1976

1976. Volume 07, Number 04. November-December

Hope College

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Expanded Fitness Program Goal of New P.E. Center

Tests conducted during the Vietnam War revealed that 22-year-old American men already show signs of heart disease. Americans carry a corporate load of 1 billion pounds of excess weight. Fifty-five percent of the people who die in this country each year die of heart and blood vessel diseases. "It's not so much that we're dying as it is that we're killing ourselves," said Dr. Kenneth H. Cooper, creator of the aerobic form of physical fitness, during his Community Hour address on Oct. 14.

Aerobics is a term used to describe continuous exercise for the development of cardiovascular fitness. The exercise program developed by Dr. Cooper has been featured in practically every major magazine and is the basis for the conditioning programs of many professional football teams and a number of NCAA colleges. Dr. Cooper's aerobic program is used in over 200 schools throughout the U.S. as a basic physical education program. The aerobic program is the official program for both the U.S. Navy and Air Force.

Dr. Cooper's day-long visit to Hope was especially significant as the College prepares to begin construction of the Physical Education and Health Center. It is hoped that an organized form of aerobics activities will become available when the Center is completed in 1978.

According to Dr. Cooper, the human aging process is accelerated by inactivity, obesity and the use of tobacco. An exercise program improves the efficiency of muscles, including the efficiency of the heart. In addition, exercise causes one to build up the body and lose inches while staying at the same weight.

"Not many Americans can stand in front of a full-length mirror and say they are proud of the way they look," Dr. Cooper said.

Dr. Cooper said that the aerobic program also offers psychological benefits by making an individual feel better and have more energy and reserves.

The author of the best-sellers Aerobics and The New Aerobics pointed out that tests show that physical fitness leads to a higher grade point average.

"Yet we are seeing a phasing out of the P.E. requirement in this country. I think it's disgusting to see this," he said, pointing out that Oral Roberts University has a four-year P.E. requirement. Dr. Cooper recently designed an aerobic center for the Oral Roberts campus.

Dr. Cooper said there are three things to remember when embarking on a conditioning program. First, you must progress slowly. Second, you should have an initial stress test. Finally, you don't have to run to be physically fit; you can walk, bicycle, or choose another option from a variety of exercise activities.

Dr. Cooper's aerobics program calls for the earning of 30 activity points per week. Cross-country skiing is the most valuable, point-wise, exercise in the system, and swimming is the second.

Dr. Cooper's wife, Millie, also addressed the Community Hour audience. She is the co-author of Aerobics for Women. She spoke of the need to bequeath a physical rather than financial legacy to the next generation.

As I write on the first day of December, 1976 I cast a backward look at a wonderful Bicentennial Year. It has been a good year for us as a nation, for the College, and I trust for each member of the Hope College family. We have a truly wonderful heritage of freedom; may we ever be vigilant to preserve it.

How good it is that we can celebrate this Christmas in peace, and with no major crises in the life of our nation. For this also we give thanks.

Yet I sense in my own thinking, and I detect the same in many others, a measure of uneasiness and uncertainty about the future. For many students this is especially real at the personal level; for all of us it relates to our corporate life as a society and nation. In this mood our celebration of Christmas can have a very special significance. For in the Incarnation we catch a glimpse of great truths which run counter to conventional wisdom, and yet have the ring of ultimate truth: Eternity entering time, so that our time is caught up into eternity; Glory through service and humiliation; Victory through a cross; Love which knows no bounds.

Each of us will have our unique setting and traditions in which we celebrate again the coming of Jesus Christ. Yet each of us can experience afresh something of His transferring love and presence so that with confidence renewed, we enter the year with joy.

To each of you, we extend our gratitude and appreciation for your part in the life of the College, and extend our best wishes for a joyous Christmas and a year of purpose and fulfillment.

Gordon and Margaret Van Wylen
The family is not dead or even close to dying, according to Dr. Margaret Mead, internationally recognized anthropologist who visited campus on Nov. 5 as part of Parents’ Weekend activities.

