The bottom line

HEI helps Hope students turn business ideas into reality

Allison Barnes
Guest Writer

The frosty weather didn’t stop the crowds from attending the student-led seminar, “Entrepreneurial Leaders and Student Start-Up Companies at Hope,” where students showcased the Hope Entrepreneurship Initiative and their blossoming companies on Saturday.

HEI is led by Dr. Steven Vanderveen, director of the Center for Faith Leadership at Hope College and professor of management. HEI fosters new ideas, creativity and the approach for a successful entrepreneurship.

Vanderveen described the program by encouraging the audience to “imagine an education where you are at the center, the education is created around you, and you are able to pursue your own ideas.” This was exemplified through the seminar’s content—Hope’s own student entrepreneurism.

The seminar and discussion was led by Matt Rutter (’12), who showcased his project, MicroWML.org, a “web-based fundraising collaboration of West Michigan non-profits.”

“The Hope Entrepreneurship Initiative allows student entrepreneurs to gain real world experience and develop a wide range of skills,” Rutter said. “This is important because entrepreneurs change the way people think and act. Therefore, when Christians create businesses to glorify the Lord, we get to pursue a calling to serve in God’s redemptive work on earth.”

The student showcase was composed of Sam Wolflis (’12), Cookies are Quick (’14), Kylen Blom (’12), Amy Hattori (’13) and Ziye Liu (’12).

Wolflis is the founder of Thumbs Up Creations, which creates homemade wool mittens recycled by old wool sweaters. Wolflis began making mittens as Christmas gifts and it has evolved into a growing company. Wolflis sells her creations online, in select stores, and through family and friends. Thumbs Up Creations and Wolflis have been featured in the New York Times.

Quick spoke about her non-profit business, Hope Grows, which teaches orphanages in Juarez, Mexico how to grow their own food through setting up sustainable gardens and teaches valuable life skills.

Quick said, “Hope Entrepreneurship Initiative helped move my idea for the kids into a reality.” Twelve Hope students will be traveling to Juarez, Mexico with Hope Grows over spring break.

Blom added, “Hope Entrepreneurship Initiative has been super supportive (of his company My Great Lake) and given me a good network to get people involved about what is going on.” Blom’s My Great Lake is a clothing company focused on capturing the spirit of Michigan.

The seminar is a part of a three-year event, and the last count takes place in the middle of the night because it’s when the homeless people are starting to settle down for the night. Villarreal said, “It was totally worth waking up at 2 a.m. and participating in the count because we are helping others and taking part in something that is far greater than ourselves or one night of sleep,” Warren said.

Warren said it was really important for him to advocate and bring awareness to an issue that needs to be addressed in the Hope College community.

Warren said it was great participate in the event and that he would do it every morning if he could help someone be able to have the same life that he was blessed to have received.

We can all learn from the selflessness that professors Villarreal and Koch and everyone else that was involved that morning displayed, and be thankful that each of us is fortunate to have the life that we have.
Robert Glasper to perform Feb. 4 at Knick

The Hope College Concert Series will host musician Robert Glasper in his show “The Robert Glasper Experiment.” Feb. 4 at the Knickerbocker Theatre. The performance will feature Glasper and other accomplished musicians known in the recording industry for their creativity and musicianship.

The group has worked with the likes of Lupe Fiasco, Mos Def, Kanye West, and Beyoncé. Glasper’s musical style is described as mixture of both jazz and hip-hop. The group American Hybrid, featuring guitar player and 2011 Hope graduate Nate Robert will open for Glasper.

Tickets are $12 for the general public and $5 for Hope students and are now available at tickets.hope.edu/ticketing and at the ticket office in DeVos Fieldhouse. So far this year, the concert series has hosted artists such as S. Carey, Brooke Waggoner and Mat Kearney.

EARLY RISERS— A group of dedicated Hope students who woke up at 2 a.m. to participate in the homeless count, sponsored by the Social Work Department.

Looking for a Super Atmosphere?

Photo by Alesa Reimer

ONE LUCKY GUEST WILL HAVE A CHANCE TO WIN AN AUTHENTIC DETROIT TEAM FOOTBALL JERSEY DURING THE BIG GAME!

SECOND PRIZE: SPORTS-THEMED PREMIUM RECYCLING BIN FILLED WITH BUFFALO WILD WINGS MERCHANDISE AND MORE, COURTESY OF CAScade ENGINEERING

TAKING OUT ONLY:
WING BUCKET + 2 SIDES OR SHARABLES = FREE PEEL-N-STICK EYE BLACKS.
DATING AVAILABLE: JANUARY 8 – FEBRUARY 6
WHILE SUPPLIES LAST

ALL ABOUT BUSINESS— Dr. Steven Vanderveen, a speaker at the Hope Entrepreneurs event.

Programs dedicated to diversifying Hope

Claire Call
Campus Co-editor

As Hope College upperclassmen may remember, it was around this time last year that Hope was forced to seriously reconsider attention that should be given to issues of diversity on our campus.

After the posting of a racist flyer, students came together in events such as Stand Up to protest instances of racial insensitivity and aggression.

Although hopefully Hope’s environment has changed for the better, it is important to remember the progress that has been made, not just over this one year, but over the past 30 years.

Programs like Phelps Scholars, a unique multicultural program, have had much to do with this long-term progress. The Phelps Scholars Program was established “to give a place for students interested in diversity a way to make the memories of the great lakes through their clothing, with some of their proceeds going towards the Alliance for the Great Lakes. Kyle Ilom will be presenting My Great Lake at 5 by 5, a presentation event with a potential to win $5,000.

Hattori and Liu finished the seminar with their presentation on TWAH (Today I Wore at Hope) a community-based blog that encourages an outgoing, interactive approach with its viewers. The blog showcases a collection of daily photos of Hope College students and faculty. Hattori and Liu hope this blog encourages positivity and creates connections within the Hope community.

The seminar closed with an open round of questions and many positive remarks about the Hope Entrepreneurial Initiative. Liu said, “I never thought I would start a business like this” Hattori remarked, “Class with Dr. Vanderveen has been very helpful and he has been a great mentor to us at TWAH.” Attendee Amanda Porter (’15) commented, “It is an awesome thing that we get to see everyday— there are so many facets of Hope College.”

For additional information on these upcoming companies, visit the following:
www.microwmi.org
http://thumbsupcreations.com/
www.mygreatlakesonline.com or on Facebook
http://todayiworeathope.com or on Facebook
EU imposes ‘unprecedented’ oil embargo on Iran

Shubham Sapkota  
World Co-Editor

The European Union has agreed on the imposition of an indefinite ban on oil purchases from Iran, making another attempt to halt Iran’s nuclear program.

“Unprecedented” ban, as stated by the European Union foreign minister, is an effort to deal with the nuclear program controversy in Tehran via sanctions in place of any military actions.

It is going to take time to see if this new sanction, along with all the other criticism that Iran has faced in the past several years, will cause anything to change.

