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Greek Life seeks revival on campus

Ashley Johnson
Greek Warrant

Hope College is a hot spot for small groups, Bible studies, worship groups, and smaller ministries. It’s also the home to thirteen Greek organizations. So what happens when the two meet? Here’s the story of just that. Three years ago Paul Hendricks had a passion for God and for Greeks and he also had a plan in mind.

“My junior year,” Hendricks said, “God really spurred me on to get a group of people to start up Greek Life. It came out of looking at my own struggles at Hope, talking with others, and my experience with faith being Greek (myself) and wanting to have a community and time when we could share with others,” he said of his first thoughts about starting Greek.

According to Go29, the Hope campus ministries websites, “Greek life gives students involved in Greek organizations at Hope…to come together to worship God, explore issues that specifically affect Greeks in our walks with Christ and have loads of fun.” The mission of Greek Life is to help build and maintain relationships with each other, the community, and Christ.

Greek Life is a chance for Greek students who possibly are uncomfortable at Chapel of the Gathering, or just thing nothing of the Christian life, to experience God in a different way with fellow Greeks.

So, in 2002, a group of excited and passionate students, about one or two from each organization, met for an entire semester to organize Greek Life. After praying, thinking of ideas, getting to know each other and with the help of Chaplain Paul Boersma of the Hope Ministries staff, Greek Life finally started.

“Greek Life is a lot like Young Life,” says Kristin Asimakopoulos, who attended Greek Life when it operating and is trying to get it started again. It’s an outreach ministry, focused on creating relationships as a tool for evangelism. A basic Greek Life meeting or “clab” would take place once a week in the Herrick room in Hope’s DeVitt Center or a conference room in Phelps Hall. Club would start off with a few songs for everyone to sing along to, some Christian music and sometimes worship (as to make it more comfortable for everyone).

The songs were then followed by a “mixer” game for everyone to get to know each other and also play a huge part this year as far as getting people interested in coming to Greek Life.

The one thing I don’t think we did a good job of was follow-up conversations with people in our organizations. The meetings went well, but the growth really takes place in the relationships that people have outside of those and how they can see those meetings as a tool to spur on others,” said Hendricks of some changes he’s like to see for the next Greek Life.

With rush and New Member Education going on for the Greeks right now it could be a while before people start to see Greek Life return. But with Hendricks, who is studying at Western Theological Seminary and interning with Hope Ministries, and a handful of eager students ready to lead in a radical way, hopefully Greeks, independents, Christians and others will come together to learn about Christ and each other once again.
Dance Marathon seeks to reach new heights

Evelyn Daniel
Senior Staff Reporter

With less than a week and a half to go until Dance Marathon—a scheduled for March 11 event in which dancers, donors, and members of the "Dream Team" planning committee are preparing for the final push. 

Dance Marathon is the largest student organization on Hope's campus. For 2005, it has set a goal of raising $100,000 to support DeVos Children's Hospital in Grand Rapids, an increase of over 13% from last year's total. To achieve this, the committee also set a goal of recruiting 300 dancers, or approximately 10% of Hope's student body. At the most recent count, about 180 of those 300 dancers had signed up. The final dollar amount raised is not revealed to anyone until the end of Dance Marathon.

Dancers agree to give up 24 hours of their time to participate in the marathon and must commit to raising at least $300. During this time, they attempt to stay awake and on their feet—dancing, participating in games and competitions, and enjoying the entertainment provided. Dancers also each have three mentors who give encouragement and support throughout the marathon. 

To reach their personal fundraising goals, many dancers have sought out the help of friends and family by writing letters, making phone calls, and sending mass emails. Others choose to go running outside of local stores and businesses, bake and sell cookies, or collect pop cans.

Dance Marathon itself has been sponsoring many fundraising events to help reach its goal. One of the largest annual events, the Grand Rapids East Auction in April, once again doubled its amount raised from last year. Other fundraisers included the "Meet Your Match" Compatibility Survey, with the theme "Single Male, Level Love Life, Hope to the Kids." And of course, every Tuesday the students have the opportunity to order pizza from Papa John's. "For the kids, with a portion of the proceeds going to support Dance Marathon."

