Hope recruits with Zinch networking site

Emily West
Senior Staff Writer

The Hope College admissions office recruits prospective students using Zinch. Hope College admissions office connects prospective students with colleges—The Hope College admissions office recruits prospective students using Zinch.

ZINCH SITE CONNECTS PROSPECTIVE STUDENTS WITH COLLEGES—The Hope College admissions office recruits prospective students using Zinch.

Volunteers from Hope count homeless in Holland

Emily West
Cornerston. com

The Hope College Social Work Department volunteered for a fifth year for the annual Ottawa Area Housing Coalition’s Point in Time Count. Volunteers went out in the early morning of Jan. 28 and canvassed the region.

Volunteers from Hope, including students from social work classes and the Kappa Delta Chi sorority, met at 2 a.m. and headed for the Community Action House.

“It’s difficult to determine if someone is homeless at 11 p.m.” said Melissa Villarreal of the social work department. So, the group waited until after the bars are closed and before third shift is over to head to the streets of Holland.

At the Community Action House, all the volunteers went through a brief training session. The volunteers were given a list of places where homelessness has been previously reported. If a person seems alert and friendly, volunteers were encouraged to listen and ask about their family, employment and housing situations.

Social work majors, Erin Smyth (10) and Jenny Moreau (10) went with a group of five volunteers to the Zeeland Hospital, Meijer, Econolodge, Van Raalte Park and various laundromats.

Smyth said, “We had heard from people who had done the homeless count in the past that we probably would not find anyone. Meijer was our second stop and we found two homeless men sleeping in the café.”

Villarreal encourages consumers to support Meijer. She said, “It is one of the few agencies who will allow people to come in during the middle of the night and sleep in the Café.”

Smyth was saddened to learn that this was a regular occurrence.

“A Meijer employee told us that one of the men was there every night. The workers recognized him,” she said.

“Especially when you are homeless, not just hear about it, is a reality check. It is a good thing to be aware of,” Moreau said.

“This is the year that we have found the most. It indicates the problems we are having right now,” Villarreal said.

“We are fully aware that without gainful employment, residents have little to no chance of recovering from their homelessness,” Holland Rescue Mission Executive Director Darryl Bartlett told a Holland Sentinel reporter.

Villarreal said, “I think it’s amazing that students have a real passion to help people. Even though they are just counting, they are raising awareness about the problem of homelessness so that the government can take action.”

“Our students always want to help. I think it’s great. I am so proud of them,” Villarreal said.

“I wonder if they did another count during the summer if you could find more people and actually talk to them and hear their story.”

“It’s hard to just notice the needs and do nothing,” Moreau said.
Amy Soulkup
Course News Editor

"Every scene up here is real... it happens on my campus. It happens on your campus," said Central Michigan University student Wes Clark, as he introduced "No Zebras, No Excuses" to an audience of Hope College students and community members on Feb. 3.

The "No Zebras" presentation is part of CMU’s Sexual Aggression Peer Advocates program. "No Zebras" program "provides insight into how the students hope that their research in Japan currently experiencing. Nemeth thinks that care for the "baby boomer" generation. Nemeth and the profit organizations that provide nursing-home care. In-home care to the elderly instead of nursing-home care.

Students will spend three weeks in Japan, traveling with Peace Corps volunteers. Peace Corps PresentationLearn about opportunities with Peace Corps. 7:30 p.m. Nykerk Hall. Dr. David Fr. Thomas Hopko, dean emeritus of the Office of Career Services. cover letter preparation. 11 a.m. at Workshop on effective resume and forms. 3 p.m. Wichers Auditorium. Professor ConduCts Dr. Roger Nemeth, a Hope researCH in JaPan on May 13. The simulations are run by the simulations are run by faculty directors Holmes and Lokker organizes both ('10), Lokker organizes both secretary general, Kevin Haley... Along with her fellow director of Hope’s Counseling Center, the group addressed issues of sexual assault, human sexuality and alcohol awareness, among other things.

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Stimulus plan includes health reform

Erin Fortner
Senior Staff Writer

On Feb. 11, the House and Senate passed a $787 billion economic stimulus bill. While Democrats and Republicans debate whether the bill can provide economic recovery, health policy critics warn insufficient attention is being given to one of the most significant parts of the bill — healthcare reform.

The Lewin Group, an independent econometric modeling firm, and the Urban Institute/Brookings Institution Tax Policy Center estimate the bill’s healthcare reform will cost $1.17 trillion and $1.6 trillion, respectively. Betsy McLaughry, former lieutenant governor of New York and adjunct senior fellow at the Hudson Institute, notes how more funding will go toward the healthcare reform than for the Army, Navy, Marines and Air Force combined.

Provisions in the bill will affect every facet of healthcare including drug research, health benefits, education for professionals, hospital charges and patient treatment. For instance, every individual’s medical records will be electronically stored in a federal database. Proponents believe the program will save lives by providing health professionals with quick access to a person’s medical records in an emergency, while opponents cite privacy and confidentiality issues.