Following this decision made by the European Union, Iran has yet to make any official reaction but has called the embargo a “mere propagandist gesture.”

British Prime Minister David Cameron, French President Nicolas Sarkozy and German Chancellor Angela Merkel have released a joint statement criticizing Iran for having “failed to restore international confidence in the exclusively peaceful nature of its nuclear program.”

Furthermore, they have made their stance on Iran’s nuclear program clear by saying that they shall not accept Iran developing nuclear weapons at all.

The meeting, held on Jan. 23, continued to condemn Iran and the nation’s inability to be considered of international obligations, as they are continuously threatening military violence in the Middle-East.

As the tension between Iran and the international community continues, the International Atomic Energy Agency has stated that it will send its nuclear watchdog team into Tehran to try and settle any “substantive issues.”

Reports from the IAEA in November have shown that Iran has carried out tests that are very relevant to the development of nuclear devices. However, officials in Iran have continued to insist that the nuclear program is solely for energy purposes.

While oil imports have been blocked from Europe, this decision will not stop the flow of oil into Asia.

The main destinations of Iran’s oil exports have been China with 20 percent of exports, Japan with 17 percent, India with 16 percent, and South Korea with 9 percent. The biggest import rate in Europe was Italy with only 10 percent.

Political leaders from around the world have said that sanctions are the best way to avoid a military strike against Iran. One of the possible countries that could trigger military action against Iran is Israel. Their prime minister, Benjamin Netanyahu, has welcomed this sanction and said that it is “a step in the right direction.”

While most of the European nations agree with Israel, Russia has reacted to this decision with a great deal of skepticism. Moscow insists that this kind of pressure will not deter Iran and has refused to join in the sanctions.
The very core of what this country stands for is on the line. The basic promise of no matter who you are, who you come from, this is a place that you can make it if you try. That's at stake in this election.

— President Barack Obama, speaking at a campaign stop at the University of Illinois at Chicago on Jan. 11.

"Romney is the clear favorite, and you have to conclude he even has a shot to win 50 percent of the GOP vote... His media saturation of the Florida airways is clearly having an impact, and... he is staying on message by talking about spending reduction and issues issues voters care about.

— Voter Survey Service President John Zogby in a memo for the Jan. 31 Florida presidential primary.

"We feel that codifying (the NDAA) into law is detrimental to the future of our country, and it goes against our Constitution. (People) are supporting Obama for re-election, and the candidates... will support basically signed away... habsus corpus, and I feel a lot of people support their Democratic or Republican candidate blindly, because they are a member of the party that they subscribe to.

— Micah Philbrook, member of the Occupy Chicago press relations team, on President Barack Obama signing the National Defense Authorization Act, which would allow the U.S. government to indefinitely detain without charge or trial anyone, including a U.S. citizen, who is a suspected terrorist.

"I've signed this bill despite having serious reservations with certain provisions that regulate the detention, interrogations, and treatment of suspected terrorists... Moreover, I want to clarify that the administration will not authorize the indefinite military detention without trial of American citizens.

— President Barack Obama, responding to criticism of his signing of the NDAA.

"In the modern world, style is an asset which can only be easily hard work, by showing openness to change and readiness for thought out, calculated reforms.

— President Vladimir Putin of Russia, writing in the pro-government daily Izvestia on Jan. 16.

WORLD

Bird flu research halted

Megan Stevens Rowe West

The BBC reports that re- search into bird flu has been temporarily halted following the development of a stronger strain of the virus. A government advisory panel, among other groups, has expressed fears that the altered strain may fall into the hands of bioterrorists.

This new "H5N1" strain of avian influenza was first developed during a joint study conducted by the University of Wisconsin-Madison and Erasmus University in the Netherlands. Animal testing has proven that version of this virus passes more easily from animal to animal. The scientists conducting the research attempted to publish their work and found difficulty in doing so, the U.S. government intervened.

Specifically, the National Science Advisory Board for Biosecurity in Bethesda, Md., was to censor publication of the research involved and release the full documents only to countries in which animal-to-human spread was par- ticularly deadly. "Not everyone needs to know how to make a lethal virus," one source claimed.

The World Health Organiza- tion, on the other hand, claims that this would "harm an agree- ment between its members," according to the BBC, though which agreement and which members the WHO means is unclear. It is worth noting that the NSABB cannot forcibly censor the research. Both sets of scientists in- volved have released a statement to Nature and Science maga- zines. According to this state- ment, they have agreed to stop research on this more deadly strain for 60 days to con- tinue to assess the risk that this strain could develop on its own in nature. This is an entirely plau- sible event, as a new strain of the virus was discovered in China and Vietnam this past August.

The scientists' statement also attempted to assuage fears of the virus being released through human error. "We would like to assure the public that these ex- periments have been conducted with appropriate regulatory oversight... to minimize any risk of accidental release," they wrote.

Since 2003 there have been 365 reported cases of humans contracting bird flu, many in Southeast Asia, where humans and birds are in close contact.

331 of the human cases result- ed in death, by 2006 there had been more than 4,000 outbreaks of bird flu around the world. According to the CDC's web- site, they have also researched bird flu using animal models, and worked with the WHO and the National Institutes of Health to make a vaccine. Like the vaccine for common influenza, however, the bird flu vaccine was based on the scientists' best guess of which strain would predominate.

Leaner future for U.S. military

Gary Lakatos World Com-Ern

The push toward cutting govern- ment spending has resulted in a raw deal for the largest fight- ing force in the world.

On Jan. 26, Secretary of De- fense Leon Panetta announced a new budget plan that will cut half a trillion dollars in military spending increase over the next 10 years. As- suming that Congress approves it, the plan would go into effect in October.

According to CNN, Pan- netta's plan is in accordance with Congress's mandate to reduce the Pentagon's spend- ing by $487 billion in the next 10 years.

Panetta said that he would request a bud- get that is $33 billion smaller than the 2012 budget.

In addition, the Army and Marines will be reduced by nearly 100,000, but the creating what Panetta called a "smaller, leaner" and "ag- ile and flexible" military. Specifically, in the next five years, 92,000 active duty soldiers will be cut and a number of military bases closed.

The Air Force will thus fall by 33 percent, from 556,000 active soldiers to 490,000, with the Air Force shrinking from 200,000 to 182,000.

Overall, this will put the strengths of these two mili- tary branches slightly higher than what they were just be- fore Sept. 11, 2001. On the other hand, Special Operations Forces plus one training squadron for all U.S. forces will continue to boost security for the U.S. and will combat terrorism.

The adjustments come along- side a shrinking budget for the U.S. government for the fiscal year of 2013 is expected to be $525 billion.

Responding to the flaunting criticism, Panetta main- tained in a statement that "Our approach was to use this as an opportunity to maintain the forces in the world, to not hol- low out the force," he said.

The Secretary of Defense also stated that this restruc- turing will not affect the U.S. military's ability to de- fense "any enemy on land" and will mean "minimal risk to our dominance of the skies."