Now in her 72s, Dr. Mead is known for her outspokenness on many subjects. She spent a whirlwind day on campus, addressing several classes, after arriving a few minutes late to one class, she truly commented: “Leave it to the Dutch to get their money’s worth.”

Dr. Mead succeeded in captivating a near-capacity audience of students, parents, and faculty gathered in Dinman Memorial Chapel for her keynote lecture on the subject of “The Family.”

“The family is our oldest and toughest institution. The family is not just a side effect of being human. We don’t know how to produce beings that are fully human without the family,” she said.

What human concepts do children learn in the family?

According to Dr. Mead, they learn that there are two sexes. “And that’s a useful thing to know,” she added, displaying the humorous wit which characterized her address.

Children also learn to put up with people they don’t like, and that there is a difference between living and dying people.

“To date, their mothers have taught girls how to behave like women,” she said. “Women don’t learn about being mothers by having babies, they learn about being mothers from their own mothers.”

This is the case, she said, because girls are taught to identify with their mothers, i.e., to pay attention to their needs and not to interpret these needs as their own.

In contrast, boys are taught not to identify with their mothers. They are urged to achieve.

Dr. Mead pointed out that in such a structure is that if the child resembles in any positive way the parent of the opposite sex, the child must choose between accepting that gift and rejecting one’s sex, or vice versa.

Among the contemporary burdens brought to bear upon the modern family is that it is as a nuclear unit, cut off from relatives and community and expected to solve all its problems on its own, according to Dr. Mead.

She also said that modern American society has divided up living in an unprecedented way with executive suburban, junior executive suburbs, and many other housing classifications cut in line with the economic line.

“What we have is young people all living together in the same stage of ignorance. We’ve even made it possible for relations who like each other live near each other, unless they happen to belong to the same income bracket.”

Another change she discussed was that in the past a woman was not expected to live longer than the birth of the last child. Nowadays, even after the children have left the home, a couple still has about 35 more years to enjoy each other at the breakfast table.

“They suddenly discover that they have nothing to talk family, as if it were a stage they are forced into. And divorce is on the increase.”

An increase of divorce and remarriage indicates children are still in the home which threatens the family’s ability to function as a place of warm, friendly, and safe intimacy, Dr. Mead claimed.

The generation gap which began in the mid-60s was the result of the accelerated change occurring during the previous few decades, Dr. Mead characterized. Dr. Mead said, was that happened at the same time all over the world.

“Nowhere on the whole planet was there any adult who had the same experiences the children were having.”

She likened the generation gap to “the Grand Canyon slowly moving toward the Pacific,” pointing out that there are now young parents, professors, and siblings on the same side of the gap as the children. Once the older side of the gap dies off, the phenomenon will never be repeated.

Despite these pressures, Dr. Mead maintained that the family will survive and in some ways be superior to the family of the 1950s (which society insists on making the traditional family, as if it were the rules that Moses gave), she said.

“America is in the process of building a climate in which people don’t have children until they plan and stay together.”

“We are on the verge of developing a new attitude toward marriage that will not expect a woman to live on the fact that she had two children 40 years ago.”

Dr. Mead received questions from the audience after her lecture. When asked about the survival of long-marriage, Dr. Mead said she thought such marriages would become nearly obsolete.

“Our lives are too long and people change too much.”

She re-emphasized that society will come to expect a woman to stay together until their children have left the house.

Dr. Mead said she sees cosed dorms as a useful means of preparing men and women for a world in which they will be working together as colleagues.

She said she found abortion “jolting,” but added that society has no choice but to use abortion “as a backup for failure.”

When asked how she maintained her vigor, Dr. Mead said she liked what she was doing.

Boredom is the greatest danger,” she said, adding that the variety of her work and the variety of people she comes in contact with preclude this possibility.

While at Hope, Dr. Mead also had informal contacts with students, including a dinner with Presidential Scholars. She led a seminar sponsored by Mortar Board on the topic “Changing Roles of Males and Females.”

The topic was especially appropriate because this is the first year that Mortar Board, traditionally a women’s honor society, has extended its memberships to men.