Most significantly, the bill will establish a new board, the National Coordinator of Health Information Technology. “The board will monitor treatments to make sure your doctor is doing what the federal government deems appropriate and cost effective,” McLaughry said.

McLaughry points out that in former Sen. Tom Daschle’s 2008 book, “Critical: What Works and What Doesn’t about the Health Care Crisis,” he believes the development of new medications and technologies drive up costs and that Americans should adopt a European-styled healthcare system, where patients are “more willing” to accept “hopeless diagnoses” and “forgo experimental treatments.”

A board, called the Federal Council, will be created to determine what treatments physicians may offer patients by using a cost-effectiveness standard. Hospitals and practitioners not participating in this new system will be penalized. Critics believe such a system will negatively impact healthcare, especially for elderly patients on Medicare.

McCaughey observes how the Federal Council is based upon a U.K. board mentioned in Daschle’s book. The board approves or rejects treatments for patients by a formula which, “divides the cost of treatment by the number of years the patient is likely to benefit,” otherwise known as quality-adjusted life years (QALYs). “The use of QALYs is pseudoscience. It is nothing more than a tool for central planning that attempts to objectively what is inherently subjective,” states Helen Evans, Ph.D., the Director of Nurses for Research and a health fellow with the Adam Smith Institute of London.

Evans reports that in 2006, a U.K. health board refused to provide the costly drug treatment needed for elderly patients with macular degeneration until they went blind in one eye. Similarly, U.K. patients with kidney cancer, osteoporosis, and rheumatoid arthritis have been denied effective treatment for their conditions in recent years because of cost-effectiveness standards.

Although the stimulus has passed, critics of the healthcare reform initiatives continue to urge further scrutiny. Dr. Meir Pugatch and Francesca Ficai of the Stockholm Network state, “Thus, a decision to prioritize a less therapeutically effective medicine because of cost-based considerations over an effective, but more expensive, medicine could lead to some serious political, social and moral dilemmas.”

1,434 PAGES—Sen. Richard Durbin (D-ILL) holds a copy of the stimulus bill passed as he speaks to reporters on Capitol Hill on Feb. 5.

PERSPECTIVES

President Obama’s approach to America’s economic crisis: What will change?

Benjamin O’Dell
Guest Writer

These days, no matter where you look, it is very obvious that our economy is awful; almost every week companies are announcing massive layoffs, the Dow Jones is around 6,000 points lower than the record high it hit just over a year ago, and nothing seems to be bringing hope to a seemingly devastating situation.

Since Barack Obama was elected as president in November, the Democratic Party now has control of the executive branch as well as the legislative branch in Washington, and one of Obama’s first priorities is obviously to take action on the economy, but the critical question is, what is the best way to do so?

So far, Congress has passed a second stimulus bill, somewhat of a sequel to the first one that we saw last spring. The main difference this time around is that less than half of the money will be in the form of tax cuts; the rest of it will be in spending, which is supposed to create jobs.

Supporters say the legislation will create or save up to 3.5 million jobs (Foxnews.com), and it will help those who have lost their jobs and have no way of putting food on the table. Liberals view it as a direct investment into our nation’s infrastructure, and conservatives see it as mass government spending.

Even though history has proven that universal tax cuts are typically effective at helping struggling economies (look at the Ronald Reagan administration), Washington has chosen to try and fix the problem through more of a socialist approach.

The bottom line is the question of whether we as a country can spend our way out of a depression, and that's exactly what Obama is attempting to do; if his plan is a triumph, he will be loved and credited for leading us out of one of the worst economic situations our country has ever seen. However, if his plan flops, our country will be in much worse condition than it currently is.

So where does our country go from this point on? Over the next few years, we will most likely continue to see Obama spending huge amounts of money on practically every domestic issue; we have just seen him start his spending on energy independence and transportation. He is also going to change the Wall Street era of Bush; deregulation will soon be a thing of the past. It may have helped stock portfolios of the wealthy for a few years, but it has also been part of the reason for the near economic collapse we saw last fall. Our economy definitely is not in very good shape, and he believes that his solutions will pull us out of the current mess.

In terms of their approaches to economic development, Obama has promised to an almost polar opposite to Bush (in his approach to capitalism), and since Obama was elected president, he is our leader no matter what he does. It is our duty to support him and pray that he makes decisions that ultimately will be beneficial to our entire country.
“We are expecting mass unemployment and mass riots; there will be not enough police to stop people’s protests by force.”

— Gemmy Gudkov, a former KGB colonel and current chairman of the Duma’s Security Committee on how Russian citizens could react in the increasingly difficult economic times.

“High oil prices and oil wealth reshaped geopolitics in recent years, now we’re seeing the reversal of all that.”

— Energy expert Daniel Yergin on the declining oil prices and how they have created an unexpected diplomatic bright spot in the global recession by weakening harsh regimes.