On Thursday, March 10, the night before the marathon, a benefit spaghetti dinner will be held in the Kleys. The cost of $5 per person gets all you can eat spaghetti, garlic bread, and desserts, and all proceeds go to Dance Marathon.

The marathon itself begins with an opening ceremony at 7:00 p.m. on Friday, March 11. The Dream Team has worked hard to make it the biggest, best event in Dance Marathon's six-year history.

"We have a great theme this year and we have loads of great entertainment, games, music, dance activities planned," said Julian Van Winkle ('05), communications committee chairperson. "I don't want to give away too much so students are going to have to sign up to see how this is the best marathon yet!"

"The entertainment at the marathon includes performances from bands Oregon Dream Child and AG Silver. In addition, Dance Marathon is bringing back the Wade Roberts Dance Contests and the annual line dance. Throughout the 24 hours, the 'Miracle of an AOL chat session, other times you may believe you have a lot more friends than you actually do. Other options in this category include laundry, underwear shopping, helping friends do their work, or cleaning your own room. Though not the preferred method, the question that remains is what are the world's future leaders spending their time on? Here's a Top 10 list from around Hope College's campus:

10. Something else "productive" - The least popular option to miss a class project. The list has students reluctantly getting out an "ok ... I'll clean the bathroom instead of writing my paper." Other options in this category include laundry, underwear shopping, helping friends do their work, or cleaning your own room. Though not the preferred method, the question that remains is what are the world's future leaders spending their time on? Here's a Top 10 list from around Hope College's campus:

1. A surprising star among Hope's elite procrasti-
nators the Face Book provides us all the opportunity to pretend we have a lot more friends than we actually do. The book allows students from universities across the country to list other students as "friends" while attempting toままa the largest acquaintance list in North America. Just wait until all these friends start hitting you up for money.

6. AIM - Far more fun than actually talking to friends in person. America Online's AIM service provides instant messaging and for those of you who don't like the people who "think they are your friends" you can conveniently ignore them. The Berlin Wall of friendship provides users hours of laughs as you can read the "away mes-
ing" of other poor souls as they are procrastinating or in a far less warty way. Not only boosting your self-esteem, but also allowing you to see at a computer and hold a conversation with yourself if you wish. AIM barely misses the Top Five.

5. Music - Yes, most Hope stu-
dents should probably be in jail af- ter the partying that's going on here more WORK on 8
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ARTS

Chapel Band serves as Musical Shepherd

The Chapel Band is a collaboration of musicians whose goal is to provide a way to worship God.

Bryanne E. Shoaf
GUEST WRITER

The whole and hostile of students, loud, cheerful, and laughter fill the historic Dimnent Chapel. It is early in the day for many students, but the joy of seeing friends and spending time with themdispels the tired feelings aside. A single note from the keyboard on stage silences everyone and directs their attention to the front. It is time to begin another Chapel service at Hope. Monday, Wednesday, and Friday mornings are when Hope students come together to praise God and learn a little more about how we should live our lives as growing Christians.

Before a message is presented to the congregation of minds, a group of about a dozen students and faculty direct the attention to a favorite thing for many students: praise-and-worship singing. The Hope College Chapel Band may only sing a couple of songs, three days a week, but there is so much that this group brings to the effort. Many people would think since the word “band” is used to describe the musicians who are part of the group that they are performers, but that is not what the group is all about. The Chapel Band’s main focus is not to sing musical notes or be praised for its effort. Each Chapel morning, the band members stand in front of the crowd of Hope students simply to provide a way to worship God and show how he can be glorified by our hearts and minds through music.

“Do me, it is all about using the gifts that God has given me to benefit others and help them worship. I am just a tool for the Lord. When I am up there, nothing matters. I don’t feel onsetage; I just feel one with God.” said Sam Pedigo, a member of the Chapel Band.

