The Anchor, Volume 114.23: April 18, 2001

Hope College

Follow this and additional works at: https://digitalcommons.hope.edu/anchor_2001

Part of the Library and Information Science Commons

Recommended Citation

https://digitalcommons.hope.edu/anchor_2001/11


This News Article is brought to you for free and open access by the The Anchor: 2000-2009 at Hope College Digital Commons. It has been accepted for inclusion in The Anchor: 2001 by an authorized administrator of Hope College Digital Commons. For more information, please contact digitalcommons@hope.edu.
Hope Gay Straight Alliance voted down

Campus Life Board votes 5-3 against awareness group
Matt Cook
The Anchor Beat

The Hope College Campus Life Board voted 5-3 yesterday morning against the recommendation of the Extra-Curricular Activities Committee to approve the Gay Straight Alliance for Awareness as an official student organization. The members of the Campus Life Board did not find it was in the best interest of the college to have that group right now," said Richard Frost, dean of students, and member of the Campus Life Board.

According to Frost, before the voting, there was a question and answer period with members of the Gay Straight Alliance. Raabe said that one of the concerns brought up was the Reformed Church in America stance on homosexuality. Raabe did not feel her group was inconsistent with that. "The Reformed Church calls for open dialogue and that's something that we're all about," Raabe said.

Another concern, according to Frost, was whether a student group of any kind could be an appropriate forum for approaching the issue of homosexuality. "I disagree with that because as students, we can relate to other students better than faculty and administration can," Raabe said.

Even though the Campus Life Board voted against it, Raabe feels like the campus community would have been in support of the group, more GSA on 2

Hope vars a danger
15-passenger vans can roll over when filled to capacity, says NHSTA
Matt Cook
The Anchor Beat

The National Highway Traffic Safety Administration (NHTSA) issued a cautionary warning on April 9, concerning the 15-passenger vans that are used for transporting students at many college, including Hope.

According to the results of a NHTSA test, when the vans contain more than 10 passengers, the risk of a rollover is three times as high as normal vans or light trucks.

The Chicago Tribune reported that a 15-passenger van from the Salvation Army was involved in an accident in January that killed 11 people.

Hope College is planning on replacing or reducing the passenger capacity of its fleet of 12 fifteen-passenger vans by May 7, 2001, said Tom Renner, director of Public Relations.

According to Renner, Hope's plan was not set in motion because of the warning.

"Long before this advisory came out, the more VANS on 7

Student Congress elections start Thursday
Megan Krigbaum
InFocus Editor

This Thursday and Friday Hope College student will have the opportunity to voice their opinion and elect Student Congress members for the 2001/2002 academic year at various poll locations around campus.

There are 16 candidates for the eight positions which include president, vice-president, and two representatives each for the senior, junior, and sophomore classes.

This year there are two candidates for president, Rand Arwayd ('03) and Matt Scogin ('02). There are also two students running for vice-president, Carl Daniel ('02) and Colleen Evans ('03). Although some candidates are endorsing others, students will be able to vote for president and vice-president individually.

Current Student Congress president, Louis Canfield noted that "the number of candidates for class representatives is greater than usual."

There are four candidates for senior class representative, including Amy Avery, Jeffreys.

more ELECTIONS on 7

Maya Angelou speaks to Hope, tickets copied
Emilie Moellman
Arts Editor

Maya Angelou began her speech on Monday evening with a song.

"When it looked like the sun ain't gonna shine no more, you became my rainbow in the clouds," Angelou sang to an audience of over 1100 students, faculty, staff and community members, in Dimnent Chapel.

The bestselling author, poet, actress, playwright, producer and director received a warm welcome from the Hope community when she arrived on Monday evening to speak to Hope's campus. Angelou's visit was sponsored by Student Congress Speaker Series with assistance from many other organizations and departments on campus.

While on Hope's campus, Angelou was presented with a honorary doctor of letters degree, listened to a performance of "23rd Psalm," composed by Duke Ellington, performed by Hope's Jazz Ensemble I and faculty soloist Margaret Kennedy-Dygas, spoke to the campus for approximately thirty minutes, and gave a brief poetry reading.

Angelou was particularly honored by the presentation of the degree of letters.