“I missed pulling out the gun on people, I missed the adrenaline. I like taking risks. It’s the high.”

— Gabriel Hinojos, a former Latino gang member, on the difficulties many people face as they fight to disassociate with the gang life.

“There’s really a biochemical and scientific bias that stress is bad, but anecdotally and clinically, it’s quite evident that it can work for some people.”

— Judith Oref, a psychiatrist at UCLA, on the recent studies of positive effects of stress.

“Even if we spend it at home, we’re investing in companies that themselves have to be in China selling these technologies.”

— Ed Steinfeld, a political scientist and director of the China program at the Massachusetts Institute of Technology in Cambridge, on why the United States should have been more interested in the Chinese request in asking for an environmentally friendly plan.

“Economic cycles don’t immediately impact our results.”

— Tom Gubser, the New York Jets’ top-stadium development and finance executive, on how the current economic state could affect sports teams.

“It’s very dangerous. Once it’s on a cell phone, that cell phone can be put on the internet where everyone in the world can get access to that juvenile picture.”

— A police captain in Pennsylvania on the recent upswing of the mal du seing in which young teens are creating nude or sexually suggestive pictures of themselves to classmatess.

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Can you afford an art degree?  
Taking a look at what an art major can do to actually make money in tough times

Taylor Hughes  
Arts Editor

As the economy thickens with joblessness and the irony of a skilled unemployed worker becomes our reality, those of us near graduation are looking at our degrees and asking ourselves: will this $100K-plus investment land me a secure future? I recently discussed with my fellow graduating peers the pros and cons of why our unique degrees will help us as we dive head-first into the shark pool that is the modern job market. I was instantly terrified. It then hit me: why in the world is anyone majoring in art besides the obvious creative outlet? I believe that it’s the horrendous economy with nothing to brace them but a direct, hands-on art skills to get work as well. In 2008, art major Karie Luidens was interning in Atlanta. "I found Hope students using their art degree in the ‘real world’ to examine the social aspects of it and the communication that goes into explaining artistic techniques," said Gilles. Future plans for Gilles include an internship or artist fellowship.  

Seniorviolinst among most talented  
Hope student violinist wins prestigious award at the Michigan Solo Competition  

Robert Gaimond  
Assistant Arts Editor

Hope College senior violinist Alexandre Hamzea won first prize in the senior division of the Michigan Solo Competition on Oct. 18. Hamzea was among violinists from programs throughout the state vying for grand prize or first prize in either the junior or senior division. The competition is only held every two years, and it features contestants from both small and large schools throughout Michigan, including graduate programs. “It’s prestigious for both Alexandre and Hope College," said Michael Craioveanu, the professor of violin at Hope and Hamzea’s instructor. "The competition includes performers from many programs, with strong representation from large programs, so it’s nice to have a student from Hope go in and excel at that level. I believe that it’s the first time that Hope College has ever had a string player place so high." Hamzea is currently interning at the Holland Sentinel as a newsroom intern and has secured an internship with Grand Rapids magazine for the summer of 2009. "If you want to use your art degree in the ‘real world’ you have to combine your color and creativity to our pages, to your life," Karie Luidens ('09) was asked by Professor Katherine Sullivan when she was interested in painting a mural for the Heinz pickle factory in Holland. She, along with fellow classmate, Claire Weller ('10), was commissioned for the job. "Working at the pickle factory has given me the confidence that I have been looking for. For most of the time I worked on the wall, I thought ‘I can do this’ which changed into ‘I know I can do this,’” Mojzak said. Mojzak plans on teaching art to others through Teach for America or Americorp, giving them the opportunity to experience art. Many art majors have already done just that. Amy Gilles ('09) has taught at a private art camp in Chicago for the past two summers to children between the ages of 7 and 13. "Often art is seen as a solitary discipline, but in teaching art, I found that I was forced to examine the social aspects of it and the communication that goes into explaining artistic techniques," said Gilles. Future plans for Gilles include an internship or artist fellowship.  

This Week In Art  

Wednesday  
Feb. 18  
Poetry Reading & Choir  
Voices Against Violence and Atrority  
Dimnent Memorial Chapel, 7 p.m.  

Goodbears Entertainment  
Nest, 9-11 p.m.  

Thursday  
Feb. 19  
Arts & Humanities Colloquium  
Martha Miller Center, 3-6 p.m.  

Friday  
Feb. 20  
Wind Symphony Concert  
“Viva la France!” Dimnent Chapel 7:30 p.m.  

Saturday  
Feb. 21  
Wind Symphony Concert  
Andreas University, 8:30 p.m.  

In Brief  

Tickets are available for the 21st Annual Hope College Musical Showcase, $10 each, and may be ordered through the Hope College Ticket Office located in the DeVos Fieldhouse at 222 Fairbanks Ave., between Ninth and 11th streets. The ticket office is open weekdays from 10 a.m. to 5 p.m. and may be called at (616) 395-7890.  