**DELIVERY DELAY**

A strike against United Parcel Service (UPS) in some parts of the country has slowed the delivery of mail by the Postal Service. This has caused an unavoidable delay in the receiving of Hope College publications to many of our friends. We are extremely sorry for this inconvenience.

**news from Hope College**

Vol. 7, No. 4

Published for Alumni, Friends and Parents of Hope College. Should you receive more than one copy, please pass it on to someone in your community. An overlap of Hope College constituencies makes duplication sometimes unavoidable.

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Official publication: news from Hope College is published four times a year by Hope College, 85 East 12th Street, Holland, Michigan 49423

Second class postage paid at Holland, Michigan 49423 and additional offices of entry.

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**Concert Calendar**

**Spring Semester, 1977**

**January**

20 Music Department Student Recital; Wichers Auditorium, 7:00 P.M.

17 Recital: Charles Webber; Wichers Auditorium, 8:00 P.M.

15 Young Concert Artists; MICHAEL WEIRELL, trumpet; Wichers Auditorium, 8:00 P.M.

2 MAX MORTAL; King of Ragtime; Dimean Chapel, 8:00 P.M.

2 Faculty Recital: Eleanor Palma & Roberto Kong; Wichers Auditorium, 8:00 P.M.

24 Collegium Musicum Concert; Wichers Auditorium, 8:00 P.M.

**February**

3 Music Department Student Recital; Dimean Chapel, 7:00 P.M.

11 Grand Rapids Symphony

17 Faculty Recital; Carol Cook; violinist and Greg Westley, baritone; Wichers Auditorium, 8:00 P.M.

14 ST. HELWIUS CATHEDRAL CHOIR & DOM KAPELLE ORCHESTRA OF BREMEN; Civil Center, 8:00 P.M.

18 Grand Rapids Symphony

26 Faculty Recital; Randy Cook; flutist; Wichers Auditorium, 8:00 P.M.

24, 25 Faculty Recital; Diniis and Peter Hansen; Violin & Harpsichord Duo (Univ. Michigan); Wichers Auditorium, 8:00 P.M.

24, 25, 26 Faculty Recital; Diniis and Peter Hansen; Violin & Harpsichord Duo (Univ. Michigan); Wichers Auditorium, 8:00 P.M.

20 Faculty Recital; Allison Knoll, hornist and Mary VanDenbregt, demersis; Wichers Auditorium, 8:00 P.M.

28 Senior Recital; Diane Eldridge, soprano; Wichers Auditorium, 8:00 P.M.

**March**

3 Music Department Student Recital; Wichers Auditorium, 7:00 P.M.

12, 13, 14 "Two Gentlemen of Verona"; DeWitt Cultural Center, M.T., 8:00 P.M.

6 Student Chamber Music Concert; Wichers Auditorium, 8:00 P.M.

7 Student Recital; Martha Barnett, soprano; Dimean Chapel, 8:00 P.M.

8 Hope College Orchestra Concert; Dimean Chapel, 8:00 P.M.

12 Student Recital; Elizabeth Martin; Wichers Auditorium, 8:00 P.M.

10 Student Chamber Music Concert; Wichers Auditorium, 8:00 P.M.

11 Faculty Chamber Music Concert; Wichers Auditorium, 8:00 P.M.

15 Workshop: Young Concert Artists STRING TRIO with Yajima; Thompson and Thomas; Wichers Auditorium, 200 to 5:00 P.M.

15 Young Concert Artists; STRING TRIO Concert; Wichers Auditorium, 8:00 P.M.

24 Music Department Student Recital; Dimean Chapel, 7:00 P.M.

18-23 Chapel Choir Tour

17, 18, 19 Dimean Recital; Dimean Cultural Center M.T., 8:00 P.M.

18 Senior Recital; Rich VanderMei, violinst and Roy Johnson, trombonist; Wichers Auditorium, 8:00 P.M.

**April**

9 Faculty Recital; Deborah Herman, pianist; Dimean Chapel, 8:00 P.M.

15 Student Chamber Music Concert; Wichers Auditorium, 8:00 P.M.

14 Music Department Student Recital; Wichers Auditorium, 7:00 P.M.

15 Recital: Martha Taylor; Mezzo-Soprano and Jeffrey Wiggins, tenor; Wichers Auditorium, 8:00 P.M.

16 "Magic Flute" Michigan Opera Theatre; Holland High School, 8:00 P.M.

