The Anchor, Volume 120.03: September 20, 2006

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LIBERAL ARTS STUDY TAPS HOPE

Sarah Wightman

In the coming weeks, 300 freshmen at Hope will be participating in The Wabash National Study of the Liberal Arts. This study is designed to look at the effects a liberal arts education has on individual students and at how a college can provide the best education possible. A follow-up survey will also be administered during the current participants’ senior year.

The study involves a two-hour survey designed to collect information about students’ experiences inside and outside of the classroom. Questions will ask students to consider moral reasoning, intercultural effectiveness, leadership and other factors. All freshmen at Hope were invited to take part in the Wabash study. Participants were selected from the group who registered. Contributing students will receive compensation for their time in the study.

The study is being conducted by the Center for Inquiry in the Liberal Arts at Wabash College, ACT, Inc. and researchers from various universities. The 18 colleges and universities participating in the study are varied. They include liberal arts, private, public, religiously affiliated, and single-sex schools. Overall, the survey will be administered to approximately 5,500 students.

Carol Simon, professor of philosophy and director of General Education, is coordinating the study at Hope.

“Participating in this study will allow us to compare the effectiveness of our education with other institutions,” Simon said. “The national study will also seek to identify what sorts of practices and programs increase student’s intellectual and moral growth.”

IN BRIEF

INTERNATIONAL DAY OF PEACE

International Day of Peace is Sept. 21 and is sponsored by Amnesty International. Events to commemorate the day include honoring of various peacemakers and a showing of “Lord of War” at Depree Art Center Thursday, Sept. 21 at 3 p.m. in the Life, featuring representatives honoring of various peacemakers and a showing of “Lord of War” at Depree Art Center Thursday, Sept. 21 at 3 p.m. in the Life, featuring representatives honoring of various peacemakers and a showing of “Lord of War” at Depree Art Center Thursday, Sept. 21 at 3 p.m. in the Life, featuring representatives.

AFFIRMATIVE ACTION FOLLOW-UP

The Affirmative Action debate continues at Hope College with a panel, sponsored by Multicultural Life, featuring representatives from both sides of the issue on Thursday, Sept. 21 at 3 p.m. in the Mass Auditorium.

This past weekend students from Hope participated in a NAACP rally on the steps of the Capitol Building in Lansing, Michigan to oppose the constitutional amendment on the ballot for the Nov. 7 election.

“You feel like you really stand for something as a white male even though it’s not a proposal that directly affects you,” Brian Straw (’09) said of participating in the rally against Proposal 2.

AIR SOFT BB INCIDENT IN DEPREE

On Sept. 13, a person at the Depree Art Center reported that there were a number of Air Soft BBs on the floor in the basement. Also, written on the floor was “We Still Love Air Soft!!! The Orphans.”

There appears to be damage to the photography backdrops. Campus Safety is checking to see what the extent of the damage is.

ENCUENTROS

Holland plays host to LAUP leadership conference

Larissa Mariano

Latin Americans United for Progress is holding its fifth-annual Hispanic Leadership Conference at West Ottawa High School on Saturday, Sept. 23. LAUP is a non-profit organization with a mission to advocate for the acceptance of the Latino community through culture awareness and education of tomorrow’s leaders (and) to open doors of opportunity through the acceptance of differences.

In past years, Hope College has sponsored the conference. This fall, students have been involved in planning and will be attending the conference.

“There really want to engage and encourage dialogue in the community and find ways to bring the various communities together in Holland. We don’t want to see separation,” said Tino Reyes, the executive director of LAUP.

The conference will last from 7:30 a.m. until 2 p.m. and all are welcome to attend. To contact LAUP about the conference, call 616-392-5038 or visit www.laup.org.

VWS PRESENTS — For the first annual Tom Andrews memorial reading on Sept. 13, Professor Emeritus Jack Ridl celebrated his retirement with over 250 colleagues, students, family and friends. After enjoying hearty laughs with his audience, Ridl was told that over $28,000 was donated to a creative writing fund in his name. This money will be used to endow the renamed Jack Ridl Visiting Writers Series, which he founded.