V-DAY PERFORMANCE RAISES AWARENESS  

V-Day Holland 2009, a benefit production of Eve Ensler’s “The Vagina Monologues,” will take place on Feb. 20-21 at 8 p.m. in the Park Theatre. Admission is $10 in advance, $12 at the door. Tickets can be purchased from www.hollandparktheater.org.  

V-Day is a global movement to end violence against women and girls that raises funds and awareness through benefit productions of the award winning play, “The Vagina Monologues” and other artistic works. In 2008, over 4,000 V-Day benefits were presented by volunteer activists in the U.S. and around the world, educating millions of people about the reality of violence against women and girls. To date, the V-Day movement has raised over $60 million. V-Day was named one of “Worth magazine’s “100 Best Charities” in 2001 and Marie Claire’s “Top Ten Charities” in 2006. The “V” in V-Day stands for Victory, Valentine and Vagina.
Jazz pianist performs Feb. 22

Grammy nominee Fred Hersch to play

HOPE PR – The department of music will feature Grammy-nominated jazz pianist and composer Fred Hersch in a special performance on Sunday, Feb. 22, at 3 p.m. in Wickers Auditorium of Nykerk Hall of Music. The public is invited. Admission is free.

Pianist and composer Hersch is widely recognized for his ability to reinvent the standard jazz repertoire, investing time-tested classics with keen insight, fresh ideas and extraordinary technique while steadfastly creating his own unique body of work. He has been described by The New Yorker as “a poet of a pianist” and The New York Times as “a master who plays it his way.”

Hersch’s many accomplishments include a 2003 Guggenheim Memorial Fellowship for composition, a Rockefeller Fellowship for a composition residency at the Bellagio Center in Italy, two Grammy nominations for Best Jazz Instrumental Performance and a 2006 Grammy nomination for Best Instrumental Composition.

He has recorded more than two dozen albums as a solo artist or bandleader and appears on over 100 recording projects as a duo collaborator, sideman, or featured soloist.

A native of Cincinnati, Hersch began playing the piano when he was 4 years old. Young Hersch had a propensity to improvise and was 4 years old. Young Hersch had a propensity to improvise and was featured soloist. He worked as a one of the most in-demand pianists in town.

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Nearly every Hope College student has been stuck behind the train at some point in their on-campus experience. The big problems for students, when it comes to the trains, have to do with inconvenient timing and noise.

Students try to beat the train on foot. They try to climb over the trains to get to class. They hitch rides on the sides of the tracks. They try to climb over the trains to get to the crossing. Even if you try, you lose.

Hope College’s vice president for public and community relations, Tom Renner, remembers the train during his time at Hope. “It’s a conversation piece when you first get here,” Renner said.

According to an article in the Grand Rapids Press written in December 2001, Hope College Professor Jon Peterson and his students conducted a study of the noise levels caused by the trains that pass through campus on a daily basis.

Students discovered that noise levels reached 90 to 100 decibels near the tracks. The article stated that this decibel level was similar to that of a low-flying airplane.

The Environmental Protection Agency’s recommended maximum standard for outdoor noise is 55 decibels. Unfortunately, many Hope students are forced to attempt to sleep through that.

Taylor Blom ’09 has been of those students. He lived in DeGraaf Cottage on 15th Street, next to the train tracks. The article stated that this decibel level was similar to that of a low-flying airplane.

The most important thing to understand is that the passenger rail is the wave of the future.

“We’ve all waited for the train,” Renner said. “It can help people save gas money, avoid traffic congestion, and it is also a good way to ‘observe the beauty of America.’”

Langdon adds that taking the train is “a most relaxing and most productive way to travel.”

He mentions that Hope students can do their homework on the train while looking out the window. Although the trains that run through campus may be loud and sometimes get in the way, most students agree that the trains are an integral part of life at Hope College. John Morgan ’10 said, “I think the train adds a lot to the college’s atmosphere.”

Hope College just wouldn’t be the same without its trains.

Features

Sara Webster
Guest Writer

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Hope College just wouldn’t be the same without its trains.
Spread the love

It’s been four days since Valentine’s Day, and if you’re anything like me, the sparkle has worn off a bit. I’ve scarfed down all the chocolates and the flowers are fading.

If you’re single you might be relieved; to you, Valentine’s Day may seem more like a “singles awareness day.” All of your friends want to know what your plans are and you’re sure there’s a better answer than, “I’ve got a date with a bowl of popcorn and a movie.”

I think you have every right to be cynical. After all, most of us have heard that Valentine’s Day is a Hallmark holiday—a holiday made up by retailers to sell useless trinkets and high-calorie sweets. I don’t doubt Valentine’s Day is a ploy to get us to spend our money. Despite the contrived nature of the holiday, I do think there is something to be said for celebrating love.

I’ve been thinking about love a lot this past week. I think there are many people in our lives for whom we have varying degrees of love, and often these people never even know we appreciate them. For instance, every time I go into Lemonjello’s (which is often) there are other people in life that we love deeply—family members, friends, and roommates. I find that I often take love for granted.

