The bottom line

HEI helps Hope students turn business ideas into reality

Allison Barnes
Guest Writer

The frosty weather didn’t stop the crowds from attending the student-led seminar, “Entrepreneurial Leaders and Student Start-Up Companies at Hope,” where students showcased the Hope Entrepreneurship Initiative and their blossoming companies on Saturday.

HEI is led by Dr. Steven Vanderveen, director of the Creeter for Faithful Leadership at Hope College and professor of management. HEI fosters new ideas, creativity and the approach for a successful entrepreneurship.

Vanderveen described the program by encouraging the audience to “imagine an education where you are at the center, the education is created around you, and you are able to pursue your own ideas.” This was exemplified through the seminar’s content—Hope’s own student entrepreneurism.

The seminar and discussion was led by Matt Rutter (’12), who showcased his project, MicroWMI.org, a “web-based fundraising collaboration of West Michigan non-profits.”

“The Hope Entrepreneurship Initiative allows student entrepreneurs to gain real world experience and develop a wide range of skills,” Rutter said. “This is important because entrepreneurs change the way people think and act. Therefore, when Christians create businesses to glorify the Lord, we get to pursue a calling to serve in God’s redemptive work on earth.”

The student showcase was composed of Sam Wolffis (’12), Colleen Quick (’14), Kyleen Blom (’12), Amy Hattori (’13) and Ziyue Liu (’12).

Wolffis is the founder of Thumbs Up Creations, which creates homemade wool mittens recycled by old wool sweaters. Wolffis began making mittens as Christmas gifts and it has evolved into a growing company. Wolffis sells her creations online, in select stores, and through family and friends. Thumbs Up Creations and Wolffis have been featured in the New York Times.

Quick spoke about her non-profit business, Hope Grows, which teaches orphanages in Juarez, Mexico how to grow their own food through setting up sustainable gardens and teaches valuable life skills.

Quick said, “Hope Entrepreneurship Initiative helped move my idea for the kids into a reality.” Twelve Hope students will be traveling to Juarez, Mexico with Hope Grows over spring break.

Blom added, “Hope Entrepreneurship Initiative has been super supportive (of his company My Great Lake) and given me a good network to get people involved about what is going on.” Blom’s My Great Lake is a clothing company focused on capturing...
Robert Glasper to perform Feb. 4 at Knick

The Hope College Concert Series will host musician Robert Glasper in his show “The Robert Glasper Experiment” Feb. 4 at the Knickerbocker Theatre. The performance will feature Glasper and other accomplished musicians known in the recording industry for their creativity and musicianship.

The group has worked with the likes of Lupe Fiasco, Mos Def, Kanye West, and Beyoncé. Glasper’s musical style is described as mixture of both jazz and hip-hop. The group American Hybride, featuring guitar player and 2011 Hope graduate Nate Robert will open for Glasper. Tickets are $12 for the general public and $5 for Hope students and are now available at tickets.hope.edu/ticketing and at the ticket office in DeVos Fieldhouse. So far this year, the concert series has hosted artists such as S. Carey, Brooke Waggoner and Mat Kearney.

Programs dedicated to diversifying Hope

Claire Call, Campus Co-editor

As Hope College upperclassmen may remember, it was around this time last year that Hope was forced to seriously reconsider attention that should be given to issues of diversity on our campus.

After the posting of a racist flyer, students came together in events such as Stand Up to protest instances of racial insensitiveness and aggression. Although hopefully Hope’s environment has changed for the better, it is important to remember the progress that has been made, not just over this one year, but over the past 30 years.

Programs like Phelps Scholars, a unique multicultural program, have had much to do with this long-term progress. The Phelps Scholars Program was established “to give a place for students interested in diversity a way to make the memories of the great lakes through their clothing, with some of their proceeds going towards the Alliance for the Great Lakes. Kyle Bloom will be presenting My Great Lake at 5 by 5, a presentation event with a potential to win $5,000.

Hattori and Liu finished the seminar with their presentation of the Ho.jpg

EARLY RISERS— A group of dedicated Hope students who woke up at 2 a.m. to participate in the homeless count, sponsored by the Social Work Department.

Looking for a Super Atmosphere?

One lucky guest will have a chance to win an authentic Detroit team football jersey during the big game!

Second prize: Sports-themed premium recycling bin filled with Buffalo Wild Wings’ merchandise and more, courtesy of Cascade Engineering

Takeout only: Wings bucket + 2 sides or sharables + Free peel-n-stick eye blacks.

Photos by Alessa Reimer

On TWAH (Today I Wore at Hope) a community-based blog that encourages an outgoing, interactive approach with its viewers. The blog showcases a collection of daily photos of Hope College students and faculty. Hattori and Liu hope this blog encourages positivity and creates connections within the Hope community.

The seminar closed with an open round of questions and many positive remarks about the Hope Entrepreneurial Initiative, Liu said, “I never thought I would start a business like this.”

Hattori remarked, “Class with Dr. Vanderveen has been very helpful and he has been a great mentor to us at TWAH.”

Attendee Amanda Porter (’15) commented, “It is an awesome thing that we get to see everyday—there are so many facets of Hope College.”

For additional information on these upcoming companies, visit the following:

www.microwmi.org
http://thumbsupcreations.com/
www.mygreatlakeonline.com or on Facebook
http://todayiwortheasthope.com/or on Facebook
EU imposes ‘unprecedented’ oil embargo on Iran

Shubham Sapkota
World Co-editor

The European Union has agreed on the imposition of an indefinite ban on oil purchases from Iran, making another attempt to halt Iran’s nuclear program. This “unprecedented” ban, as stated by the European Union foreign minister, is an effort to deal with the nuclear program controversy in Tehran via sanctions in place of any military actions.

It is going to take time to see if this new sanction, along with all the other criticism that Iran has faced in the past several years, will cause anything to change.

Following this decision made by the European Union, Iran has yet to make any official reactions, but it has called the embargo a “mere propagandist gesture.”

British Prime Minister David Cameron, French President Nicolas Sarkozy and German Chancellor Angela Merkel have released a joint statement criticizing Iran for having “failed to restore international confidence in the exclusively peaceful nature of its nuclear program.”