The group is composed of about 30 students and is directed by faculty members Dwight Beal and John Orme. The student members are men and women ranging from sophomores to seniors. Although they have their differences, they share a purpose.

It is not just a simple sign-up procedure to join the Chapel Band. To audition, a student must go through an extensive application process starting with written responses to questions such as what the student is majoring in to a detailed description about his or her walk with Christ and other spiritual circumstances.

“It is important to know where the person’s heart is at,” said Pedigo about the audition process. “Being a member of the group, you are being held to expectations that you are in a personal walk with the Lord. We have to lead by example.”

The Chapel Band also plays at Hope’s Sunday night Gathering, which again helps bring the focus of students to the real reason they have come together.

While the band does not present itself as performers or work for self-glorification, they do put out a CD every year. CDs have been distributed for many years featuring different songs on each one. The CD is not necessarily being produced in a recording studio, but rather, most of the songs are live from Chapel and the Gathering.

The Chapel Band members are the main voices and instruments heard on the tracks but the Hope community is in the background. This emphasizes that praise-and-worship is not about one certain group or individual, but about God. The CDs are sold for $15.00 and all of the proceeds from the sales go towards the ministry and producing more albums in the future.

“We produce these albums in order for people to be able to worship every day of the week. Not just Monday, Wednesday, Friday, or Sunday. It is not possible to take a live band everywhere.” Pedigo said.

Chapel services are Monday, Wednesday, and Friday at 10:30 a.m. for 20 minutes during a time when no classes are scheduled. The Gathering is held at 8 p.m. on Sunday.

Dr. Pipher has set out to change the world through her work.

Lindsay Manthei
SENIOR STAFF REPORTER

On March 8, best selling author Mary Pipher will be visiting campus to discuss some of her award winning works, including Reviving Ophelia.

The lecture, which will be held in Dimnent Chapel at 7 p.m., is open to Hope students, as well as the general public.

Pipher is an accomplished psychologist who received her Ph.D. from the University of Nebraska in Clinical Psychology, and currently practices clinical psychology and also teaches at the University of Nebraska.

Pipher’s work, however, is not of the textbook variety. While her books are heavily influenced by her medical training, they are largely stories of the human struggle.

Pipher’s most highly acclaimed work, Reviving Ophelia, which was number one on “The New York Times” best seller list for 27 weeks, and remained on the list for 154 weeks, is a book about adolescent girls and their struggles of growing up in an appearance oriented society.

Mary Pipher has sounded the alarm, one that we are all too prone to ignore, about our daughters, our nieces, or our students and our therapy clients. For the loss of the spirit, which she so brilliantly portrays, is the loss of the American spirit.” said Dr. Natalie Porter, past President of the American Psychological Association’s Psychology of Women Division.

Many have said that Pipher’s works read more like a novel than an informational book and Reviving Ophelia is heralded as a must read for parents of teenage girls.

Based on Shakespeare’s Ophelia from Hamlet, Reviving Ophelia weaves together the stories of 50 of Pipher’s patients who, due to societal pressures, struggle with eating disorders, sexual abuse, and substance abuse. Pipher was driven to write the book out of her effort to understand her patients’ needs and problems.

Pipher’s work is focused on how culture affects the mental health of citizens, whether that is by globalization, commercialization, or sexualization. Pipher’s other works include Hunger Pains, Shelter of Each Other, America Country, and Middle of Everywhere.

The goal of Pipher’s work is to change the world, the world that she recently taught a summer workshop at the University of Nebraska entitled, “Writing to Change the World.” Pipher said that Americans tend to shy away from the important issues that surround us, instead of facing them and trying to make a difference.

Pipher has appeared on Today, and has been profiled on NPR’s Morning Edition. Pipher has written two books so far, Somewhere in Time, and Change the World, and is currently working on her third book.