I have taken over our miniature freezer and roommates. I find that I often take love for granted. Despite the contrived nature of the holiday, I do think there is something to be said for celebrating love.

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The Anchor apologizes for this misleading headline. For this reason, we must seek proper relationships so that we might better establish a right ideal for a future lifelong commitment. Consider dating to be one way of looking for the person you are destined to marry. Dating should not be a purposeful thing that desires commitment and seeks to be healthy, for an unhealthy relationship does not bode well for the future. If you think things will change in a few years, they probably won’t—the deception, lack of trust, abuse, selfishness and jealousy does not just disappear over time. A healthy relationship, however, consists of trust, open and honest communication, selflessness, affection, love, joy, and forgiveness (just to name a few!). Being in such a relationship wills help make your future marriage more likely to succeed.

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Colton Wright Social Media Editor

The Anchor would like to apologize for the published headline of the article, “Obama inauguration sets record cost” printed in the Feb. 4 issue. Although technically true, the title was misleading as the thrust of the article made clear that comparing inaugurations could not be done fairly and that President Obama’s inauguration was simply the first to include previously excluded costs, namely security, making the total for the inauguration a record.

The Anchor apologizes for this misleading headline to the editor of the piece, Dr. Fred Johnson (interviewed) and to all of our readers.

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February 18, 2009
Beautiful Feet

Against common sense

We all know the story: Moses is in the desert when he sees a bush that’s burning…but not burning. After taking a closer look, God speaks to him from within the burning bush, calling him to lead the Israelites out of Egypt into the Promised Land, to which Moses makes excuses. So God gives him a series of signs. Exodus 4:2-6: “The Lord said to him, ‘What is that in your hand?’” “A staff,” he replied. “The Lord said, ‘Throw it on the ground.’ Moses threw it on the ground and it became a snake, and he ran from it. Then the Lord said to him, ‘Reach out your hand and take it by the tail.’” Moses reached out, grabbed the snake by the tail, and it turned back into a staff. Moses could not a-fraid to try…right? But take a closer look: “Take [the snake] by the tail.” What? The tail? If there’s one thing I know about snakes, it’s that you don’t pick them up by the tail because they can swing around and bite you. I don’t need a wildlife safety report to tell me that. And I doubt Moses did either. I imagine he was thinking something like, “What? The tail? You sure about that, God?”

Why would God call his servant to do something so contrary to common sense? The Lord of the universe sounds a little like my big brothers growing up (“Dare you to touch that, Bry”), the kind who would use a friend for a cheap laugh, right? The only difference is that they didn’t know what would happen and wanted to see, but God knew exactly what would happen and wanted Moses to see.

Just as Moses may have hesitated what he was being called to do…against common sense, there’s a similar call for those in need today. We might not be too excited to follow. You see, there’s this thing called the social ladder, ever heard of it? It’s natural to want to go up; this just makes sense. Make friends with the popular kids; impress those in a position of power; etc. etc. We are drawn to those who we benefit from, those who bring us up in society.

Yet God has a different direction in mind. Romans 12:16 says, “Do not be proud, but be willing to associate with people of low position.” This can be as dangerous as grabbing a snake by the tail. Most of us have been bitten at one time or another—laughed at, made fun of, ignored—but then again, Moses could not be afraid to try…right? Moses couldn’t be afraid to try to understand, and he wasn’t even trying to understand anyone.

James teaches the same principle: “Re-ligion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress…” You see, when we seek out those who could use a friend we’re leaving taking a risk, yet by our love we can imitate the very life of Jesus, “who, being in very nature God, did not consider equality with God something to be grasped, but made himself nothing taking the very nature of a servant, begin made in human likeness.”

Talk about a step down on the social ladder. God became man…for us—and that’s the most important part. Love must be sincere. Looking out for today’s “orphans” and “widows” can’t be done as charity or with a mission trip type attitude. The truth is that when we go against our common sense—common sense rooted in selfishness—and seek those in need, we are others blessed. We will find that the spotlight passes up some pretty incredible people if we only take the time to grab a snake by the tail.

Bryant loves his inner tube water-polo team, Gettin’ Skirts.

Bryant Russ

Columnist

---

Anyone listening?

My sister called me last week and told me that she had eaten dinner with a couple she’d recently met—the husband talked for almost four hours straight, without letting her get a word in edgewise. She said she couldn’t take it. Finally she just told him that she had stood up and got air. My sister knew that sometimes people need to be listened to—and that listening to someone shows you respect them. But she thought he would have understood that. Perhaps he just wasn’t speaking her language that day.

Katie Bennett wrote her last column on the language of music: perhaps we don’t all rock out to Haydn, but we can respect that it is a form of communication, a different dialect that perhaps we just don’t understand yet. Maybe we go for rap, or the blues? Or maybe not. But we speak something.

What am I trying to get at, you might wonder? Stay with me, I’ll come to it. I promise.