The chairman of the Joint Chiefs of Staff, Gen. Martin Dempsey, has voiced his sup- port for Panetta's propos- als. "This is a very sound plan that we believe will not affect our ability to do what we have to do in war, and it's going to be good for the U.S. military," he said.

Earthquake relapse?

Samantha Poon

March 11, 2011. 2:46 pm.

A moment that changed the lives of thousands of Japanese forever.

A 9.0 earthquake hit Japan, 70 kilometers off Tohoku. As screaming people ran into the streets, buildings and houses tumbled down, a roar- ing tsunami rushed inland, washing over the decimated countryside and their wave.

Over 100,000 children were displaced from their homes. Over 55,000 people have died from harsh condi- tions following this disaster.

Moreover, the largest disaster of all was the meltdown of the nuclear power plant in Fukushima. The magnitude of this nuclear cri- sis is challenged only by the Chernobyl incident in 1986.

Media coverage relayed rapidly and underestimated levels of contamination as the Japa- nese government remained tight-lipped about the increas- ingly dangerous situation.

As a result, anti-nuclear sen- timent has increased worldwide.

U.S. nuclear power, generated by nuclear fission, is extensive- ly used by 31 countries. This nuclear episode has sparked the need for countries to re- examine their nuclear assets.

China, the world's fast- est growing nuclear mar- ket, suspended plans for nu- clear reactor construction. Germany has vowed to discontinue all of its nuclear reactors by 2022.

A previously valuable energy source is now seen as a taboo.

In addition, in late January, the University of Tokyo pre- dicted that "there is a 75 percent probability that a magnitude seven earthquake will strike the region in the next 4 years."

A growing number of trem- ors signal the onset of a po- tentially large earthquake.

According to the univer- sity, "there has been a five- fold increased of quakes in the Tokoyo metropolitan area since the March disaster."

The BBC reports that "the government says that the chances of such an event is 70 percent in the next 30 years."

This discrepancy mirrors a similar situation with nuclear radiation in the waters surrounding Fukushima.

This nuclear episode has been notorious for red- tape procedures that have hampered foreign aid and the recovery and reconstruction process. It is imperative that action is taken to begin the re- habilitation process for Japan.

The aftermath of the disaster, however, means the country must be ready.

MAINAINING SEA POWER— On Jan. 21, U.S. Defense Secre- tary Leon Panetta spoke to members of the USS Enterprise, the largest aircraft carrier, not in such high quantities.

Of the four Army brigades stationed at permanent bases in Europe, two will be sent back to bases in the United States. The Navy will be investing in new ships with up-to-date ballistic missile defense technology and scowling older ships without it. About 12 ships are expected to be disposed of in this manner, and six Air Force tactical squad- rons plus one training squadron are likely to meet the same fate.

Beginning in 2015, the plan would also result in smaller- est growing nuclear mar- ket, suspended plans for nu- clear reactor construction. Germany has vowed to discontinue all of its nuclear reactors by 2022.

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Digital montage photos examine contemporary culture

Lindsey Wolf
Arts Co-Editor

Calla Thompson's "Solid State" exhibit in DePree uses montage techniques to blend digital photography, drawing and installation to examine contemporary culture from material greed to social power.

Installation art is a 3-D genre that transforms the perception of a space. Not only is Thompson's art visually pleasing, she also comments on society through her artwork.

I have never seen anything like the digital montage photos in Thompson's "Solid State" series. Thompson imagined a future ice age covering North America and scrutinized our present-day culture with ice-encased images of everyday things like a Walmart receipt, a coffee cup, botox bottles and pills.

The idea for one of Thompson's series starts with a single image. "Conceptually, I think about power, preparedness, disasters, survival, as well as the real in photography, and humor both wry and bawdy," Thompson said.

In relation to these ideas, a series will begin with an image in my mind. I then sketch that image and begin to think about other images that might work in conjunction with it. There is a lot of back and forth in my process, and many images that I work on never make the final cut for a series.

Thompson's mind is always focused on art. "I make my art because I don't know how not to," Thompson said.

"As I move through my day I am constantly generating artwork in my mind. I also continually rearrange 2-dimensional images and 3-dimensional spaces in my mind. It is a creative process of course, but it is also how I negotiate and keep up with the world around me."

Thompson's "Nicebergs and Icebergs" series appears to be a blend between painting and photographs. "Solid State" and "Nicebergs and Icebergs" are created in a similar way.

"Each image begins as a series of separate appropriated photographs. I bring these images together in-computer and rework them over an extended period of time," Thompson said.

"This process most often involves radical modification, resulting in an end photograph that bears little resemblance to the source photographs. My process in-computer involves cutting and pasting, drawing, airbrushing, burning and dodging, distorting and so on to create the finished seamless photograph. Although the original photographs are all but eliminated, they serve as 'inanimate collaborators' throughout the process, influencing the work both formally and conceptually."

Thompson's work has been on display around the U.S. and Canada as well as in China, Mexico and France. But fame is not the end goal for Thompson. She creates art because it is what she loves to do.

"The journey toward recognition is shorter for some and longer for others," Thompson said. "Recognition often comes in increments. Becoming recognized cannot be the goal. The goal needs to be the desire, at any cost, to make the work."

Thompson also has some sound advice for up-and-coming artists.

"Make sure you are absolutely passionate about what you do," Thompson said. "Recognition depends on creating your work constantly, working to get that work into exhibitions, geography, attending openings and networking, forging a bond and recognizing curators for what they do, and luck!"

Come to Calla Thompson's artist talk Friday, Feb. 3 at 4:30 p.m. Everyone is welcome and admission is free.

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Where is Ryan Gosling?

Sam Hirt
Arts Co-Editor

Ryan Gosling is everywhere. He's blogged about, he's tweeted about, and pictures of him without a shirt on are frequently popping up on my Facebook and Pinterest. But while Gosling gathers fame in the hearts of bored college procrastinators, there is one place that he's not: the Academy Awards.

After two strong performances in 2010 with "Blue Valentine" and "All Good Things," Gosling stormed through 2011 with the summer hit "Crazy Stupid Love," George Clooney's directorial political thriller "Ides of March," and the oddly heroic and violent "Drive." After the Academy wrongly overlooked Gosling for a Best Actor nomination for "Blue Valentine" last year, I was shocked last week when it happened again. No nomination for "Ides of March," and no nomination for "Drive" (the best movie of 2011 according to Rolling Stone). Gosling, amidst his iconic pretty boy fame, is among the top shelf of actors today and was robbed of a nomination.