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ABSENTEE? REGISTRATION IS THURSDAY

Shannon Craig

In this week’s edition of Absentee, we will be covering information about the registering for the absentee ballot. Hope Republicans are sponsoring a Voter Registration and Information Fair in Mass Auditorium this week. Representatives from both clubs will be available to help students register to vote as well as apply for an absentee ballot. There will also be booths that will have information on different issues and candidates. The fair began Wednesday, Sept. 20 during lunch hours, and will be continued on Thursday, Sept. 21 from 11 a.m. to 1:30 p.m.
STUDENT GROUPS TAKE ACTION

Emily Papple
Admissions Representative

Hope College is home to an array of student groups, including a growing number whose attention stretches beyond the "Hope bubble." These activist groups have shared concerns for world issues. Their members aspire to make a change in the world, and act upon their aspirations.

"No one can live on this earth without having an impact on it. Thus, we should act to impact the earth responsibly," said Meredith Praamsma ('08), co-president of the Environmental Issues Group. Many of these activist groups are motivated by a belief in the Christian obligations to act.

Will Netleton ('07), creator and leader of Acting on AIDS, said, "We will not only be judged by future generations on how we confronted HIV/AIDS, but by God." There are many Hope activist groups looking for members and many more issues which could inspire the formation of a new group. Some of these are officially funded, while others such as the Justice League, Acting on AIDS and the Sexuality Roundtable are independent.

Their message, however, is common: if you see something in your world that needs change, take action today.

Danielle Revers and Emily Hunt contributed to this article.

Want to get involved?

Environmental Issues Group

Mission: To promote environmentally friendly policies on campus, to volunteer in the community, and to educate Hope and the Holland area about the earth.

Upcoming Events: Invasive-species pulling at Zeeland High School on Saturday, Sept. 23 from 8:30 a.m. to noon.

Contact: eiu_ius@hope.edu

The Justice League

Mission: To explore "justice" in political, social, economic and theological terms through education and discussion; to better understand how Christians should act as social justice.

Upcoming Events: Meetings throughout the year.

Contact: Lauren Berka@hope.edu or Ruth Arevalo@hope.edu

Women's Issues Organization

Mission: To enhance campus awareness and education about women's issues and to question possible social, political and economic barriers that inhibit the self-actualization of women.

Upcoming Events: Take Back the Night, a night of education and remembrance about sexual violence against women, on Tuesday, Oct. 3.

Contact: womens@hope.edu

Acting On AIDS

Mission: To learn, discern and then act on confronting HIV/AIDS.


Next meeting: Tonight at 7:15 p.m. in Science Center 1000.

Contact: william.netleton@hope.edu

Amnesty International

Mission: To be a grassroots organization which responds to human rights abuses through letter writing and education.

Upcoming Events: Screening of the movie "Lord of War" in Winants Auditorium, 8 p.m. on Sept. 21 and Sept. 25.

Contact: amnesty@hope.edu

Sexuality Roundtable: A Forum for Gay and Straight Students

Mission: To provide a safe and healthy environment to promote change, dialogue, equality and inclusion for the Hope community and to provide educational programs to inform students, faculty and staff on LBGT issues.

Upcoming Events: Events to celebrate National Coming Out Month in October.

Contact: hope.college.GSF@gmail.com

E. coli OUTBREAK AFFECTS HOPE

Chris Lewis
World News Editor

Spinach is usually a food source everyone can turn to for healthy alternatives to fatty or unnatural foods. However, it is the one food that everyone is turning away from, as the FDA has recently warned people not to eat fresh bagged spinach, due to fear of E. coli contamination.

The recent E. coli outbreak has led to 109 cases of sickness, spread over 19 states. One person has died.

Most E. coli, which is a type of bacteria that lines the guts of humans and animals, is harmless. However, a particular strain known as O157:H7 can cause food poisoning.

To ensure the Hope College community remains safe from E. coli, Bob VanHeukelom, director of dining services, has decided to follow the FDA's warning to ban all spinach.

"Last week when the story broke about an outbreak of E. coli bacteria related to bagged spinach, we obviously began looking for more information regarding what was going on, because the health and safety of the Hope College community is of highest concern," VanHeukelom said.

"The Department of Agriculture is not sure where the problem is originating from. Until we are sure this is safe food, we will not purchase any.