In an issue many weeks past, Rob Guimond wrote about silence. He wrote about what we can communicate to others by staying silent, and not invading the space of others with empty screams, or words that mean nothing. Silence is a virtue, Rob reminded us, and a form of speech. It is used as a language of respect and dignity. Take certain religious leaders who take vows of silence. By staying silent, they are TELLING those around them something about their character, their goals, their lives. What makes them NOT to speak?

My Uncle Scott has been deaf from birth (as far as my grandmother knows). He has known the sound of silence, but not of his own name. But Uncle Scott can see speech through lip-reading, and through people’s eyes he can read emotions, feelings. Just this Christmas, I sat next to him at the dinner table and talked with him about communicating with people. I related it to how I had come to know people just from looking at their faces when I talked to them, and also by reading their body language. He knew exactly what I meant. Sometimes actions do speak louder than words. But it’s another language.

Valentine’s Day is just over. I wonder how many boyfriends/fiances purchased gifts for their significant others, and whether they spoke the right “love language.” One of my friends back home was telling me about her frustrations with her present boyfriend. Through her words, I could hear that this relationship was all wrong because he wasn’t speaking her language. My friend was trying to speak HIS language, and he wasn’t even trying to understand her.

All of life is filled with speech, and language: except for the hours we spend sleeping, we are telling the rest of the world something about ourselves. Whether we realize it or not, people are watching, people are listening, people are trying to decipher us, translate our lives into their own dialect. Are we making the effort to understand each other, and be careful about what language we’re speaking, and why we’re speaking it?

Maggie enjoys sipping coffee over conversation about books, music and communicating.
Violin student recognized

from page 5

from his father. Brosov is also where Mihai Craioveanu is from. This is why Hamzea came to Hope College. The violinist credits his instructor for much of his growth as a violinist:

“Aside from being very knowledgeable and adaptable to every student’s particular needs, (Prof. Craioveanu) always puts a lot of time and effort into his teaching. This allowed me to absorb a lot of information from him and make progress.”

Hamzea has a recital on April 17 at 6 p.m. in Dimnent Chapel. Admission is free.

Careers made available to art majors

• ART, from page 5

program where she can continue to create and develop her own artwork. Gilles’ art has been featured, among other venues, at Lemonjello’s in downtown Holland. Her art as well as other senior artists’ can be seen at the upcoming Senior Art Show opening March 27.

Other opportunities in the field of art include museum work, animation, design and production. For an ample list and description of opportunities for work within an art or art history major, log onto the career services website at www.hope.edu/student/career.

Write Letters to the Editors

If you are passionate about an issue, concerned about a problem, or fed up with something, e-mail your letter to anchor@hope.edu

(Please limit letters to 550 words or less.)

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STUDENT, from page 5

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Journeying Toward a Profession of Authentic Christianity

Christy Moran
Professor in the Department of Education
Kansas State University

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What is missing?

Gifts to the Hope Fund help the college do things like purchase books, journals, and other materials for VanWeymes Library. But doesn’t tuition pay for that?

Tuition and fees cover about 75% of what it costs to run Hope College. Gifts to the Hope Fund from nearly 10,000 alumni, parents, and friends help make up the difference. Who knew?

Here’s a list you might not know about the Hope Fund. But without it, a lot of things at Hope would be, well... missing.

Join Peace Corps

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Phelps Hall, Otte Room

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800-424-8580 | www.peacecorps.gov
Hope athletic trainers integrate video games into injury rehabilitation practices

James Raletson  Co-Sports Editor

Competition is in the air as the three varsity football players challenge each other for the top score on their favorite video game. Each athlete takes their turn to see who can best the other, and athletic trainer Dr. Kirk Brumels looks on, knowing that this little competition is benefiting the athletes’ strength more than they know. The Wii Fit balancing game that they are playing is one of many games that Brumels has introduced for rehabilitation and strengthening of Hope College athletes.

The idea
Brumels brought this new creative approach to rehabilitation to Hope after seeing his daughter playing “Dance Dance Revolution” (DDR). “I watched my daughter playing DDR,” Brumels said. “Then I played and realized how the game could be used for single leg strength training.”

The observation opened the floodgates to a new approach to rehab at Hope. “DDR” became a staple in the athletic training rooms beginning in 2006, and the Nintendo Wii and the Wii Fit were added in 2008. From the beginning, Brumels saw many benefits in using the gaming systems for rehab. “The game serves a little bit as a distraction,” Brumels said. “Doing a repetitive exercise can get boring. The video game helps the athlete to forget about the repetitive nature of the exercise and just have fun.”

Despite its initial positive results and feedback, Brumels did not have any scientific evidence to back up his new principles. So Brumels and a team of students conducted a study in the Fall of 2008 to prove the benefits of “DDR” and Nintendo Wii on athlete rehab.