"Drive" was the real victim of the Gosling cold shoulder by the Academy. Directed by Frenchman Nicolas Winding Refn, "Drive" tells the story of Gosling, Hollywood stunt driver by day and getaway driver by night, and his heroism towards a widowed neighbor and her young son. Gosling's character has no name and very little dialogue, but his internalized, mysterious life is shown on the expression of his face when he drives, and the look in his eyes when he kills. It is a performance that makes viewers wince and root for him all at once. But to the Academy, it was a performance that didn't quite cut it. Ryan Gosling and "Drive" are the biggest snubs of this year's awards season and it's a shame.
Chris Russo
Co-Editor-in-Chief

In a world that can access music by way of Pando-ra, Spotify or iTunes, the idea of illegal downloading, it would seem unlikely that vinyl records could compete as a viable alternative. However, it appears that vinyl is refusing to go the way of the cassette or the VHS as vinyl record sales rose 39 percent in 2011. That figure is remarkable not just because of the fact that vinyl is a comparatively archaic medium, but also because of the crumbling state of the modern music industry. On Holland residents and visitors can examine what makes this industry, by visiting The Full Circle record store on College Avenue in downtown Holland. The store is owned and operated by Steve, who founded the store in Sep- tember 2003.

Steve, prefers to go by his first name only, is a veteran of the Holland music market and managed Holland Compact Disc, a music store that was located on Eighth Street, prior to opening The Full Circle. The store was big, clean and well or- dered. In a word, it was a music store run by a music enthusiast. Holland Compact Disc had embraced vinyl records or in- die music, and when Steve had the opportunity to start his own store, he knew that those were two things he would focus on. When he learned that Holland Compact Disc was shuttered down, he immediately began to capture some of the ethnic conflict of being Asian- American? Highlighting stereotypes? Are they autobiographical?

Early on, I think for all creative writers, there is a sense you're carving something out of nothing. One of the modernist poets, I can't remember who, used to say it was like chopping away at what was already there. I think for me growing up, part of it was just experience, wanting to write that on the page.

Part of it is, when I was in college, things like American ethnic studies and American studies were just absent, and I think my mentors knew that, particularly Brigit Kelly. And even she would give me examples of Korean poems and say they seem similar to what I'm doing, which I found very heartening, but then I found a little disheartening as well, because I think there's a sensibility, but you're trying to carve a more Korean-American one. I think there's a fine line between those two things, and also a larger Korean-American or Midwestern experience.

The poems sometimes teeter on identity, sometimes they teeter on explaining a little bit of history, but hopefully not too much where it becomes more historical and sociological as opposed to a creative one. And some teeter on experience, even if it's a purely fictional way. A lot of the Harry Kim poems are based on me playing baseball with my brother, and this guy Nelson Ho, who lived up the street from us. And when people saw the three of us, people flipped out, all the time. Whether we'd be playing basketball, volleyball, baseball... It just was weird. So there's some about that, about identity, but hopefully there's enough there that's just about creativity, playing with lines, playing with word choices. Hopefully it has a good fusion of all three, all the time, but when I look at the poems now I can see it teeter one to the other, so it just depends.

When I put the literary critic hat on, I think one literary criticism that has always been aimed at ethnic writers is that it seems like, that because they're focusing on identity, they don't have to meet up with the same literary or aesthetic concerns. Because then we're valuing for historical or social reasons. That's always the constant worry.

Who is Harry Kim?

Harry Kim, on paper, is a fictional character. I don't think I actually know a Harry Kim. I know a Harold Kim. Harry is a fictional character, a pastor's kid, growing up in Chicago, in the suburbs. It's modeling, of course, some of my experiences, some ones just recreated. I'm trying to recreate a whole world for this character. I'm trying to develop that now. That came from the first book, "Night Sessions," and now this one, a new manuscript that used to be called "Poems for Harry Kim," but I don't think my publishers seemed to be too keen on that, so I decided to call it "Praise for Protein." And then I'm trying to develop a novel out of that as well.

A novel? As in, you're in the writing process?

Yeah, I have the first chapter done. I've had it for a while. It's just been on my wall.

What is the writing process like for you?

In a previous life it was actually like a full-time job. I'd treat it like a full-time job, get up, just work at it all day. Either writing, teaching creative writing, or sending out for publication. Before that, and now, I'm just squeezing it in. I used to have a good kingship to Scott (Lubbers nightc- custodian) because it feels like I'm writing as a third-shift job.

Lots of editing?

Well, people like William Stafford claimed he never revised any poem he ever wrote. I find that hard to believe. But this is true in the sense that it's as if I feel, as well, as if you have hours to labor over a poem, or days, or weeks. So I just write and then write and then rework it back to it, and get back to it. This second manuscript started about 15 years ago. I think you constantly go back and edit it again. At one point you have it to call it a day, because I think revisions can be endless. I think if you think that moment, that it is good enough, almost like a photo. I keep a notebook too. I always recommend that to writers.

If you could recommend one book to poets that students MUST read in their lifetime, what would they be?


Local record store maintains vinyl tradition

RESILIENT RECORD STORE— The Full Circle, opened in 2002, carries a wide range of new and used vinyl records, CDs and DVDs.

“ ”

RESILIENT RECORD STORE— The Full Circle, opened in 2002, carries a wide range of new and used vinyl records, CDs and DVDs.

Paul Venables, The Full Circle's co-owner, during a visit to the store.
FebruAry 1, 2011

**BECCA HAWKINS Voice Editor**

In the college environment, the notion of being thrifty is common. Some students pinch pennies with coupons, by clipping coupons, or by buying in bulk. I've even heard of students borrowing coffee and amenities from Haworth on occasion.

However, being thrifty is more than just scraping by on food or other college necessities. In fact, being thrifty is arguably most common in fashion. Thrift and secondhand stores offer a recycled style that cannot be duplicated or worn by the rest of the campus (that's right, it's not a North Face jacket or Ugg boots). Anna Kort ('13) gives her reasons for thrifting: "I love looking for different pieces that can make an outfit unique and elegant." Essential allies of students are thrift and secondhand stores.

**Second Chance Design**

Second Chance Design is a furniture store unlike any other. According to its website, "Everything needs a second chance. Second Chance Design brings new life into neglected and overlooked items."

Located on Chicago Drive, Second Chance Design sells refurbished accents and furniture. Its selection includes a mixture of modern, mid-century, retro, lakeside and vintage furniture.

For more information, visit the website: www.secondchancedesign.net.

**Ditto**

When Ditto first opened its doors in the early 2000s, it was a small shop located off of US-31. Since then, Ditto has expanded and moved over to eighth street.

Ditto's main purpose is to financially assist families whose children attend both Holland Christian and Zeeland Christian schools. According to their website, "Every $8 period piece from a local thrift store? Whether or not fringe vests are your thing, thrifting can be beneficial for your closet and your wallet — and might even give you enough extra cash to afford Lemosjolles' rather than Haworth coffee.

Bibles for Mexico

Bibles for Missions Thrift Center is a national chain with 14 locations throughout the Midwest. Collectively, Bibles for Missions funds the Bible League mission and provides Bibles for countries around the world. Each store uses its profit to purchase Bibles which are in turn sent to countries such as the Phillipines, Columbia, Haiti, Romania, Mexico, Ukraine, Kenya, Bulgaria, Ecuador and China.

Holland boasts two Bibles for Missions Thrift Centers (Douglas Avenue & Lincoln Avenue) which both provide Bibles for Mexico.