"Until the FDA determines the cause and source of the contamination, students will have to look for another leafy alternative to spinach.

BLAIR TO RESIGN WITHIN YEAR

Brian McMellan
Swur Writer

British Prime Minister Tony Blair stated on Sept. 7 that he would resign from office within a year, though he would not set an exact date for his departure. This announcement follows protests resignations of eight junior cabinet members.

"It is with the greatest sadness that I have to say that I no longer believe that your remaining in office is in the interest of either the party or the country," wrote Tom Watson, one of the cabinet members to resign, in a letter to Blair.

Blair's popularity has severely dropped in recent years, mostly due to his support of President Bush and the war in Iraq, neither of which are popular with the British public. This loss of popularity is the likely cause of Blair's Labour Party's loss of 47 parliamentary seats in 2005. Because of this loss, members of the Labour Party have called for a leadership change at the top.

Blair's resignation announcement was made in the attempt to heal the rifts that were forming within the party. However, arguments have erupted over the capability of Blair's expected successor.

"Jump Rhythm makes the stage sizzle and the audience yell for more."

Dance Magazine

A 12-member company featuring dancers Billy Siegenfeld and Jeannie Hill, called the "delightful latter-day Fred and Ginger" by Dance Magazine.

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DePreel exhibits work by selected alumni

**THOUGHTFUL ART**

*Interesting pieces in various mediums fill DePreel Art Gallery. Students and faculty are invited to explore.*

Ario Elami

**Staff Writer**

Artwork by 23 Hope College alumni is currently featured in the DePreel Art Center Gallery. The event opened Sept. 7 and is open to the public.

Bill Mayer, a professor of art at Hope College, initiated the exhibit.

"Alumni shows in the past involved a junior coming in and selecting submissions for the show," Mayer said. "However, in light of this one, the pieces were selected by the art department."

The requirements for submission were an advanced degree (MFA or equivalent) or being professionally active in the field. Participants graduated anywhere from less than five years to more than three decades ago.

The subjects are presented in various types of media, reflecting the artists’ expertise and talent. Elena Van Gent’s "Wat Mon" is a rapid prototype sculpture, conceptualized on a computer and then realized with polycarbonate. (see art, page 4)

**SYMPHONETTE PERFORMS**

**WITH FERRIS GUESTS**

On Sept. 19, four professors and 23 students from Ferris State University in Japan arrived at Hope College and became a special part of the music department for a week.

Akira Watanabe, an honorary professor at Ferris and head of the Japanese Singing Association, performed a lecture-recital entitled "A Poetic Daily Tripbook of Basho." In Wichers Auditorium Thursday, the performance was delivered in Japanese, with a slide show interpreting in English. It featured Watanabe singing Haiku, a minimalist type of Japanese poetry.

Hope Music Department Chair Margaret Kennedy-Dygas said Watanabe is "a prominent member of the vocal community in Japan" and expressed how wonderful it was to have him at Hope.

The Ferris students also gave a performance of western and Japanese music on Sept. 16 and performed a joint concert with the Hope Women’s Chamber Choir and the Hope Symphonette on Sept. 19.

**JUMP RHYTHM JAZZ PERFORMING AT DEWITT**

The Chicago-based contemporary jazz company will open GPS Friday, Sept. 22, and Saturday, Sept. 23, at 7:30 p.m. in DeWitt Theatre. Nationally acclaimed, the company is known for its exciting rhythmic exploration of the elements of jazz dance. The company will host a question-and-answer session with the audience following the show.

Tickets are $16 for adults, $11 for Hope faculty and staff, $5 for students and seniors.

**JOURNAL PUBLISHES STUDENTS’ INTERVIEWS**

Bradley Haveman ’08 and Elena Valle ’08 conducted an interview with National Book Critics Circle-winning author Carlos Eire to be published in "The Writer’s Chronicle," the journal of the Association of Writers and Writing Programs. The specific issue is still being determined.

**Distinguished musicians to display talent in concert**

Chair Margaret Kennedy-Dygas, the recital is a tradition for the students receiving this award and is held every year to feature the新鲜 students.

"I think it’s always kind of fun to enjoy the fresh talent coming into the department," Kennedy-Dygas said. "These are students who are going to be music majors or minors who were deeply involved in making music as high school students."