"The finest thing that one can receive is an honor from one's peers," Angelou said. "Since I am an educator, it is a wonderful gesture to give me a token of your appreciation. I am excited, it is wonderful."

The response from the campus was positive. Amy Avery, comptroller of Student Congress and chairperson of the Speaker Series was pleased with how smoothly the evening ran.

"We were really blessed," said Avery. "Everything went wonderfully and I believe everyone had an overwhelming positive experience."

more MAYA on 2
Hope recognizes four with honorary degrees

Danielle Koski
Staff Reporter

This past Monday night, Dr. Maya Angelou was the first of four recipients of degrees, who will receive theirs later on in the year, are Leonard and Marjorie Maas, and Dr. Jacob Nyenhuis, retiring provost of Hope College.

"I am excited, honored, and even humbled because receiving an honorary degree from Hope College is a great distinction," Nyenhuis said. "My wife and daughters have all completed their degrees during my tenure at Hope and it is an honor to join them in that category."

Nyenhuis also feels honored to be put in the same group as a person of Angelou stature. "Obviously someone like Angelou has achieved much greater distinction [then me]," Nyenhuis said.

According to James Bultman, president of Hope College, there are usually three categories that a person receiving an honorary degree fall under:

"We use the honorary degree to make a statement about the values of the college," Bultman said.

Maya Angelou is a person of international achievement," Bultman said.

The first category that recipients fall under is that the college would like to honor them for their financial contributions to Hope College. "Leonard and Marjorie Maas have shown great benevolence to Hope College," Bultman said.

Recipients can also be someone of international or national achievement that would also have sympathy towards the Hope College mission statement.

“Maya Angelou is a person of international achievement,” Bultman said. The last category that recipients may fall under would be if the college would like to honor them for their service to Hope College. "[Nyenhuis] is receiving an honorary degree because of his extraordinary service," Bultman said. Nyenhuis also feels that is the reason he is being given an honorary degree.

"I've invested myself heart and soul into Hope College for 26 years," Nyenhuis said. "I have a deep and abiding affection for Hope College and it's people."

According to Bultman, the college is very cautious about giving out honorary degrees and prefers to keep to the three categories approved by the trustees.

Earth Jam outside

EIG holds Outdoor Concert
Matt Cook
Campus Beat Staff

This Saturday, the Hope College Environmental Issues Group (EIG) will sponsor an event that will bring the campus together to support the health of our planet.

The annual Earth Jam will be in VanKackle Commons (between the chapel and the pine grove) from 12 to 6 p.m., on Saturday.

The event will feature the music of the bands Lupida, Azrumin, Gino Scare, as well as the brotherly duo of Adam ('01) and Lee Herespunk ('04). There will also be a poetry reading by Amy Buchter ('03) and a speaker will be on hand to discuss environmental issues.

Due to a late cancellation, EIG has not yet finalized who will be the speaker.

The Alpha Gamma Phi sorority will be selling clothing made from hemp and other natural fibers, and there will be informational tables about the environment.

"We are having the concert to promote environmental awareness to the Hope College campus," said Dave Willeumier ('01). "We want to keep the campus more informed on the issues."

However, the concert is about more than just the environment.

"We want to bring the campus together for a cultural, community event," Willeumier said.

Earth Jam has been held at Hope College for the past several years. Willeumier feels that it has always been well attended.

"Last year we had over 200 people show up," Willeumier said. "In case of rain, the event will be held in the Kletz. EIG encourages everyone to attend."

"Earth Jam is a great opportunity to be outside, listen to good music and hang out on a Saturday afternoon on Hope’s campus," Willeumier said.

A GIFT OF SHOES: Maya Angelou receives the traditional Hope College gift of a pair of wooden shoes from Amy Avery ('02), a member of Student Congress.

Maya from 1

Ngelou left immediately after her presentation was over, and audience members gathered at the Maas Conference Center for refreshments and to discuss Angelou's appearance.

"I thought Angelou was personable and fun," said Rachel Pechenkow ('04), who attended the event. "She related to the audience well and made me realize that besides what you may think, you really can make an impact on someone."

1000 tickets were made for the event and quickly sold out. Because not every student could get a ticket, some resorted to counterfeiting.