The study
For the study, Brumels and students Troy Blasius (99), Tyler Cortright (99), Daniel Oumedian (99) and Brent Solberg (99) worked with 25 student athletes to gauge the effectiveness of the video game systems on balance. The results were promising as both “DDR” and Wii Fit showed a lower level of difficulty perceived by the athletes and a higher rate of improvement in balance as compared to traditional methods (see box, below-right).

“Athletes are buying into the new method and realizing that it is not simply a game to play, but a tool to help reach a goal in rehab,” Brumels said. Another benefit that the study and general use of the games has brought is a greater interest in creative methods for athletic training students. Rather than simply following protocol, the students have begun thinking of other new rehabilitation techniques.

The program has encouraged some creative thinking on our part as well as the athletes,” Brumels said. “Students are becoming engaged in how to be creative with the exercises.”

Specific cases back up the study as well: baseball player Derek Fairchild (11) tore a muscle in his shoulder and used the Wii Fit balance board program. By using his upper body on the board in a pushup position over the balance board, he was able to work his shoulder in a different method than in normal rehab. The Wii Fit made me work a lot harder,” Fairchild said. “I would be having fun playing ‘Shaun White’ or another Wii game rather than just push-ups.”

For volleyball player Jamie Kline (11), the “Active Life: Outdoor Challenge” program was used for her recovery from a sprained ankle. This Wii game incorporates its own mat which is used for the many activities available in the game. “I think it (using video games for rehab) worked well,” Kline said.

Testimony from Student Athletes

“We have many benefits of using video games for rehab at Hope. But a tool to help reach a goal in rehab is not simply a game to play, but a tool to help reach a goal in rehab,” Brumels said. “Students are buying into the new method and realizing that it is not simply a game to play, but a tool to help reach a goal in rehab.”

“I think it (using video games) gets you active,” Tyler Cortright said. “It’s fun and it helps you work on your balance.”

“I had never done rehab before, but I definitely enjoyed it,” Dr. Kirk Brumels looks over the balance board, the running for Academic All-Americans.

HOCKEY

The Hope Hockey Club will be making their eighth consecutive appearance in the American Collegiate Hockey Association national tournament, having finished the regular season with a 17-4-0-1 record. Prior to the national tournament the Dutchmen will head to Grand Rapids for the Michigan Collegiate Hockey Conference tournament.

COACH PUBLISHED

Women’s basketball coach Brian Morehouse is featured in the book “Chick Soup for the Soul: Inside Basketball” which was released Feb. 9. In the book, Morehouse tells the story of Becky Bossard (‘06), a player who volunteered to be taken off of the roster for Hope’s 2005-2006 NCAA title run. NCAA rules limit a team’s roster to 15 players, while Hope’s had 16. Bossard recognized the situation and approached Morehouse to volunteer to be the player to sit out. After the team went on to win the national title, Bossard was chosen by the team to be the first to hoist the trophy. In honor of her unselfish act, a Hope basketball banner has also created a scholarship to commemorate Bossard.

HANDB—(Above) Baseball player Derek Fairchild (’11) uses the Nintendo Wii balance board with “Shaun White Snowboarding.” Fairchild is one of many Hope athletes who have used the Wii for rehabilitation purposes. (Below) Basketball player Daniel Cox (’10) plays “Duck Hunt” on Wii while doing squats on a Bosu ball.

Video games: fitness at home

Dr. Kirk Brumels’ recommended games for home fitness:

- Dance Dance Revolution - any platform
- Wii Fit: strength, aerobics, balance, yoga
- Wii games:
  - Active Life: Outdoor Challenge
  - Shaun White Snowboarding (when using Wii balance board)

Video game study results

25 student athletes went through four weeks of rehabilitation work and rated the three methods used on difficulty, level of engagement and enjoyment.

<table>
<thead>
<tr>
<th>Traditional rehab methods:</th>
<th>DDR:</th>
<th>Wil Fit:</th>
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IN BRIEF

SWIMMING & DIVING

Hope’s swimming and diving teams finished the regular season on a strange note when their meet at Albion College was cancelled on Feb. 7 due to a power outage. The meet will not be rescheduled because the regular season results do not factor into the final MIAA standings. The next meet for the teams will be the MIAA Championshps Feb. 21-22. Heading into the finals, the men’s team holds a 5-1 dual meet record, while the women stand at 5-2.

SCHOLAR ATHLETE

Basketball player Jesse Reimink (’09) was voted to ESPN The Magazines Academic All-District first team. All district honors Division II and III athletes in Alabama, Kentucky, Michigan, Ohio and Tennessee. The honor also places him in the running for Academic All-American standing.

The Anchor  II

FEBRUARY 18, 2009

Sports

THIS WEEK IN SPORTS

Wednesday Feb. 18
Men’s Basketball
vs. Adrian 7:30

Sports
Karen Patterson
Go Dutchmen

The biggest game of the regular season had come down to one final shot. The ball was put into play; it flew through the air, bouncing off the rim back towards the court as the buzzer signaled the end of regulation. The Hope fans stood stunned in the shock of defeat while the Calvin fans stormed the floor in victory. The finish was reminiscent of a game only three weeks prior where one final shot had been the difference between an exciting home win and a heart-breaking loss.