Further, they have made their stance on Iran’s nuclear program clear by saying that they shall not accept Iran developing nuclear weapons at all.

The meeting, held on Jan. 23, continued to condemn Iran and the nation’s inability to be considered of international obligations, as they are continuously threatening military violence in the Middle East.

As the tension between Iran and the international community continues, the International Atomic Energy Agency has stated that it will send its nuclear watchdog team into Tehran to try and settle any “substantive issues.”

Reports from the IAEA from November have shown that Iran has carried out tests that are very relevant to the development of nuclear devices. However, officials in Iran have continued to insist that the nuclear program is solely for energy purposes.

While oil imports have been blocked from Europe, this decision will not stop the flow of oil into Asia. The main destinations of Iran’s oil exports have been China with 20 percent of exports, Japan with 17 percent, India with 16 percent, and South Korea with 9 percent. The biggest import rate in Europe was Italy with only 10 percent.

Political leaders from around the world have said that sanctions are the best way to avoid a military strike against Iran. One of the possible countries that could trigger military action against Iran is Israel. Their prime minister, Benjamin Netanyahu, has welcomed this sanction and said that it is “a step in the right direction.”

While most of the European nations agree with Israel, Russia has reacted to this decision with a great deal of skepticism. Moscow insists that this kind of pressure will not deter Iran and has refused to join in the sanctions.

NEW ECONOMIC SANCTIONS—On Jan. 23, European foreign ministers met in Brussels to discuss and agree upon new economic sanctions against Iran because of its nuclear program. EU foreign policy chief Catherine Ashton spoke during a media conference after the meeting.
Bird flu research halted

Megan Stevens
WBEZ

The BBC reports that research into bird flu has been temporarily halted following the development of a stronger strain of the virus. A government advisory panel, among other groups, has expressed fears that the altered strain may fall into the hands of bioterrorists.

This new “H5N1” strain of avian influenza was being developed during a joint study conducted by the University of Wisconsin-Madison and Erasmus University in Rotterdam, Netherlands. Animal testing has confirmed that this version of the virus passes more easily from animal to animal. The scientists conducting the research attempted to publish their work and found it blocked by the U.S. government.

Specifically, the National Science Advisor Board for Biosafety in Bethesda, Md., says it censor publication of the research involved and release the full documents only to countries in which the virus could be particularly deadly. “Not everyone needs to know how to make a lethal strain,” one scientist says.

The World Health Organization, on the other hand, claims that this would “harm an agreement between its member states,” according to the BBC, though which agreement and which member states, WHO made clear. It is not specified. It is worth noting that the NSABB cannot forcibly censor the research. Both sets of scientists involved have released a statement to Nature and Science magazines. According to this statement, they have agreed to stop research on this more deadly strain for 60 days to continue to assess the risk that this strain could develop on its own in nature. This is an entirely plausible event, as a new strain of the virus was discovered in China and Vietnam this past August.

The scientists’ statement also attempted to assuage fears of the virus being released through human error. “We would like to assure the public that these experiments have been conducted with appropriate regulatory oversight...to minimize any risk of accidental release,” they wrote.

Since 2003 there have been 565 reported cases of humans contracting bird flu, many in Southeast Asia, where humans and birds are in close contact. 331 of the human cases resulted in death. By 2006 there had been more than 4,000 outbreaks of bird flu around the world. According to the CDC’s website, there have also been researched bird flu using animal models, and worked with the WHO and the National Institutes of Health to make a vaccine. Like the vaccine for common influenza, however, the bird flu vaccine was based on scientists’ best guess of which strain would predominate.

Leaner future for U.S. military

Cary Lakatos
World Congress

The push toward cutting government spending has resulted in a wave of the largest fighting force in the world.

On Jan. 26, Secretary of Defense Leon Panetta announced a new budget plan that will cut a third trillion dollars in military spending increase over the next 10 years. Assuming that Congress approves it, the plan would go into effect in October.

According to CNN, Panetta’s plan is in accordance with Congress’s mandate to reduce the Pentagon’s spending by $487 billion in the next 10 years. Panetta said that he would request a budget that is $33 billion smaller than the 2012 budget.

In addition, the Army and Marines will be reduced by nearly 100,000, but the creating what Panetta called a “smaller, leaner” and “agile and flexible” military.

Specifically, in the next five years, 92,000 active duty soldiers will be cut and a number of military bases closed. The Army and marines will all be reduced from 556,000 active soldiers to 490,000, with the Marines shrinking from 200,000 to 182,000. Overall, this will put the strengths of these two military branches slightly higher than what they were just before Sept. 11, 2001. On the other hand, Special Operations Forces, or SOF, will be boosted and the U.S. will continue to purchase F-35 stealth fighter jets, though not in such high quantities.

Of the four Army brigades stationed at permanent bases in Europe, two will be sent back to bases in the United States. The Navy will be investing in new ships with up-to-date ballistic missile defense technology and scraping older ships without it. About 12 ships are expected to be disposed of in this manner, and six Air Force tactical squadrons plus one training squadron are likely to meet the same fate.

Beginning in 2015, the plan would also result in smaller pay raises for U.S. troops. This part of the plan is likely to elicit more criticism than any other. These changes to the structure of the military will be accompanied by a refocusing of its resources. With the U.S. commitment in Iraq and Afghanistan now minimal, a greater emphasis will be placed on the nation’s military presence in Asia. The adjustments come along-side a shrinking budget for the U.S. government: the total budget for the fiscal year of 2013 is expected to be $525 billion. Responding to international criticism, Panetta maintained in a statement that scientists’ best guess of which strain would predominated.

Earthquake relapse?

Samantha Poon

March 11, 2011, 2:46 pm

A moment that changed the lives of thousands of Japanese forever. A 9.0 earthquake hit Japan, 70 kilometers off Tohoku. As screaming people ran into the water, their houses began to crumble down, a roaring tsunami rushed inland, washing over the decimated countryside.