"I made a couple because I heard people saying that they couldn’t get them, including faculty, and I was really torn about the whole thing," said an anonymous student. "I thought it was unfortunate that the school was bringing such a well-known and influential speaker and the academic community. The tickets were easy to copy and I didn’t sell them. And I know other people did it too."

Despite the fact that counterfeit tickets were distributed, students and faculty found Angelou's visit exciting and uplifting.

"One of the reasons I’m so glad to be at Hope is because it is one of those rainbows in the clouds," Angelou said in conclusion.

I don’t know. I’m not a supporter of gay issues. I think it’s against what the Bible says."

—Hope Reese ('03)

"In favor of it, because Hope claims to be a Christian college in favor of open discussion... and here you have a group that is trying to bring discussion to the campus community and it gets shot down. That’s hypocrisy." —Jim Plasman ('03)

"I could have voted yes because I think that Hope has a lot of work in front of it to promote diversity and tolerance." —Daniel Ebeling ('04)

"I definitely would have voted for it. I think this campus needs more awareness of the diversity in it." —Erica Kowlik ('03)

"I would have voted for it. We have the Phelps scholarship program that promotes diversity and awareness of other cultures. I find it funny that we don’t promote awareness of other minorities." —Sam Saunders ('02)
Midsummer Night is a feast for the eyes

Beth Lomasney

Hope College Theatre’s final production of the season, ‘A Midsummer Night’s Dream’ by William Shakespeare, will open Friday, April 20, 2001. Additional performances are at 8 pm Saturday, April 21, and April 25-28. The Thursday performance will be at 9 pm. All shows take place at the Devlin Center main theatre.

The cast of the play represents all four classes at Hope, and all designs are by members of the theatre faculty. Richard Smith created the scenery and properties, Michelle Bombe designed costume and makeup, and Perry Lenard designed the light and sound. Dana Robins, chair of theater department, is director of the play.

“The cast has been fun to work with,” Robins said. “They have a good spirit and are very playful. The play asks actors to trust each other, which they are very able to do.”

The text of the play is true to Shakespeare. The set design uses the colors gray and white which allow for easy light projection. Fairy costumes are grays and purples, and the mechanics are in browns and grays.

While characters reside in the woods, the colors are toned down. As the four lovers make their way deeper into the woods, clothing is lost and their costumes become neutral, which is also traditional to Shakespeare.

Patrick Glaub (’02), who plays the part of Peter Quince, enjoys acting in Shakespearean dramas. “I like working with Shakespeare because of its timelessness,” Glaub said. “It is something that continues through our modern culture.”

Robins enjoys the bard’s universality. “We need to find a connection,” Robins said. “Especially since the language is no longer ours. This play is about young love and the imagination, which is present at anytime and forever will be.” Why should a Hope student go and see “A Midsummer Night’s Dream”? “The acting is fabulous, but there are times, setting, and music are to die for,” said Anne Pott (’01), who plays the part of Hippolyta. “And it’s Shakespeare. The whole play is eye candy!”

Robins advocates seeing the play on a different note. “Compared to other Shakespeare plays, this one is easier to understand. There is a lot of action.”

The acting is deep and the humor is funny. On some level, all of us can identify with getting carried away with feelings about others, especially jealousy and desire. Young, fickle love is fitting for a college campus. And on an extreme level, it’s fun to watch.

Tickets are $7 for adults and $4 for senior citizens and students. Office hours are Monday through Friday, 10 am to 5 pm, and Saturday, noon to 5 pm.

Jack Ridl receives prestigious poetry award

Emily Moellman

Arts Editor

Jack Ridl, Professor of English, was recently awarded a prestigious award from The Center for Books and Arts, a publishing house in New York City. In a blind judging against 500 other entries, poet Billy Collins chose Ridl’s chapbook of poetry titled “Against Elegies” as the winning collection for 2001. The winning manuscript will be published in a letterhead designed and printed by artists at The Center for Books and Arts. Ridl will receive $1,000 and in the fall will be flown to New York for a celebration, dinner, and a reading with Collins and Sharon Dolin, poet and coordinator of the chapbook competition. Ridl received a phone call from Dolin on March 29 informing him that he had won the competition. “I’m still in happy shock,” Ridl said. “After all those years, after writing all those poems, to have this happen, well, I just never thought it could happen. I’m glad, feel very encouraged, grateful, silly and honored.”