One such student is Chelsea Otten (‘10). Otten has played piano for 12 years and flute for seven. She was involved in a variety of musical activities at her high school, including orchestras, choir and a wind quartet. Otten also competed in the National Federation of Music Club Festival for ten years.

"I really liked the wind quartet because we had to direct ourselves, as opposed to having a conductor, and this proved to be a fun challenge," Otten said.

Since age 3, Otten remembers talking "nonstop about playing the flute" and her passion was rewarded with her DAA scholarship.

"I am excited to share my talent with the audience," Otten said.

Sally Vanderploeg (‘10) also received a DAA in music, for piano. Vanderploeg has played the piano since age five.

"I just really liked to plunk around by ear on the piano," Vanderploeg said, "and my parents got me into lessons."

In 13 years, she has played in a variety of settings but says, "I am still making music with others in her favorite."

"Having people sing along is the most fun, just because it brings a bunch of people together," Vanderploeg said.

Unlike Otten, Vanderploeg is planning on majoring in music. "I just don’t want to give it up yet, and I know I can become a better musician through music lessons here," Vanderploeg said.

I’m actually planning on being a nursing major, and since music is always going to be such a huge part of my life, I might as well be able to become a better musician while I have the chance.

Vanderploeg will be playing one of her favorites, "Four Piano Blues" by Aaron Copland.

The concert is set for Thursday, Sept. 21 at 6 p.m. Admission is free. All community members are welcome and encouraged to attend.
COMMUNITY DAY: PULL, PICNICS AND GAMES

Emily Westrate
Staff Writer

Holland residents and Hope College faculty, staff and students are able to enjoy the long-standing tradition of Community Day on Saturday, Sept. 23. In its 41st year, this annual event includes a picnic on Hope’s campus, a visit to Windmill Island and a home football game. The Pull is also being incorporated into the schedule this year.

The picnic will be held in the Pine Grove, from 11 a.m. to 1 p.m. A variety of foods will be provided, including vegetarian options. The Holland American Legion Band will perform at 12:30 p.m. A variety of foods will be available and relevant. According to DeVries, there are over 100 different food choices available, including vegetarian options. The Holland American Legion Band will perform throughout the day.

The picnic will be held in Phelps Dining Hall. In addition, community members are encouraged to enjoy the picnic on campus. The picnic will also be held in the Holland Municipal Stadium. The Pull is also being incorporated into the schedule this year. The Pull will be held in the Holland Municipal Stadium, open from 10 a.m. to 5 p.m., and the football game, beginning at 3 p.m.

In addition to the picnic, the community will also be hosting a “South Side Block Party” from 9 p.m. to 12 a.m. in the Kollen Park parking lot, located on 13th Street and Columbia Ave. Free food will be provided as well as a live DJ and dancing. The De Pree Art Center is displaying works from alumni of the art department. It will be open for viewing on Community Day from 10 a.m. to 5 p.m. Admission to the gallery is free.

Art

Alternately, Steven J. Haulenbeek’s “Picnic Table” is a personally made structure, featuring a glass surface that encourages viewers to write on it with provided material. Other artworks in the exhibition include a still-life displayed on a DVD video with atmospheric effects and a video focusing on jobs artists have which gives them financial support.

Other artists in the exhibit include Tom Weiskopf, Tom Mikalsen and Jennifer A. Nissiloff. The De Pree Gallery is open Monday through Saturday from 10 a.m. to 5 p.m. and Sunday from 1 to 5 p.m. The building is located on Columbus Avenue at 12th Street. The exhibition will run until Oct. 15.

Congressional corner

Anne Schmidt
Staff Writer

President James Bultman joined Student Congress for its first meeting of the year Tuesday night.

“We want to empower you to-night,” Vice President Katie Bakker said in her opening remarks. Student Congress meetings are open to the public and are held every Tuesday night at 9 p.m. in the Herrick room which is located on the second floor of the DeVries Center.

Meijer runs, a popular and free service that has been offered by Student Congress for the past two years. Students will still be able to catch the shuttle from the DeVries Flag pole every Thursday night from 8 p.m. to 10 p.m.

Following the meeting, members were split up into smaller groups to be “equipped.” New members were taught some of the mechanics of how Student Congress runs and how to be an effective representative.