22 Student Recital; Robert L. Ackerman, trumpet; Wichers Auditorium, 8:00 P.M.

21 Young Concert Artists; JEFFREY SWANN; pianist; Wichers Auditorium, 8:00 P.M.

21, 22, 23 "Woyzeck"; DeWitt Cultural Center S.T., 8:00 P.M.

24 Concert: Hope College Band and Holland High School Band; Holland High Auditorium, 8:00 P.M.

26 Concert: Hope College Chapel Choir; Dimean Chapel, 8:30 P.M.

26 Concert: Hope College Orchestra and Symphony with winners of student auditions; Dimean Chapel, 8:00 P.M.

**May**

12, 29, 30, 31 "Woyzeck"; Devitt Cultural Center S.T., 8:00 P.M.

28 Music Department Student Recital; Dimean Chapel, 7:00 P.M.

1 Hope College/Grand Rapids Community College Concert Association—Great Performance Series

2 Hope College Theatre Department

*Hope College has announced its 1976 concert season.*

**#**

1 Senior Recital: Lee Ann Soudain, organist; Dimean Chapel, 8:00 P.M.

2 Senior Recital: Lee Ann Soudain, organist; Dimean Chapel, 8:00 P.M.

**2 Senior Recital: Lee Ann Soudain, organist; Dimean Chapel, 8:00 P.M.**
Future-Oriented Toffler Looks to Year 2000

Neither Jimmy Carter or Jerry Ford addressed himself to the most important issue during their presidential campaign, said Alvin Toffler, author of Future Shock and The Eco-Spasm Report, during his Oct. 28 Hope Community Hour address.

Toffler said a world that would have better served citizens if it had debated the question: "What kind of society should all be in the year 2000?" The future of America is a matter of process not programs, Toffler maintained.

"Our political system was born 200 years ago and was designed for an agricultural society. It took years to adapt this political system to the industrial age. The system is overloaded by the changes and diversity now present. It is old, rusty, broken-down and totally incapable of solving our problems.

The U.S. political system must become future oriented and participatory in nature, he said. "Anticipatory Democracy" is a term Toffler has coined to describe a political process which allows for the involvement of many citizens in solving the country's problems and planning its future course.

The well-known social critic and futurist said the U.S. is presently going through "a Superindustrial Revolution" which is not a linear extension of the past but rather marks the total breakdown of the industrial system. Moreover, he said the phenomenon is not limited to the U.S. but occurring in all the major industrial regions of the world.

According to Toffler, all industrial societies have certain built-in, parallel processes which click together to create a smoothly operating system. All industrial societies depend on fossil fuels, engage in mass production, and are time-conscious. Also, they all emphasize standardization, centralization, "the goodness of bigness," and "the stripped-down, streamlined, mobile nuclear family.

Toffler said future industrial systems have recently begun to break down and undergo severe disintegration processes. As a result, the breakdown is currently occurring in the U.S. energy, health care delivery, postal, welfare, and family systems.

Above all, the breakdown is evident in the U.S. political system, Toffler said, describing the election over years as the U.S.'s last "normal presidency."

Speech by Dick Gregory Offers Eight Year Contrast

One of the biggest campus issues was the impending suspension of 99 Hope students because of extracurricular activities. Another was the visit of activist Dick Gregory, considered in some circles as being everything from obscene to anti-American. He addressed a student and faculty meal at 7:30 in Dimment Chapel. Area media covered the event. It was the heat of the civil rights movement an event was going on in Vietnam. It was March, 1968.

Dick Gregory returned to Hope last month and addressed a Community Hour audience which was about two-thirds of the main floor of the chapel. In many ways Gregory's 1968 and 1976 speeches are similar.

"The number one problem in America today is moral pollution," he told his audience. "I'm not going to forget the last time this country told the truth.