With the prize money, Ridl plans on making sure all of his family will be present at the reading.

“The money is a prize and a payment for reading in NYC,” Ridl said. “Poets certainly are not getting any big bucks for their work. This likely breaks down to about a penny and a half for all those hours I put in.”

Ridl describes the work in “Against Elegies” as a quiet, cheerful struggle against the “big deals.” He hopes that the poetry is like comfort food for the mind. Poems in “Against Elegies” have been published in “The Georgia Review,” “Poetry,” “The Journal of Ohio State,” “An Anthology from the University of Southern California,” “Dogwood,” “FIELD,” “The Texas Observer,” and “Gulf Coast.”

Ridl is currently teaching poetry courses at Hope and continues working on poems for publication.

“Many people have helped me with these poems and with the spirit that informs them: my wife, family, my writing colleagues, faculty, friends, students, and my two dogs,” Ridl said. “Myra Kohsel has given them countless hours of attention, preparing them for sending out. There isn’t no words to express my gratitude.”

Anonymous 4 to sing at local church

Emily Moellman

Arts Editor

Travel to a different place, be in a different time, and hear a different sound. When Anonymous 4 brings their astonishing vocal blend and technical virtuosity to Holland, audience members will be swept away to a world of medieval melodies, and there will be nothing ordinary about it.

The members of the highly acclaimed quartet are slated to perform at St. Francis De Sales Church through Hope’s Great Performance Series on Tuesday, April 24 at 8 pm. The a cappella group will be performing songs from their latest recording, “1000: A Mass for the End of Time.”

Marsha Genernsky, Susan Hellauer, Jacqueline Horner and Joanna Maria Rose present this mass in part because it includes thousand-year-old chants in celebration of the new millennium. The music of the mass is based on a wide variety of texts including Ovid’s “Metamorphoses” and W.B. Yeats’s “The Second Coming.”

“When we chose the location, we did not know what they would be performing, but it certainly has worked out well,” said Derek Emerson, co-ordinator of the GPS. “What is even more timely is that the program also ties into Jesus’ Ascension, which takes place forty days after Easter.”

The concert will be performed at St. Francis De Sales Church for numerous reasons. According to Emerson, the GPS committee decided on the church for acoustical reasons. “These four women are incredibly talented and the music faculty said that the chapel would not do justice to their voices, and recommended St. Francis,” Emerson said. “When the church was rebuilt after the fire, they paid special attention to enhancing the acoustics. It is also in walking distance to Hope, so we’re not sending the students too far.”

Anonymous 4 take music seriously, but they also are entertaining. Emerson explains that since the group is so serious about their music and also is enjoyable to watch, critics and audiences alike have responded well.

“The New York Times” says the group “has a union so precise that it sounds positively supernatural, and ten of the quartet’s recordings have reached Billboard’s classical top 10 chart.

“It’s a great opportunity to hear music not typically heard any more,” Emerson said. “This will be a moving experience, and those looking for a new religious experience will not want to miss this concert.”

Tickets for Anonymous 4 will be available at the theater lobby ticket office in the DeVitt Center. Tickets cost $12.50 for adults, $10.50 for senior citizens, and $5 for students.
Professors remembers the life of Workman

To the Editor:

I am profoundly grateful to the Anchor editors and particularly to carrying forward the story last week on my husband, Leslie Workman.

Although Leslie was never officially a member of the Hope faculty, he gave him and intellectual and social community he came to value more and more as the years went by. He and the administration had elected to the community of that his presence. I had not realized until quite recently how much he missed teaching, and I am glad for the courses we taught together and for the occasional lectures he presented in my classes. I am glad for the fine individual he was, and I am glad for the course of discussion for discussion of issues on a college campus, they will be ready to support the Gay Straight Alliance officially.

The Gay Straight Alliance was denied status as an official student activity by the Campus Life board yesterday morning. While there are valid reasons for and against the group becoming an official activity, it seems that one expressed by the Campus Life board is not quite thought. A concern was raised at the meeting that a student group may not be the appropriate forum for approaching the issue of homosexuality. Should homosexual issues be the domain of some caste of preordained intellectuals deemed "worthy" of considering and discussing the issue? Or is it an issue on campus that should only be discussed by the administration? Are we to understand that the Campus Life board felt that students should not discuss the issue on their own, perhaps gasp without some commanding voice on the issue?