Over 100,000 children were displaced from their homes. Over 5,000 people have been confirmed dead, and 20,000 people have died from harsh conditions following this disaster. However, according to the New York Times, the largest disaster of all was the meltdown of the nuclear power plant in Fukushima. The magnitude of this nuclear crisis is challenged only by the Chernobyl accident in 1986.

Media coverage has relayed estimates of contamination as the Japanese government remained tight-lipped about the increasing dangerously situation. As a result, anti-nuclear sentiment has increased worldwide. Nuclear power, generated by nuclear fission, is extensively used by 31 countries. This nuclear episode has sparked the need for countries to re-examine their nuclear assets. China, the world’s fastest growing nuclear market, suspended plans for nuclear reactor construction. Germany has vowed to discontinue all of its nuclear reactors by 2022. A previously valuable energy source is now seen as a taboo.

The University of Tokyo predicts that “there is a 75 percent probability that a magnitude seven earthquake could strike the region in the next 4 years.” A growing number of tremors signal the onset of a potentially large earthquake. According to the university, “there has been a five-fold increase of quakes in the Tokyo metropolitan area since the March disaster.” The BBC reports that “the government says that the chances of such an event is 70 percent in the next 30 years.” This discrepancy mirrors a similar debate between policymakers with nuclear radiation in the waters surrounding Fukushima.

This nuclear disaster has not been notorious for red-tape procedures that have hampered foreign aid and the recovery and reconstruction process. It is imperative that action is taken to begin the rehabilitation process for Japan. According to experts, if these actions are not made, the country must be ready.

MAINTAINING SEA POWER— On Jan. 21, 2012, U.S. Defense Secretary Leon Panetta spoke to crew members of the USS Enterprise— the oldest aircraft carrier in the world— not in such high quantities.

Of the four Army brigades stationed at permanent bases in Europe, two will be sent back to bases in the United States. The Navy will be investing in new ships with up-to-date ballistic missile defense technology and pay raises for U.S. troops. This part of the plan is likely to elicit more criticism than any other. These changes to the structure of the military will be accompanied by a refocusing of its resources. With the U.S. commitment in Iraq and Afghanistan now minimal, a greater emphasis will be placed on the nation’s military presence in Asia.

The adjustments come along-side a shrinking budget for the U.S. government: the total budget for the fiscal year of 2013 is expected to be $525 billion. Responding to international criticism, Panetta maintained in a statement that scientists’ best guess of which strain would predominated.

“Our approach was to use this as an opportunity to maintain the strongest military in the world, to not hollow out the force,” he said.

The Secretary of Defense also stated that this restructuring will not affect the U.S. military’s ability to defeat “any enemy on land” and will mean “minimal risk to our dominance of the skies.”

The chairman of the Joint Chiefs of Staff, Martin Dempsey, has voiced his support for Panetta’s proposals. “The principal reason we lie not in what we can do, but in how much we can do and how fast we can do it,” he said. “I can assure you that Congress can properly manage [the risks].”

At a meeting between Panetta and the leaders of the congressional Armed Services and Appropriations committees, members of both parties spoke favorably of the proposal.

The News In Quotes

“The very core of what this country stands for is on the line... The basic promise of no matter who you are, you who come from, is this a place that you can make it if you try. That’s where I stake in this election.”

— President Barack Obama, speaking at a campaign stop at the University of Illinois at Chicago on Jan. 31.

“Romney is the clear favorite, and you have to conclude he even has a shot to win 50 percent of the GOP vote... His media saturation of the Florida airways is clearly having an impact, and... he is staying on message by talking about spending cuts and other issues GOP voters care about.”

— Voter Survey Service President Jim McFarland, speaking for the Jan 31 Florida presidential primary.

“We feel that codifying (the NDDA) into law is detrimental to the future of our country, and it goes against our Constitution. (People) are supporting Obama for re-election, and the concessions they support basically signed away... hables corpus, and I feel a lot of people support their Democratic or Republican candidate blindly, because they are a member of the party that they subscribe to.”

— Micah Philbook, member of the Occupy Chicago press release committee, regarding Barack Obama signing the National Defense Authorization Act, which released funds for the U.S. government to indefinitely detain without charge or due cause to a U.S. citizen, who is a suspected terrorist.

“I have signed this bill despite having serious reservations with certain provisions that regulate the detention, interrogations, and treatment of suspected terrorists... Moreover, I want to clearly state that codifying this act will not authorize the indefinite military detention without trial of American citizens.”

— President Barack Obama responding to criticism of his signing of the NDAA.

“In the modern world, we do have an asset which can only be earned by hard work, by showing openness to change and readiness for thought out, calculated reforms.”

— President Vladimir Putin of Russia, writing in the pro-government daily Izvestia on Jan. 16.

February 1, 2012

The Anchor

4
Digital montage photos examine contemporary culture

Lindsey Wolf
Arts Co-Editor

Calla Thompson’s “Solid State” exhibit in DePree uses montage techniques to blend digital photography, drawing and installation to examine contemporary culture from material greed to social power.

Installation art is a 3-D genre that transforms the perception of a space. Not only is Thompson’s art visually pleasing; she also comments on society through her artwork.

I have never seen anything like the digital montage photos in Thompson’s “Solid State” series. Thompson imagined a future ice age covering North America and scrutinized our present-day culture with ice-encased images of everyday things like a Walmart receipt, a coffee cup, botox bottles and pills.

The idea for one of Thompson’s series starts with a single image. “Conceptually, I think about power, preparedness, disasters, survival, as well as the ‘real’ in photography, and humor both wry and power, preparedness, disasters, survival, as well as the ‘real’ in photography, and humor both wry and bawdy,” Thompson said.

In relation to these ideas, a series will begin with an image in my mind. I then sketch that image and begin to think about other images that might work in conjunction with it. There is a lot of back and forth in my process, and many images that I work on never make the final cut for a series.

Thompson’s mind is always focused on art. “I make my art because I don’t know how not to,” Thompson said.

“As I move through my day I am constantly generating artwork in my mind. I also continually rearrange 2-dimensional images and 3-dimensional spaces in my mind. It is a creative process, of course, but it is also how I negotiate and exist in the world around me.”