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The Musical Showcase, a massive, collective performance by the entire music department, is taking place next Monday at 8 p.m. in the DeVos Performance Hall. This will be the 17th concert, which is held annually at the DeVos Hall.

DeVos is the 2400-seat performing arts theatre of Grand Rapids. It is home to the Grand Rapids Symphony, Grand Rapids Ballet Company, Broadway Theatre Guild, and Opera Grand Rapids. It has hosted concerts by Barenaked Ladies, Alison Kraus and Union Station, and Tori Amos, and provided a stage for comedians Jerry Seinfeld and Bill Cosby.

Billboard Magazine ranked it 27th in the nation for best Theatre Venue in 2003, immediately following a massive renovation of the lobby in 2002. The hall now sports a terrazzo floor, a new box office, and a scrolling marquee.

The Hope Music Department has an impressive multi-genre program lined up for Monday night, featuring opera, classical, and jazz music, and for the first time ever includes a fully computer-generated piece composed by Thomas Owens (’08). The first half of the program features the Symphoanette, Women’s Chamber Choir, and Jazz Ensemble and Orchestra, as well as performances by vocalist Sarah Blankenship (’06), pianist Beth Case (’07), and flautist Carol Beith Seiner (’07).

The second half features the Chapel Choir, Post-Bop Jazz Ensemble, Percussion Ensemble, and Wind Symphony. Pianists Joel (‘05) and Chris (’08) Tursbessi will collaborate on a piece by Rachmaninoff. Bass trombonist Aaron Hawthorne (’06) will play, as well as flautist Cari Chaplin (’05) and violinist Lea Blackney (’07). Also featured in the second half are Regina! D. Honey Hill (’06), baritone, and Ross Hekberringer (’06) and Christina Judson (’06), dueting on piccolo trumpets. Finally, Meghan Moore (’07) will highlight some of the music from Leonard Bernstein’s musical, Candide.

Tickets are $10. Pick them up at the box office located in DeWitt.
Averse Racism: Isolating what they don't understand

Psychology 295 students
Charles W. Green
GUEST WRITER
The Civil Rights Movement led to two significant changes in society: the abolition of de jure segregation and the extension of voting rights to African-Americans. We celebrate these victories and recognize the sacrifices made. However, even when we are content with the way things are now, we do not see a new kind of racism that pervades much of contemporary America. Samuel Gaertner of the University of Delaware and John Dovidio of Colgate University have done research for over twenty years on something they call "aversive racism." In their view, most White people today genuinely believe in treating all people with equal respect and concern. Yet, we can be so content with the way things are now that we do not see a new kind of racism that pervades much of contemporary America. Samuel Gaertner of the University of Delaware and John Dovidio of Colgate University have done research for over twenty years on something they call "aversive racism." In their view, most White people today genuinely believe in treating all people with equal respect and concern. Yet, we can be so content with the way things are now that we do not see a new kind of racism that pervades much of contemporary America.

Even well-educated and financially comfortable White people are more comfortable with people of color when they are "in their place." Uncomfortable with you or uninterested in your ideas. Perhaps by challenging the aversive racism that pervades much of contemporary America, we can collaborate to at least solve one of the many blunders hindering us all from our full potential. Wherever the question, perhaps by challenging the aversive racism that pervades much of contemporary America, we can collaborate to at least solve one of the many blunders hindering us all from our full potential. Wherever the question, perhaps by challenging the aversive racism that pervades much of contemporary America, we can collaborate to at least solve one of the many blunders hindering us all from our full potential.

Gandhi mentoring his grandson Arun in the 1940's.

Arun Gandhi pictured with his grandfather and wife, Sunanada.

The power of nonviolence lies, Mohandas Karamchand Gandhi said, in empowering the individual to become "the change we wish to see in the world." Perhaps by challenging the aversive racism perspectives and social justice ideologies on Hope's campus, we can collaborate to at least solve one of the many blunders hindering us all from our full potential.