The students of Hope College are the exact people who should undertake the discussion of homosexuality and homosexual issues. To not trust students to undertake such discussions is to discount their opinions and voices on the issues. Homosexuality is an emerging issue - not only on Hope's campus, but in the entire world. Hope should encourage groups of students who are looking to discuss such issues. Students need outlets for their discussion, and what better way to encourage this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject? There should be age this than to have the college support a group of students who are dedicated to open and frank discussion of the subject?

To the Editor:

As many of you might know, we were certainly blessed to have Dr. Maya Angelou, who was a part of our cam-

pus this past Monday, April 16. She was indeed an inspiration to all of us and we are honored to have had the privilege of meeting her and hearing her address us.

Dr. Angelou was not able to sign autographs after the speech at the reception, but was very willing to allow me to publish her address in North Carolina. Any-
thing that you send to, her will be signed and returned to you, and this will be appreciated. It may take a few weeks (she's quite busy), but she will sign whatever you wish. Forward all requests to:

Dr. Maya Angelou
Wake Forest University
P. O. Box 7314
Winston-Salem, NC 27109-0599

Apache mission work is greatly appreciated

Thank you all once again for all your help and support of the 2001 Student Congress Speaker Series. It went far better than I ever could have hoped or imagined. Dr. Angelou's challenging and inspiring words of being a "rainbow in the clouds" remain in our hearts for many years to come.

Amy Avery (02) Student Congress Speaker Series Chair

When they were not involved in service projects or ministry programs, the group was able to tour the region's Native American and southwestern heritage. This year's group was able to visit art galleries in Anadarko, tour the tribal headquarters for the Comanche Tribe near Oklahoma, host a powwow, watch preparations for the powwow for the election of the Kiowa princess, be a guest of honor at an Indian hymn sing, and go to cattle stockyards the night before the big auction. They were also able to hike through the nearby Wichita Mountain Wildlife Refuge, with closeup opportunities to see buffalo and prairie dogs and with breath-taking panoramic views from the top of Elk Mountain.

Thank you for the group you sent to us. Their cheerfulness, good humor, hard work and tender spirits have left a positive witness for Christ in our community and a legacy of hope for those recovering from last fall's flood.

Rev. George Montanari

Kathleen Verdun
Professor of English
Associate Editor, Studies in Medieval

Angelou autographs available through mail

Apache area to recover from a major flood which hit our town last week. Your team did an outstanding job of mudding, sheet metal and regular roofing, exterior siding and other renovation work. They worked under a partnership between the Reformed Church in America and Memnonie Disaster Services, the first partnership between these two organizations in disaster recovery. Their assistance significantly advanced Apache's flood recovery efforts.

The groups was also involved in individual and group ministry efforts. They brought greetings from the college and did a lot of work on the college's seminary in our morning worship service; they also led our evening worship service with individual and group singing, drama and personal sharing. Half of the group was able to lead our GEN- ESIS children's ministry, and the other half led our 7th-12th grade youth group ministry. The group also had a spontaneous ministry opportunity by singing during lunchtime at our local senior citizen

Nutty 89.9

The new voice of Hope College
April 18, 2001

Election 2001

Candidates for Student Congress President

Randi Arndt ('03)

Students at Hope have the chance to choose the President who is the top representative of the student body. I feel that I am that candidate, the students' candidate. Students deserve someone connected to the college, living on campus who is easily accessible and someone you know. I will be all of this. I am running for President because I really care about the students on campus who is easily accessible and wants to earn their trust.

I have been a part of the Student Congress for the past two years as the sophomore and junior class representatives. I have been heavily involved in Congress activities, including helping to implement the first student survey two years ago that pushed the college to make improvements in the Dow Center.

I have held multiple positions within the Interfraternity Council and have been a member of the Interfraternity Council, most recently sitting as Vice President this past year. I was a member of the 2002 Pull team and have been a member of the Student Congress. I want to encourage participation by having Student Congress elections online. I will work to ensure that students are aware of the current issues and know how to voice their opinions by utilizing the system of email updates established two years ago.