Thompson’s “Nicebergs and Icebergs” series appears to be a blend between painting and photographs. “Solid State” and “Nicebergs and Icebergs” are created in a similar way.

“Each image begins as a series of separate appropriated photographs. I bring these images together in-computer and rework them over an extended period of time,” Thompson said.

“This process most often involves radical modification, resulting in an end photograph that bears little resemblance to the source photographs. My process in-computer involves cutting and pasting, drawing, airbrushing, burning and dodging, distorting and so on to create the finished seamless photograph. Although the original photographs are all but eliminated, they serve as ‘inanimate collaborators’ throughout the process, influencing the work both formally and conceptually.”

Thompson’s work has been on display around the U.S. and Canada as well as in China, Mexico and France. But fame is not the end goal for Thompson. She creates art because it is what she loves to do.

“The journey toward recognition is shorter for some and longer for others,” Thompson said. “Recognition often comes in increments. Becoming recognized cannot be the goal. The goal needs to be the desire, at any cost, to make the work.”

Thompson also has some sound advice for up-and-coming artists.

“Make sure you are absolutely passionate about what you do,” Thompson said. “Recognition depends on creating your work constantly, working to get that work into exhibitions, geography, attending openings and networking, forging a bond and recognizing curators for what they do, and luck!”

Come to Calla Thompson’s artist talk Friday, Feb. 3 at 4:30 p.m. Everyone is welcome and admission is free.

Where is Ryan Gosling?

Sam Hirt
Arts Co-Editor

Ryan Gosling is everywhere. He’s blogged about, he’s tweeted about, and pictures of him without a shirt on are frequently popping up on my Facebook and Pinterest. But while Gosling gathers fame in the hearts of bored college procrastinators, there is one place that he’s not: the Academy Awards nominations.

After two strong performances in 2010 with “Blue Valentine” and “All Good Things,” Gosling stormed through 2011 with the summer hit “Crazy Stupid Love,” George Clooney’s directorial political thriller “Ides of March,” and the oddly heroic and violent “Drive.” After the Academy wrongly overlooked Gosling for a Best Actor nomination for “Blue Valentine” last year, I was shocked last week when it happened again. No nomination for “Ides of March,” and no nomination for “Drive” (the best movie of 2011 according to Rolling Stone). Gosling, amidst his iconic pretty boy fame, is among the top shelf of actors today and was robbed of a nomination.

“Drive” was the real victim of the Gosling cold shoulder by the Academy. Directed by Frenchman Nicolas Winding Refn, “Drive” tells the story of Gosling, Hollywood stunt driver by day and getaway driver by night, and his heroism towards a widowed neighbor and her young son. Gosling’s character has no name and very little dialogue, but his internalized, mysterious life is shown on the expression of his face when he drives, and the look in his eyes when he kills. It is a performance that makes viewers wince and root for him all at once. But to the Academy, it was a performance that didn’t quite cut it. Ryan Gosling and “Drive” are the biggest snubs of this year’s awards season and it’s a shame.
Local record store maintains vinyl tradition

In a world that can access music by way of Pando-ra, Spotify and illegal downloading, it would seem unlikely that vinyl records could compete as a viable alternative.

However, it appears that vinyl's refusing to go the way of the cas-sette or the VHS as vi-nyl record sales rose 39 percent in 2011. That figure is remarkable not just because of the fact that vinyl is a comparably archaic medium, but also because of the crumbling state of the modern music industry. On Holland residents and visitors can examine what makes this industry thrive by visit-ing The Full Circle record store on College Avenue in downtown Holland. The store is owned and operated by Steve, who founded the store in Sep-tember 2003.

“Steve’s experience goes by his first name only, is a veteran of the Holland music market and managed Holland Compact Disc, a music store that was located on Eighth Street, prior to opening The Full Circle. The store was big, clean and well or-dered. In a previous life it was where he spent most of his Saturday mornings. In the store, there were two things he would focus on. When he learned that Holland Compact Disc was shuttered down, he immediately began to open the store. The store was big, clean and well ordered. In a previous life, it was where he spent most of his Saturday mornings.”

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In the college environment, the notion of being thrifty is common. Some students pinch pennies with coupons, by clipping coupon, or by buying in bulk. I’ve even heard of students borrowing coffee and amenities from Haworth on occasion.

However, being thrifty is more than just scraping by on food or other college necessities. In fact, being thrifty is arguably most common in fashion. Thrift and secondhand stores offer a recycled style that cannot be duplicated or worn by the rest of the campus (that’s right, it’s not a North Face jacket or Ugg boots). Anna Kort (‘13) gives her reasons for thrifting: “I love looking for different pieces that can make an outfit or space unique and elegant.”

While she was growing up, her mom thrifty old furniture and fixed it up. For many thrifters, the fun of it is to recreate a piece into their own — a technique known as “upcycling.” Websites like Etsy and Pinterest have fueled the upcycling fad by publicizing do-it-yourself efforts and, in Etsy’s case, putting them up for sale. Pinterest functions similar to Stumble Upon but focuses on craft and fashion. It is essentially a virtual pinboard that can be shared with followers. Etsy takes this concept and adds shops for users to sell their own creations.

The idea of both lies in the creation of new fashion and craft concepts, often out of recycled materials. However, many college students (my housemates and myself included) fall victim to the laziness of searching for thrifty items like the ones found on Etsy and Pinterest. We can pin DIY fashion tips and upcycled style for hours on end, but fall short on getting off the couch to try anything out. Meredith Morgan (‘13) agrees, “It’s so fun to see what people can do with fashion, but I rarely do anything to try it myself.” It’s a shame more Hope College students aren’t proactive in the thrifting and upcycling trend, because we have great resources for it in the Holland area — Bibles for Mexico, Ditto, Wooden Shoe Antiques, Second Chance Design, Salvation Army and Goodwill are all within five minutes of Hope and offer everything from rare antique pieces for the home to endless flannel and other current fashion trends. What’s more, these stores are all within the college budget. Some even offer college student discounts.