**FOUND**

A hop, skip and a jump will bring you to FOUND, a vintage store located on eighth street. FOUND specializes in re-purposing furniture and accessories by giving them a retro flair.

For more information, visit www.foundon8th.blogspot.com or call 616-39FOUND.

**Thrifty corners**

**Becca Hawkins**

In the college environment, the notion of being thrifty is common. Some students pinch pennies with coupons, by clipping coupons, or by buying in bulk. I've even heard of students borrowing coffee and amenities from Haworth on occasion.

**Being thrifty is more than just scraping by on food or other college necessities.**

— BECCA HAWKINS VOICES EDITOR

Essentially a virtual pinboard that can be shared with followers, Pepperidge offers the idea of both lies in the creativity of new fashion and craft concepts, often out of recycled materials.

While she was growing up, her mom thrifted old furniture and fixed it up. For many thrifters, the fun of it is to recreate a piece into their own — a technique known as “upcycling.” Websites like Etsy and Pinterest have fueled the upcycling fad by publicizing do-it-yourself efforts and, in Etsy's case, putting them up for sale.

Pinterest functions similar to Stumble Upon but focuses on craft and fashion. It is essentially a virtual pinboard that can be shared with followers. Etsy takes this concept and adds shops for users to sell their own creations.

The idea of both lies in the creation of new fashion and craft concepts, often out of recycled materials. However, many college students (my housemates and myself included) fall victim to the laziness of searching for thrifty items like the ones found on Etsy and Pinterest. We can pin DIY fashion tips and upcycled style for hours on end, but fail short on getting off the couch to try anything out.

Meredith Morgan ('13) agrees, "It's so fun to see what people can do with fashion, but I rarely do anything to try it myself."

It's a shame more Hope College students aren't proactive in the thrifting and upcycling trend, because we have great resources for it in the Holland area — Bibles for Mexico, Ditto, Wooden Shoe Antiques, Second Chance Design, Salvation Army and Goodwill are all within five minutes of Hope and offer everything from rare antique pieces for the home to endless flannel and other current fashion trends. What's more, these stores are all within the college budget. Some even offer college student discounts.

So why don't students thrift more often? These stores get picked over around Halloween time and get forgotten about for the remainder of the year. Too often, thrift and secondhand stores get the label of being dirty or “cheap-looking.” However, I encourage you to test it out. Many of Hope's most fashionable students thrive for their clothes. With the current vintage trend in fashion, thrift stores offer a truer look to the style than most brand names can. What's more vintage and a better deal: a $60 replica fringe vest from Urban Outfitters, or an $8 period piece from a local thrift store? Whether or not fringe vests are your thing, thrifting can be beneficial for your closet and your wallet — and might even give you enough extra cash to afford Lemosjolles' rather than Haworth coffee.
The value of The List can be seen in almost any form of entertainment in this country. Music magazines and websites publish "albums of the year" lists that generate massive readership. Sports publications thrive on lists. Right now ESPN is running a story on the top 20 NFL players who would thrive in any era of football. Cable TV is full of lists. Turn on Animal Planet and you'll be sure to see a list about deadly or disgusting animals.

A properly formed list can serve as a sort of Sparknotes for understanding your own brain. For the average over-committed college student, the to-do list can be an invaluable way to keep track of all of the deadlines, meetings and appointments bouncing around in your head. But outside of keeping track of school commitments, an invaluable way to keep track of all of the deadlines, meetings and appointments is to ask about their experience, have your friend

1) Self-Analysis
This type of list can quickly tell you how well you know your own opinions. Sometimes this can serve a valuable purpose like ranking your top presidential candidates, but it's more fun to meticulously analyze more trivial things like Favorite College Kitchen Foods:

5) Eggs
4) Steak
3) Canned soup
2) Sandwiches
1) Pasta

This list is a good example of a couple of critical components of listmaking. First, any good list should be presented in countdown form so that the top choice is revealed last. My friend and fellow listmaking scholar Mike Debowski deserves credit for convincing me of the importance of this idea. Second, the setting of parameters is extremely important. The above list ranks foods that I keep in my kitchen based on price, taste, convenience and health.

2) Communication
Since lists are basically Sparknotes for your brain, the exchange of those Sparknotes can be a decently effective way of getting to know someone. Obviously I'm not suggesting that you should pick your friends based on what foods they keep in their kitchens, but lists can be a fun way to cross-reference common interests like favorite foods.

Favorite Albums of All-Time:

5) Kanye West - "My Beautiful Dark Twisted Fantasy"
4) Kanye West - "Graduation"
3) TV on the Radio - "Dear Science"
2) The Hold Steady - "Boys and Girls in America"
1) The Gaslight Anthem - "The 59 Sound"

3) Competition
As shown in the movie "High Fidelity" (and the book it was based on), lists can be a way to compete over pop culture knowledge, and it can be a challenge to think of the five best sitcoms that were cancelled before they completed their third seasons. My favorite lists in this category are ones with complicated parameters, like Albums I Love with Cover Art I Hate:

5) Arcade Fire - "Funeral"
4) The Hold Steady - "Boys and Girls in America"
3) Yeah Yeah Yeahs - "Fever to Tell"
2) Rain Machine - "Rain Machine"
1) Kanye West - "My Beautiful Dark Twisted Fantasy"

Chris recently found out that it takes eggs eight months to go bad -- maybe he will have to reevaluate his Favorite College Kitchen Foods in light of this discovery.

Friends in far places
The abroad experience
Marc Tori
Columnist

Studying abroad allows a student to see another part of the world and immerse him or herself in another culture. It’s a fantastic experience, and I think everyone should go for a semester if they can. There are a million things to learn from another culture. I could go on for days about the benefits of traveling and studying.

Last summer I spent 10 weeks in Argentina and Uruguay. I made some decent friends with the other "norteamericanos" in my program but it’s my host families who I miss most. I miss how I would come home from class, light a fire in the fireplace to heat the house, and then my host mom and I would cook chicken patty over the coals. I miss the Argentine beef and the dulce de leche ice cream. Some times, when I reminisce about my time abroad, I feel like it was another life.

I didn't feel that way when I was down in South America though. There were days when I was lonely and I missed my family and Hope friends. There were other days when I wanted to share the cool things I saw with all those back home. I tried keeping up with friends via emails and Facebook, and I was overjoyed to hear back days when I was lonely and I missed my family and Hope friends. There were other days when I wanted to share the cool things I saw with all those back home. I tried keeping up with friends via emails and Facebook, and I was overjoyed to hear back

"Don't let theHope community only be present at Hope."

Avoid general questions like "How was Argentina?" because it's impossible to sum up months in a short answer. Show you care by asking meaningful questions. My friends that have come back from abroad often say they miss being able to share the experience and that people expect them to be the same as when they left. I would wholeheartedly agree.

God has given us many wonderful great relationships at Hope. We are blessed to be part of a wonderful community. Help spread the love we feel on campus to those friends who aren't here with us. You can really make a difference in their experience. Have a response to any articles in this issue?