I am proud of this school and very loyal to it. Colleen Evans and I have a vision to make this an even better place for students. As your President, I will make it my highest priority to improve student facilities on campus. We need a better student union. We need a place on campus that is open 24 hours for studying and most importantly, we desperately need new equipment in the Dow Center.

Candids for Student Congress Vice-President

Amy Avery

I have been blessed to be a part of the Student Congress for the past two years as the sophomore and junior class representatives. I have been heavily involved in Congress activities, including helping to implement the first student survey two years ago that pushed the college to make improvements in the Dow Center.

Jeffrey Howard

I have been very involved in campus life during my time here at Hope College. I have held multiple positions within the Student Congress. I want to encourage participation by having Student Congress elections online. I will work to ensure that students are aware of the current issues and know how to voice their opinions by utilizing the system of email updates established two years ago.

Nathaniel Tripp

I have been very involved in campus life during my time here at Hope College. I have held multiple positions within the Student Congress. I want to encourage participation by having Student Congress elections online. I will work to ensure that students are aware of the current issues and know how to voice their opinions by utilizing the system of email updates established two years ago.

Candidates for Student Senior Class Representative

Jefferson Smith

I have been blessed to be a part of the Student Congress for the past two years as the sophomore and junior class representatives. I have been heavily involved in Congress activities, including helping to implement the first student survey two years ago that pushed the college to make improvements in the Dow Center.

Rhonda Armstrong

I have been a part of the Student Congress for the past two years as the sophomore and junior class representatives. I have been heavily involved in Congress activities, including helping to implement the first student survey two years ago that pushed the college to make improvements in the Dow Center.

Stephen Adams

I have served the student body for the past academic year as Kollen Hall representative. I am running for Sophomore Class representative so I can take on more responsibility and lead task forces, which tackle the tough issues on campus. I have more power and have been a member of the Appropriations Committee, the Extra-Curricular Committee, the Admissions and Financial Aid Committee, the Core Curriculum Task Force, the Student Survey task force.

Candidates for Junior Class Rep

Amber Beeson

Would you like to have better equipment for the Dow? Would you like to have your single card act as your ID, access card, food and laundry card instead of a bunch of different cards? Did you ever wonder why Calvin gets free laundry and Hope does not? How would you like to register for classes online instead of waiting in a line? A vote for me is a vote for all of these goals. I am very involved on campus and therefore feel capable of representing a majority of students on campus. I want to be your Junior Class Representative, so cast your vote for me, Amber Beeson.

Chad Sampson

In my first year, she has already become active on campus. Rhonda is a part of the Phelps Scholar Program, Black Student Union, and Student Congress. On Congress she represents Scott Hall, a part of the Speaker Series Task Force, and the Appropriations and Curriculum Committees. Rhonda is multi-talented and is so strong to hard work and leadership. Rhonda firmly believes in being understanding, fair, honest, hardworking, and most of all effective!

The Million Dollar Candidate

Regis is staring at you at your sweetly and repeats the question, _"For one million dollars...what is the name of the Hope College Sophomore Representative?"_ One face pops into your mind. Yes, she was a very active her freshman year in outside activities like Nykerk and CASA. _"Your mind frantically begins to continue talking..."_ She is so responsible... Your mind tries to put the name with the face you see. "I also know that she wants to improve our campus and is working to seek out those upcoming sophomores who have concerns for Hope College. Well, Regis," you finally come to an answer, "Till DeVries, my final answer!"
Chow time at Hope
Students examine own eating habits

Carrie Arnold
Spotlight Editor

For Heidi Osmundson ('02), the decision to remain on meal plan was a no-brainer. "I have no time to cook for myself," Osmundson said. Hope students make decisions every day about what they are going to eat. While most students make good decisions, college can begin or amplify negative eating patterns.

"Choosing the right portion size is the largest problem most students have," said Christal Saffee, nurse practitioner at the Health Clinic. This is especially difficult in the buffet-style layout of both Phelps and Cook Dining Halls. Saffee said, where portions are unlimited.

To Katie Veldman ('03), however, this buffet-style is optimal for her vegetarian diet. "If Phelps does a good job of trying to come up with good dishes," Veldman said, "but it becomes repetitive after a while."