Aversive Racism: Isolating what they don't understand

"old-fashioned" racists anymore, the country is practically full of "aversive" racists. Surprisingly, aversive racism is directed more toward higher-status people of color than to those of lower status, suggesting that while White people are more comfortable with people of color when they are "in their place." Unfortunately, aversive racism is usually expressed in subtle ways (flying beneath the radar of most White people's definitions of racism), the consequences of aversive racism can be quite severe for people of color. Imagine being interviewed by someone who unknowingly sends the message that she is uncomfortable with you or uninterested in your candidacy. Will you be able to do your best? Probably not. Imagine how such an application for a promotion in the hands of a group of people for reasons, for reasons they can't quite articulate, have a difficult time believing that you will be able to do the job effectively. Our image of the racism as the bad guys in the white sheets keeps us from seeing that, in spite of the absence of overt hatred, aversive racism leads many of us to think and act in ways that maintain racial inequality.

Implications for Hope College
A 2002 National Academy of Sciences study that showed that while White Americans are more likely than African-Americans to have a big impact.

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Where is God in Sex, Love, Marriage and Dating?

InterVarsity Christian Fellowship takes a look at Song of Solomon

INFOCUS

Anna Van Wyck
GUEST WRITER

"Do you want to love passionately, be loved in return, and see your love grow through the years?" reads the text on the Website for the Song of Solomon video series by Pastor Tommy Nelson of Denton Bible Church. "God desires these things for you as well... and in the Song of Solomon, He describes how you can experience them in a satisfying, lifelong marriage."

Nelson's Website stated that this video series is intended to teach the viewer four things: how to decipher Godly characteritics in a possible mate, what to do to gel closer to God, and what it means to take pleasure in long-term commitment.

InterVarsity Christian Fellowship, a Christian organization on Hope's campus, covered the topic of dating while viewing the second segment of the seven-part series on Feb. 17. Kristen Pieper ('08) and Rachel Daley ('06) said it gave them "insights into relationships in general." Pieper and Daley stated that they enjoyed the group discussion format. Male and female students were able to separately talk about their views on Christian dating before joining together for a full group discussion.

Pieper and Daley met at a large table to discuss the main points of Pastor Nelson. Nelson said it is important for people in a dating relationship to spend time together, to cultivate respect for each other, and to have restraint. "Sex is the main course in marriage, it's the topping," said Nelson. He also said, "Where do you think we got passion and desire from? We got it from God."

Nelson put hard-to-understand verses into culturally relevant contexts. The pastor explained that raisins were considered an aphrodisiac in Song of Solomon 2:5 which states, "Strengthen me with raisins, refresh me with apples, for I am faint with love." Nelson applied this to the modern day by saying it is acceptable for Christians to have feelings of attraction like this.

InterVarsity will continue to examine the Song of Solomon in the basement of the Pillar Church every other Thursday at 7:33 p.m.

InterVarsity Christian Fellowship sponsors a video series on the least talked about "censored" book of the Bible—Song of Solomon. This series meets at 7:33 p.m. at Pillar Church on 10th and College every other Thursday. This week's meeting, however, will be in the Cook Hall Lounge.

Dates for Song of Solomon Series
March 3 — The Art of Commitment
March 17 — The Art of Intimacy
March 31 — The Art of Conflict
April 14 — The Art of Romance
April 28 — The Art of Passion

InterVarsity staff and 34,000 students and faculty. As stated on their Website www.intervarsity.org, InterVarsity's mission is to "love God, reach the university, and develop world changers." The organization started at Hope with three people and has grown to 40 students in two and a half years. InterVarsity President Katherine Yanney ('06) said, "Our goal is to bring Jesus to campuses and to equip students with the tools to deepen their faith through authentic community and leadership training."