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Faces of Phelps

An inside look at the dining hall changes and the people who made them happen

Moving on up

After graduating from high school, Hoover traveled approximately 50 miles to Ball State University. He went to school part-time, and at night he worked at whatever restaurant he could. During Christmas and summer breaks, he returned home to the Chinese restaurant.

"That’s where I caught the cooking bug—and it was all over," Hoover said.

But when Hoover said, "it was all over," he likely meant it was the beginning of something else.

"I had some friends who moved to Holland from the east side of the state. They needed a room for Memorial Day of ‘77," Hoover said.

He lived in Holland for two years before beginning work at Hope College.

"I’ve been here 26 years, and right now, I think that this is the smartest, most food savvy crowd I’ve ever seen," said Bob Willey, Phelps production manager.

I started off working the third shift as the porter, which is part janitor, part inventory clerk. And during the days I’d work down in Snugatuck at the restaurants."

He did that for three years before talking the manager into letting him cook on the day shift.

"And at that time I was the only guy. Back then it was just bunch ladies and they pretty much ruled the roost," Hoover said.

Here’s where Ellenberger, the cook whom Hoover worked with at Laughner’s, comes back into the story.

"I got here two months before Tom. Ellenberger said. "And it’ll be 26 years on Sept. 24."

During her time at Hope, working in Dining Services, Ellenberger has been goldilocks of the ice cream machines. She’s come to be called "the kitchen mama." As "the kitchen mama," Ellenberger compiles the weekly schedule for the kitchen staff.

Recently, staffing issues caused by health problems have made the scheduling difficult. Dining Services needed to seek help from Camp Geneva's kitchen staff in order to fill the schedule’s holes.

Phelps evolves

Dining Services staff is adjusting to changes made at Phelps Dining hall this year. These changes were fueled by student demands, Hoover said.

"I've been here 26 years, and right now, I think that this is the smartest, most food savvy crowd I’ve ever seen," Hoover said.

"If I asked a student eight years ago what food or balsamic vinaigrette was—they wouldn’t have a clue. Now, it’s just amazing. And that’s great. It helps me to push myself," Willey said.

According to production manager Bob Willey, Phelps has changed in three main ways to accommodate student needs. First, students are offered more variety while always finding the mainstays they demand. Students have always said, 'Give us healthier food, and give us greater variety,'" Willey said.

"But there’s certain things we don’t want you to fool with. Don’t fool with our pizza. Don’t fool with our chicken sandwiches, our grilled cheese or our hamburgers. They say, ‘We want variety, but don’t mess with those four things.’"

The next change is entirely cosmetic. Students visiting Phelps can find new, designated serving areas for many of their favorite foods.

We may have a sign made and call that the grill. Pizza doesn’t go on a grill, but pizza’s something you’d find at a restaurant called a grill," Willey said.

Finally, Phelps is focusing on serving what Willey called the complete meal package, which stems largely from student demand for sandwiches. The demand has risen so sharply that Phelps has decided to create two lines completely for sandwiches. "Sandwiches are really skyrocketing," Willey said.

The complete meal option adds to sandwiches by including a pickle or pre-made salad. Both accompaniments are made to change the plate’s appearance and bring Phelps closer to what local restaurants serve.
Worse things than dying

Mackenzie Smith

In this column, I come to you out of context. Many of you don’t know me, and can’t know about the experiences and lessons that have led me to these thoughts. My words are in danger of being mistaken, or a detailed account of each life affected. Including our news, especially about national and international topics. Our America-round-the-clock culture wants its news quick and flashy. We don’t want the long historical lead-up, the personal background of every individual involved or a detailed account of each life affected. Give us cold, hard facts about something exciting or abnormal — everyday reality is, after all, “boring.”

So we hear about bombings in Iraq and Afghanistan, Palestinian suicide attacks, and immigrants flooding across the U.S. border, without ever confronting the complicated history and background of these situations. The danger in this is real and likely misinterpretation of the news is only the beginning. What is more tragic about this habit is what it leads to: a failure to understand what the news means for us, personally.