Interested in writing for The Anchor? Have a response to any articles in this issue?

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The Anchor
February 1, 2012

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The Anchor
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When I talk to other people about their study abroad experiences, they often rant and rave about the places they visited. They recount their favorite sites, restaurants, and moments of their trip.

People hardly ever tell you the number of mishaps to expect. I was very confident that upon my arrival to Washington, D.C. I would have no trouble navigating the Metro system, figuring out the layout of the city or grocery shopping without a car. I never expected that my first month here would bring some interesting situations.

1. On my first night in town, I decided to take a walk and find something to eat. I had absolutely no food; I had flown in early that morning and did not have enough energy to grocery shop. There were several restaurants nearby my apartment complex, but I decided to go into what looked like a little diner called Crystal City Restaurant next to a 7-11 and a Chinese restaurant. It had dinner specials on the outside and looked perfectly normal. When I opened the door, a half-naked woman stood in front of me. Quickly, I did a 180 and ran into 7-11.

I come to find out that I had stepped foot into a strip club. Whoops.

2. Every Wednesday we attended interviews with members of different organizations around Washington such as lobbyists, government agencies, non-profits and think tanks. These interviews are run like a question-and-answer session, and as students we are expected to ask intelligent questions. After interviews, we are expected to journal about our experience.

My friends and family can attest: I am a very critical person. Not having a political science background (I’m an English major), I am even more skeptical of the people we talk to, often wanting to find the flaws in their arguments simply because I don’t necessarily revere the governmental process.

A few weeks ago, we visited a certain very powerful organization that I found to be extremely disagreeable. Journaling about it like a good student, I posted the journal entry on my blog, which my friends and family read to keep updated on what I’m doing in D.C. We will just say that I said some not so flattering things and disagreed with what our interviewee had said. With tact and class of course.

By 9 a.m. the next day, the organization had found my blog post, called my professor and ordered me to take it down. Somehow I had seriously offended the organization. I’m just a 20-year-old college junior with absolutely no money or power whose blog ticked off one of the most powerful places in Washington. No big deal.

3. Washington D.C. operates by public transportation. Though the people are much ruder than I had imagined and the amount of time it takes to go five miles seems ridiculous (sometimes 40 minutes), I use it to commute every morning, along with the rest of the D.C. Metro area.

Every Metro stop has a plethora of escalators to take you in and out of the tunnels. People hardly ever stand on the escalator during rush hour. Everyone is always moving fast, trying to catch the train or get home or whatever.

Now I’m not coordinated. One could call me a klutz, easy. I slip, spill and trip all the time. This klutziness is multiplied when I am rushing along with the boards of commuters here in D.C. One day I was essentially running down the stairs with some new shoes on and I slipped. The lady next to me caught my arm before I could fall. I thanked her; she was probably one of the few nice people who ride the Metro.

Another day, another student and I were carrying shakes and food down the escalator at night. The Metro wasn’t busy, but we were moving quite fast. Gracefully, I slipped and my shake splashed all over the stairs. Food is a big no-no on the Metro. Oops.

It’s only been a month and I’ve seen some great museums, sat in the same theater as President Obama, and eaten at Georgetown Cupcake. I can only imagine what lies ahead in the next three months, as well as the interesting situations I’ll manage to get myself into.

Follow Madalyn and her adventures at washingtonwonders.com.

Our Mistakes: The Anchor strives to communicate campus events throughout Hope College and the Holland community. We hope to amplify awareness and provide dialogue through fair, objective journalism and a vibrant Voices section. The Anchor has the right to accept or reject any advertising. Letter Guidelines: The Anchor welcomes all letters. The staff reserves the right to edit due to space constraints, personal attacks or other editorial considerations. A representative sample will be taken. No anonymous letters will be printed unless discussed with Editor-in-Chief. Please limit letters to 500 words. Mail letters to The Anchor c/o Hope College, drop them off at the Anchor office (located in the Martha Miller Center 151) or email us at anchor@hope.edu by Monday at 5 p.m. to appear in Wednesday’s issue. Advertising Policies: All advertising is subject to the rates, conditions, standards, terms and policies stated in The Anchor’s advertisement brochures. The Anchor will make continuous efforts to avoid using stereotypes, untruths and typographical errors. However, if such mistakes occur, this newspaper may cancel its charges for the portion of the ad if, in the publisher’s reasonable judgment, the ad has been rendered valueless by the mistake.

Advertising Deadlines: All ad and classified requests must be submitted by 5 p.m. Monday, prior to Wednesday distribution.

Contact Information: To submit an ad or a classified, or to request a brochure or other information, contact our Ads Representative at anchordes@hope.edu. To contact our office, call our office at (650) 305-7877.
Programs dedicated to diversifying Hope

**DIVERSITY, from page 2**

Unison, Hope's Asian Perspective Association, La Raza Unida and the more recently established multicultural sorority Theta Gamma Pi all have a similar goal. The efforts seem to be working. While last year’s freshman class was about 4% Hispanic and 3% African American, this freshman class is around 5% Hispanic and 5% African American. Although this does not seem like a drastic increase, it is an unfortunate truth that most Hope students come from very homogenous backgrounds, not only ethnically but also religiously and economically. Once students come to Hope they may choose to immerse themselves in cultural diversity or they may choose to stay within their known comfort zone.

“We need to keep doing what we’re doing, but we also need to do more.” — Dr. Green

It doesn’t include the hundreds of thousands of other visits directly to special-interest areas such as admissions, alumni, athletics, the arts, etc. This is the fourth major and most extensive remake of the Hope College website since its inception. It continues to be a work in progress, so you will find a blend of old and new.

Our goal through this new design is to more clearly express Hope’s unique position in the higher education community as an institution that provides students with rigorous academic and curricular programs in a vibrant Christian environment. Thank you for your interest in Hope College. We value your input as we continue this journey together. Comments may be sent to marketing@hope.edu.

Revamped Hope Website

WTHS programming for Spring 2012

At the start of the 2011-12 school year, WTHS decided to commit to improving the quality of its programming by refining the training process for aspiring DJs.

The program has resulted in a lineup that the station feels is both professional and entertaining.

There are DJs who are on the air for the first time this year, like Tom Zahari (15), Meesha Nolen (12) and Carter Jones (14). Others have entertained Holland audiences for years like Chris Russ (12) and Caitlin Klasik (12).

In addition, WTHS has taken steps to keep the station fresh by having different DJs so that the station doesn't need to reinvent itself every few years.

Examples of these types of shows include “New Music at Nine,” “Local Music Show,” and “The Hip-Hop(e) Hour.”

**NEW DIGITAL FACE OF HOPE COLLEGE—** The Hope College Admissions page was the first to be revamped and now the majority of Hope’s website has followed suit.

**Hope PR**

Hope College is pleased to introduce the beginning of a revamped website that we hope will provide an even more enjoyable and informative virtual visit.

We ventured into cyberspace with the introduction of hope.edu in 1995. Last year our primary web address was visited an estimated 1.2 million times, a figure that doesn’t include the hundreds of thousands of other visits directly to special-interest areas such as admissions, alumni, athletics, the arts, etc.