Many residents of West Michigan tout the rivalry between the Hope College Flying Dutchmen and the Calvin College Knights as one of the greatest in the country. Hope and Calvin even gained national recognition in 2007 when ESPN named the two schools as the 4th greatest college basketball rivals in the country.

Fans of both teams will camp out for hours, sometimes days, prior to tickets going on sale for a chance to get into the big game. On Feb. 11, the teams met for the second time this season in Calvin’s brand new Van Noord Arena.

The Knights were looking to topple the Dutchmen for the second time after winning a close game at DeVos Fieldhouse just a few weeks before, while Hope was looking to avenge the home loss to their rival. For the first time, however, since the 2002 season, Calvin walked away as the winner in both regular season games.

Hope sprung out ahead of the Knights early in the game, holding Calvin to just five points for the first eight minutes. The Flying Dutchmen held a strong lead throughout most of the first half, leading by as many as 14 points at one point. Near the close of the half, though, Calvin gained some momentum, pulling within four points of Hope.

The half finished with a missed 3-point shot by Scott Jungling (’10), but Hope maintained a lead of 32-28. Throughout the course of the game, defensive rebounding helped keep the Dutchmen on pace with the Knights even as Calvin began making more shots in the second half. Hope captains Jesse Reimink (’09) and Zach Osburn (’09) led the team with 15 and 11 rebounds respectively.

“Rebounding is something that we’ve been practicing pretty hard since the last time we played them,” Reimink said. “It’s always been a big emphasis of Hope basketball. Calvin was missing a lot of shots and we were able to grab those loose balls.”

Head Coach Glenn Van Wieren was in agreement that rebounding was an important part of the game.

“We had terrific rebounding and shooting. It was really a great game,” Van Wieren said. “One team has to win and one has to lose. It doesn’t seem fair that it was us twice but that’s the way it goes.”

In addition to Osburn and Reimink’s efforts, guards Peter Bunn (’11) and David Krombeen (’12) played a large part in the solid team performance. Bunn came alive in the second half of the game, shooting for 50 percent to finish with a team high 21 points.

Their contributions did not go unnoticed, either; both Coach Van Wieren and Reimink had high praise for the young players. “Peter has played like that all season,” Van Wieren said after the game. “He’s a versatile player who plays a lot of his best ball late in the game.”

Similar to their coach, the players expressed a desire for a third chance to take on their biggest opponent.

“That is the most important thing to us is to still go to the NCAAs tournament, but we’d love another chance to play Calvin,” Bunn said.

Should the two teams meet again, the Flying Dutchmen will be ready.

“Cabin has stolen two close ones from us. We’ve been in both games the whole time, and it’s difficult to beat the same team three times in one season,” Reimink said.

Kaitlyn Kopke

Senior athlete leads women’s basketball team by example

Bethany Stripp

Senior

Kaitlyn Kopke knows what it feels like to be the best in the nation. In 2006, Kopke and her teammates from Hope’s women’s basketball team traveled to Springfield College in Springfield, Mass. and returned to Hope as Division III national champions.

“It was so much fun being on that team,” Kopke (’09) said. “It showed me what a successful experience, " Kopke said. “I want to take what I’ve learned on the court and apply it to my life. It’s hard to think that come March it’ll be done.”

Before she leaves, Kopke has some advice for underclassmen who hope to play varsity basketball in the future.

“You’ve got to work hard day in and day out,” she said. “You’ve got to love the game, but if you love it and are willing to put the time in, it can be one of the best experiences of your life.”

In the closing games of the season, Kopke helped lead the team to a 13-1 finish in the MIAA and a 20-1 record overall.

In their final home game of the season, Kopke, as well as the rest of the team, took the opportunity to support breast cancer awareness by donning pink jerseys.

In addition to raising $2400 for the cause, the team claimed at least a share of this year’s MIAA regular season title.

Kopke and her teammates have a chance to claim the title outright when they travel to Olivet on Feb. 18. This marks the fourth time in the last five years that the team has at least shared the regular season title.

Through the final games of her senior season, Kopke has given strong performances. In the last four games, she contributed 15 points, coupled with 10 rebounds and five defensive steals.

Through the final games of her senior season, Kopke has given strong performances. In the last four games, she contributed 15 points, coupled with 10 rebounds and five defensive steals.

Along with Will Bowser (’11), those two have really helped make this team what it is.”

Though it was a difficult game to lose, the team is hopeful that they will have a third chance to claim victory.

“We’ll be back,” Van Wieren said. “I know these guys, and the chemistry is as good as any other team.”

Similar to their coach, the players expressed a desire for a third chance to take on their biggest opponent.

“The most important thing to us is to still go to the NCAAs tournament, but we’d love another chance to play Calvin,” Bunn said.

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For more on this story, read the Feb. 18, 2009 edition of The Anchor.