In the novel “A House Like a Lotus,” Madeleine L’Engle warns against this tendency. “There are worse things than dying. Losing one’s sense of compassion, for instance, being inured to suffering. Losing the wonder and the sadness of it all. That’s a worse death than the death of the body.” L’Engle is arguing here for positive engagement with our world. That engagement involves around compassion, but to develop compassion, we must first have knowledge of others’ suffering.

Therefore, even in light of its failings, I am passionate about the news. “Watch out,” my friends say, “she’ll reset your homepage to BBC News if you’re not paying attention.” This is true. I also listen to NPR compulsively, and read New York Times headlines (almost) every day.

If I’ve learned one thing from all this exposure to the news, it’s that there is no lack of suffering in this, our broken world. Sometimes I have to turn the news off and navigate away, retreating from the pains of the world.

In fact, sometimes discussion of violence makes me physically ill. I become frustrated by this “over-sensitivity”—until I receive a reminder like that given by L’Engle. I, or rather we, should be alarmed, but not when violence is difficult to stomach. We should be alarmed when we hear news of violence, brush it off and continue living just as we were the moment before. “Being inured to suffering” is tragic and dangerous. Understanding and engaging the news — placing it in context and making it personal — requires paying attention and it requires delving deeper, to understand the background and consequences of the snippets we read, hear or see. This is the first step in developing a sense of compassion.

And for Christians, and others whose central ideology is love, compassion doesn’t end with the recognition and acknowledgement of suffering. It ends with hope, a hope that leads to action. This action can be local or global; it can be in protest, or in support. Writing a letter, listening to a friend, keeping a promise, organizing a rally — these actions, done in full knowledge of the suffering of the world, are revolutionary.

After all, L’Engle writes, “It is not always on the great or the important that the balance of the universe depends.” It is on you, on me, on each of us. What are you doing to shift the balance of the universe to good?

Hailing from Montague, Mich., Mackenzie Smith studied in both Jordan and Washington, D.C. last year. On the recent weather, she commented: “I feel like we’ve been living in Oregon lately.”

Palestinian student clarifies nationality

To the Editor:
My name is George-Philip Khoury; I am an international student from Palestine. Yesterday, I read the latest edition of The Anchor. I was kind of deceived to notice that I was not included in the list of countries enrolled at Hope College.

I know that you listed me according to the legal papers I am carrying, but I am still amazed at the way you consider nationality depending on the legal papers a person carries. In this way I am also an Israeli and Jordanian, besides being a Haitian and a Palestinian.

I am aware that one of your staff members told you about the subject of my nationality, but you chose to ignore it. Preferring to work according to legal papers provided, instead of authentic nationalities.

Palestinians, due to a constant occupation of Israel supported by the U.S. and United Kingdom, have been denied from a Palestinian passport until 1993; many have two to three passports in the West Bank and the Gaza Strip. Others who live in Jerusalem do not carry Palestinian passports because it is forbidden by the state of Israel. The latter case applies to me; I am a Palestinian living in Jerusalem carrying a Haitian and Jordanian passports, in addition to having an Israeli ID. But in reality I am a Palestinian!

Lastly, I would like to point out to the paradox found in your latest edition. I have been quoted and mentioned as a Palestinian in an article, yet you wrongly list me.

I am quite appalled by the way The Anchor works in listing nationalities.

Yours truly,
George-Philip Khoury (’99)

Editor’s note: Thank you for raising these issues—they serve as a needed reminder of how our actions at home connect to the larger world and issues of injustice.

“Hatti” was printed in the brief on page one according to official information from the Sept. 12 Hope press release, which listed international students according to their legal documentation, rather than their nationalities. The information in the story on the Middle East on page two came from a personal interview.

In the future, attention will be paid to consistent and correct biographical information.

Blair

continued from page 3

WAS  his  tendency  to be  a “con-  trol-freak.”  He  said  also  that  Brown  lacked Blair’s charm.  However,  many  senior  officials  of  the  La-  bour  Party  have  publicly  backed  Brown  as  their  choice  for  the  next  prime  minister.

“Unless  something  chang-  es,  Labour  will  lose  the  next  election,”  said  Derek  Sim-  pson,  leader  of  the  second  largest  British  union.  However,  the  Labour  Party  “could  still  win  the  next  general  election,  if  it  puts  aside  the  in-  fighting  and  adapts  its  positions  on  complex  issues  of  concern  to  the  British  general  public,”  Blair  said  in  a  speech  Saturday.