So why don’t students thrift more often? These stores get picked over around Halloween time and get forgotten about for the remainder of the year. Too often, thrift and secondhand stores get the label of being dirty or “cheap-looking.” However, I encourage you to test it out. Many of Hope’s most fashionable students thrift for their clothes. With the current vintage trend in fashion, thrift stores offer a truer look to the style than most brand names can.

What’s more vintage and a better deal: a $60 replica fringe vest from Urban Outfitters, or an $8 period piece from a local thrift store? Whether or not fringe vests are your thing, thrifting can be beneficial for your closet and your wallet — and might even give you enough extra cash to afford Lemonjello’s rather than Haworth coffee.
A list of lists
A college student favorite

Christopher Russ
Co-Editor-in-Chief

Novels, speeches, documentaries and poems are all perfectly acceptable forms of delivering information. But the best form that the language can be shaped into is The List.

List-making is one of the most underrated forms of communication within academia, and institutions of higher learning are really doing a disservice to their students by failing to teach them this valuable skill.

The value of The List can be seen in almost any form of entertainment in this country. Music magazines and websites publish “albums of the year” lists that generate massive readership. Sports publications thrive on lists. Right now ESPN is running a story on the top 20 NFL players who would thrive in any era of football.

Cable TV is full of lists. Turn on Animal Planet and you’ll be sure to see a list about deadly or disgusting animals.

A properly formed list can serve as a sort of Sparknotes for understanding your own brain. For the average over-committed college student, the to-do list can be an invaluable way to keep track of all of the deadlines, meetings and appointments bouncing around in your head. But outside of keeping track of school commitments, lists can serve three entertaining purposes.

1) Self-Analysis
This type of list can quickly tell you how well you know your own opinions. Sometimes this can serve a valuable purpose like ranking your top presidential candidates, but it’s more fun to meticulously analyze more trivial things like Favorite College Kitchen Foods:

- 5) Eggs
- 4) Steak
- 3) Canned soup

2) Communication
Since lists are basically Sparknotes for your brain, the exchange of those Sparknotes can be a decently effective way of getting to know someone. Obviously I’m not suggesting that you should pick your friends based on what foods they keep in their kitchen, but lists can be a fun way to cross-reference common interests like Favorite Albums of All-Time:

- 5) Kanye West - “My Beautiful Dark Twisted Fantasy”
- 4) Kanye West - “Graduation”
- 3) TV on the Radio - “Dear Science”
- 2) The Hold Steady - “Boys and Girls in America”
- 1) The Gaslight Anthem - “The 59 Sound”

3) Competition
As shown in the movie “High Fidelity” and the book it was based on, lists can be a way to compete over pop culture knowledge, and it can be a challenge to think of the five best sitcoms that were cancelled before they completed their third seasons. My favorite lists in this category are ones with complicated parameters, like Albums I Love with Cover Art I Hate:

- 5) Arcade Fire - “Funeral”
- 4) The Hold Steady - “Boys and Girls in America”
- 3) Yeah Yeah Yeahs - “Fever to Tell”
- 2) Rain Machine - “Rain Machine”
- 1) Kanye West - “My Beautiful Dark Twisted Fantasy”

Chris recently found out that it takes eggs eight months to go bad -- maybe he will have to revitalize his Favorite College Kitchen Foods in light of this discovery. I miss the Argentine beef and the dulce de leche ice cream. Some place to heat the house, and then my host mom and I would cook chicken patties who I miss most. I miss how I would come home from class, light a fire in the fire-place to heat the house, and then my host mom and I would cook chicken patties over the coals. I miss the Argentine beef and the dulce de leche ice cream. Sometimes, when I reminisce about my time abroad, I feel like it was another life.

I didn’t feel that way when I was down in South America though. There were days when I was lonely and I missed my family and Hope friends. There were other days when I wanted to share the cool things I saw with all those back home. I tried keeping up with friends via emails and Facebook, and I was overjoyed to hear back from a few.

Studying abroad is challenging. If you have a friend abroad right now, think about how you might be feeling as they start a new life in a new place. Don’t let the Hope community only be present at Hope. I was in Argentina at the same time as two of my good friends at Hope. Although we didn’t see each other all that often, the few times we did was amazingly refreshing. Most people aren’t that lucky to share parts of their experience with a Hope friend.

I want to encourage you to invest in your friends while they are abroad. We have the resources to communicate across the globe. Don’t fall into the trap of “out of sight, out of mind.” A short email or video goes a long way. If you don’t know what to ask about their experience, have your friend venture, the city or the country. Marc would give his left leg to be sun tanning on the beaches of Punta del Este, Uruguay with his brothers and friends.
When I talk to other people about their study abroad experiences, they often rant and rave about the places they visited. They recount their favorite sites, restaurants, and moments of their trip. People hardly ever tell you the number of mishaps to expect.

I was very confident that upon my arrival to Washington, D.C. I would have no trouble navigating the Metro system, figuring out the layout of the city or grocery shopping without a car. I never expected that my first month here would bring some interesting situations.

1. On my first night in town, I decided to take a walk and find something to eat. I had absolutely no food; I had blown in early that morning and did not have enough energy to grocery shop. There were several restaurants nearby my apartment complex, but I decided to go into what looked like a little diner called Crystal City Restaurant next to a 7-11 and a Chinese restaurant. It had dinner specials on the outside and looked perfectly normal. When I opened the door, a half-naked woman stood in front of me. Quickly, I did a 180 and ran into 7-11.

I come to find out that I had stepped foot into a strip club. Whoops.

2. Every Wednesday we attended interviews with members of different organizations around Washington such as lobbies, government agencies, non-profits and think tanks. These interviews are run like a question-and-answer session, and as students we are expected to ask intelligent questions. After interviews, we are expected to journal about our experience.

My friends and family can attest: I am a very critical person. Not having a political science background (I'm an English major), I am even more skeptical of the people we talk to, often wanting to find the flaws in their arguments simply because I don't necessarily revere the governmental process.

A few weeks ago, I visited a certain very powerful organization that I found to be extremely disagreeable. Journaling about it like a good student, I posted the journal entry on my blog, which my family and friends read to keep updated on what I’m doing in D.C. We will just say that I said some not so flattering things and disagreed with what our interviewee ever said. With tact and class of course.

