Marian Swortzel contacted Wolterink last year to tell him that she would like to support students from her small community who wanted to attend Hope College. She always had a love for education and graduated from the University of Michigan with a triple major in art, history, and English. From there she considered a teaching career, but instead devoted herself to her family.

She did continue all through her life to keep up her interests in art, history, and travel. It was mainly her grandmother's creativity that allowed her to do so. She invented the square-bottomed grocery bag and set up the paper mills to produce it. This invention secured his fortune, and allowed her to do so. He invented the Yosemite High Schools in Yosemite National Park.

Sally Selmer ('00), recalling the many warm summers at Lake Macatawa, said, "She had been back here for five years, and when we last saw her, she remembered something about Hope." Wolterink said.

"At our wedding, five of the men who pull as a team," Kunzi said. "At the rehearsal dinner, my brother had a gift for my fiancée. He invented the anchor cartoon by Andrew Lotz.

The TRIVIA BOX
What Hope College student is related to the lead singer of Jars of Clay?

(The answer to this week's question can be found in this week's Anchor.)

Answer to the question from two weeks ago:
How many pine trees are in the Pine Grove?

To tell the truth, I got up to 25 before I lost interest and stopped counting. If you really want to know, you're going to have to go out and count them yourself.

Passion for Pull is the tie that binds

ANDREW LOTZ
staff reporter

According to a recent study done by a group of neuroscientists, the hormones that cause systemic, and release the hormone sympathetic (arousing) nervous system, are not released by the gonads, but instead by the adrenal glands.

The adrenal glands are part of the sympathetic (arousing) nervous system, and release the hormone adrenaline in times of physical stress. The body's strength ability to react quickly. In the study, the factor of recurring excitement and physical exertion is key.

"If you really want to know, you're going to have to go out and count them yourself."

Jim Swortzel, Morale girl Tammy Okma ('93) married her puller. She and her husband Matt Okma ('93) were in put one, and that is where they remember their relationship beginning.

"The Pull was ever and we had won that sophomore year," she said. "I was so excited about winning, I gave Matt a kiss never even realizing what I had done. I will never forget the look on his face after that moment."

John Du Mez ('52) met his wife of 40 years on the rope.

"When it came time to choose one (morale girl), I saw that cute girl who was in my Bible class," he said. "I didn't even know her name, but I said to the coach, 'I'll pick that one' and pointed to her. I found out that her name was Rae Eustace. I had no idea that I was picking her for life...Rae is still my morale girl after 49 years."

The excitement and excitement appeared to build a wonderful chemistry between a puller and his morale girl.

Bruce Bergethon ('90) dated and then subsequently married his morale girl, Amy Sechler ('96). They pulled their freshman year with other people, and then were in the same pit on the sophomore team. They told of a relationship that develops between all members of the team. The group seems to function with a certain unity that comes with the long hours spent at the same task.

"We all [the entire pull team] would do things together after the Pull; not because we had something in our past that was common, but because we all became such great friends," Siebert-Bergethon said.

But among this group of great friends, the Bergethons fell in love.

"We didn't start dating right away after the Pull because we needed to make sure it wasn't just the excitement of winning while together, but we kept coming up with excuses to see each other," Siebert-Bergethon said.

However, not all pullers and moralers who have fallen in love worked in the same pit with each other.

Amy Strasser ('98) was not the moraler of Andy Still ('98) their freshman year. But they did meet on the team and fell in close bond there.

"After a week, you have family," Strasser said, commenting on the relationship the Pull builds between all of its participants. "The people who share the Pull are drawn together in a really intense relationship."

Their sophomore year, Strasser and Still pulled together and have now been dating for almost two years.

Bruce Kunzi ('93) went on to marry a girl he met through the Pull. The only problem was she was Sara Crips ('92), and he had to pull against her. The next year, she coached against him polling, and finally they both coached against one another.

"At our wedding, five of the men standing on my side were '93 pullers," Kunzi said. "At the rehearsal dinner, my brother had a gift for my fiancée. It was an odd year colored shirt. On the front was a '97, the year we were married. On the back it has a number one, and the words, 'Pull as One.'"

Whether by random occurrence or from the excitement and physical stress of the event, the Pull develops something within its participants.

"The Pull is so primitive, it develops bonds," Selmer said.

Whether those bonds are biochemical or social in nature is best left to researchers.

But somehow, in some way, the Pull draws students together in magical ways, both as a team and as individuals.

Do you like to write? Have you ever wanted to be famous and have your name immortalized in print? Then write for this column. We need you and you need us. You know you want to. Call x7837, or come to a meeting (6 pm every Sunday, & 7pm every Wednesday) Go to DeWitt, open the door between Student Development and MTHS, walk all the way down the hall and turn right. It’s never too late to be famous.
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3:00 pm

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Training room adds 2nd Ray

BETH COUVREUR

There’s a new face in the training room this year.