ALCOHOL AWARENESS GROUP

A.A. Support group for Hope College students only!
Starting Tuesday, September 26
Location Hope College Dewitt Counseling Center
TUESDAY 11:00 am
THURSDAY 7:00 pm

For more information contact: Jon Zita at jonathan.zita@hope.edu
Voices

Eating Well

Blending bliss: Smoothies, spritzers and caffeinated concoctions

Thea Neal

Hands-down, one of the best things that I brought to college as a freshman was a collapsible hamper for stuffing away laundry until the next trip home. I routinely whip up smoothies before heading off to class. They are a great way to cool off and sip the last dregs of summer.

Here are some basic smoothie ingredients to keep on hand:

**Basic Smoothie Building Blocks**

- 1 banana
- 2/3 cup orange juice
- 2/3 cup soymilk (or cow milk)
- 1/2 cup yogurt (flavored or plain) or sorbet
- 5-6 ice cubes
- a tiny splash of vanilla extract (optional)
- a dash of nutmeg (optional)
- 1/2 cup fruit mixture**

**Iced Mocha Frappuccinos**

**Directions**

Assemble all the ingredients in the blender, cover and process on the highest setting until the ice is blended (at least 20 seconds) and no chunks remain. Pour into two glasses or a to-go cup. An easy way to clean the blender is to fill the blender pitcher halfway with warm, soapy water, place back on base (with lid on, of course!) and swirl a bit before rinsing. A more thorough cleaning job can be done when you have time to take apart the pieces and clean.

No fruit on hand? Just make a refreshing spritzer by mixing equal amounts of mineral water and pomegranate juice (or flavor of your choice) and add a couple of ice cubes. Stir with a straw and sip away.

When caffeinated energy is needed to hit the books without suffering heat stroke, iced mocha frappuccinos can be made easily.

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**ATTENTION STUDENTS**

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**Team Captain Meeting**

Thursday, Sept. 21
Martha Miller 238
9:00 p.m.

If you can’t make it, you can still sign up at
www.acsevents.org/relay/mi/hope
or email
relay@hope.edu

**Do you know who has the best premium ice cream in the city??**

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Every Sunday, 6 p.m.

All are welcome!

**CONTACT INFORMATION**

Contact Information:
The Anchor's office is located in the Martha Miller Center or e-mail us at anchor@hope.edu.

**The Anchor welcomes letters from anyone within the college and related communities. The staff reserves the right to edit due to space constraints, personal attacks or other editorial considerations. A representative sample will be taken. No anonymous letters will be printed unless discussed with Editor-in-Chief. Please limit letters to 500 words.**

**Advertising Policies:** All advertising is subject to the rates, conditions, standards, terms and policies stated in The Anchor’s advertising brochure. Any advertising placed on behalf of an advertising agency or other representative of the advertiser is the responsibility of the advertiser and the advertiser shall be held liable for payment.

The Anchor will make continuous efforts to avoid wrong insertions, omissions and typographical errors. However, if such mistakes occur, this newspaper may cancel its charges for the portion of the ad if, in the publisher’s reasonable judgment, the ad has been rendered valueless by the mistake.

**Advertisement Deadlines:** All ad and classified requests must be submitted by 5 p.m. Monday, prior to Wednesday distribution.

Contact Information: To submit an ad or a classified, or to request a brochure or other information, contact our Ad Representatives at anchorads@hope.edu. To contact our office, call our office at 335-7987 on weekdays between 10:00 a.m. and 4:30 p.m.
COMMUNITY DAY: ATHLETICS ABOUND
Saturday, Sept. 23: A Hope sports fan's dream

The MIAA men's cross country Jamboree will be held at Hope's home course, Ridge Point Church. The Dutchmen will enter the meet with high expectations following a second place finish in 2005 and improvements at the Sept. 16 Calvin Invite. The top finishers for Hope at Calvin were Robert Bailey ('09), 23 (26:18) and Seth Woenor ('08), 25 (26:21). Ridge Point Church is located at 340 140th Ave.