InterVarsity offers numerous opportunities for leadership training. Every semester students are encouraged to attend a leadership training retreat. Elizabeth Shuter ('06), a leader for Prayer Fellowship, attended the leadership training retreat called Genesis. Shuter said the retreat "gave ideas on how to approach people, and developed confidence enough to go up and talk to people about faith." Students can gain leadership skills through InterVarsity by becoming a leader for either Crash, K-groups, or Prayer Fellowship.

"People are really real here..." said Shuter. "They know they have problems, that God is the only way, and they want to help others."
The Anchor's budget for this and the upcoming school year. Organizations on campus, 1 know how important it is to have all the necessary items in order to allow our groups to run as smoothly as possible. However, I also know that the money we spend is limited and must be used wisely.

In a story about Winter Fantasia that ran in the February 9 issue of The Anchor, one SAC member had said that each chocolate-covered strawberry served at the dance was worth $30. I could buy a whole package of strawberries plus chocolate chips for much less than that at Meijer or Sam's Club. I don't know what other sorts of expenses were incurred at the dance, or where the money to pay for them came from. I find it to be an extravagant use of the student activities fee if this happens to be the case. Or maybe the group was forced to hold the dance to make up for ticket sales, or the money came from ticket sales, why not spend a little less and lower the prices so that students who could not afford it otherwise would be able to attend?

In all the past years that I've been here, I have heard rumors that the budget for Dance Marathon is larger than that of The Anchor. Why does an organization whose sole purpose is to raise money need such a large budget? I am in no way opposed to raising money for a good cause, but if it comes to the point where more money is being spent than raised, we might as well just write a check.

As every student probably already knows, there was a 5.5% increase in tuition, room and board fees for the upcoming 2005-2006 school year. As stated in a letter sent to students through campus mail, this increase "includes the cost of a limited health care plan for every student," the reasoning for this decision being a "markedly diminished portability of health care which leaves students unable to use family insurance plans from their local HMO approved physicians." Every year since I was a freshman, I have had to prove that my nationwide insurance plan was sufficient in order to avoid practically being forced to purchase Hope's plan. If students need this insurance, by all means, it should be made available to them. But it shouldn't be forced upon those students who do not need it. And even if it is decided that enough students do need this plan to need to facilitate a tuition increase, the letter neglects to describe what this "limited" plan entails. For example, if a student has an accident and needs major surgery, will this Hope health plan cover it?

As college students who pay over $28,000 a year, we deserve to know exactly where our money is going and what is being done with it. And if it is being spent extravagantly or unwise, by either students or administration, we must all take a look at our spending and ask ourselves: is it important?

THE UNION OF CATHOLIC STUDENTS IS HAVING AN ON-CAMPUS MASS THIS COMING SUNDAY, MARCH 6 AT 5 P.M. MAAS AUDITORIUM

SAC Events
Tonight: Cool Beans Coffeehouse
9 p.m. Travis Beagle
10 p.m. Sara Omanson

This Weekend: Spanglish
Friday and Saturday 7:30 p.m., 9 p.m. and midnight
Sunday 3 p.m.
Showing in Gravens
Free popcorn with $2 admission

Letters to the Editor Guidelines
Open to anyone within the college and related communities
The Anchor reserves the right to edit due to space constraints
Letters chosen on a First come First serve basis, or a representative sample is taken
No anonymous letters, unless discussed with Editor-in-Chief
Editor-in-Chief may verify identity of writer
The Anchor reserves the right to refuse publication of any letter submitted
Letters over 500 words in length will not be considered for publication
Mail letters to the Anchor c/o Hope College, drop them off at the Anchor office (located in the center of Dewitt, behind WTHS), or e-mail Anchor@hope.edu

Your opinion matters
Let it be heard!

Send your letters to anchor@hope.edu

OPINION YOUR VOICE

Using our money wisely

The last week I went to a budget meeting and was asked to examine The Anchor's budget for this and the upcoming school year. Looking through our budget for the past several years, I realized even more fully just how much money it takes to run a student organization. As the leader of one of the more expensive student organizations on campus, I know how important it is to have all the necessary items in order to allow our groups to run as smoothly and inexpensively as possible. However, I also know that the money we spend is limited and must be used wisely.