For the past 15 years, Rich Ray, Athletic Trainer Certified, has been the only certified athletic trainer on the Sports Medicine Services staff, heading a team of 16 student athletic trainers. With the growth of Hope’s athletics programs, Ray said, “It’s not the same as having faculty right here on campus, like the other majors.”

Enter Ray Rodriguez, ATC.

Rodriguez joins the Department of Kinesiology as an associate head athletic trainer and classroom instructor.

“Our Sports Medicine Services program, which is intended to take care of injured student-athletes, has just really exploded in the last 15 years,” Ray said.

“Rodriguez has already helped us to provide another set of hands, another set of eyes, and another set of ideas of ways to help us create innovative, creative ways to help get our athletes back to competition.”

In addition to sharing clinical responsibilities for the care and rehabilitation of injured student-athletes, Rodriguez will also teach two athletic training practicums and lead the introductory and advanced athletic injury assessment classes.

Rodriguez had served as the head athletic trainer for the last several years at Florida Institute of Technology in Melbourne, FL. He did his undergraduate work at Haverford College and Master’s studies at Florida Tech.

In addition to his work at the Division II level at Florida Tech, Rodriguez has also served at the Division I and clinical levels.

Rodriguez was drawn to Hope for many reasons.

“The opportunity to teach again has really been a plus. Hope is a lot like the place I went to school and that brought me up,” he said. “Having people on staff, my hope was to help improve the quality of our life, with my family, which so far it has gone pretty well. I also think that’s something that was important to me.”

Rodriguez sees the differences in working with college athletes on various levels.

“The road to success at Division I is littered with a lot of bodies. The road to success at Division II, there aren’t as many bodies on that road. At Division III you don’t necessarily toss people aside for the sake of winning.”

Because Ray and Rodriguez are both associate head athletic trainers and ultimately share responsibilities in both the Dow Center and Fieldhouse training rooms, one of the biggest challenges so far has been communication.

“Rodriguez’ and I have to talk all the time throughout the day regarding the various cases and status of student-athletes as they improve from day to day or get worse,” Ray said. “I think that’s gone pretty well. I also think that we’re going to figure out better ways to do it as time goes on.”

Injuries, turnovers key in football team defeat

MIKE ZUJDEMA

Sports editor

Saturday’s Hope-DePauw football game appeared to be a match of Brandon Graham (‘98) versus the Tiger’s Bernie Haskins.

And, for the first half, it was. Graham’s heroics weren’t enough as DePauw downed the Flying Dutch, 33-20.

All-American tackle Graham and Division III player-of-the-year quarterback Haskins played a game of “top this” in the first half.

Graham kicked off the scoring by breaking loose for a 36-yard touchdown run, and, following Travis Williams’ (‘98) extra point, Hope led 7-0.

Haskins responded in the second quarter, hitting running back Jon Stigall for a 42-yard touchdown pass to tie it at seven all.

Hope struck back on the next series by marching 86 yards, and ending with a 3-yard Graham touchdown run.

The touchdowners marked Graham’s 33rd and 34th of his career, setting a new school record. Graham also set the school record for career carries.

The defense then contained Haskins, who has received much hype for his passing prowess and who owns many of DePauw’s passing records.

Hope ended the half with a 13-7 lead.

The second half began with a scare of large proportions.

On Graham’s second carry of the day, he was pulled back by a third quarter interception and fumble pinned the team back on the next play.

Following the injuries, Haskins responded in the second half with a 13-7 lead.

The defense was led by Todd Tester (‘00) and Adam Paulberg (‘99), who had ten and eight tackles respectively.

The Flying Dutchmen will next travel to Wabash with a 1-2 record, then taking a week off before beginning league play at Kalamaus on Oct. 11.
Disc of Passion

 Forget bowling, ballroom dancing, and underwater pumpkin carving — Frisbee golf is the new sport for the Olympian. Over the past weekend, I had the opportunity to play the first round of my Frisbee golf career. So I grabbed my friend and editor-in-chief, Glyn Williams, and set out for the course at hand. At this time I would like to apologize to the two women who I basically decapitated with my blue disc of death. It was my first time. I think I also inadvertently killed a squirrel. The little guy limped away so fast after I hit him, I couldn’t see if he was alright.

 No one ever forgets their first time, and I won’t be any different. I shot something like 50 over par (I stopped counting after the second hole). My arm heals; I threw it out on my back. The little guy limped away so fast after I hit him, I couldn’t see if he was alright.