By 9 a.m. the next day, the organization had found my blog post, called my professor and ordered me to take it down. Somehow I had seriously offended the organization. I'm just a 20-year-old college junior with absolutely no money or power whose blog ticked off one of the most powerful places in Washington, D.C. No big deal.

3. Washington D.C. operates by public transportation. Though the people are much ruder than I had imagined and the amount of time it takes to go five miles seems ridiculous (sometimes 40 minutes), I use it to commute to work every morning, along with the rest of the D.C. Metro area.

Every Metro stop has a plethora of escalators to take you in and out of the tunnels. People hardly ever stand on the escalator during rush hour. Everyone is always moving fast, trying to catch the train or get home or whatever.

Now I'm not coordinated. One could call me a klutz, easy. I slip, spill and trip all the time. This clutziness is multiplied when I am running along with the hoards of commuters here in D.C. One day I was essentially running down the stairs with some new shoes on and I slipped. The lady next to me caught my arm before I could fall. I thanked her; she was probably one of the few nice people who ride the Metro.

Another day, another student and I were carrying shakes and food down the escalator at night. The Metro wasn't busy, but we were moving quite fast. Gracefully, I slipped and my shake spilled all over the stairs. Food is a big no-no on the Metro. Oops.

It's only been a month and I've seen some great museums, sat in the same theater as President Obama, and eaten at Georgetown Cupcake. I can only imagine what lies ahead in the next three months, as well as the interesting situations I'll manage to get myself into.

Follow Madalyn and her adventures at washingtonwonders.com.

I wish people would think twice before speaking and also not assume that all stereotypes are correct. This is where my culture has its downs but I also think it’s because of the culture America has supported.

I love America and I hope that in generations to come, citizens can become more aware of others and the great, culture-rich tossed salad that we, American citizens, are together.

“Chaldean Americans are descendants of people from the northern Tigris-Euphrates Valley presently located in the Middle Eastern nation of Iraq.... As a result of their religious and linguistic differences from other Iraqi immigrants, Chaldeans tend not to identify themselves either with the Arab world, but prefer being called Chaldean Americans.” - Everyculture.com

Throughout high school and in the beginning of my college career I would constantly be asked why you don’t wear that ‘thing’ on your head?

That “thing” is actually called a hijab which is a head dress that is worn by Islamic women after they have started their menstrual cycle to symbolize that they have started their menstrual cycle to symbolize that they are married. My parents were part of the American citizens, are together.

When people ask this question without even getting a chance to understand who you are or where you come from.

I am Christian.

Monica Hanna Columnist.

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WTHS programming for Spring 2012

At the start of the 2011-12 school year, WTHS decided to commit to improving the quality of its programming by refining the training process for aspiring DJs. The program has resulted in a lineup that the station feels is both professional and entertaining.

There are DJs who are on the air for the first time this year, like Tom Zahari (’15), Meesha Nolen (’12) and Carter Jones (’14). Others have entertained Holland audiences for years like Chris Russ (’12) and Caitlin Klash (’12).

In addition, WTHS has taken steps to establish shows that can be continued from year to year by different DJs so that the station doesn’t need to reinvent itself every few years. Examples of these types of shows include “New Music at Nine,” “Local Music Show,” and “The Hip-Hop(e) Hour.”

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<th>Monday</th>
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<th>Wednesday</th>
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<tr>
<td>2 pm</td>
<td>The Kurt &amp; Forrest Show</td>
<td>(NOON) 80s Big Hair Reunion</td>
<td>Hip Hop(e) Hour</td>
<td>The Speaking Voice</td>
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<td></td>
<td>Kurt Cunningham &amp; Forrest Dodson (2-3)</td>
<td>Ellen Awad &amp; Marie Burkholder (12-1)</td>
<td>Chris Russ (2-3)</td>
<td>Carter Jones (6:30-7)</td>
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<td>3 pm</td>
<td>News and Sports</td>
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<td>Local Music Show</td>
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<td>Talk is Cheap, Music is Rich</td>
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<td>6 pm</td>
<td>New Music at 9 WTHS Music Directors</td>
<td>The Essential Guillermo Flores</td>
<td>Adventures in Melody</td>
<td>Beatz &amp; Lyfe</td>
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<td>7 pm</td>
<td>Squirrel Chatter</td>
<td>The Bro Show</td>
<td>More Cowbell</td>
<td>CB Mallard (8-9)</td>
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<td>Aaron Haeker &amp; Meghan Stagl (8-9)</td>
<td>Kevin Watson &amp; Josh Watson (8-9)</td>
<td>Matt Costello (8-10)</td>
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<td>New Music at 9 WTHS Music Directors</td>
<td>Freeze Frame</td>
<td>The Stick</td>
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<td></td>
<td>(9-10)</td>
<td>Will DeBoer (9-10)</td>
<td>Forrest Dodson &amp; Christopher Rodriguez (9-10)</td>
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<td>9 pm</td>
<td>Playing Aces</td>
<td>Get to the Chopper</td>
<td>Noshin’ to Moshin’</td>
<td>Carolyn’s Mixtape</td>
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<td>Marietta Jones (10-11)</td>
<td>Chris Russ (10-12)</td>
<td>Caitlin Klash (10-12)</td>
<td>Carolyn Wermuth (10-11)</td>
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Dutchmen extend win streak to 14

Katherine Maguire
Guest Writer

The Hope College men’s basketball team defeated Alma 104-77 preserving its 7-0 MIAA season record Jan. 28. This is the Flying Dutchmen’s second triple-digit defeat of the Scots this season. In a striking coincidence, Hope won its first matchup against Alma, 103-79.

The Flying Dutchmen started with a strong lead over the Scots that they maintained throughout the game.

“I thought today was a situation where we had a great size advantage,” head coach Matt Neil said. “We really went at them inside.”

Hope shot 56 percent in the first half, scoring 54 percent of their free throws, 7-9.

Hope finished the first half leading Alma 47-34.

“We have a great team,” Nate Snuggsred (’13) said. “And we have a lot we want to accomplish.”