Last month he said, "The mentality of this country is that every one is so busy looking at the outer garments of a person that they can't see the inner self... Morality comes from within not from without.

Gregory is still struggling off labels. In 1968 people were trying to make him a black leader for non-violence in the civil rights movement. "I'm committed to non-violence," he said. "It's a personal hang-up and I'm not going to go into the ghetto and talk about non-violence and I can't do what I want and I'm not going anywhere to cool 'em off.

Last month he said that people call him a radical, but that the use of labels is a matter of relativity. He used the analogy of someone screaming in a hospital zone. "That's insane, but who is it that is standing on your feet. Then screaming's normal.

"It's not that I'm a radical it's not that the label is a problem," he said. "It's that the label is taken so seriously."

President Johnson was described by Gregory as "the slickest tyrant since Caesar." Last month Gregory said that the question shouldn't be 'How did Ford do?' but rather 'How did he stay in so long.'

The issues in 1968 were the U-2 crisis, the anti-war movement, and the civil rights movement. Last month Gregory talked about the "New Age" of drugs, pollution, and a new industrial revolution.

At the end of the discussion the audience took the orphans into their homes. The orphan house was located on the south side of 12th St. where Western Theological Seminary now stands. It was destroyed by fire in March, 1899.

Taylor found 18 boys in the district school who were ready for secondary work. Before he left Holland he started a "Superindustrial Revolution" and opened Hope Community School. His recent presidential campaign demonstrated how much he accomplished in the U.S. energy, health care delivery, postal, welfare, and family systems.

News from Hope College—November/December, 1976
A Draw

Competition between the freshmen and sophomores ended in a draw this fall. The men of the Class of 1980 were victorious in the Pull tag-of-war while the women of the class of 1979 won the Nykerk Cup competition in drama, music and oratory.

The freshmen broke tradition in the 79th annual event by pulling their sophomore counterparts out of their pits. It was the only time since 1946 that the freshmen emerged victorious over the sophomores.

The sophomore women avoided total disaster for their class which had lost both Pulls and the Nykerk competition in 1975. The sophomores sang the theme from Mahogany while the freshmen sang "Something Beautiful." Sophomore orator was Dam Kirby of Malivah, N.J. and the freshman orator was Michelle Ricci of Holland. The sophomore play was an adaptation of "The Little Prince" by Antoine de Saint Exupery while the freshmen presented an adaptation of Robert Bolt's "The Thrilling of Baron Hollarw."
Wheels of Hope: More than 300 Miles

The following is taken from an essay by Lori Malenda, a sophomore from Morrison, Ill. It was written after her participation in "Wheels of Hope's" five-day, 300-mile bicycle trip to Mackinaw Island in mid-August as a pre-orientation activity. Twenty-four incoming freshmen and upperclassmen made the trip under the leadership of Sandy Parker, assistant professor of physical education.

Of all the challenges I've experienced in my lifetime, the Wheels of Hope bike trip proved to be one of the greatest.

The first day seemed terribly long, but was actually quite short compared to the miles we would soon sweat out.
The next day came mighty fast and to my surprise I was ready and rippin' to go. The beach was more beautiful than I had expected. We also shared a quiet time which was just what I needed to get going again.

Pedaling on to Frankfort and Eastport were unbelievable. At times I thought my back would break or that I would die from dehydration. Then came that certain inspiration either from God's beautiful creation or from a special word shouted out from behind, "You're going to make it." "Aren't those flowers fantastic?" "Smell the hay, it's unbelievable." Times like these truly kept me going.

As the day came to an end everyone pitched in what was left of their energy and helped with supper. The campfire was warm with all the food kicking in around us. Every time I looked through the fire, chills ran up and down me. Everyone really cared about everyone else. There was team work here through thick and thin. No car, bus, or motorcycle could have accomplished the friendship we had come to know on our bikes.

We had to make it: not just 16 or 20 or even 25 if it was just 24 of us had to make it. Do you know what? That last day finally came. On the third 10 miles I just stopped and looked back in wonder at the miles we had covered. Every hill, rock, and stoplight we made it through. With sweat running down my body and tightened muscles I grabbed my water bottle and gulped the last drop of water. Once again God had given me just that little bit extra to do my best but something beyond my best. I could do it all I had to do was try.