In a story about Winter Fantasia that ran in the February 9 issue of The Anchor, one SAC member had said that each chocolate-covered strawberry served at the dance was worth $30. I could buy a whole package of strawberries plus chocolate chips for much less than that at Meijer or Sam's Club. I don't know what other sorts of expenses were incurred at the dance, or where the money to pay for them came from. I find it to be an extravagant use of the student activities fee if this happens to be the case. Or maybe the group was forced to hold the dance to make up for ticket sales, or the money came from ticket sales, why not spend a little less and lower the prices so that students who could not afford it otherwise would be able to attend?

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OPINION YOUR VOICE

Using our money wisely

The last week I went to a budget meeting and was asked to examine The Anchor's budget for this and the upcoming school year. Looking through our budget for the past several years, I realized even more fully just how much money it takes to run a student organization. As the leader of one of the more expensive student organizations on campus, I know how important it is to have all the necessary items in order to allow our groups to run as smoothly and inexpensively as possible. However, I also know that the money we spend is limited and must be used wisely.

In a story about Winter Fantasia that ran in the February 9 issue of The Anchor, one SAC member had said that each chocolate-covered strawberry served at the dance was worth $30. I could buy a whole package of strawberries plus chocolate chips for much less than that at Meijer or Sam's Club. I don't know what other sorts of expenses were incurred at the dance, or where the money to pay for them came from. I find it to be an extravagant use of the student activities fee if this happens to be the case. Or maybe the group was forced to hold the dance to make up for ticket sales, or the money came from ticket sales, why not spend a little less and lower the prices so that students who could not afford it otherwise would be able to attend?

In all the past years that I've been here, I have heard rumors that the budget for Dance Marathon is larger than that of The Anchor. Why does an organization whose sole purpose is to raise money need such a large budget? I am in no way opposed to raising money for a good cause, but if it comes to the point where more money is being spent than raised, we might as well just write a check.

As every student probably already knows, there was a 5.5% increase in tuition, room and board fees for the upcoming 2005-2006 school year. As stated in a letter sent to students through campus mail, this increase "includes the cost of a limited health care plan for every student," the reasoning for this decision being a "markedly diminished portability of health care which leaves students unable to use family insurance plans from their local HMO approved physicians." Every year since I was a freshman, I have had to prove that my nationwide insurance plan was sufficient in order to avoid practically being forced to purchase Hope's plan. If students need this insurance, by all means, it should be made available to them. But it shouldn't be forced upon those students who do not need it. And even if it is decided that enough students do need this plan to need to facilitate a tuition increase, the letter neglects to describe what this "limited" plan entails. For example, if a student has an accident and needs major surgery, will this Hope health plan cover it?

As college students who pay over $28,000 a year, we deserve to know exactly where our money is going and what is being done with it. And if it is being spent extravagantly or unwise, by either students or administration, we must all take a look at our spending and ask ourselves: is it important?
THE ANCHOR WANTS YOU!

Have you ever wanted to see your name on the front page of the paper? Here's your chance! Come to our meeting tonight at 8:30 p.m. in the Anchor office...It's in DeWitt behind the radio station and Student Union Desk. Come find out what it takes to be part of a newspaper staff!

Shalee I think we should break up Sandstrom

Safety Reports: Students' Right to Know - Real events happening on YOUR campus

Posted Monday, February 28

- Trespassing A person believed to be on the ban list by employees of the Van Wylen Library was identified and asked to leave the library. The person was a student and was not on the ban list. He was advised he should use the public library in the future.

- Minor in Possession of Alcohol/Assist HPD A number of students and non-students were found drinking alcohol in an apartment complex on campus. A number of people were issued citations for MIP and one was taken to the hospital to be treated for possible alcohol poisoning.