Since Veldman's most difficult task is finding enough protein in her diet, she relies upon garnizo and pinto beans and rice for many meals. "Sometimes I chop up tofu and put it in my salad," Veldman said. Osmundson sometimes finds meals disappointing when she has a craving for a dish that is not being served. "If you really feel like meatloaf, they might not be serving it that night," Osmundson said. The main issue for Brennan Hughy ('01) was not the quantity of food, but the quality of food. "There's a little less variety when I cook for myself, but the food tastes better," Hughy said. "And I'm not that good at cooking either."

Especially during busy times, Hughy relies on pre-packaged foods, such as macaroni and cheese, sandwiches, Ramen noodles, and salads, but she also enjoys making French toast. "I only set the fire alarm once," Hughy said.

Hughy also has a commuter pass for the dining halls, but doesn't use it that often. "It takes just as long to wait in line as it does to cook for myself," Hughy said. "The experience has just reinforced my decision to leave the meal plan."

Hughy has not cooking on his own to be without annoyances. "I don't like having to go shopping when you need just a few things that don't quite justify a trip to the grocery store," Hughy said.

Trying to eat healthy on meal plan does not come without an effort. "The hardest part is the planning and thinking ahead that it requires," Saffee said. "And the stress of being a student interferes. The problems caused by unhealthy eating are nothing you're going to see next week, and when you're stressed out, you're not really thinking long term."

Although Osmundson attempts to eat healthy as much as possible, she tries not to get carried away with it. "Some nights, I just don't care," Osmundson said. "But even just having the option of salad is good."

Veldman argues simplicity in cooking for dining hall cuisine. "Instead of trying something, or putting it in butter, just steam the vegetables," Veldman said. "I commend them on trying, but simpler is better."

For numerous students at Hope, particularly female ones, the choice isn't so much what to eat, but whether to eat. Saffee estimates that 10% of the college population have some type of eating disorder, and that many more fall under the category of restrictive eaters. The Health Clinic only gets the tip of the iceberg," Saffee said. "It's a much bigger issue that we see."

In the end, however, Saffee sees bad eating habits as something that can students can change. "The bad habits that start now can last for a lifetime," Saffee said. "But every day is a new day, and you can change today."

I have aged 20 years thus far, an event which, I think, has given me a certain amount of life wisdom. After all, when the music you listened to as a child is sold on TV alongside such stand alone classics as "Polish Pea Party" and "Making Out to the Oldies," one cannot help but notice the knowledge that may (or may not) have arrived with the passing of the years. So what have I learned in these past 20 years that warrants me rambling on for several hundred words? Through trial and error, I have discovered that the combination of vats of coffee and pounds of Skittles helps you stay up all night. I have learned to avoid Meiger's on a Saturday afternoon. I have also uncovered the joy of wearing stripes and plaid at the same time.

Why is this so incomprehensible? Who invented the rule that our clothing must match? Why, for that matter, must everything we do always follow the rules? We are told what to do essentially from day one. What to wear, how to act, what to eat, even what brand of running shoes to buy. By now, most of us are so programmed, we can operate without even thinking. Far too many of us do.

Have you ever stopped to ask yourself why you are doing something? Better yet, try and answer that question. Can you? Unlikely.

In the end, most of us know what we're supposed to be doing, and many times, this advice isn't half bad. But give me a little credit here. Let me decide for myself whether stripes and plaid make suitable attire.

We all get so caught up in these grand life-and-death struggles over what we should and shouldn't do in our lives. You know what? It's not that important. In the grand scheme of things, whether my clothing assaults the eyes or whether I decide to eat a bucket of ice cream for dinner really doesn't matter. I still haven't figured out what does matter, but I know that doesn't.

None of us are perfect. Although we're expected to be, we're not. To this day, I still have issues accepting this simple fact. We need to stop trying to be a hollow ideal and just be.

Go ahead, break the rules. I give you permission. Who knows? More plaid just might make this world a happier place.

---

Cereal
Here’s your chance to get involved:

The Anchor is looking for people to fill several editorial positions.