The day was almost over. Then we sat on the doorstep of a little old country store eating ice cream bars and drinking pop. The air was so clean and fresh that I could hardly take enough of it. I didn't know exactly how many miles were ahead but if that bridge was at the end, our group was going to make it. We were off like lightning. Something kept me racing onward like never before on the trip. I was pedaling like I'd never had any hills to slow me down before. The groups were all singing and showing encouragement out to each other. We were moving! As we came around what seemed the 15th corner I couldn't believe my eyes. There stood the bridge in all its majesty, towering far above the trees below. I had made it. Every inch and more I had made it. We came closer and closer and soon Joe and Lori read the sign Mackinaw City.

After the gas station pit stop we pedaled on to camp. When I saw that clear blue water I couldn't help but run with all my clothes on. I made me feel like a new person.

Everyone had joy just bursting from them. We had really made it not by ourselves but together.

As we said the Lord's Prayer that night I felt so proud to be a part of the group. Every word of that prayer meant something special to me now. We needed to forgive each other, we needed each other, and we needed God to have accomplished a challenge like this. God was with us.

On Mackinaw Island the beauty of nature before us was God, too. Perhaps most awesome and beautiful were the seagulls. Their songs seemed strong enough to carry them forever. With each piece of bread came both victory and defeat but the defeats never stopped them from accomplishing the goal they set out for.

We had challenged ourselves not only physically but to the beauty around us. When at last we pulled our bikes off the van each of us knew that experience had become a part of us. We were the Wheels of Hope.

Cheerleaders Emphasize Skills Over 'Rahs'

If you think cheerleading is nothing more than ra-rah and sie-boo-boa—look again.

"Our main motion is to support the team," says Hope cheerleading captain Pat Hahn, a senior from Kalamazoo, Mich. "But cheerleading is also a sport!"

As with any sport, there are moments of glory. But far outweighing these are the hours Hope cheerleaders spend in an empty gym perfecting their skills. For at least five hours a week they work on increasing their limberness, coordination, and precision, as well as practicing specific cheers, chants, and dances.

They keep abreast of new developments by watching pro and college Big Ten games on TV. They share their skills by hosting a clinic each year for high school cheerleaders in southwest Michigan.

If you think of women when you think of a cheerleading squad—look again. This year for the first time Hope held cheerleading tryouts after the football season and the new squad for the basketball games boasts five male cheerleaders.

The unprecedented turnout of men at tryouts and their high skill levels have meant a quick ordering of uniforms so that more than two of these men will have something to wear.

According to Miss Hahn, the added strength that these men bring will enable the squad to do bigger mounts and other maneuvers not possible before.

The mid-year tryouts give football cheerleaders the chance to be on the basketball team and allow from the opportunity to be on the squad.

"And besides, it gives you a chance to redecorate yourself," says Miss Hahn.
Fall Sports a Success

Hope enjoyed one of its most successful fall sports seasons ever this year. The cross country team claimed its fourth straight MIAA championship while the golf, football, and soccer teams all finished second in their respects.

GOLF

The Hope golf team, under second-year coach Hal Cutshall, continued on its road toward becoming an MIAA intercollegiate team. The co-leaders each had 28 points, followed by Kalamazoo with 25, Alma and Calvin 22 each, Adrian 12 and Calvin 11.

FOOTBALL

The Flying Dutchmen maintained their winning football tradition as six straight school records were either broken or tied. The team was 6-3 and tied for second in the MIAA all-sports race after fall competition.

The co-leaders each had 36 points, followed by Kalamazoo with 25, Alma and Calvin 22 each, Adrian 12 and Calvin 11.

End Dave DeZwaan, a senior from Wyoming, Mich., established a new career pass reception record yardage record of 1,205 yards and tied the single season record for touchdown passes caught with nine.

Quarterback Mark Boyce, a junior from East Grand Rapids, Mich., established two new single-season passing records with 1,286 yards and 16 touchdown passes.