The Dutch finished second in the 2005 MIAA Jamboree and are looking to improve upon that performance Saturday. They finished third overall at the Calvin Invite Sept. 16, led by performances from Leslie Tabeleman ('87), 19 (19:24), Kate Freshour ('09), 23 (19:43) and Alison Mejer ('07), 44 (20:35). The meet will be held at Ridge Point Church, located at 340 140th Ave.

The home opener for the Hope football team will feature the Dutchmen against Wheaton. The Dutchmen enter the game following their Sept. 16 game against Depauw which resulted in a 14-23 defeat. Defensive end Matt Rugestein was named all MIAA player of the week following his performance against Depauw. This week's game will be held at Holland Municipal Stadium, located on 16th and Fairbanks.

Following the Sept. 16 victory against Wabash, the men's soccer team is looking towards a match-up against Kalamazoo. Two Dutchmen were key players in the 4-0 victory over Wabash. Dan Tresslar ('08) earned MIAA offensive player of the week and scored the first goal of the game. Mitchell Curry ('09) was the MIAA defensive player of the week. Boys Athletic Field is located on 11th and Fairbanks.

DIII FINAL FOUR COMING TO HOPE

The eyes of sports fans nationwide will be drawn to Hope when the women's NCAA basketball championships come to campus. Hope will have the honor of hosting the Division III final four tournaments in March of 2008 and 2009.

"Hope College is delighted to be given the privilege of hosting an event of this caliber for the NCAA," said Eva Dean Folkert, director of women's athletics.

Holland residents and business owners are thrilled with the honor. When Hope hosted the 2005 NCAA Division III Swimming and Diving Championships, it was estimated that area businesses brought in over $1 million. Hope's bid to host the championships was an effort by the college, the Holland Area Visitors and Convention Bureau, the City of Holland and the MIAA.

"They have entrusted a major championship to our care, and we are confident that with the outstanding quality of our new DeVos Fieldhouse, the commitment of Hope College personnel and the support of the Holland community, we can deliver an unforgettable experience for those student-athletes who earn the right to come here to play for a national title," Folkert said.

"Hope and Holland basketball fans are undoubtedly the best in the country, and we know they will embrace this event because these are young women playing college basketball at a high level," Folkert said. "We just have to look to last season's success of our own Hope women's team to prove that. It is exciting to know that now that kind of talent will be coming to Hope and Holland!"

Last spring, the Flying Dutch (33-1) were 14-0 at DeVos. Hope averaged more than 1,300 fans per home game. Official Division III attendance figures for 2005-06 have not been announced by the NCAA, but Hope's average is greater than that of any Division III team since data was first gathered in the 1980s. The last time the Flying Dutch hosted the championship, they played at the Holland Civic Center, where they won the 1999 national trophy.

## THE WEEK IN SPORTS

### Upcoming Home Games

- **Women's Soccer**
  - v. Ferris State
    - Sept. 20, 4 p.m. - Buys Athletic Field.
  - v. Grand Valley State
    - Sept. 23, 6:30 p.m. - Buys Athletic Field.

- **Volleyball**
  - v. Tri State
    - Sept. 20, 6:30 p.m. - DeVos Fieldhouse.
  - v. UW-Stout
    - Sept. 21, 6:30 p.m. - DeVos Fieldhouse.

- **Cross Country**
  - MIAA Jamboree
    - Sept. 23, 9:30 a.m. - Ridge Point Church, 340 140th Ave.

- **Football**
  - v. Wheaton
    - Sept. 23, 1 p.m. - Holland Municipal Stadium.
  - v. Kalamazoo
    - Sept. 23, 2 p.m. - Buys Athletic Field.

- **Women's Cross Country**
  - Sept. 27, 4:30 p.m. - Buys Athletic Field.

### WOMEN'S SOCCER

The women's soccer team recorded their first win of the year on Sept. 13, defeating Aquinas 3-2. They were defeated twice over the weekend against Wabash and Kenyon. The Lady Dutch hold a 1-1-4 record.

### MEN'S GOLF

The men's golf team continued their strong season with a dominant first place on Sept. 12, followed by a strong second on Sept. 16 in MIAA action. Thanks to those performances, the Dutchmen currently hold an 18 stroke lead in the MIAA.