The coaches also added some energy to the game. In honor of National Coaches vs. Cancer, Suits and Sneakers Day, both teams’ coaches sported their athletic kicks with their formal game attire.

The Flying Dutchmen continued to play strong in the second half. At one point they led the Scots by as many as 32 points.

“That was the main thing for us,” Neil said. “We had to maintain that focus throughout the entire game.”

Hope’s usual lead player, David Krombeen (’12) was benched after playing 11 minutes and racking up four personal fouls.

“We had a number of players step up,” Neil said. “We faced some foul trouble with Dave but it is a great indication of what this team can accomplish.”

Hope’s tough defense limited Alma to shooting only 35 percent in the second half. The Flying Dutchman won the game with the final score 104-77.

“Our defense was solid for the most part,” Chris Ray (’13) said. “We were able to impose our will and get the shots we wanted to get.”

Hope totaled 28 assists, four blocks and 11 steals for the game.

“We got out rebounded so we will have to work on that for next week,” Ray said. “But, overall it was a good effort.”

Snuggsred led the Flying Dutchmen scoring a new personal high of 31 total points.

“It was a great team accomplishment, I didn’t do it alone,” Snuggsred said. “Everyone who was on the floor and on the bench helped me have such a spectacular game.”

Other game leaders were Nate VanArendonk (’14) with 20 total points and Colton Overwatch (’13) with seven assists.

“It was unbelievable to see all of the local support that our team receives from the community,” Ray said. “It’s truly a blessing to play for Hope.”

The Dutchmen will travel to Adrian to take on the Bulldogs at 8 p.m. on Feb. 1. Adrian is one of Hope’s toughest competitors. Adrian is tied with Trine for second place in the MIAA.

Prime Performance—Nate VanArendonk (’14) scored a season-high 20 points on 9-10 shooting on Saturday in Hope’s 104-77 win over Alma. He also grabbed five rebounds.

This Week in Sports

Saturday

Women’s basketball vs. Calvin at 3 p.m.
Hockey vs. Davenport at 8:15 p.m. at Edge Ice Arena

In Brief

Women’s Basketball Survives Saint Mary’s

Trailering by nine at halftime, the Flying Dutch stepped up in the second half at Saint Mary’s on Jan. 28 to beat the Belles 77-73. Saint Mary’s never led by less than five for the last six and a half minutes of the first half and took a 47-38 lead into halftime. A three-pointer by Maddie Burnett (’12) about three minutes into the second half gave Hope the lead, and the Flying Dutch never trailed for the rest of the game.

Hope’s women had a balanced offensive effort in the game, with four players scoring more than 10 points. Courtney Kust (’13) led the Flying Dutch with 18 points, while Burnett and Allie Cerone (’12) added 16 and 11, respectively. Freshman Rebekah Llorens had her fourth double-double of the season, scoring 12 points and pulling down 11 rebounds.

The Flying Dutch have a brief break until they take on Calvin, currently ranked fourth in the country, in DeVos Fieldhouse on Feb. 3 at 3 p.m.

MIAA Players of the Week

Men’s Basketball
Nate Snuggsred (’13)
Forward

Women’s Swimming
Kyleigh Sheldon (’13)
Diver

Swimming Teams Sweep Alma

The men’s and women’s swimming and dive teams wrapped up their dual meets for the season on Jan. 28 with both teams defeating Alma. The men’s team won 145-112 to finish with a 3-4 record in dual meets, and the women beat the Scots 147-122 and ended the season 5-3 in dual meets.

Jeff Shade (’12), Chris Wiaschetz (’15), Gregg Elhart (’13), Matt Gregory (’12), Jake Hunt (’14), Nick Hazekamp (’13) and Alex Perkins (’14) all had first place finishes for the men’s team. Erin Holsted (’13), Chelsea Wiese (’12), Kyleigh Sheldon (’13), Marcus Keff (’14) and Bethany Schmill (’14) finished in first for the women.

The MIAA Championship meet is Feb. 15 at the Holland Aquatic Center.

Track participates at Calvin, has two more indoor meets left

Bethany Stripp
Sports Editor

Hope College men’s and women’s track and field teams began their season on Jan. 20, and after a Jan. 27 meet at Calvin, they are halfway through their 2012 indoor season.

Though track is a spring sport, the team has the opportunity to prepare for their outdoor season during the winter as area schools with indoor tracks. The general concept of the meets are similar, though the limitations and the timing make it slightly different from a normal outdoor track meet.

“The indoor season is a bit more limited,” men’s co-captain Travis Martin (’12) said. “We run fewer events because the athletes are not getting in shape and we are training for later in the season.”

Indoor tracks are also smaller than outdoor tracks. Two of Hope’s indoor meets occur at Grand Valley, where they have a 300 meter track while the other two are hosted by Calvin on their 200 meter track. These smaller tracks have tighter corners, which tends to slow sprinters down, Martin said.

Space restrictions also change the throwing portion of the field competition. While outdoor meets allow for shot put, hammer throw, discus, and javelin, indoor meets only include the shot put and weight throw.

On Jan. 20, the two teams competed in the Mike Lints Alumni Open at Grand Valley. Hope had eight top 10 finishers between the men’s and women’s team in this meet that featured 900 athletes from all collegiate divisions. Sam Pederson (’14) had the highest finish of any Hope athlete at the event, coming in fourth place in the 5,000 meter with a time of 15:25:41.

Hope’s most recent indoor meet took place at Calvin on Jan. 27, where the team competed against Aquinas, Alma and Calvin in the Calvin Invitational.

Hope’s men finished the meet with 102 points for third place while the women picked up 60 points for fourth. Kristen Reschke (’12) won the high jump with a height of 1.55 meters, which is just over five feet, and Christian Calyone (’12) won the men’s 60-meter hurdles with a time of 8.84 seconds.

Friday’s (meet) was kind of a half meet for us as only the sprinters, jumpers and hurdlers competed,” David Dolfin (’14) said. “The meet went pretty well considering quite a few people are working on the technique required for their events early in the season. It is difficult to judge some of the more complex events such as pole vault and high jump when we have only been practicing for three weeks now.”