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### WTHS programming for Spring 2012

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<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>2 pm</td>
<td>The Kurt &amp; Forrest Show</td>
<td>(NOON) 80s Big Hair Reunion</td>
<td>(NOON) Hip Hop(e) Hour</td>
<td>(NOON) Beatz &amp; Lyfe CB Mallard (8-9)</td>
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<tr>
<td></td>
<td>Kurt Cunningham &amp; Forrest Dodson (2-3)</td>
<td>Ellen Awad &amp; Marie Burkholder (12-1)</td>
<td>Chris Russ (2-3)</td>
<td>Tom Zahari &amp; Meesha Nolen (5:30-6)</td>
</tr>
<tr>
<td>3 pm</td>
<td>News and Sports</td>
<td>Tom Zahari &amp; Meesha Nolen (5:30-6)</td>
<td>News and Sports</td>
<td>Local Music Show</td>
</tr>
<tr>
<td>4 pm</td>
<td>Local Music Show</td>
<td>Jake Kalmink &amp; Forrest Dodson (6-7)</td>
<td>Jake Kalmink &amp; Forrest Dodson (6-7)</td>
<td>Talk is Cheap, Music is Rich</td>
</tr>
<tr>
<td>5 pm</td>
<td>The Bro Show</td>
<td>Kevin Watson &amp; Josh Watson (8-9)</td>
<td>The Bro Show</td>
<td>More Cowbell</td>
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<tr>
<td>6 pm</td>
<td>New Music at 9 WHTS Music Directors</td>
<td>Will DeBoer (9-10)</td>
<td>New Music at 9 WHTS Music Directors</td>
<td>More Cowbell</td>
</tr>
<tr>
<td>7 pm</td>
<td>Squirrel Chatter</td>
<td>Aaron Haecker &amp; Meghan Stagl (8-9)</td>
<td>Squirrel Chatter</td>
<td>Beatz &amp; Lyfe</td>
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<tr>
<td>8 pm</td>
<td>The Essential</td>
<td>GuillermoFlores GuillermoFlores (7-8)</td>
<td>The Essential</td>
<td>Adventures in Melody</td>
</tr>
<tr>
<td>9 pm</td>
<td>Adventure in Melody</td>
<td>Ana Weaver (8-9)</td>
<td>Adventure in Melody</td>
<td>Adventures in Melody</td>
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<tr>
<td>10 pm</td>
<td>Playing Aces</td>
<td>Marietta Jones (10-11)</td>
<td>Playing Aces</td>
<td>The Stick</td>
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<tr>
<td>11 pm</td>
<td>Get to the Chopper</td>
<td>Chris Russ (10-12)</td>
<td>Get to the Chopper</td>
<td>Noshin’ to Moshin’</td>
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<tr>
<td>12 pm</td>
<td>Noshin’ to Moshin’</td>
<td>Caitlin Klasik (10-12)</td>
<td>Noshin’ to Moshin’</td>
<td>Carolyn’s Mixtape</td>
</tr>
</tbody>
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Dutchmen extend win streak to 14

Katherine Maguire
Guest Writer

The Hope College men’s basketball team defeated Alma 104-77 preserving its 7-0 MIAA season record Jan. 28. This is the Flying Dutchmen’s second triple-digit defeat of the Scots this season. In a striking coincidence, Hope won its first matchup against Alma, 103-78.

The Flying Dutchmen started with a strong lead over the Scots that they maintained throughout the game.

“Today was a situation where we had a great size advantage,” head coach Matt Ray said. “We really went at them inside.”

Hope shot 56 percent in the first half, 51 percent in the second half of their free throws, 7-9.

Hope finished the first half leading Alma 47-34.

“We have a great team,” Nate Snuggerud (’13) said. “And we have a lot we want to accomplish.”

The coaches also added some energy to the game. In honor of National Coaches vs. Cancer, Suits and Sneakers Day, both teams’ coaches sported their athletic kicks with their formal game attire.

The Flying Dutchmen continued to play strong in the second half. At one point they led the Scots by as many as 32 points.

“That was the main thing for us,” Neil said. “We had to maintain that focus throughout the entire game.”

Hope’s usual lead player, David Krombeen (’12) was benched after playing 11 minutes and racking up four personal fouls.

“We had a number of players step up,” Neil said. “We faced some foul trouble with Dave but it is a great indication of what this team can accomplish.”

Hope’s tough defense limited Alma to shooting only 35 percent in the second half. The Flying Dutchman won the game with the final score 104-77.

“Our defense was solid for the most part,” Chris Ray (’13) said. “We were able to impose our will and get the shots we wanted to get.”

Hope totaled 28 assists, four blocks and 11 steals for the game.

“We got out rebounded so we will have to work on that for next week,” Ray said. “But, overall it was a good effort.”

Snuggerud led the Flying Dutchmen scoring a new personal high of 31 total points.

“It was a great team accomplishment, I didn’t do it alone,” Snuggerud said. “Everyone who was on the floor and on the bench helped me have such a spectacular game.”

Other game leaders were Nate VanArendonk (’14) with 20 total points and Colton Overway (’13) with seven assists.

“It was unbelievable to see all of the local support that our team receives from the community,” Ray said. “It’s truly a blessing to play for Hope.”

The Dutchmen will travel to Adrian to take on the Bulldogs at 8 p.m. on Feb. 1. Adrian is one of Hope’s toughest competitors. Adrian is tied with Trine for second place in the MIAA.

Prime Performance—Nate VanArendonk (’14) scored a season-high 20 points on 9-10 shooting on Saturday in Hope’s 104-77 win over Alma. He also grabbed five rebounds.

Track participates at Calvin, has two more indoor meets left

Bethany Stripp
Sports Editor

Hope College men’s and women’s track and field teams began their season on Jan. 20, and after a Jan. 27 meet at Calvin, they are halfway through their 2012 indoor season.

Though track is a spring sport, the team has the opportunity to prepare for their outdoor season during the winter at area schools with indoor tracks. The general concept of the meets are similar, though sprinters have longer distances and the timing make it slightly different from a normal outdoor track meet.

The indoor season is a bit more limited,” men’s co-captain Travis Martin (’12) said. “We run controlled times because people are still getting in shape and we are training for later in the season.”

Indoors fields are also smaller than outdoors tracks. Two of Hope’s indoor meets occur at Grand Valley, where they have a 300 meter track while the other two are hosted by Calvin on their 200 meter track. These smaller tracks have tighter corners, which tends to slow sprinters down, Martin said.

Space restrictions also change the throwing portion of the field competition. While outdoor meets allow for shot put, hammer throw, discus, and javelin, indoor meets only include the shot put and weight throw.

On Jan. 20, the teams competed in the Mike Lints Alumni Open at Grand Valley. Hope had eight top 10 finishers between the men’s and women’s teams in this meet that featured 900 athletes from all collegiate divisions. Sam Pederson (’14) had the highest finish of any Hope athlete at the event, coming in fourth place in the 3,000 meter with a time of 15:25.41.