- Suspicious Person A male subject was observed outside of Dykstra Hall trying to get into the building. The subject was located and identified, he stated that he met a girl at Skiles and was trying to find her. The subject was asked to leave the area.

- Suspicious Situation - A window was broken at Koole Hall by a snowball being thrown through it.

- Medical - A male subject passed out near College East Apartments. The subject was not a student and did not require any medical attention.

- Suspicious Phone Call - A resident at a cottage received a phone call from a male asking for a person named Frazier and then said that he could protect the resident. It is believed this was a prank phone call but if others have received a similar call please report it to Campus Safety.

Checkmate: first Kings and Queens tournament a success

Student crowned champion of the chess board

Seattle Thurmer Guest Writer

Hope College had its first Annual Chess Tournament, sponsored by Kings and Queens Chess Club, on February 21st and 22nd. Participants included sixteen students and a professor, each of whom walked away with prizes like Star Theater and JP's gift certificates and travel chess sets.

After five rounds of intense matches, Hope College's Stephen Rodriguez was dubbed the champion after defeating freshman David Visser. Rodriguez said he didn't expect to win. He explained that playing against skilled opponents was a challenge he encountered. He was elated with the victory and the recognition he received.

Current officers of Kings and Queens Chess Club were delighted with the turnout and the outcome. The president of the club, Aaron Kenemer, said after the conclusion of the tournament, "I think this tournament will be a staple of things to come in the next few years. We've definitely set the bar high for future club leadership, and we think this is a great building block for not only our club's success, but for the popularity of chess in this area."

Kings and Queens is in its second year of being an official club at Hope and aims to attract students and faculty who are chess enthusiasts of any skill level. They meet Monday nights at 7pm in the Kletz and welcome all who are interested to join.
but never-the-less grand theft has never sounded so sweet. While Hope has yet to have someone singing the Caribbean Blues from Jacko’s prison every student on campus has a media library that could rival the Library of Congress. The best part about procrastinating with music is you can combine it with many of the aforementioned forms. So continue to turn the music up and the friends down Hope you’ve made music number five.

4. Food – Played off as an essential part of life; food has become the biggest scapegoat. In reality, we don’t need to work as hard as we think we do.

5. Video Games – Why struggle with the stress of reality when you can avoid doing anything meaningful with video games. Whether it is killing old people in Grand Theft Auto or playing other addicts in Halo 2; video games have become in many circles more important than midterms or girl friends. Sexually frustrated and on the verge of failing all their classes video game addicts chime in at number three.

2. Naps - Why sleep at night when you can sleep during classes or study time. Hope students find that though sleep is necessary it doesn’t necessarily mean that dead lines are going to go away. By getting well rested you can finish your work.

Work from 2

Pressing tasks to be completed before beginning a new project.

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Dealing with overwhelming tasks:
-Instead of getting started on a big project and doing a little, we continually put it off and do less important tasks. In reality, we rarely have large chunks (3-5 hours) of time, because we’re not “in the right mood” to work on a certain project. However, there is usually at least one part of any project, which doesn’t seem totally unpleasant. Do what you can.

Build your motivation. Most research shows we won’t start something we don’t feel we can finish. Breaking large projects into smaller, usually tends to improve motivation.

-Do anything, as long as it is at least related to your top priority project.
-Identify what you are afraid of and deal with that. Procrastination often comes from unrealistic perfectionist tendencies, self-doubt, or fear of change. Every project doesn’t have to be perfect—choose a level that is “good enough” for each task.

-Procrastination can be overcome. Always remember to ask “What is the best use of my time right now?” With clear priorities you can get things done, have time for fun, and avoid this problem next semester.

To Work or Not To Work. So there you have it. Procrastination, the modern day, five-syllable replacement for sloth has college campuses across the country in its grasp. Both sides of the issue have been presented and all that’s left is to decide whether to plop down at the computer for some studious research or to waste away your time with some mindless entertainment. “As long as there’s work to be done,” noted Sarah Jared after her nap. “I’m gonna look for something more fun.”