Have fun
Make friends
Gain professional experience
Make a difference

Interested? email Anchor@Hope.edu

ELECTIONS from 1

Howard, Tanner Smith, and Nathaniel Tipp.
Amber Beeson, Joshua Egedy, and Chad Sampson are the three students running for junior class representative.
The five candidates for sophomore class representative are Stephen R. Adair, II, Rhonda Armstrong, Ben Byl, Jill DeVries, and Cindy Reichert.
Candidates this year have expressed interest in issues of communication between the students and college administration, the quality of Dow Center facilities as well as other student facilities and services.
Poll times and locations for Student Congress elections are available on KnowHope.

“\[Saturday, May 5, 2001\]"

The Anchor is looking for people to fill several editorial positions.

Have fun
Make friends
Gain professional experience
Make a difference

Interested? email Anchor@Hope.edu

ELECTIONS from 1

Howard, Tanner Smith, and Nathaniel Tipp.
Amber Beeson, Joshua Egedy, and Chad Sampson are the three students running for junior class representative.
The five candidates for sophomore class representative are Stephen R. Adair, II, Rhonda Armstrong, Ben Byl, Jill DeVries, and Cindy Reichert.
Candidates this year have expressed interest in issues of communication between the students and college administration, the quality of Dow Center facilities as well as other student facilities and services.
Poll times and locations for Student Congress elections are available on KnowHope.

“\[Saturday, May 5, 2001\]"

The Anchor is looking for people to fill several editorial positions.

Have fun
Make friends
Gain professional experience
Make a difference

Interested? email Anchor@Hope.edu

ELECTIONS from 1

Howard, Tanner Smith, and Nathaniel Tipp.
Amber Beeson, Joshua Egedy, and Chad Sampson are the three students running for junior class representative.
The five candidates for sophomore class representative are Stephen R. Adair, II, Rhonda Armstrong, Ben Byl, Jill DeVries, and Cindy Reichert.
Candidates this year have expressed interest in issues of communication between the students and college administration, the quality of Dow Center facilities as well as other student facilities and services.
Poll times and locations for Student Congress elections are available on KnowHope.
Two years ago in the fall of 1999, Matt Goupell ('01) and Dave Kuhrl ('01) decided to take over the Hope College Ultimate Frisbee Club team as co-captains. This would be the start of two successful seasons for the club team. The Hope College Ultimate Frisbee Club team was started back in the mid-1980's. In 1989 the team was ranked eighty-first in the nation. Between 1990 and 1996 there were only a few games played but in 1996-1997 the team was restarted and has been built up to the full practices which started in 1999.

"Matt and I picked it up, and started from scratch," Kuhrl said. Ultimate frisbee is a sport similar to soccer with a team of seven participants who try to send the frisbee down the field with passes, however not running with it. When the frisbee is knocked down or intercepted by the other team, that team takes over control. Every time you score (catching the frisbee in the goal area) you get one point. In a tournament, the teams play games to 13 or 15 points with a time cap of one hour. In regular matches with just two teams the game lasts two hours, or until one team reaches 21 points.

As a club sport, Ultimate frisbee has no advantages for the smaller schools. Division I, II, and III schools will all play against each other during the season. Last year's team finished the year ranked 108 in the country in the Ultimate Players Association (UPA) rankings.

This year's team is consisted of 26 guys, and the only seniors are Goupell and Kuhrl. "The team has been great, we have some really great guys who are a lot of fun to play with," Kuhrl said. Two weeks ago the team was ranked 36 in the UPA rankings, but now they are ranked 66. Their team record is 12-5. Some of the big victories on the season have come against Purdue University, Ohio University, Ball State University, Miami of Ohio University, and the University of Toledo. In tournaments Hope has won the B pool at the Big Chill tournament in Cincinnati, OH, runner up at the East Grand Rapids Hack Fest, and runner up in the Dope Cabbage Tournament, hosted by Hope. The team lost in the finals to The Hope College Ultimate alumni team.

Sectionals are being held this weekend in Ann Arbor. Competing teams are Hope, Calvin, Michigan, Michigan State, Western Michigan, and Grand Valley. The top three teams move on to Regionals the following weekend.

The future looks bright for this club team with only the co-captains graduating. "We have a really strong core, and a lot of younger guys," Kuhrl said. "We have strong leadership coming up behind us, so we will be good for the future."