Though it is still early in the season, Martin pointed to triple jumpers Aaron Chew (’12) and Jonas Lawson (’13) as two individuals that have improved from last season. Martin also said Marc Soisson (’13) and Elliot Barney (’13) look as though they will stand out this year. Martin and Dolfin both agreed that Cam Holicki (’14) has shown a lot of promise in the first few weeks of the season.

“(Holicki) has looked very good early and will be an integral part of replacing some of the great seniors we lost to graduation last year in the sprints,” Dolfin said.

The track team has a few weeks to prepare for their next indoor meet, which will take place at Grand Valley on Feb. 17. One more meet at Calvin on Feb. 25 will wrap up the indoor season.
James Rogers
ASSOCIATE SPORTS EDITOR

Student athletic trainers are busy, grateful and dedicated individuals. They can be spotted at one of three on-campus facilities: the Dow Center, DeVos Fieldhouse or Lugar’s Fieldhouse.

They roam sidelines, treat athletes with delicate care and put numerous hours into learning and making lives healthier.

They are enrolled in the first liberal arts college in Michigan to offer an accredited athletic training major.

Hope students involved in one of the nation’s finest Athletic Training Education Programs play a prominent role in athletics and possess great aspirations.

Becoming a member of Hope’s ATEP makes chances of gaining success post-Hope relatively high.

Preparing ice baths, taping ankles and preventing soreness is what usually comes to mind when thinking of athletic trainers, but there is much more to the occupation that often is concealed.

They need to learn from those who have accumulated success and know how to perform the work.

Dr. Kirk Brumels runs the show. He has served as the director of Hope’s ATEP since 2001. He graduated from Hope’s ATEP in 1988 and has over 20 years of athletic training experience.

An amiable mentor to the ATEP students, Brumels is certainly one to learn from. He earned his master’s and doctorate from Western Michigan University and from 1990-2001 worked as an athletic trainer for the NFL’s New England Patriots.

Brian Dykhuizen has been Hope’s head athletic trainer since 2009. Dykhuizen also had extensive experience with the NFL, being employed as an assistant athletic trainer for the Cincinnati Bengals from 2000-2009.

Meg Frens and Tonia Gruppen also play key parts in teaching the ATEP students. Graduates of Hope’s ATEP, both work as assistant athletic trainers and assistant professors of kinesiology.

Together these four accredited individuals provide an unforgettable experience for the students aspiring to walk in their shoes someday.

Two students currently enrolled in Hope’s ATEP, Colin Drinkard (’14) and Jordan Ashdown (’13), are grateful for their opportunity to work hands-on with collegiate athletes and learn from quality veteran athletic trainers.

Drinkard became interested in pursuing athletic training in his junior year of high school. He spent hours in the training room and enjoyed watching the work being done on athletes in need.

“When I finally began looking at colleges, Hope’s educational program was appealing because it is set up so that as soon as you step on campus your freshman year you are immersed in clinical experiences, something the vast majority of athletic training educational programs lack,” Drinkard said.

While it is difficult to find a college that provides first-year clinical experience, it is also a challenge to apply and be accepted into the school’s ATEP. The application process is arduous. Hope’s ATEP consists of fewer than 25 students, and a mere quarter of applicants are accepted.

“The application process includes a completely separate application from the Hope’s standard application,” Drinkard said. “It consists of two essays: one on your background in the athletic training field, and another on what makes you competitive as an applicant, including your future aspirations for athletic training.”

For Ashdown, goals of being accepted into Hope’s ATEP didn’t emerge until his second semester at Hope.

“When I first came to Hope I did not know what I was going to major in,” Ashdown said. “During my second semester I was looking into the AT program and decided to apply.”

Ashdown was impressed by how hands-on the program is and the capability of learning and practicing skills that will be used in an everyday setting.

Drinkard has worked hands-on with both the men’s and women’s cross country and track and field teams and also with the women’s basketball team, while Ashdown is currently aiding the men’s basketball team. Relationships are established with the athletes to develop trust and friendships.

“When working on the sidelines you watch games a lot differently,” Drinkard said, “and when any athlete appears to have been injured it generally helps to have a good camp with the athlete before acute injury evaluation begins.”

“You always have to be prepared and ready to help out an athlete, whether it’s taking care of a cut or assessing a sprained ankle,” Ashdown said.

Ashdown is putting in 10-15 hours per week with men’s basketball but notes that the students who work with football total about 20-30 hours per week.

Considering the amount of experience the students receive in the program, internships and graduate school aren’t necessary for ATEP students, but both are highly looked upon and means to additional connections and support.

Ashdown landed an internship with Michigan State University last year and has recently applied to every NFL team for an internship at a summer training camp.

“Last summer I spent about two months with the MSU football team and had a great time and learned a lot of new things,” Ashdown said. “I am still waiting to hear back from the NFL.”

Drinkard plans to apply for an NFL internship after his junior year, but in the meantime he plans on serving as an athletic trainer for the upcoming summer camps hosted at Hope.

As for graduate school, both students desire to attend, knowing the benefits they can receive from accomplishing a master’s or a doctorate. Over 70 percent of ATC (certified athletic trainer) students attend graduate school.

“There is no doubt that going to grad school furthers your competitiveness in the job market or helps you gain more connections,” Drinkard said.

“Grad school makes you more marketable and improves your credentials, hopefully allowing you to attain a better job,” Ashdown said.

Hope ATEP students have gone to grad school for athletic training, physical therapy, occupational therapy and kinesiology.

Ashdown is going to attend grad school on the road to a health care career, but the specifics aren’t clear for him yet. He would love to work as an ATC for an NCAA Division I football squad.

As a sophomore, Drinkard has constructed goals for his future beyond Hope.

“My future plans are to go to graduate school for athletic training, become a certified athletic trainer that teaches for an ATEP similar to Hope’s and hopefully someday become a director of an ATEP,” Drinkard said.

To the busy, grateful and dedicated student athletic trainers at Hope, you are infinitely appreciated and respected, and you have been blessed to be a part of Hope’s nationally renowned ATEP.

Healing is needed.