Hope’s most recent indoor meet took place at Calvin on Jan. 27, where the team competed against Aquinas, Alma and Calvin in the Calvin Invitational. Hope’s men finished the meet with 102 points for third place while the women picked up 60 points for fourth. Kristen Reschke (’12) won the high jump with a height of 1.55 meters, which is just over five feet, and Christian Calyone (’12) won the men’s 60-meter hurdles with a time of 8.84 seconds.

Friday’s (meet) was kind of a half meet for us as only the sprinters, jumpers and hurdlers competed,” David Dolfin (’14) said. “The meet went pretty well considering quite a few people are working on the technique required for their events early in the season. It is difficult to judge some of the more complex events such as pole vault and high jump when we have only been practicing for three weeks now.”

Though it is still early in the season, Martin pointed to triple jumpers Aaron Chew (’12) and Jonas Lawson (’13) as two individuals that have improved from last season. Martin also said Marc Soisson (’13) and Elliot Barney (’13) look as though they will stand out this year.

Martin and Dolfin both agreed that Cam Holicki (’14) has shown a lot of promise in the first few weeks of the season. “(Holicki) has looked very good early and will be an integral part of replacing some of the great seniors we lost to graduation last year in the spring,” Dolfin said.

The track teams have a few weeks to prepare for their next indoor meet, which will take place at Grand Valley on Feb. 17. One more meet at Calvin on Feb. 25 will wrap up the indoor season.

MIAA PLAYERS OF THE WEEK

Men’s Basketball
Nate Snuggerud (’13)
Forward

Women’s Swimming
Kyleigh Sheldon (’13)
Diver

Swimming Teams Sweep Alma

The men’s and women’s swim and dive teams wrapped up their dual meets for the season on Jan. 28 with both teams defeating Alma. The men’s team won 145-112 to finish with a 3-4 record in dual meets, and the women beat the Scots 147-122 and ended the men’s season 5-3 in dual meets.

Jeff Shade (’12), Chris Waschett (’11), Gregg Elhart (’13), Matt Gregory (’12), Jake Hunt (’14), Nick Hazekamp (’13) and Alex Perkins (’14) all had first place finishes for the men’s team. Erin Holsted (’13), Chelsea Wiese (’12), Kyleigh Sheldon (’13), Marissa Keef (’14) and Bethany Schnall (’14) finished in first for the women.

The MIAA Championship meet is Feb. 15 at the Holland Aquatic Center.
Student athletic trainers: gifted and grateful

Athletic training majors make huge gains working side-by-side with varsity teams and veteran trainers

James Rogers
Assistant Sports Editor

Student athletic trainers are busy, grateful and dedicated individuals. They can be spotted at one of three on-campus facilities: the Dow Center, DeVos Fieldhouse or Lugers Fieldhouse.

They roam sidelines, treat athletes with delicate care and put numerous hours into learning and making lives healthier.

They are enrolled in the first liberal arts college in Michigan to offer an accredited athletic training major.

Hope students involved in one of the nation’s finest Athletic Training Education Programs play a prominent role in athletics and possess great aspirations.

Becoming a member of Hope’s ATEP makes chances of gaining an unforgettable experience.

They roam sidelines, treat athletes and learn from quality veteran athletic trainers.

Drinkard became interested in pursuing athletic training in his junior year of high school. He spent hours in the training room and enjoyed watching the work being done on athletes in need.

“When I finally began looking at colleges, Hope’s educational program was appealing because it is set up so that as soon as you step on campus your freshman year you are immersed in clinical experiences, something the vast majority of athletic training educational programs lack,” Drinkard said.

While it is difficult to find a college that provides first-year clinical experience, it is also a challenge to apply and be accepted into the school’s ATEP.

The application process is arduous. Hope’s ATEP consists of fewer than 25 students, and a mere quarter of applicants are accepted.

“I think the application process includes a completely separate application from Hope’s standard application,” Drinkard said. “It consists of two essays: one on your background in the athletic training field, and another on what makes you competitive as an applicant, including your future aspirations for athletic training.”

For Ashdown, goals of being accepted into Hope’s ATEP didn’t emerge until his second semester at Hope.

“When I first came to Hope I did not know what I was going to major in,” Ashdown said. “During my second semester I was looking into the ATEP program and decided to apply.”

Ashdown was impressed by how hands-on the program is and the capability of learning and practicing skills that will be used in an everyday setting.

Drinkard has worked hands-on with both the men’s and women’s cross country and track teams and also with the women’s basketball team, while Ashdown is currently aiding the men’s basketball team.

Relationships are established with the athletes to develop trust and friendships.

“While working on the sidelines you watch games a lot differently,” Drinkard said, “and when any athlete appears to have been injured it generally helps to have a good rapport with the athlete before acute injury evaluation begins.”

“You always have to be prepared and ready to help out an athlete, whether it’s taking care of a cut or assessing a sprained ankle,” Ashdown said. “The students are devoted to their work, and they spend almost 30 hours of service and clinical experience.

“Last semester I compiled almost 300 clinical experience hours, and this varies depending on the sport you’re covering,” Drinkard said.

Ashdown is putting in 10-15 hours per week with men’s basketball but notes that the students who work with football total about 20-30 hours per week.

Considering the amount of experience the students receive in the program, internships and graduate school aren’t necessary for ATEP students, but both are highly looked upon and are means to additional connections and support.

Ashdown landed an internship with Michigan State University last year and has recently applied to every NFL team for an internship at a summer training camp.

“Last summer I spent about two months with the MSU football team and had a great time and learned a lot of new things,” Ashdown said. “I am still waiting to hear back from the NFL.”

Drinkard plans to apply for an NFL internship after his junior year, but in the meantime he plans on serving as an athletic trainer for the upcoming summer camps hosted at Hope.

As for graduate school, both students desire to attend, knowing the benefits they can receive from accomplishing a master’s or a doctorate. Over 70 percent of ATC (certified athletic trainer) students attend graduate school.

“There is no doubt that going to grad school furthers your competitiveness in the job market or helps you gain more connections,” Drinkard said.

“Grad school makes you more marketable and improves your credentials, hopefully allowing you to attain a better job,” Ashdown said. Hope ATEP students have gone to grad school for athletic training, physical therapy, occupational therapy and kinesiology.

Ashdown is going to attend grad school on the road to a health care career, but the specifics aren’t clear for him yet. He would love to work as an ATC for an NCAA Division I football squad.

As a sophomore, Drinkard has constructed goals for his future beyond Hope.

“My future plans are to go to graduate school for athletic training, become a certified athletic trainer that teaches for an ATEP similar to Hope’s and hopefully someday become a director of an ATEP,” Drinkard said.

To the busy, grateful and dedicated student athletic trainers at Hope, you are infinitely appreciated and respected, and you have been blessed to be a part of Hope’s nationally renowned ATEP. Healing is needed.