BOYCE AND BACKUP QUARTERBACK JIM KENYON, A JUNIOR FROM WYOMING, MICH., COMBINED FOR SINGLE SEASON RECORDS IN PASS YARDAGE (1,480) AND TOUCHDOWN PASSES (17).

Soccer provided the most pleasant surprise for Hope fans. Coach Glenn Van Wieren was faced with a major rebuilding task and by the end of the season, had developed the Dutchmen into a genuine title contender.

The Dutchmen finished in third place in the league standings with a 6-4 record. All six victories were by shutout as the Dutchmen outscored their league opponents 21-3.

Freshman Jim DeJulio of Albany, N.Y., led the league in scoring with 14 goals and five assists. He tied a Hope single-game record with four goals against Alma.

Three Hope players were named to the all-MIAA first team. They included DeJulio, senior midfielder Mark Bombe of Adrian, Ont., and junior Dave Johnson, a sophomore from Hillsdale, Ill.

CROSS COUNTRY

Hope's fourth straight MIAA cross country championship made the Dutchmen the most successful team in any sport in the college's history.

The Dutchmen extended their MIAA dual meet winning streak to 24 in a row, while winning the league championship for the third time in six years.

Junior Ken Hookstra of Parchment, Mich., was elected the league's most valuable runner. Hookstra and freshman Bob Northcutt of Grand Haven, Mich., were named to the all-league team.

FIELD HOCKEY/VOLLEYBALL

The field hockey team finished the season with a 2-4 record against W-MIAA opponents, while the volleyball team posted a 12-5 record.

Named to compete in the Great Lakes sectional tournament were sophomore Sue Gage and junior Karen Hartz of Glen Cove, N.Y., alternates to the tournament from the Hope squad included senior Sue Norris of Bay City, Mich., junior Vicki Visscher of Hamilton, Mich., and seniors Arnie Blackwell of Indianapolis, Ind., and Leslie Swarttager was selected to coach Michigan's second team in the tournament for the second straight year. Eleven most valuable player was Karen Hartz.

Named most improved player was Linda Beier, a junior from Glencoe, N.Y.

The volleyball team, coached by Mary Jo Lutken, finished fourth in the Michigan college division tournament. Selected most valuable players were junior Sharon Koehler of Wyoming, Mich., while Ann Binkowski of Grand Haven, Mich., was named most improved.
The late A. J. Muste '28 was recently honored by New Brunswick Theological Seminary with the renaming of their honored alumni award to "The A. J. Muste Memorial Award."

A 1929 graduate of New Brunswick, the Rev. Raymond Pontier, said of Muste: "He was always far ahead of his time in his proclamation of peace and freedom and justice. His concern was with people and human needs. He was totally committed to nonviolence, and he lived by his convictions. Many disagreed with his views, but he was universally recognized, revered and acclaimed as an authentic prophet of our age."

In 1973 the Hope Board of Trustees established a $1000 book fund to promote peace and reconciliation in honor of Muste.

Honor Muste

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The late A. J. Muste '28 was recently honored by New Brunswick Theological Seminary with the renaming of their honored alumni award to "The A. J. Muste Memorial Award."

A 1929 graduate of New Brunswick, the Rev. Raymond Pontier, said of Muste: "He was always far ahead of his time in his proclamation of peace and freedom and justice. His concern was with people and human needs. He was totally committed to nonviolence, and he lived by his convictions. Many disagreed with his views, but he was universally recognized, revered and acclaimed as an authentic prophet of our age."

In 1973 the Hope Board of Trustees established a $1000 book fund to promote peace and reconciliation in honor of Muste.
Special Education at Hope College

by James E. Bultman

At the November meeting of the State Board of Education, Hope College was authorized to offer teacher certification in the special education area of learning disabilities and the emotionally impaired. Students completing the degree programs will be certified in special education in grades kindergarten through twelfth as well as being qualified to teach in the regular elementary classroom.

Hope is the only MIAA college to offer a special education program and is one of only two private institutions in Michigan to provide certification in as many as two areas.