 My round was almost cut short as well when one of those lawn moving automobiles about shred- ded the poor Frisbee into nothing.

 But I figured if the Cosmos can keep playing, so can I.

 The sport that has captured Hope by storm every year has a sort of addiction flavor to it.

 Once you start you can’t stop. No matter how many times I lost the darn thing in the bushes, or how many times I would whip the thing, only to have it roll back to my feet, I became exiled at every hole. Wind velocity, angles, and rough became vital.

 Let Tiger Woods take me on. Let him weave his way around DeWitt, with a Nike disc. Let him try his long driving on each of the holes. I am Frisbee golf. I now know my calling. Each night while everyone is asleep in their residences halls, I will be practicing the course, learning every nook and cranny (as soon as my arm heals; I threw it out on my back). Ah, the danger of sports.

 Every time I’m not out there, someone else is, looking to beat me. Perhaps a travel team will be made and we can play against the stars of Miami and San Diego. Sure the sun and temperatures make it a Frisbee heaven, but let’s keep them in the Midwest. I mean we may never see those superstar Frisbee golfers that you read about in “Philly Golf Digest,” but the passion has been installed and may never extinguish. Many go crazy over this disc phenomenon, and now I have become one of the loyal followers.

 Ray from 11

 "I think that in the short time we’ve been together there’s been a genuine mutual respect because, philosophically, we’ve meshed to a great degree, its been an easy move. There haven’t really been any problems, just stylistically we’re different.” Having two certified athletic trainers on staff will benefit both student athletes and students in the athletic training education program by allowing Rodgers and Zuidema more time to work with injured athletes and to supervise and instruct student athletic trainers better.

 "Change is tough for a lot of people,” Rodriguez said. "There are times when I wonder, ‘Have I made the right choice?’ When I get to spend time with my family and see the type of environment that I’m working in, those far outweigh any little operation nuances that may arise.”

 Volleyball begins on high note

 MIKE ZUIDEMA
 sports editor

 If records are any indication, then Maureen Oland has had no prob-
 lem adjusting to coaching at Hope College. The first-year coach ran her
 record to 13-0 following the team’s 15-9, 15-10, 15-3 defeat of Adrian
 College, Thursday, Sept. 18.

 The victory over Adrian breaks a Hope record of 15 straight victories, which dates back to last season.

 Hope has also won 27 consecutive games, dropping their last one
 14-16 to Walsh, Ohio at the Mt. Union College Invitational.

 The team is overall 39-2 in games played this season.

 The Flying Dutch is also ranked eighth in the nation among Division
 III teams.

 The Adrian win runs Hope’s league record to 2-0, along with their
defeat of Oliver.

 Despite the quick start, Oland is wary to rest on her laurels.

 “If anything it puts the pressure right back on.” Oland said. “As
 long as we’re out there, anything can happen.”

 “We need to focus on playing our game,” Oland said. “We were a
 little overconfident. That was a great wake-up call tonight.”

 The Flying Dutch responded, rat-
ing off nine straight points to fi-
 nish the game.

 The third game provided Oland
 the opportunity to give some time
 to players who normally wouldn’t
 have gotten it.

 Amy Breuer (’01), Kim
 Grotenhuis (’01), and Lindsay
 Schreitenker (’01) were among those who got extended playing
 time.

 “They were really tough. My
 whole second string is doing a great
 job,” Oland said.

 For the game, Christie Edison (’98) finished with 19 assists, and
 Becky Schmidt (’98) and Heather Velting (’99) ended with seven digs
 apiece.

 Four players ended with one ace
 each, and Schmidt led the way
 with three blocks as well.

 “They’re adjusting and they still
 have a long way to go,” Oland said. “But we’re pretty happy
 where things are.

 The Flying Dutch will enter the
 meat of the Michigan Intercolle-
 gate Athletic Association schedule
 as they travel to Kalamazoo on
 Thursday and host Calvin on Sat-
 urday.

 Men’s Golf:
The team sent two teams
to tournaments hosted by Albion and Olivet, finishing in third and sec-
 ond respectively. With the two finishes, the team is currently in second place in the Midland Intercollegiate Athleti-
 e Association, behind Olivet. Current leading scorers are
 Kevin Fengre (’98) and Mike Feyen (’99) in a tie for second place in the MIAA, behind
 Melanie Oork (’99), and Mindi Shifts (’99) in third.

 In their last tournament (the
 Country Club Tournament in Olivet, (’99) raise her season goals total to
 at Albion, Saturday releasing their
 pressure. The Flying Dutch are on
 a six-game winning streak.

 "We are one of the top
 teams in the MIAA, "Oland said. "I believe we can beat anyone.
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