Learning disabled children are those of average intelligence who have difficulty in one or more of the following areas: visual or auditory perception, language development, motor coordination, attention span, or memory. The emotionally impaired child is one whose behavior is disruptive and interferes significantly with the learning process of the child or other students. Both majors, but especially the one in emotional impairment, will utilize personnel from the departments of Psychology and Sociology as well as the Education Department. The entire special education program includes a significant and increasing field component as students matriculate from freshmen to senior years. This field-theory model is the heart of the regular teacher education program—a model developed at Hope in the late 1960's and replicated throughout the country.

Program Approval

The State Board of Education in Lansing approves or disapproves new program applications upon recommendation of the staff at the State Department of Education. Hope College department members have been working with State Department staff for a period of three years in an effort to receive authorization for these two new programs. Prior to submitting the proposals to the state officials, they had been approved by the Hope Education Department, the College Curriculum Committee, and the Academic Affairs Board. According to Dr. Leon P. DeJong, Director of Teacher Certification at Hope, "The road to new program approval is often long and tedious. This has been especially true during the last several years when state officials have watched closely the supply and demand situation in teacher training. There has been a growing awareness recently to improve new programs and subsequently to allow institutions to expend resources to train teachers for positions which may not exist."

In addition to the new special education program, Hope has been approved during the past year to offer teaching minors at the secondary level in recreation and the academic studies of religions, a secondary major and minor in geology, and a K-12 dance minor.

Student Interest and Coordination with Current Program

Hope will be attempting to integrate appropriately the special education program with current course offerings for elementary and secondary classroom teachers. Our primary commitment with respect to staff and resources is still the undergraduate Liberal Arts student who desires to teach in this special field. It is rather our intent to provide an opportunity for some uniquely qualified individuals to make an important contribution in an expanding field. Hope will certify six special education teachers this spring with an anticipated annual certification of approximately twelve. Fifty students currently on campus are interested in the two majors.

It is expected that they will be competition for the available positions in the program. Though current supply and demand projections by the state department and requests for special education teachers through Hope's Placement Office indicate a definite undersupply for teachers of this type, it is likely that it will be necessary to limit enrollment because of the area's field stations for student teaching and the availability of education department staff for the new program.

The Enabling Philosophy

The primary concern in launching a new program of this type is that it will drain personnel and money from the regular program. Even as we receive permission to proceed with the special education program, our planning is in the direction of a bilingual/bicultural certification in Spanish and also an evolving interest in Early Childhood Education—perhaps the next big area in the educational field. The question we have asked ourselves repeatedly is how can we be responsive to new and specialized areas without an increase in staffing and budget? It is a good and necessary question—perhaps one asked more frequently by fiscal planners at the college than by ourselves!

First of all, it is a tribute to the institution and to the leadership and cooperation of the Education Department faculty that the specialized programs are possible at all. Many staff members have expanded their interests and training to adapt to the content required in the new programs. Secondly, there has been deliberate attempt by the education department to incorporate area educators in the teaching of campus courses. Long before it was financially expedient to do so, the education department, as a matter of principle, utilized the expertise of local school personnel in the teaching of several campus courses. This practice was designed to ensure an appropriate integration of theory with practice. The qualifications of local and intermediate school district personnel made this procedure educationally sound. A combination of the above factors, namely, staff flexibility and excellent assisting faculty in the area, has enabled the institution to provide a quality program at minimal cost.

In addition, human resources of the Education Department has access to one special education financial resource. In the fall of 1973, Henry (class of 37) and Lois (Kettel-class of 34) Kinkelma established a memorial fund in honor of their sister, the late Miss Margaret E. Kinkelma, a Hope alumna of 1931. As an educator, she had spent a lifetime working with students of limited ability. This financial resource was designated at that time for use in the development of personnel and programs in the field of special education.

Recent profiles of Hope students indicate a strong motivation to pursue service-oriented careers. Certainly these two new majors offered by the Education Department are responsive to this interest. As we embark on this new venture, it is our hope that the words penned by R. Wayne Moore, "will reflect the aspirations of our good work."

"May He who has chosen to limit some of His children, be merciful enough to guide the hands of us entrusted with their care."

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